

ATHLETICS SOUTH SUMMER CALENDAR
2025-26

Saturday	18 October	Interclub 1	1pm
Thursday	23 October	Interclub 2	9am
Sat/Sun	1/2 November	Tasmanian All Schools	Launceston
Saturday	8 November	Interclub 3	1pm
Saturday	15 November	Interclub 4	1pm
Saturday	22 November	Interclub 5	1pm
**Saturday	29 November	NTA Interclub	3pm
Thu/Fri/Sat/Sun	4/5/6/7 December	National All Schools	Melbourne
Saturday	13 December	Interclub 6	1pm
Saturday	20 December	Reunion Day	1pm
Saturday	10 January	Interclub 7	1pm
Saturday	17 January	Interclub 8	9am
Sunday	18 January	AT/TAL Multis	Launceston
		AT/TAL Multis	Launceston
Monday	26 January	Various Events	Penguin
Saturday	31 January	Interclub 9	1pm
Sunday	1 February	AT/TMA 10000m	Domain 8.30am
Saturday	7 February	NTA Interclub	3pm
Saturday	14 February	I/C 10 Club Multi (and Steeple)	1pm
Saturday	21 February	Interclub 11 Showcase	1pm
Saturday	28 February	Interclub 12	1pm
Fri-Mon 6-9 March		AMA Championships	Canberra
Sat/Sun 7/8 March		LAT State Champs	Hobart
Sat	7 March	AT 5000m, Steeple, 60m, 100y	
		Mixed 4x400	Hobart
Saturday	14 March	Interclub 13	1pm
Fri/Sat/Sun	20/21/22 March	Tasmanian Championships	Hobart
Saturday	28 March	Statewide Event	Launceston

** Domain will have no power on 29 November

14 Feb will also have 5000m Walk

Reunion Day Program still being finalised

PROGRAMME A
ROUND 1 & 5

Time	Male	Female	
1.00	5000m Run Hammer Throw Long Jump (S1)	5000m Run Hammer Throw Long Jump (S1)	Max 3 Jumps
1.30	100m		
1.45	Shot Put	100m	
2.00	2000m Steeple (76.2cm) High Jump (S1)	2000m/3000m Steeple (76.2cm) High Jump (S1) Discus	
2.15	Long Jump (S2)	Long Jump (S2)	
2.25	2000m Steeple (83.8cm)		
2.40	3000m Steeple (91.4cm)		
2.50	High Jump (S2)	High Jump (S2)	Start 1.45m
3.00	Sprint Hurdles Discus	Sprint Hurdles Shot Put	
3.15	1500m		
3.30		1500m	
3.45	400m		
3.55		400m	
4.10	Swedish Relay	Swedish Relay	

**PROGRAMME A
ROUND 9**

Time	Male	Female	
1.00	5000m Run Hammer Throw Long Jump (S1)	5000m Run Hammer Throw Long Jump (S1)	Max 3 Jumps
1.30	100m		
1.45	Shot Put	100m	
2.00	1500m Walk High Jump (S1)	1500m Walk High Jump (S1) Discus	
2.15	Long Jump (S2)	Long Jump (S2)	
2.25	Sprint Hurdles	Sprint Hurdles	
2.45	Mile		
2.50	High Jump (S2)	High Jump (S2)	Start 1.45m
3.00	Discus	Mile Shot Put	
3.30	400m		
3.45		400m	
4.15	Swedish Relay	Swedish Relay	

PROGRAMME B
ROUND 2 (AM)

Time	Male	Female
9.00am	3000m Run Pole Vault Javelin Long Jump	3000m Run Pole Vault Shot Put
9.30	3000m Walk	3000m Walk
10.00	Long Hurdles	Long Hurdles Long Jump
10.15	Shot Put	Discus 100m
10.25	100m	
10.35		800m
10.50	800m	
11.00	Triple Jump	Triple Jump
11.10	Discus	Javelin
11.15		200m
11.25	200m	
11.45	4x 400m Relay	4 x 400m Relay

Note; For the Walk, if an athlete who has not turned 12, and has entered the Walk event in the Tasmanian All Schools, they will be able to enter in an invitational 1500m Walk, to be held at 9.30, concurrently with the 3000m Walk.

Depending on numbers, Long Jump may be capped at 4 trials

PROGRAMME B
ROUND 6
(provisional, in conjunction with LAT)

Time	Male	Female
12.30	1500M Walk	1500m Walk
1.00	3000m Run Pole Vault Javelin	3000m Run Pole Vault Shot Put
1.15	Triple Jump	Triple Jump
2.00	Long Hurdles Long Jump (S1)	Long Hurdles Long Jump (S1)
2.15	Shot Put	Discus 100m
2.25	100m	
2.35		800m
2.50	800m	
3.00	Long Jump (S2)	Long Jump (S2)
3.10	Discus	Javelin
3.15		200m
3.25	200m	
3.45	4x 400m Relay	4 x 400m Relay

Long Jump (S1) maximum of 3 jumps

PROGRAMME B
ROUND 11 (PM)
SHOWCASE MEET – TIMINGS TO BE CONFIRMED

Time	Male	Female
1.00pm	3000m Run Pole Vault Javelin Long Jump	3000m Run Pole Vault Shot Put
1.30	3000m Walk	3000m Walk
2.00	Long Hurdles	Long Hurdles Long Jump
2.15	Shot Put	Discus 100m
2.25	100m	
2.35		800m
2.50	800m	
3.00	Triple Jump	Triple Jump
3.10	Discus	Javelin
3.15		200m
3.25	200m	
3.45	4x 400m Relay	4 x 400m Relay

PROGRAMME C
ROUND 3/7/12

Time	Male	Female	
1.00	5000m Run Long Jump (S1) Discus	5000m Run Long Jump (S1) Javelin	
1.30	60m		
1.40		60m	
1.45	High Jump (S1)	High Jump (S1)	
1.55	Sprint Hurdles	Sprint Hurdles	
2.00	Hammer Long Jump (S2)	Hammer Long Jump (S2)	
2.10	1500m		
2.25		1500m	
2.30	High Jump (S2)	High Jump (S2)	1.50m Start
2.40	200m		
2.50		200m	
3.00	3000m Walk Javelin	3000m Walk Discus	
3.20	400m		
3.30		400m	
4.00	4 x 100m Relay	4 x 100m Relay	

##All throws will be limited to 3 trials each, except each athlete may nominate one throw (at time of entry) which they will be permitted extra throws if qualifying distances are achieved.

Long Jump (S1) maximum of 3 jumps

High Jump (S2) starting height 1.50m

PROGRAMME D (PM)
Rd 4 & 13

Time	Male	Female
1.00pm	3000m Run Javelin Triple Jump	3000m Run Shot Put Triple Jump
1.30	100m	
1.40		100m
1.50	1500m Walk Shot Put	1500m Walk Javelin
2.00	Long Hurdles Pole Vault	Long Hurdles Pole Vault
2.10	High Jump (S1)	High Jump (S1)
2.20	200m	
2.30		200m
2.50	800m/1000m High Jump (S2)	High Jump (S2)
3.00	Hammer	Hammer 800m/1000m
3.30	Relay	Relay

Rd 4 will be 800, Rd 13 will be 1000m
High Jump (S2) starting height 1.50m

PROGRAMME D (AM)

17 Jan 26

Time	Male	Female
9.00am	3000m Run Javelin Triple Jump	3000m Run Shot Put Triple Jump
9.30	100m	
9.40		100m
9.50	1500m Walk Shot Put	1500m Walk Javelin
10.00	Long Hurdles Pole Vault	Long Hurdles Pole Vault
10.10	High Jump (S1)	High Jump (S1)
10.20	200m	
10.30		200m
10.50	800m High Jump (S2)	High Jump (S2)
11.00	Hammer	Hammer 800m
11.30	Relay	Relay