



# ATHLETICS SOUTH

## WINTER COMPETITION 2026

As at 8 April 2026; subject to change

*dedicated to the memory of Maxwell George Cherry OAM (1927-2008)*

With thanks to our sponsors:



## ATHLETICS SOUTH WINTER PROGRAM AND TASMANIAN WINTER RUNNING CALENDAR 2026

<b>Date</b>	<b>Event</b>	<b>Distance</b>	<b>Start Time</b>	<b>Duty Club</b>
Sun 6/4/26	Hobart Marathon	M/HM/10km/ 5km		
15-20/4/26	Australian Junior Athletics Championships, Brisbane			
Sat 18/4/26	AS Premiership Rd 1: Bellerive Beach	3.8km/6.1km	10:30	ESAC
<b>Sun</b> 26/4/26	AS Premiership Rd 2: Domain Cross Country, Soldiers walk	4km/8km	10:30	SBHC
Sat 2/5/26	AS Premiership Rd 3: Runnymede: Jenny Lennon Memorial	5km/10km	10:00	TMA
Sun 3/5/26	TMA Jim Burr Memorial Run, Pipeline Track, Fern Tree		10:00	
Sat 9/5/26	AS Premiership Rd 4: Surf Road, John Keenan Memorial	3.2km	10:00	UTAS
Sat 9/5/26	Light up the Dark Run, Kingston	1km/2.5km/5km	18:00	
Sun 17/5/26	City to Casino	12km/7km		
Sat 23/5/26	AS Premiership Rd 5: Opossum Bay	5km/9.4km	10:00	NSAC
Sun 31/5/26	Launceston Running Festival	HM/10km/5km		
Sat 6/6/26	AS Premiership Rd 6: Gellibrand Drive Short	3.1km/6.2km	10:00	ESAC
Thur 11/6/26	Tas Secondary All Schools Cross Country, Symmons Plains			
Sat 13/6/26	AS Premiership Rd 7: Huntingfield; Peter Murrell Reserve	5.3km/10.6km	10:00	TMA
Sun 14/6/26	TMA Road Titles, Campbell Town		11:00	
Tues 16/6/26	Tas Primary All Schools Cross Country, Symmons Plains			
<b>Sun</b> 21/6/26	AS Premiership Rd 8: Kempton	4km/8km	10:00	NSAC
Sun 21/6/26	Kunanyi Trail Series, Knocklofty	13km/5km		

Sat 27/6/26	AS Premiership Rd 9: Rosny Parklands	4.6km/9.2km	10:00	ESAC
Sat 4/7/26	AS Handicap Rd 1: Claremont Foreshore	4km/8km	10:00	NSAC
4-5/7/26	Gold Coast Marathon and Australian HM Championships	M/HM/10km		
Sat 11/7/26	AS Premiership Rd 10: Rokeby Police Academy	4km/8km	10:00	ESAC
Sat 18/7/26	AS Premiership Rd 11: Upper Domain: Max Cherry Memorial	2.4km/7.2km	10:30	TMA
Sat 25/7/26	TAS State Cross Country Championships			
Sat 1/8/26	AS Handicap Rd 2: Snug Foreshore	3km/6km	10:00	SBHC
Sun 2/8/26	Kunanyi Trail Series, Tolosa	HM/10/5km		
Sat 8/8/26	AS Premiership Rd 12: Rookwood Rd	TBC	10:00	TMA
Sat 15/8/26	AS Premiership Rd 13: Seven Mile Beach Forest	4.5km/9km	10:00	NSAC
Sat 22/8/26	AS Relays: Rosny Parklands Relays	1/2/3/4/6/12km	10:00	SBHC
Sat 22/8/26	Australian Cross Country Championships, Ballarat			
Sat 29/8/26	AS Premiership Rd 14: Baskerville Racecourse	4km/8km	10:00	OVA
Sun 30/8/26	Sydney Marathon and Australian Marathon Championships	M/10km		
Sat 5/9/26	AS Premiership Rd 15: Gellibrand Drive Long	4.6km/9.2km	10:00	SBHC
Sat 12/9/26	AS Handicap Rd 3: Risdon Brook: Froggy Wise Memorial & End of Season BBQ	4.2km/8.5km	10:30	NSAC
Sun 27/9/26	Kunanyi Trail Series Ridgeway	12km/6km/3km		
Sun 25/10/26	Burnie 10 and Australian 10km Road Championships	10km		

## **Course Descriptions:**

**Baskerville** - Starts at Baskerville Raceway, off Baskerville Road. The road course follows the 2km loop of the race track, including everybody's favourite hill of the season. Toilets available.

**Bellerive Beach (Graeme Cruise Memorial)** - Starts at Bellerive Beach directly below Bellerive Oval. Course is predominantly flat and on the beach with a short section around the headland between beaches. Toilets available. **Start Time 10:30am**

**Claremont Foreshore** – Starts at the foreshore car park/reserve near the Box Hill Rd/Cadbury Rd Roundabout. A clockwise loop following the bike/walking track to Cadbury's Estate returning to the reserve via the old railway siding and then following the foreshore to Windermere Beach and returning to the starting point. Toilets available.

**Domain Cross Country, Soldiers Memorial** - Starts on the Soldiers Memorial Oval. Loop course on grass, parts of Soldiers Walk and surrounding tracks. Has a climb or two and is rough in patches, a challenging course. Toilets available. **Note Sunday event in 2026.**

**Gellibrand Drive** - Starts approx. 3K south of the Gellibrand Drive & Rifle Range Road intersection, Sandford. The cross country course is flat with some sandy sections on an extended 4.5K loop for Gellibrand Long and a shorter 3K loop for Gellibrand Short. Portaloo.

**Huntingfield** - Huntingfield Pony & Riding Club, Huntingfield Estate, Howden. The cross country course of 5km (loop) includes an undulating section over sandy ridges and a relatively flat section through open paddocks and wooded trails. It is rough at times and is quite challenging. Toilets available.

**Kempton** - Meet at the rotunda in picnic area on highway side of Main Rd opposite Sugarloaf Rd. A flat road 2km loop course through the township. Toilets available. **Note Sunday event.**

**Opossum Bay** – A 5km cross country loop over grasslands and rolling hills with spectacular views across the river. Parking on Bangor Rd. Portaloo.

**Risdon Brook Dam** – starting at the Risdon Dam carpark. A clockwise loop of 4km. Toilets available. **Start time 10:30.**

**Rookwood Rd** – a new XC course in 2026 on the banks of the Huon river. Navigate to 90 Rookwood rd, Ranelagh. Course details TBA.

**Rosny Parklands** – Located on the old Rosny Park Golf Course, adjacent to the Eastlands Shopping Centre, with the start next to the Golf Tasmania building. The course is a 2.3km undulating grassy cross country loop within the bounds of the parklands. Toilets available.

**Runnymede (Jenny Lennon Memorial)** - Located on a farm property (Whitemarsh), in Runnymede, the driveway directly after the "Welcome to Glamorgan Spring Bay" sign on the northern side of the Tasman Highway, 3 km past the Levendale turnoff (Woodsdale Road). The cross country course is undulating on trails and vehicle tracks. Portaloo.

**Seven Mile Beach Forest** – Located at the junction of Surf Rd and Grueber Ave at Seven Mile Beach (next to the nursery, opposite the closed section of Surf Rd). The course follows a mixture of fire trail, gravel single-track and compacted sand paths through the pine forests that back onto Llanherne golf course. The 4.5km loop is flat but the varied terrain provides a challenge underfoot. Portaloo.

**Snug** – Starts at Snug Beach foreshore, Beach Road, Snug. The course is a 3K loop consisting of mostly gravel paths, with a slight hill and a footbridge crossing. Toilets available.

**Surf Road** – A flat, out-and-back road running course starting near the junction of Grueber Avenue and Surf Road and running past the airport towards Pittwater Road. 2 laps. Portaloo.

**Upper Domain** - Starts on the Upper Domain Road opposite the Soldiers Memorial Oval. The course utilises the 2.4K Max's Infinity Loop. Toilets and parking available at the Domain Athletic Centre. **Start time 10:30am.**

## **Rules and Procedures**

### **Registration**

All Athletes must be registered for Athletics South Out of Stadium (OOS) competition to compete, as per the requirements of Athletics Tasmania. All Year Registration includes Out of Stadium Registration, or athletes may opt to register for OOS only. Refer to Club Registrars for conditions and fees. Registration costs include entry to all Athletics South OOS (Winter Season) events, and eligibility for all Tasmanian State Road and Cross Country Championships, as well as AA/AT Personal Accident and Injury Insurance. To be eligible to score Interclub points, all athletes must be registered prior to 18:00 on the Friday before the event.

### **Entry Procedures**

All Athletics South events start at 10:00am unless otherwise listed in the schedule and most events give a choice of two distances. Sign-up sheets are no longer required for the 2026 season. All athletes will be required to have a personal parkrun barcode to be scanned with their finishing order barcode to record results. Parkrun barcodes may be obtained at no cost at <https://www.parkrun.com.au/register/>. **No barcode, no result.**

### **Volunteers**

The Athletics South Winter Competition is run entirely by volunteers. All participants are encouraged to volunteer throughout the season. All clubs have duty club responsibilities, and extra volunteers from other clubs are always welcome. If you are injured, resting, or otherwise unable to run, please come along and help out!

### **Duty Club**

All clubs must provide enough officials to set up and pack up the course and, act as marshals and timekeepers/recorders as required. It is the responsibility of the duty club to collect and return the AS Winter Trailer from the Domain Athletic Centre and to bring drinking water. No points will be awarded to the duty club if they fail to meet their duty requirements on their rostered day. Duty Club rostering is marked on the program calendar.

### **Communications**

This program is subject to change and will be updated throughout the season. Our main communication outlet for weather related changes/cancellations, notification of results etc is the Athletics South Facebook account. All AS Facebook posts are also available to view on the Athletics South website homepage.

### **Event types**

The winter season events are run across a range of surfaces, distances, and locations. In 2026 there will be three handicap races (Snug, Claremont, and Risdon), one relay event (Rosny parklands), and 15 premiership races, for a total of 19 events. In addition, Athletics Tasmania hosts championship events in Cross Country and Road racing.

## Awards

A number of club and individual awards are determined by points scored across the season, and prizes are awarded at the end of season BBQ.

Athletes score consistency points in every premiership round which contribute to both club and individual awards. Age as at 1 April 2026 determines age division for the entire season. Consistency points are awarded for every premiership round in each of the six age divisions (U/15, U/20, O/20, O/40, O/50 and O/60), in both male and female categories, according to the following allocation:

Place	Points
1 <sup>st</sup>	10
2 <sup>nd</sup>	8
3 <sup>rd</sup>	6
4 <sup>th</sup>	5
5 <sup>th</sup>	4
6 <sup>th</sup>	3
7 <sup>th</sup>	2
All subsequent finishers	1

### Club Awards

#### **Winter Club Premiership Points**

Each round all participants' consistency points are allocated to their club, and weekly club points are calculated on the following basis to determine a season winner.

1 <sup>st</sup>	6 points	4 <sup>th</sup>	3 points
2 <sup>nd</sup>	5 points	5 <sup>th</sup>	2 points
3 <sup>rd</sup>	4 points	6 <sup>th</sup>	1 point

#### **4-Score Club Award:**

A new club premiership competition in 2026 will count the finish position of the top 2 runners from each club in both short and long categories, in both mens and womens divisions. Position numbers will be added up to determine club winners per round, with a season winner determined in the same was as club premiership points.

### Individual Awards

#### **Consistency Awards by Division**

All athletes' consistency points are added up throughout the season, with prizes for the winner of each age/gender category.

Under 15 athletes will only score Premiership, Consistency, Cross Country and Handicap individual points in the short race of the day, with the exception of the following events where they may compete and score points in the longer race; Bellerive Beach, Snug, and Gellibrand Short.

### **Athlete of the Season**

Points towards the Athlete of the Season award will be allocated to the first six male and female finishers in each premiership race. There are no age categories for the Athlete of the Season award. The male and female Athletes of the Season will be determined by the total of points scored.

### **Cross Country Triple Treat Champion**

An award celebrating achievement on our best cross country courses. To be eligible, athletes must compete at Runnymede, Huntingfield, and Opossum Bay. Winners will be determined by the quickest cumulative time across the three races in long and short races (athletes must compete in the same category in all three events). Prizes categories are as follows:

Short course	Male u40 Male o40 Female u40 Female o40
Long course	Male u40 Male o40 Female u40 Female o40

### **Handicap Champion**

Three handicap races will be held in the 2026 season, and a male and female champion will be determined by handicap points scored across the three races. Points scored in handicap races are awarded to the top 30 finishers; 1<sup>st</sup> place - 30 points, 2<sup>nd</sup> - 29 points, 3<sup>rd</sup> - 28 points etc through to 1 point for 30<sup>th</sup>, regardless of age group or gender. Athletes must have competed a minimum of 4 times prior to Handicap Race 1 and 2, and 9 times prior to Handicap Race 3 to be eligible to score handicap points.

**Athletics South Winter Committee:**

<b>OOS Director</b>	Eloise Fisher
<b>Program</b>	Eloise Fisher, Peter Lyden, Tony Sansom, Daniel Smee, Jarrod Gibson
<b>Handicaps</b>	Greg Hawthorne
<b>Results</b>	Jarrod Gibson
<b>Entries</b>	Clubs
<b>Chief Time Keeper</b>	Duty Club
<b>OOS Referee</b>	Peter Lyden

**Jury of Appeal Chair** Helen Lee

**Appeals:** Any appeal is to be made in writing to the Jury of Appeal Chair within three days of any decision by the OOS Referee.

**Athletics South** [athleticssouth.org.au](http://athleticssouth.org.au) (03) 6236 9766

**Athletics Tasmania** [tasathletics.org.au](http://tasathletics.org.au) (03) 6234 9551

**Club Contacts:**

<p><b>Eastern Suburbs Athletic Club (ES)</b></p>  <p><a href="http://esac.run">esac.run</a> 0409 728 315</p>	<p><b>Northern Suburbs Athletic Club (NS)</b></p>  <p><a href="http://nsac.org.au">nsac.org.au</a> 0418 130 782</p>	<p><b>Tasmanian Masters Athletics Inc. (TMA)</b></p>  <p><a href="http://tasmastersathletics.org.au">tasmastersathletics.org.au</a> 0418 171 834</p>
<p><b>Sandy Bay Harrier Club (SB)</b></p>  <p><a href="http://sbhc.org.au">sbhc.org.au</a> 0447 674 009</p>	<p><b>OVA Southern Saints Athletic Club (OVA)</b></p>  <p><a href="http://ovasouthernsaints.com.au">ovasouthernsaints.com.au</a> 0409 543 563</p>	<p><b>University of Tasmania Athletics Club (UTAS)</b></p>  <p>UNIVERSITY of TASMANIA</p> <p><b>ATHLETICS</b></p> <p><a href="http://utasathleticsclub.org.au">utasathleticsclub.org.au</a></p>