



The Breathe Free Outcomes & Experience Report

2026 Edition

Insights from **Post-Treatment** Patient Surveys
Across Participating Locations

Executive Summary

About This Report

The Breathe Free Outcomes & Experience Report provides insight into the experiences of patients who received treatment and/or procedures through participating Breathe Free locations and voluntarily completed post-treatment surveys.

While individual experiences vary, the survey results revealed several consistent themes across participating locations.

Patients consistently reported valuing:

- Symptom improvement
- Feeling heard and understood
- Confidence in their care experience

The findings suggest that patient experience is shaped not only by clinical outcomes but also by communication, trust, and the ability to return to daily life with fewer symptoms.

Key Findings

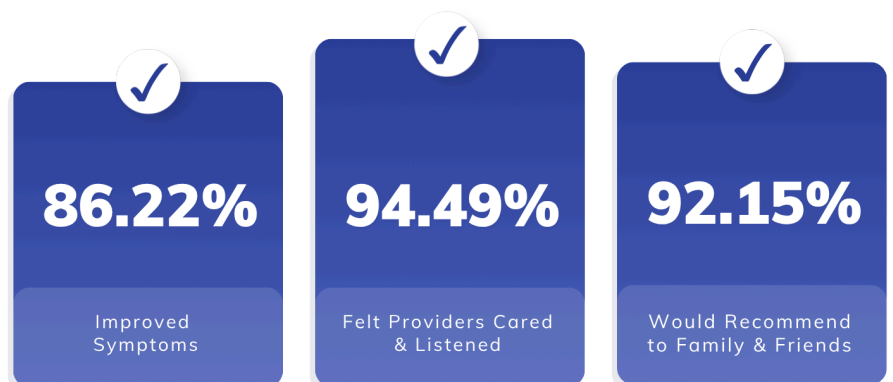
86.22%
Reported Improved Symptoms

94.49%
Felt Heard

92.15%
Would Recommend

93.09%
Satisfied or Extremely Satisfied

Satisfied or Extremely Satisfied



What Matters Most to Patients?

One theme emerged consistently from the survey data collected across participating Breathe Free locations: patients value relief, communication, and trust.

The survey results revealed that patients were primarily focused on outcomes that directly affect their everyday lives. They wanted symptom improvement. They wanted to feel heard by their providers. And they wanted confidence in the care they received.

Despite differences in geography, providers, and individual treatment experiences, these themes appeared consistently throughout the survey findings.

What Surprised Us

Despite differences in geography, providers, and treatment experiences, patients consistently focused on the same three themes:

- Relief
- Being Heard
- Trust

Not procedures.

Not technology.

Not features.

The survey results suggest that patients are primarily focused on improving their quality of life and finding providers they trust.

The survey findings consistently pointed to the fundamentals of the patient experience: symptom improvement, communication, and confidence in care.



Patients Want Relief

86.22% Reported Improved Symptoms

Among surveyed patients, 86.22% reported improved symptoms following treatment.

For many patients, symptom improvement means more than physical relief. It can affect sleep, daily comfort, and the ability to participate in everyday activities.

Improved Breathing

More comfortable breathing throughout the day.

Better Sleep

Fewer symptoms interfering with rest.

Returning to Daily Activities

Less disruption at work, home, and recreation.

Improved Quality of Life

Relief that extends beyond physical symptoms.



How would you rate your **symptoms** now to before your procedure

Response	Percent
Much worse	0.66%
Worse	2.22%
No change	10.90%
Improved	43.27%
Much improved	42.94%

86.22% | Improved Symptoms

Based on patient surveys collected from participating Breathe Free locations.

Patients Want to Be Heard

94.49% Felt Heard

The survey results revealed that 94.49% of respondents felt their providers listened to their concerns and cared about what they had to say.

One theme emerged consistently throughout the survey findings: patients value providers who listen.

While symptom improvement remains important, patients also want to feel understood. The survey responses suggest that communication plays a meaningful role in how patients evaluate their overall experience and the confidence they have in their care.

Feeling heard helps build trust and confidence in care.



Do you feel like the medical providers **care about** you and **listened** to your **questions/concerns**?

Response	Percent
No	1.19%
I am not sure	4.32%
Yes	94.49%

94.49%

Felt providers cared
and **listened**

Based on patient surveys collected from participating Breathe Free locations.

Trust Creates Advocacy

92.15% Would Recommend

Across participating Breathe Free locations, 92.15% of surveyed patients reported they would recommend Breathe Free to family and friends.

Recommendation is one of the clearest indicators of trust. When patients are willing to recommend a provider, it reflects confidence in their experience and care.

When viewed alongside symptom improvement and provider communication, willingness to recommend reinforces a consistent theme throughout the survey findings: patients value providers they trust.



Would you **recommend Breathe Free** to a friend or family member?

Response	Percent
I would not	1.38%
I am not sure	6.46%
I would	92.15%

92.15%

Would **Recommend** to
Family & Friends

Based on patient surveys collected from participating Breathe Free locations.

Satisfaction at Scale

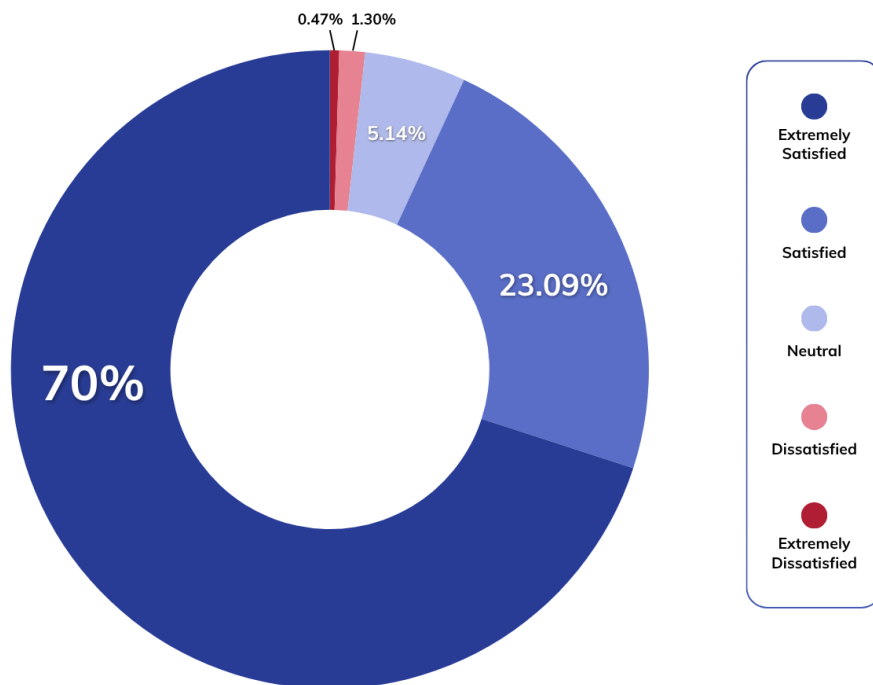
93.09% Satisfied or Extremely Satisfied

93.09% of surveyed patients reported being satisfied or extremely satisfied with their overall experience.

While individual experiences vary, the survey findings suggest positive experiences were reported consistently across participating locations.

When viewed alongside symptom improvement, provider communication, and willingness to recommend, a clear pattern emerges: patients value relief, communication, and trust.

93.09% Satisfied or Extremely Satisfied



What We Learned

The survey findings revealed three consistent themes across participating Breathe Free locations.

Patients Value Relief

Patients consistently reported that symptom improvement remains one of the most important measures of a positive treatment experience. For many, relief means breathing more comfortably, sleeping better, and returning to daily activities with fewer limitations.

Patients Value Communication

Patients want providers who listen, communicate clearly, and help them feel understood. The survey results suggest that feeling heard remains an important part of how patients evaluate their care experience.

Patients Value Trust

Trust is reflected in both patient satisfaction and willingness to recommend a provider to others. Across participating locations, survey responses suggest that confidence in providers remains an important part of a positive patient experience.

A Simple Takeaway

Despite differences in geography, providers, and individual treatment plans, patients consistently focused on the same core themes:

Relief.

Being heard.

Trust.

Not procedures.

Not technology.

Not features.

The survey findings suggest that patients are primarily focused on improving their quality of life and finding providers they trust. Patients consistently returned to the fundamentals of the healthcare experience: symptom improvement, communication, and trust in their providers.

Methodology

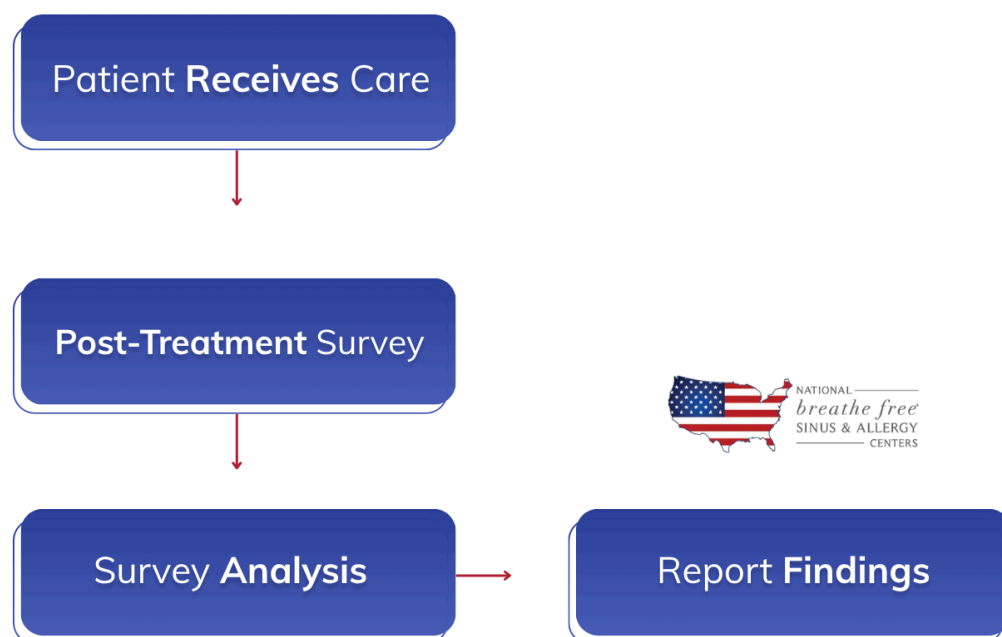
The Breathe Free Outcomes & Experience Report is based on survey responses collected from patients who received treatment and/or procedures through participating Breathe Free locations across the United States.

Survey responses were voluntarily submitted following care and analyzed through the Medfluence Operating System.

The purpose of this report is to better understand the experiences of patients receiving care across participating locations and identify themes that consistently emerged throughout the survey findings.

While individual experiences vary, the survey findings help identify themes that consistently emerged among post-treatment patients across participating locations.

The report is intended to reflect the experiences of surveyed patients within participating Breathe Free locations and is not intended to represent the experiences of all sinus and allergy patients.



Results compiled through the Medfluence Operating System.
This should be informational only.