

MALE

Name;

Number;

Time	Event	Specs	Age	Event	ENTER	TIME
1.00	3000m	12 years or older		38		
	Javelin	800g	18-49	6		
	Javelin	700g	14-17,50-59	7		
	Javelin	600g	U/14, 60-69	8		
	Javelin	500g	70-79	9		
	Triple Jump			22		
1.30	100m			31		
1.50	Shot Put	7.26Kg	20-49	15		
	Shot Put	6Kg	18,19,50-59	16		
	Shot Put	5Kg	16,17,60-69	17		
	Shot Put	4Kg	14,15,70-79	18		
	Shot Put	3Kg	13 or Under	19		
	1500m Walk			40		
2.00	200m Hurdles	76.2cm	13-15	55		
	400m Hurdles	84cm	16-17, 50-59	56		
	400m Hurdles	91.4cm	18-49	57		
	Pole Vault			25		
2.10	High Jump			23		
2.20	200m			32		
2.50	800m			34		
	Hammer	7.26Kg	20-49	1		
	Hammer	6Kg	18,19,50-59	2		
	Hammer	5Kg	16,17,60-69	3		
	Hammer	4Kg	14,15,70-79	4		
	Hammer	3Kg	13 or Under	5		

FEMALE

Name;

Number;

Time	Event	Specs	Age	Event	ENTER	TIME
1.00	3000m	12 years or older		138		
	Triple Jump			122		
	Shot Put	4Kg	18-49	115		
	Shot Put	3Kg	U/18, 50+	116		
1.40	100m			131		
1.50	Javelin	600g	18-49	106		
	Javelin	500g	14-17,50-74	107		
	Javelin	400g	13 or Under	108		
	1500m Walk			140		
2.00	200m Hurdles	76.2cm	13-15	155		
	400m Hurdles	76.2cm	16-49	156		
	Pole Vault			125		
2.10	High Jump			123		
2.30	200m			132		
2.50	Hammer	4Kg	18-49	101		
	Hammer	3Kg	12-17, 50+	102		
3.00	800m			134		