



Family Matters Resource Center

40 Marion Street Tupper Lake, NY 12986

518-359-8167

September 2025



Sun

Mon

Tues

Weds

Thurs

Fri

Sat

Our Programs are free and Open to the public, For all Infants, children and caregivers!

We offer:

-Fun events and field trips

-Playgroups

-Parent support Groups

-Parenting Education

-Developmental screenings

-Resources and Referrals

when available - baby /toddler care supplies, food, clothing etc.

1

CLOSED

2

"Sensory Tuesday"
9:00-Noon
Parenting Support Group
5:00-6:30

3

Saranac Lake Playgroup
9:30am-12:00pm

4

Gym Time
9:30am-11:30am

5

Playgroup and Creative Arts
"Apple Prints"
9:00am-Noon

We are sponsored by: Child Care Coordinating Council of the North Country, INC.
www.cccnc.org

8

Play Group & Creative
9:00am-Noon

9

Sensory Tuesday"
9:00-Noon

10

Saranac Lake Playgroup
9:30am-12:00pm

11

Gym Time
9:30am-11:30am

12

"Speech and language milestones Q & A"
10:00am



15

Play Group & Creative
9:00am-Noon

16

Sensory Tuesday"
9:00-Noon
Parenting Support Group
5:00-6:30

17

Saranac Lake Playgroup
9:30am-12:00pm

18

"Wild Center" Field Trip
10:00 pre-registration

19

"Helping Your minimally Speaking Child"
10:00am

Like us on Facebook to stay up to date with our programming.
"Family Matters Resource Center".

22

Play Group & Creative
9:00am-Noon

23

Sensory Tuesday"
9:00-Noon

24

Saranac Lake Playgroup
9:30am-12:00pm

25

Gym Time
9:30am-11:30am

26

"Using Visuals to support Communication"
10:00am

29

Play Group & Creative
9:00am-Noon

30Sensory Tuesday"
9:00-Noon
Parenting Support Group
5:00-6:30

Join us in Saranac Lake on Wednesday's at 460 Broadway (Baptist Church) for Playgroup!

