

Thursday	Hockey Ice	Ice Cut	Open Ice	Open Ice	Open Ice	Open Ice	Ice Cut	Open Ice	Open Ice	Open Ice	Open Ice				
									3:30 - 4:00 PM Intro to Solo Dance		4:30 - 5:00 PM Jumps/Spin				

Antioch Summer Ice Schedule

Morning Schedule	6:00-6:30 AM	6:30-7:00 AM	7:00-7:30 AM	7:30-8:00 AM	8:00-8:15 AM	8:15-8:45 AM	8:45-9:15 AM	9:15-9:45 AM	9:45-10:15 AM	10:15-10:30 AM	10:30-11:00 AM	11:00-11:30 AM	11:30-12:00 AM	
Monday	Open ICE				Ice Cut	Open ICE				Ice Cut	Open ICE			
			7:00-7:30 AM Adult Class											
Tuesday	Open ICE				Ice Cut	Open ICE				Ice Cut	Open ICE			
Wednesday	Open ICE				Ice Cut	Open ICE				Ice Cut	Open ICE			
			7:00 - 7:30 AM Adult Class											
Thursday	Open ICE				Ice Cut	Open ICE				Ice Cut	Open ICE			
			7:00 - 7:30 AM Adult Class											
Saturday			Open ICE											
Afternoon Schedule	12:00-12:30 PM	12:30-12:45 PM	12:45-1:15 PM	1:15-1:45 PM	1:45-2:15 PM	2:15-2:45 PM	2:45 - 3:00 PM	3:00 - 3:30 PM	3:30 - 4:00 PM	4:00 - 4:30 PM	4:30 -5:00 PM	5:00 - 5:15 PM	5:15 - 5:45 PM	
Monday	Open ICE	Ice Cut	Open Ice				Ice Cut	Open ICE						
										4:00-4:30 PM Low/High Edge Class				
Tuesday	Open Ice	Ice Cut	Open Ice				Ice Cut	Open Ice						
	12:00 - 12:30 PM Intro to Dance class		12:45 - 1:15pm Intro to TOI											
Wednesday	Open Ice	Ice Cut	Open Ice				Ice Cut	Open Ice						
										4:00- 4:30 PM Power Class				

