

V = Vegan
 VG = Vegetarian
 GF = Gluten Friendly

Contains
Milk

Contains
Eggs

Contains
Wheat

Contains
Soy

Contains
Fish

Contains
Sesame

Contains
Peanuts

Contains
Tree-nuts

Salads

**Thai Chicken
(No Dressing)**

X

X

X

X

X

X

**Herb Aioli
(2.5 fl oz)**

GF

X

**Green Goddess Cobb
(No Dressing)**

GF

X

X

X

**Green Goddess Dressing
(2.5 fl oz)**

GF

X

X

**Chicken Chop
(No Dressing)**

GF

X

X

X

**Chipotle Lime Vinaigrette
(2.5 fl oz)**

GF

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Tender Boxes PG1

3 Tenders Box GF	X	X		X					
4 Tenders Box GF	X	X		X					
3 Nashville Tenders Box GF	X	X		X					
4 Nashville Tenders Box GF	X	X		X					
3 Sweet Thai Tenders Box	X	X	X	X	X	X			
4 Sweet Thai Tenders Box	X	X	X	X	X	X			



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Nuggets

Nugget

GF

X

X

X

Gardenbird Nugget

VG

X

X

X

X

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Boneless Wings

Plain GF	X	X		X						
Buffalo GF	X	X		X						
Sweet Thai	X	X	X	X	X	X				
Garlic Parmesan GF	X	X		X						
Lemon Pepper GF	X	X		X						
Nashville Hot GF	X	X		X						

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Wraps

**Chicken Chop
Wrap**

X

X

X

**Thai Chicken
Wrap**

X

X

X

X

X

**Crispy Chicken
Caesar Wrap**

X

X

X

X

**Green Goddess
Cobb Wrap**

X

X

X

**Elote Chop Salad
Wrap**

X

X

X

X

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Boneless Wings

Cali Gold BBQ

GF

X

X

X

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Proteins PG 1

Bone-in Wing GF									
Boneless Wing GF	X	X		X					
Crispy Chicken Tender GF	X	X		X					
Crispy Chicken Filet GF	X	X		X					
Nashville Tender GF	X	X		X					
Nashville Filet Gf	X	X		X					

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Sauces (per 1.5oz)

Blue Cheese VG, GF	X	X		X						
Greek Yogurt Ranch VG, GF	X	X		X						
Honey Chipotle BBQ VG, GF										
Honey Mustard VG, GF		X		X						
Maple Syrup V, GF										
Truffle Aioli VG, GF	X			X						

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Sauces (per 1.5oz)

Classic Buffalo

V, GF

Star Sauce®

VG, GF

X

X

Herb Aioli

VG, GF

X

Blazin' Ranch®

VG, GF

X

X

X

Wasabi Aioli

VG, GF