

V = Vegan
 VG = Vegetarian
 GF = Gluten Friendly

Calories	Calories From Fat	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)
----------	-------------------	---------	-------------------	------------------	-------------	-----------	-------------------	-----------	-------------

Salads Shown with grilled / fried chicken

Thai Chicken (No Dressing)	260 / 431	54 / 162	6 / 18	<1 / 4	78 / 65	880 / 1250	31 / 51	4 / 5	22 / 22	28 / 26
Herb Aioli (2.75 fl oz) <small>GF</small>	296	288	32	5	18	417	2	<1	<1	<1
Green Papaya Dressing (1.25 fl oz)	88	<1	<1	<1	0	589	22	<1	22	<1
Green Goddess Cobb (No Dressing) <small>GF</small>	460 / 520	216 / 243	24 / 27	10 / 8	295 / 255	1410 / 1640	17 / 38	8 / 8	8 / 8	43 / 33
Green Goddess Dressing (2.75 fl oz) <small>GF</small>	290	279	31	4.5	15	330	2	0	2	3
Chicken Chop (No Dressing) <small>GF</small>	581 / 752	270 / 369	30 / 41	6 / 9	94 / 81	853 / 1223	43 / 64	10 / 10	8 / 9	40 / 39

V = Vegan
 VG = Vegetarian
 GF = Gluten Friendly

Calories	Calories From Fat	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)
----------	-------------------	---------	-------------------	------------------	-------------	-----------	-------------------	-----------	-------------

Tender Boxes PG1

3 Tenders Box GF	410	171	19	4.5	90	1070	28	<1	0	31
4 Tenders Box GF	540	234	26	6	115	1420	37	1	<1	41
3 Nashville Tenders Box GF	710	477	53	10	90	1840	44	1	<1	31
4 Nashville Tenders Box GF	950	639	71	14	115	2400	59	1	<1	41
3 Sweet Thai Tenders Box	500	189	21	4.5	90	1710	52	1	24	31
4 Sweet Thai Tenders Box	640	243	27	6	115	2070	61	2	24	41

V = Vegan VG = Vegetarian GF = Gluten Friendly	Calories	Calories From Fat	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)
---	-----------------	--------------------------	----------------	--------------------------	-------------------------	--------------------	------------------	--------------------------	------------------	--------------------

Bone-In Wings **All wings listed by the piece**

Cali Gold BBQ <small>GF</small>	150	54	6	2	53	300	14	<1	7	9
Buffalo <small>GF</small>	147	81	9	3	61	459	7	<1	<1	9
Sweet Thai	170	54	6	2	53	427	19	<1	9	9
Garlic Parmesan <small>GF</small>	175	99	11	5	67	243	8	<1	<1	10
Lemon Pepper <small>GF</small>	158	90	10	4	63	204	8	<1	9	9
Nashville Hot <small>GF</small>	175	108	12	3	53	237	9	<1	<1	9

V = Vegan
 VG = Vegetarian
 GF = Gluten Friendly

Calories	Calories From Fat	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)
----------	-------------------	---------	-------------------	------------------	-------------	-----------	-------------------	-----------	-------------

Boneless Wings All wings listed by the piece

Cali Gold BBQ <small>GF</small>	94	27	3	<1	14	298	11	<1	7	5
Buffalo <small>GF</small>	84	45	5	2	19	476	5	<1	<1	4
Sweet Thai	91	27	3	<1	11	361	14	<1	7	4
Garlic Parmesan <small>GF</small>	106	63	7	3	20	222	6	<1	<1	5
Lemon Pepper <small>GF</small>	57	18	2	<1	11	206	5	<1	<1	4
Nashville Hot <small>GF</small>	112	72	8	1	11	255	7	0	0	4

V = Vegan
 VG = Vegetarian
 GF = Gluten Friendly

Calories	Calories From Fat	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)
----------	-------------------	---------	-------------------	------------------	-------------	-----------	-------------------	-----------	-------------

Beverages PG 1

Housemade Lemonade <small>V, GF</small>	100	0	0	0	0	30	23	0	20	0
Housemade Iced Tea <small>V, GF</small>	0	0	0	0	0	0	0	0	0	0
Oaktown Root Beer <small>V, GF</small>	170	0	0	0	0	35	43	0	42	0
Cable Car Lemon Lime <small>V, GF</small>	160	0	0	0	0	50	39	0	28	0
Mango Sparkling Water <small>V, GF</small>	0	0	0	0	0	0	0	0	0	0
Lost Island Ginger Beer <small>V, GF</small>	170	0	0	0	0	35	43	0	42	0

V = Vegan
 VG = Vegetarian
 GF = Gluten Friendly

Calories	Calories From Fat	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)
----------	-------------------	---------	-------------------	------------------	-------------	-----------	-------------------	-----------	-------------

Beverages PG2

Old Fountain Cream Soda <small>V, GF</small>	170	0	0	0	0	35	43	0	42	0
Hanger 25 Cola <small>V, GF</small>	160	0	0	0	0	20	41	0	40	0
Hanger 25 Diet Cola <small>V, GF</small>	0	0	0	0	0	20	0	0	0	0
Strawberry Lemonade <small>V, GF</small>	160	0	0	0	0	15	41	<1	39	0
Pink Pineapple Lemonade <small>V, GF</small>	210	54	6	2	20	320	38	<1	33	4
Peach Iced Tea <small>V, GF</small>	100	0	0	0	0	10	25	0	24	0

V = Vegan
 VG = Vegetarian
 GF = Gluten Friendly

Calories	Calories From Fat	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)
----------	-------------------	---------	-------------------	------------------	-------------	-----------	-------------------	-----------	-------------

Sides PG1

House Fries V, GF	452	198	22	4	2	557	58	6	<1	5
Rainbow Slaw VG, GF	116	130	8	2	8	434	9	2	5	2
Chicken & Churros	640	150	17	4	55	760	96	0	60	23
Side Salad (No Dressing) VG, GF	98	54	6	2	7	113	6	2	3	5
Chile Lime Vinaigrette (1.5 fl oz) VG, GF	177	135	15	2	0	77	9	<1	8	<1

V = Vegan
 VG = Vegetarian
 GF = Gluten Friendly

Calories	Calories From Fat	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)
----------	-------------------	---------	-------------------	------------------	-------------	-----------	-------------------	-----------	-------------

Proteins PG 1

Bone-in Wing GF	120	54	6	2	53	177	7	<1	<1	9
Boneless Wing GF	57	18	2	<1	11	195	5	0	0	4
Crispy Chicken Tender GF	120	45	5	1	24	409	11	0	0	9
Crispy Chicken Filet GF	387	189	21	3	100	1322	21	<1	0	29
Nashville Tender GF	212	126	14	3	23	595	15	0	0	8
Nashville Filet Gf	580	351	39	7	100	1731	30	<1	0	29

V = Vegan
 VG = Vegetarian
 GF = Gluten Friendly

Calories	Calories From Fat	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)
----------	-------------------	---------	-------------------	------------------	-------------	-----------	-------------------	-----------	-------------

Sauces (per 1.5oz)

Classic Buffalo V, GF	25	9	1	<1	0	910	2	0	<1	<1
Star Sauce® VG, GF	233	207	23	4	13	266	7	<1	7	<1
Herb Aioli VG, GF	209	198	22	3	13	329	2	<1	<1	<1
Blazin' Ranch® VG, GF	92	81	9	2	9	231	2	<1	1	2
Wasabi Aioli VG, GF	220	198	22	3.5	10	300	5	0	4	0
Caesar	420	414	45	9	25	600	1	0	0	2