

V = Vegan VG = Vegetarian GF = Gluten Friendly	Contains Milk	Contains Eggs	Contains Wheat	Contains Soy	Contains Fish	Contains Sesame	Contains Peanuts	Contains Tree-nuts		
Sandwiches										
Starbird®	X	X	X	X		X				
Big Star®	X	X	X	X		X				
Nashville Hotbird®	X	X	X	X		X				
Cali Gold BBQ Bacon	X	X	X	X		X				
Gardenbird® VG	X	X	X	X		X				
Indian Hotbird	X	X	X	X		X				

V = Vegan
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Contains
Milk

Contains
Eggs

Contains
Wheat

Contains
Soy

Contains
Fish

Contains
Sesame

Contains
Peanuts

Contains
Tree-nuts

Salads PG2

Elote Chop
 (No Dressing) GF

X

X

X

Jalapeno Lime Dressing
 (2.5 fl oz) GF

X

X

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Tender Boxes PG1

3 Tenders Box GF	X	X		X						
4 Tenders Box GF	X	X		X						
3 Nashville Tenders Box GF	X	X		X						
4 Nashville Tenders Box GF	X	X		X						
3 Sweet Thai Tenders Box	X	X	X	X	X	X				
4 Sweet Thai Tenders Box	X	X	X	X	X	X				

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Peanuts

Contains
Tree-nuts

Tender Boxes PG2

**3 Gardenbird
Tenders Box**
VG

X

X

X

X

**4 Gardenbird
Tenders Box**
VG

X

X

X

X

**3 Indian Hotbird
Tenders Box**
GF

X

X

X

**4 Indian Hotbird
Tenders Box**
GF

X

X

X



Figure 1 | **Flowchart of the study**

V = Vegan
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**Contains
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**Contains
Wheat**

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**Contains
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**Contains
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**Contains
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Nuggets

Nugget GF

X

X

X

Gardenbird Nugget

X

X

X

X



Starbird

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**Contains
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Bone-In Wings

Plain

GF

Buffalo

GF

X

Sweet Thai

X

X

X

X

Garlic Parmesan

GF

X

Lemon Pepper

GF

Nashville Hot

GF

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Bone-In Wings

Cali Gold BBQ

GF

X

V = Vegan VG = Vegetarian GF = Gluten Friendly	Contains Milk	Contains Eggs	Contains Wheat	Contains Soy	Contains Fish	Contains Sesame	Contains Peanuts	Contains Tree-nuts		
Boneless Wings										
Plain GF	X	X		X						
Buffalo GF	X	X		X						
Sweet Thai	X	X	X	X	X	X				
Garlic Parmesan GF	X	X		X						
Lemon Pepper GF	X	X		X						
Nashville Hot GF	X	X		X						

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Boneless Wings

Cali Gold BBQ

GF

X

X

X

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Sides PG1

House Fries V, GF										
Rainbow Slaw VG, GF	X	X		X						
Masala Street Fries VG, GF	X									
Chicken & Churros	X	X	X	X						
Truffle Fries VG	X									
Thai Brussels	X		X	X	X	X				



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Sides PG2

Street Corn

VG, GF

X

X

X

Side Salad (No Dressing)

VG, GF

X

Chile Lime
Vinaigrette (1.5 fl.oz)

VG, GF

[illegible]



Starbird

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Kids

Lil' Chicken Box

GF

X

X

X

Lil' Nug Box

GF

X

X

X

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Proteins PG 1

Bone-in Wing GF										
Boneless Wing GF	X	X		X						
Crispy Chicken Tender GF	X	X		X						
Crispy Chicken Filet GF	X	X		X						
Nashville Tender GF	X	X		X						
Nashville Filet Gf	X	X		X						



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Proteins PG 2

Grilled Chicken Filet

GF

X

Gardenbird Tender

VG

X

X

X

X

Gardenbird Filet

VG

X

X

X

Nugget

GF

X

X

X

Gardenbird Nugget

X

X

X

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Sauces (per 1.5oz)

Blue Cheese VG, GF	X	X		X						
Greek Yogurt Ranch VG, GF	X	X		X						
Honey Chipotle BBQ VG, GF										
Honey Mustard VG, GF		X		X						
Maple Syrup V, GF										
Truffle Aioli VG, GF	X			X						



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Sauces (per 1.5oz)

Classic Buffalo

V, GF

Star Sauce®

VG, GF

X

X

Herb Aioli

VG, GF

X

Blazin' Ranch®

VG, GF

X

X

X

Tamarind Mint

Raita

VG, GF

X