

## Technical directives 2025

The CITIUS meeting will be organised in accordance with the applicable [World Athletics rules](#).

### Before the competition

#### Access to the site

Athletes must identify themselves at the entrance with their licence or a valid ID (national athletes) or their bib number/accreditation (international athletes).

#### Coaches / counsellors

One coach can register per athlete and thus gain access to the standing area of the event. The [registration form](#) is available on the CITIUS website.

#### Registration

Athletes pre-programme: Athletes will receive their bib in the entrance area of the Wankdorf sports hall. Athletes must have picked up their bib at the bib distribution point at least 60 minutes before the start (pole vault 90 minutes).

Athletes in the main programme: They are already confirmed and can go directly to the call room at the given time. You will receive your race number at your hotel if you are staying overnight, otherwise at the race number distribution point in the Wankdorf sports hall.

#### Equipment check

You may use your own equipment (balls/javelins) at the competition, provided that it has been checked before the competition at the equipment check (entrance area of the sports hall on the first floor above the bib distribution point).

#### Warm-up area

The warm-up must take place outside the stadium. Space around the sports hall or on the "Allmend" is provided for this purpose. Athletes (and coaches) also have access to an 80-meter-long running tunnel with three synthetic tracks in the basement of the sports hall and the sports hall on the first floor.

#### Call room

Athletes must report to the call room before each event as follows:

Event	Call Room	Call Room out
	<b>Last call</b>	<b>Departure</b> To competition area
<b>Track</b>	15 min before start	10 min before start
<b>Longjump/Shot Put /Javelin</b>	40 min before start	35 min before start
<b>Pole vault</b>	70 min before start	65 min before start

Athletes arriving late may be excluded from participation in the event.

#### Inspection of personal items

Personal belongings will be checked in the call room. All personal items (such as recording devices, radios, mobile phones, MP3 players, video cameras, etc.) that are not permitted to compete under IAAF rules will be confiscated in the call room. All confiscated items from participants will be returned there after the event.

## **New footwear regulations**

The World Athletics rules (Book C: Competition' C2.1A.) regarding footwear must be followed in all disciplines. If this is not the case, the athlete's performance will not be ratified and will not be used in statistics, records, etc.

## **Bibs**

The athletes' personal bibs must be worn on the front of their competition clothing (except for the jumps, where the bib can be worn on the chest or back). The bibs may not be folded, bent or covered in any way.

## **Adhesive hip numbers**

Participants in the heats will receive two adhesive hip numbers in the call room before entering the competition area. The adhesive hip numbers must be attached to the side of each athlete's leg.

## During the competition

During the runs, the tracksuits are placed in baskets at the start. These baskets will be taken to the finish area in the mixed zone.

### Athlete presentation

The athletes are introduced 3 minutes before the race. In the technical disciplines, the presentation takes place on the course 5 minutes before the start.

### Start command

The start command will be announced in English.

### Measurement

An electronic timing and false start system (ALGE Timing) will be used. The distance measurements in the technical disciplines will be carried out using electronic distance measuring devices. The pole measurement in the vertical jumps is carried out with calibrated telescopic measuring rods.

## Technical disciplines

### Jump heights pole vault

<b>Main program</b>	388 – 408 – 423 – 433 – 443 - 453 – 463 – 468 – 473 - ...
<b>Pre program</b>	386 – 406 – 426 – 446 – 456 – 466 - ...

### Number of attempts (long jump/shot put/javelin throw)

All athletes have 6 attempts.

### Markers

Athletes are not permitted to use their own check marks during competitions. Athletes who wish to use a marker may use the markers provided by CITIUS-Meeting.

## **After the competition**

### **Leaving the competition area**

All athletes must leave the competition area through the mixed zone. Athletes shall follow the designated route along the track edge back to the sports hall.

### **Running disciplines:**

All runners leave the competition area immediately after crossing the finish line.

### **Technical disciplines:**

- Athletes who are eliminated in vertical jumps at a certain height may leave the competition area together at the end of a height;
- In the other technical disciplines, athletes leave the competition area together at the end of the last attempt.

### **Mixed zone**

Athletes who have left the mixed zone may not return to it.

### **Victory ceremonies**

Following the last discipline of the event, there will be a joint victory ceremony for all discipline winners of the main programme. The discipline winners will gather in the call room at 18:30 in their competition kit or tracksuit. Athletes who are still competing at this time will go to the call room immediately after the end of the competition.

### **Results**

The live results and rankings will be published on our website.

### **Doping control**

Athletes can be tested during the entire period of their CITIUS participation, regardless of their location. Antidoping Switzerland carries out doping controls and adheres to the International Standard for Testing and Investigations (ISTI).