

Getting it Right for Children

Going through a **divorce** or **separation**?

The breakdown of any relationship can be tough. If you have children, you and your ex will need to adjust to a new life of co-parenting together. It's not always easy, and you'll want to get it right for your children.

This online course is FREE and you can complete it at your own pace.

Simply visit www.oneplusone.org.uk/parents or scan the QR code to create your *Getting on Better* account and get started.

Getting it Right for Children is a **FREE** online course to help you do just this. Learn how to improve your communication skills so that you can sort out disagreements and find parenting solutions together. Don't let your children get caught in the middle.

