

FOLDABLE POWER RACK



PRODUCT FEATURES

The rack is designed for a full-body workout when used with a barbell and weight plates. It has the ability to be used for bench press, overhead press, squats, and more. It also comes with a pull-up bar and dip station to hit your back, biceps, and triceps. Additionally, it has high and low cable pulleys (with lat pulldown and curl bar attachments), excellent for a range of exercises, including lat pulldowns, tricep extensions, bicep curls, and lateral raises.

The rack comes with pegs for resistance bands, landmine attachment, dip attachment, 8 plate storages, 2 bar storages, 2 pairs of J-Hooks, and 2 Safety Spotter arms.

PRODUCT SPECIFICATIONS

SKU	FPD-GF-FR250
Dimensions When Open	L-64.88" W-66.14" H-89.21"

Dimensions When Folded	L-64.88" W-32.16" H-89.21"
------------------------	--------------------------------