



Item Specification Sheet

Item: #117519 Ground Turkey

Order Unit: PACKAGE | Price Unit: PACKAGE | Weight Type: NET WEIGHT

Item Information

Description: Add variety with this classic ground turkey made from high quality turkey; a low-fat, high protein alternative in comparison to our red meat counterparts. 100% ground turkey

Characteristics: KEEP FROZEN STORAGE: Minimum Temp: -10
Maximum Temp: 0

Specifications

Pieces Per Package: Varied
Package Weight: 1 lb

Shelf Life: Shelf life: Frozen: Store up to 12 months at 10 degrees F or below Storage Temperature: Frozen: 0 Degrees F or less

Ingredients

Ground Turkey

ALERGINS: NONE

Cooking Instructions

Remove product from the packaging. Cook to desired doneness.

Product Images & Nutritional Information

Nutrition Facts

Serving size		4 oz. (average) (112g)	
Amount per serving		230	
Calories			
		% Daily Value*	
Total Fat 17g			26%
Saturated Fat 5g			25%
Trans Fat 0g			
Polyunsaturated Fat 0g			
Monounsaturated Fat 0g			
Cholesterol 80mg			27%
Sodium 80mg			3%
Total Carbohydrate 0g			0%
Dietary Fiber 0g			0%
Soluble Fiber 0			
Insoluble Fiber 0g			
Total Sugars 0g			
Includes g Added Sugars			0%
Protein 19g			
Vitamin D %	•	Calcium 2mg	0%
Iron 8mg 44%	•	Potassium 0mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

