# OCTOBER 2025

### Child Care Coordinating Council & Family Connections Resource Center 194 US Oval, Plattsburgh, NY 12901 518-561-4999



| Mon   | Tue   | Wed   | Thu   | Fri   | Sat   |      |
|---|---|---|---|---|---|------|
| f   |   | 1<br>Growing Together<br>Infants and Toddlers<br>10am-12pm  | 2 North Country Parent Support Group 10 am—11:30 am  Journey Into Reading 4:30pm-6:30pm Champlain Center Mall | 3<br>Open Play<br>10am-12pm                           | 4<br>Center<br>Closed                                 | I J  |
| 6 Structured Playgroup 10am-12pm  La Leche League 7pm-9pm | 7 Open Play 10am-12pm North Country Parent Support Group 5pm-6:30pm   | Developmental Screenings/Open Play 10am-12pm                | 9 Baby Café 10am-12pm Parks Come Alive Melissa Penfield Park 4:30pm-7:30pm                                    | Wee People Gym Time Y on the Oval 10am-12pm           | Pumpkin Picking Family Social Rulfs Orchard 10am-12pm |      |
| Center<br>Closed  | Open Play 10am-12pm  North Country Parent Support Group 5pm-6:30pm    | Growing Together Infants and Toddlers 10am-12pm             | 16 North Country Parent Support Group 10 am—11:30 am Journey Into Reading 4:30pm-6:30pm Champlain Centre Mall | Open Play<br>10am-12pm                                | Center<br>Closed                                      | f fa |
| 20<br>Structured<br>Playgroup<br>10am-12pm                | 21 Open Play 10am-12pm  North Country Parent Support Group 5pm-6:30pm | 22<br>Growing Together<br>Infants and Toddlers<br>10am-12pm | Baby Café 10am-12pm  Journey Into Reading 4:30pm-6:30pm Champlain Centre Mall                                 | Halloween Wee People Gym Time Y on the Oval 10am-12pm | 25<br>Center<br>Closed                                |      |
| 27 Structured Playgroup 10am-12pm                         | 28 Open Play 10am-12pm  North Country Parent Support Group 5pm-6:30pm | 29<br>Growing Together<br>Infants and Toddlers<br>10am-12pm | 30 North Country Parent Support Group 10 am—11:30 am Journey Into Reading 4:30pm-6:30pm                       | 31<br>Open Play<br>10am-12pm                          | NUMECHOUS PEOPLES!                                    |      |

### Pumpkin Picking Family Social:

Join us at Rulfs
Orchard on
Saturday
October 11th
from
10am-12pm.
We will be
paying for
families to pick
a pumpkin.



## Halloween Gym Day:

Come join us for gym day and wear your



#### **Playgroups**

**Monday Structured Play**— Every Monday, we offer a themed playgroup at our center with sensory activities, crafts, circle time, and a snack!

**Tuesday Open Play**- Every Tuesday, we offer a parent led free play in the center!

**Growing Together**– On Wednesdays, we offer our developmental playgroup at the center. This includes a topic of the week on children's development, and circle time!

**Developmental Screenings**– The second Wednesday of every month we offer developmental screenings at the center in collaboration with other agencies in the area!

**Wee People Gym Time**— We will be back at the YMCA gym on the US Oval!

To signup for any events or to be added to the email list, please contact Alandra McNamara at (518) 566-3470 or amcnamara @cccenc.org

### **Support Groups**

**Tuesday Evening**– From 5-6:30pm, join us for a parent support group. Child care will be provided for the full time as well as dinner!

**Thursday Morning**– From 10-11:30am, join us for a parent support group. Child care will be provided for full time as well as a snack!

Baby Café – A relaxed, informal, safe, child-friendly, non-medical environment where your breastfeeding or chest feeding relationship, at whatever stage, is valued, respected and protected. A place to receive up-to-date information about breastfeeding or chest feeding from staff knowledgeable and skilled in helping parents breastfeed.

**La Leche League** – Mother to mother support group dedicated to providing accurate chest/breastfeeding information and support to all mothers in the North Country.

### Family Socials/Workshops

Pumpkin Picking Family Social—Join us on the 11th from 10am-12pm at Rulfs Orchard. Each family will get a ticket to pick a pumpkin.

