



Family Matters Resource Center

40 Marion ave Tupper Lake NY 12986

(518) 566-3836

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Follow us on Face Book "Family Matters Resource center" to stay up to date on our programs!	1 Sensory Tuesday Playgroup 9:00am-Noon	2 Saranac Lake Playgroup 9:30-11:30	3 Gym time 9:30-11:30	4 Playgroup & Creative Arts 9:00-Noon "Apple Sponge Painting"	All programs are Free and Open to the Public for Children and their caregivers
use this QR code to sign up for Parents Group! 	7 CLOSED	8 Sensory Tuesday Playgroup 9:00am-Noon	9 Saranac Lake Playgroup 9:30-11:30 Parents Group 5:00-6:30 (Free dinner and childcare)	10 Gym time 9:30-11:30	11 Playgroup & Creative Arts 9:00-Noon "Acorn Craft"	
Saranac Lake Playgroup: is located at The Saranac Lake Baptist Church, 460 Broadway	14 Playgroup & Creative Arts 9:00-Noon "Apple Art"	15 Sensory Tuesday Playgroup 9:00-Noon	16 Saranac Lake Playgroup 9:30-11:30	17 Wild Center Field Trip 10:00am	18 Playgroup & Creative Arts "Apple Marble Painting"	
Curious about your child's development? We offer free Developmental Screenings.	21 Playgroup & Creative Arts 9:00-Noon "Leaf Sun Catcher"	22 Sensory Tuesday Playgroup 9:00am-Noon	23 Saranac Lake Playgroup 9:30 -11:30 Parents Group 5:00-6:30 (Free dinner and childcare)	24 Gym time 9:30-11:30	25 Playgroup & Creative Arts 9:00-Noon "Bird Feeder Making"	
	28 Playgroup & Creative Arts 9:00-Noon	29 Sensory Tuesday Playgroup 9:00am-Noon	30 Saranac Lake Playgroup 9:30-11:30			We offer Free Parenting Education Via Zoom. Call us to sign up!



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