

26 FOR 26

WINTER GAMES CHALLENGE



26 FOR 26: WINTER GAMES CHALLENGE



- MOVE YOUR WAY
- FUNDRAISE YOUR WAY
- SPORT FOR EVERYONE

To celebrate the **Winter Olympic and Paralympic Games 2026**, you're invited to take part in **26 for 26** - a simple, inclusive fundraising challenge supporting Disability Snowsport UK (DSUK).

You choose how to take part.

You decide what "26" looks like.

Every contribution makes a difference.





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WHAT IS 26 FOR 26?

You complete **26 units of movement/activity** in a way that works for **YOU**, while fundraising to make snowsports accessible to everyone!

There's:

- ✗ NO SET ACTIVITY**
- ✗ NO MINIMUM FITNESS**
- ✗ NO COMPETITION**

Just participation, inclusion and community.

YOUR “26” COULD BE:

26,000 steps (or 2,600 / 260)

26 arm raises, stretches, or exercises

26 wheelchair pushes or laps

26 activities across 26 days

26 minutes of movement (any type)

Standing, seated, fast, slow - it all counts!





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WHY YOUR SUPPORT MATTERS:

By taking part in this challenge, you are helping make snowsport more inclusive and accessible to anyone who would like to get out on the slopes, and explore the mountains. Your fundraising could help:

- PROVIDE ADAPTIVE SNOWSPORT EQUIPMENT**
- PROVIDE SPECIALIST INSTRUCTOR TRAINING**
- CREATE AN INCLUSIVE SNOWSPORT COMMUNITY**
- REMOVE BARRIERS SO DISABLED PEOPLE CAN EXPERIENCE THE JOY OF SNOWSPORT**

Every step, push, roll or stretch helps open up the slopes and the mountains.





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HOW TO JOIN (IT'S EASY!)

STEP 1: SET UP YOUR FUNDRAISER

Choose your fundraising platform - [JustGiving](#) or [Facebook Fundraiser](#)

STEP 2: CHOOSE YOUR 26

Pick a challenge what works for you - big or small.

STEP 3: SHARE YOUR FUNDRAISER

Tell friends and family why you're taking part and ask them to sponsor you.

STEP 4: SHARE YOUR PROGRESS

Post updates, photos and videos. Tag us and use **#26for26**



[Disability Snowsport UK](#)



[disabilitysnowsportuk](#)



[dsuksnowsport](#)



[Disability Snowsport UK \(DSUK\)](#)

HOW LONG DOES IT TAKE?

The challenge is running from 6th February - 15th March, you can complete your challenge over these dates, or adapt it to suit you.





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JOIN THE 26 FOR 26 AS A GROUP

-  MOVE TOGETHER
-  FUNDRAISE TOGETHER
-  MAKE A BIGGER IMPACT

Why not take part as a group, team up with family members, friends, school or sport club or community group. Either compete against each other, or create combine challenge that you work together to achieve.

Here's some group ideas:

-  **26 MINUTES OR EVEN HOURS OF MOVEMENT TOGETHER**
-  **A SHARED TOTAL OF 26 ACTIVITIES OR LAPS**
-  **EVERYONE CONTRIBUTES WHAT THEY CAN**

SET UP YOUR FUNDRAISER INDIVIDUALLY OR AS A GROUP. THEN LET'S COME TOGETHER AND CELEBRATE PARTICIPATION!



#TEAMDSUK: WINTER CHALLENGE

Thank you for being part of the Disability Snowsport UK community.
Let's stay active, embrace winter, and create positive change together.

Good!
Luck!

If you need any support, please contact us at
fundraising@disabilitysnowsport.org.uk



Disability Snowsport UK, Glenmore Lodge, Glenmore, Grounds PH22 1QU |
Charity Registration 287106 | Scottish Charity Registration SC040699

