



# Family Matters Resource Center

40 Marion Street Tupper Lake NY 12986  
(518) 566-3836

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 	2 Tupper Tots Story Hour @ Tupper Lake Library 10:00am	3 Sensory Tuesday Playgroup 9:00am-Noon	4 Saranac Lake Playgroup 9:30-11:30	5 Gym time 9:30-11:30	6 Circle time 10:00am followed by Creative Arts "Heart Art"	
<b>We offer free Child Developmental Screenings.</b>  <b>All programs are Free and Open to the Public for Children and their caregivers</b>	9 Tupper Tots Story Hour @ Tupper Lake Library 10:00am	10 Sensory Tuesday Playgroup 9:00am-Noon	11 Saranac Lake Playgroup & Valentines Day Party 9:30-11:30 Parenting Support Group 5:00pm-6:30pm	12 Gym time & Valentines Day Party 9:30-11:30	13 Circle time 10:00am followed by Creative Arts "Valentine's collage."	<b>Free Parenting Support Group with Dinner and child Care Provided</b>  Use the QR code to sign up.
	16 Closed	17 Sensory Tuesday Playgroup 9:00am-Noon	18 Saranac Lake Playgroup 9:30-11:30	19 Wild center field Trip 10:00	20 Circle time 10:00 followed by Creative Arts "Snow Owl"	<b>We offer Free Parenting Education Via Zoom. Call us to sign up!</b>
 @FAMILYMATTERSRESOURCECENTER	23 Tupper Tots Story Hour @ Tupper Lake Library 10:00am	24 Sensory Tuesday Playgroup 9:00am-Noon	25 Saranac Lake Playgroup 9:30-11:30 Parenting Support Group 5:00pm-6:30pm	26 Gym time 9:30-11:30	27 Circle time 10:00am followed by Creative Arts "Snow Trees"	
		Use this QR code to sign up for our Wild center Field Trip!		<b>Saranac Lake Playgroup on Wednesdays 9:30- 12:30 at The Saranac Lake Baptist Church, 460 Broadway!</b>		<b>Follow us on Facebook Instagram &amp; TikTok "Family Matters Resource Center" to stay up to date on all our programs!</b>
					<b>Family Matters</b> @familymatters12986  TikTok	



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