

ATHLETICS SOUTH SUMMER CALENDAR
2025-26

Saturday	18 October	Interclub 1	1pm
Thursday	23 October	Interclub 2	9am
Sat/Sun	1/2 November	Tasmanian All Schools	Launceston
Saturday	8 November	Interclub 3	1pm
Saturday	15 November	Interclub 4	1pm
Saturday	22 November	Interclub 5	1pm
**Saturday	29 November	NTA Interclub	3pm
Thu/Fri/Sat/Sun	4/5/6/7 December	National All Schools	Melbourne
Saturday	13 December	Interclub 6	1pm
Saturday	20 December	Reunion Day	1pm
Saturday	10 January	Interclub 7	1pm
Saturday	17 January	Interclub 8	9am
Sunday	18 January	AT/TAL Multis	Launceston
		AT/TAL Multis	Launceston
Monday	26 January	Various Events	Penguin
Saturday	31 January	Interclub 9	1pm
Sunday	1 February	AT/TMA 10000m	Domain 8.30am
Saturday	7 February	NTA Interclub	3pm
Saturday	14 February	I/C 10 Club Multi (and Steeple)	1pm
Saturday	21 February	Interclub 11 Showcase	1pm
Saturday	28 February	Interclub 12	1pm
Fri-Mon 6-9 March		AMA Championships	Canberra
Sat/Sun 7/8 March		LAT State Champs	Hobart
Sat	7 March	AT 5000m, Steeple, 60m, 100y Mixed 4x400	Hobart
Saturday	14 March	Interclub 13	1pm
Fri/Sat/Sun	20/21/22 March	Tasmanian Championships	Hobart
Saturday	28 March	Statewide Event	Launceston

*** Domain will have no power on 29 November*

14 Feb will also have 5000m Walk

**PROGRAMME A
ROUND 1 & 5**

Time	Male	Female
1.00	5000m Run Hammer Throw Long Jump (S1)	5000m Run Hammer Throw Long Jump (S1) Max 3 Jumps
1.30	100m	
1.45	Shot Put	100m
2.00	2000m Steeple (76.2cm) High Jump (S1)	2000m/3000m Steeple (76.2cm) High Jump (S1) Discus
2.15	Long Jump (S2)	Long Jump (S2)
2.25	2000m Steeple (83.8cm)	
2.40	3000m Steeple (91.4cm)	
2.50	High Jump (S2)	High Jump (S2) Start 1.45m
3.00	Sprint Hurdles Discus	Sprint Hurdles Shot Put
3.15	1500m	
3.30		1500m
3.45	400m	
3.55		400m
4.10	Swedish Relay	Swedish Relay

##Entries for all events close 30 minutes before programmed time except
Steeple entries all close at 1.15pm

**PROGRAMME A
ROUND 9**

Time	Male	Female	
1.00	5000m Run Hammer Throw Long Jump (S1)	5000m Run Hammer Throw Long Jump (S1)	Max 3 Jumps
1.30	100m		
1.45	Shot Put	100m	
2.00	1500m Walk High Jump (S1)	1500m Walk High Jump (S1) Discus	
2.15	Long Jump (S2)	Long Jump (S2)	
2.25	Sprint Hurdles	Sprint Hurdles	
2.45	Mile		
2.50	High Jump (S2)	High Jump (S2)	Start 1.45m
3.00	Discus	Mile Shot Put	
3.30	400m		
3.45		400m	
4.15	Swedish Relay	Swedish Relay	

PROGRAMME B
ROUND 6
(provisional, in conjunction with LAT)

Time	Male	Female
12.30	1500M Walk	1500m Walk
1.00	3000m Run Pole Vault Javelin	3000m Run Pole Vault Shot Put
1.15	Triple Jump	Triple Jump
2.00	Long Hurdles Long Jump (S1)	Long Hurdles Long Jump (S1)
2.15	Shot Put	Discus 100m
2.25	100m	
2.35		800m
2.50	800m	
3.00	Long Jump (S2)	Long Jump (S2)
3.10	Discus	Javelin
3.15		200m
3.25	200m	
3.45	4x 400m Relay	4 x 400m Relay
Long Jump (S1) maximum of 3 jumps		

PROGRAMME B
ROUND 11 (PM)
SHOWCASE MEET – TIMINGS TO BE CONFIRMED

Time	Male	Female
1.00pm	3000m Run Pole Vault Javelin Long Jump	3000m Run Pole Vault Shot Put
1.30	3000m Walk	3000m Walk
2.00	Long Hurdles	Long Hurdles Long Jump
2.15	Shot Put	Discus 100m
2.25	100m	
2.35		800m
2.50	800m	
3.00	Triple Jump	Triple Jump
3.10	Discus	Javelin
3.15		200m
3.25	200m	
3.45	4x 400m Relay	4 x 400m Relay

PROGRAMME C
ROUND 3/7/12

Time	Male	Female	
1.00	5000m Run Long Jump (S1) Discus	5000m Run Long Jump (S1) Javelin	
1.30	60m		
1.40		60m	
1.45	High Jump (S1)	High Jump (S1)	
1.55	Sprint Hurdles	Sprint Hurdles	
2.00	Hammer Long Jump (S2)	Hammer Long Jump (S2)	
2.10	1500m		
2.25		1500m	
2.30	High Jump (S2)	High Jump (S2)	1.50m Start
2.40	200m		
2.50		200m	
3.00	3000m Walk Javelin	3000m Walk Discus	
3.20	400m		
3.30		400m	
4.00	4 x 100m Relay	4 x 100m Relay	

##All throws will be limited to 3 trials each, except each athlete may nominate one throw (at time of entry) which they will be permitted extra throws if qualifying distances are achieved.

Long Jump (S1) maximum of 3 jumps

High Jump (S2) starting height 1.50m

PROGRAMME D (PM)
Rd 4 & 13

Time	Male	Female
1.00pm	3000m Run Javelin Triple Jump	3000m Run Shot Put Triple Jump
1.30	100m	
1.40		100m
1.50	1500m Walk Shot Put	1500m Walk Javelin
2.00	Long Hurdles Pole Vault	Long Hurdles Pole Vault
2.10	High Jump (S1)	High Jump (S1)
2.20	200m	
2.30		200m
2.50	800m/1000m High Jump (S2)	High Jump (S2)
3.00	Hammer	Hammer 800m/1000m
3.30	Relay	Relay

Rd 4 will be 800, Rd 13 will be 1000m
High Jump (S2) starting height 1.50m

PROGRAMME D (AM)

17 Jan 26

Time	Male	Female
9.00am	3000m Run Javelin Triple Jump	3000m Run Shot Put Triple Jump
9.30	100m	
9.40		100m
9.50	1500m Walk Shot Put	1500m Walk Javelin
10.00	Long Hurdles Pole Vault	Long Hurdles Pole Vault
10.10	High Jump (S1)	High Jump (S1)
10.20	200m	
10.30		200m
10.50	800m High Jump (S2)	High Jump (S2)
11.00	Hammer	Hammer 800m
11.30	Relay	Relay

REUNION DAY
20 DECEMBER 2025

Time	Male	Female
12.45	Hammer (7.26Kg)	Hammer (4Kg)
12.55	Albert Johnson Memorial Mile Walk	
1.00	Long Jump	
1.20	Hammer (6Kg and below)	100m Hammer (3kg)
1.30	High Jump 100m	High Jump
1.35		Long Jump
1.50	Tas Bevis 5000m	Shot Put
2.00	McDonald Family Hammer	
2.10	Steven Knott Long Jump	
2.15		Mandy McIntyre 3000m
2.35	Max Cherry Memorial 1500m	
2.45	Shot Put	Max Cherry Memorial 800m
2.50		McDonald Family Hammer
2.55		Jo Cubit Long Jump
3.00	1500m (if req'd)	
3.15	Lionel Skeggs Memorial 100m	
3.25		Froggy Wise Memorial 100m
4.00	Club 400m Handicaps	

Field events; Best 8 performed athletes across the first 7 rounds of AS interclub will be invited to named event. One additional athlete may be named at the discretion of the T&F Director on application. Named event will be all athletes for 3 rounds, then top 4 will get a further 3 trials.

Track events; 5000m/3000m will have a Q time, which must have been achieved in AS competition this season. Any other athlete who has Q time will be at discretion of T&F Director.

1500m will have max field size of 16, with a mixed extra event added if needed for extra entries.

Those who have achieved a Q time at AS interclub will be guaranteed a position if they choose to compete.

100m will be random graded races with 8-10 athletes then "invited" to named events by T&F Director.

1500m Walk to be organised by Race Walking Tasmania.

5000m Q; 19.00.00 (Athletes with a 3000 time of sub 10.00.00 may be considered if available spots) 3000m Q 12.00.00, 1500m; Male 4.22.99 Female Top 8 across AS Rd 1-7 plus up to 3 at T&F Director discretion

Please note that named events will have no more than 25% of non Athletics South registered athletes with Track & Field Director to have final decision on non-qualified athletes.

WEDNESDAY EVENING DISTANCE EVENTS

Rd 3	5 November	3000m
Rd 4	12 November	5000m
Rd 5	19 November	3000m
Rd 6	10 December	5000m
Rd 8	14 January	5000m
Rd 11	18 February	3000m
Rd 12	25 February	3000m

These events will be held in conjunction with the Tasmanian Masters competitions at the Domain on a Wednesday evening at 6.20pm.

Any registered athlete (meeting the age requirement) who wears Club uniform and number, will have their result registered as a part of the Premiership results for the following Saturday.

Athletes who are not TMA Members will be required to pay the normal TMA entry fee to compete.