

New Millside Pre-school

SUNSMART PROTECTION PROCEDURE



Aim

To ensure that children and staff are adequately protected from the sun and UV rays.

At New Millside Pre-school we want staff and children to enjoy the sun safely; we will work with staff and parents to achieve this.

The sun's UV rays are particularly strong over the summer and can damage children's skin; the children will be encouraged to wear a hat when they play outside so please send your child to pre-school wearing a comfortable wide brimmed hat or legionnaire style cap, sunscreen and clothes that cover shoulders and backs.

We follow NHS Guidance on UV exposure and safe limits, and these will be checked daily and outdoor play adjusted as necessary.

Your support is very important, you can help by;

- Talking to your child about the importance of sun protection at home
- Remembering to send your child to pre-school with a wide brimmed hat, clothes that protect vulnerable areas of skin such as shoulders and applying sunscreen to your child before they come to session.
- Completing and returning the sunscreen consent, provided in Section B of our welcome pack.
- Please read the uniform guidance in Section A of your welcome pack.

Sunscreen

Please ensure your child arrives at pre-school with sunscreen already applied (at least SPF 30), wearing a wide-brimmed or legionnaire-style hat and clothing that covers their shoulders and back. Vests and strappy tops are discouraged, and children may also wear UV-protective sunglasses. Hats are available through our uniform provider; details can be found in Section A of your welcome pack and on the useful links page of our website. If your child is staying all day, please apply a 12-hour sunscreen and let us know by WhatsApp or message that this has been done. If this is not possible, please provide a labelled sunscreen to keep in their drawer so we can apply it at lunchtime.

In the eventuality that a child arrives for session without having sunscreen applied or provided to ensure all children are safeguarded we will have generic suncream available, **but we will assume your child has sunscreen on at the start of session unless you inform us otherwise.**

During free flow play the children access the outside area as much as possible, we limit the amount of time they spend in the direct sun as necessary, depending on conditions, and encourage the use of the covered area.

Shade – In the outside area;

We have a integrated covered area and a covered quiet corner

Refreshments;

Water is available to children at all times and they are encouraged to access drinks regularly.

