



275g e

KEEP REFRIGERATED 0°C TO 5°C
DEFROUING SUGGESTION



MCINTOSH PROTEIN MACARONI CHEESE READYMEAL

NEW LAUNCH & PROMO



ARLA PROTEIN PUDDINGS

PROMO



THE REAL SOUP CO.

GRAB N GO POTS



SHAKEN UDDER PROTEIN MILKSHAKE

PROMO



PORGINI MUSHROOM RISOTTO

CHICKEN BIRYANI



CHILLED & FROZEN PROMOTIONS PERIOD 14 2025

SELL OUT 06 OCTOBER 2025—26 OCTOBER 2025 | BUYING IN 01 OCTOBER 2025—24 OCTOBER 2025



STANDARD PRICE	
£8.70	RRP £1.95
PROMO PRICE	
£6.60	RSP £1.45



**HIGH IN
PROTEIN
NO ADDED
SUGAR**

PRODUCT	CASE SIZE	SKU CODE
Arla Protein Pudding - Chocolate	6 x 200g	ARLAPPCH
Arla Protein Pudding - Caramel	6 x 200g	ARLAPPCA

NEW
PUDDING
FULL OF
PROTEIN



STRENGTH COMES FROM WITHIN

NEW

STOCK SHAKEN UDDER'S DELICIOUS
PROTEIN
MILKSHAKES



**STORE
AMBIENTLY,
SELL
CHILLED**

- ✓ Stock the UK's No. 1 premium milkshake brand*
- ✓ Fastest growing milkshake brand in Convenience**

PROTASTY PROREAL INGREDIENTS PROTEIN PACKED

*Nielsen Discover | Total Coverage | 52 w/e 10/08/24 | £33.3m Retail Sales Value **Nielsen Discover | Total Impulse | 52 w/e 10/08/24 | Retail Sales Value | Shaken Udder £3.6m, + 96.8% vs YAGO

CODE	DESCRIPTION	STD PRICE	PROMO PRICE	PROMO RRP	POR
SHAKEPC	SHAKEN UDDER CHOCOLATE PROTEIN MILKSHAKE 8x330ml	£14.45	£11.28	£1.89	25.39%
SHAKEPS	SHAKEN UDDER STRAWBERRY PROTEIN MILKSHAKE 8x330ml	£14.45	£11.28	£1.89	25.39%
SHAKEPWC	SHAKEN UDDER WHITE CHOCOLATE PROTEIN MILKSHAKE 8x330ml	£14.45	£11.28	£1.89	25.39%

the RealSoup co.!

OUR CLEVER LITTLE GRAB & GO POTS

VEGAN KATSU CURRY
6 x 300g
REALVKC

CHICKEN BIRYANI
6 x 300g
REALCB

FOREIGN MUSHROOM RISOTTO
6 x 300g
REALPMR

MAC 'N CHEESE
6 x 300g
REALMC

BUTTERNUT SQUASH & SWEET POTATO
6 x 380g
REALBSQ380

CARROT & CORIANDER
6 x 380g
REALSC380

LEEK & POTATO
6 x 380g
REALSLP380

LENTIL
6 x 380g
REALSL380

INDONESIAN STYLE SOUP
6 x 380g
REALITC380

THAI STYLE CHICKEN
6 x 380g
REALSTH380

TOMATO & BASIL
6 x 380g
REALST380

CHICKEN BIRYANI
STANDARD PRICE £12.80 RRP £2.85
PROMO PRICE **£10.80** RSP £2.40

CARROT & CORIANDER
STANDARD PRICE £11.46 RRP £2.65
PROMO PRICE **£8.94** RSP £1.99

THAI CHICKEN
STANDARD PRICE £11.35 RRP £2.65
PROMO PRICE **£8.94** RSP £1.99

Single serve or perfect for on the move

Whether you are a food to go outlet offering a hot lunchtime meal or a café or restaurant looking for a convenient option for your customers, our Grab & Go pots are the perfect solution. With smaller portions equalling less waste, our 380g pots are a handy alternative to our 4kg tubs.

McIntosh

OF STRATHMORE



CHILLED READY MEAL RANGE



PUDDING RANGE



JUST LAUNCHED



• Scotland's No.1 ready meal meets the growing demand for high protein meals • 22g of protein per 275g pot

NORMAL PRICE £1.80 - RRP £2.40
PROMO PRICE £1.40 - PROMO RRP £1.90

*Based on Circana, 52 w/e 04th August 2024



FIFE CREAMERY
QUALITY WHOLESALE FOOD INNOVATION SINCE 1957

Incredible

Chilled Deals



£28.08

RSP £2.95
POR 20.67%

LURPAK
SPREADABLE
TUB 12x250G



£9.68

RSP £1.50
POR 19.33%

FLORA
ORIGINAL,
LIGHT 8x250G
£1.75 PMP



DAIRYLEA TRIANGLE
12x125G £1.75 PMP

£16.68

RSP £1.55
POR 10.96%



DAIRYLEA TUB
12x145G £1.95 PMP

£18.72

RSP £1.75
POR 10.85%



£7.52

RSP £2.35
POR 20.00%

RUSTLERS QUARTER
POUNDER 4x190G
£2.60 PMP



RUSTLERS BBQ RIB
SANDWICH 4x157G
£2.50 PMP

£7.20

RSP £2.25
POR 20.00%



PREP HOUSE SAUCE
BLACK BEAN, SWEET N
SOUR 12x450G

£29.76

RSP £3.35
POR 25.97%



£1.65

RSP £2.20
POR 25.00%

DELPHI SALAD RED
KIDNEY BEAN, 1x200G
TABOULI 1x170G



DELPHI DIP BLACK
OLIVE HOUMOUS,
TARAMOSALATA 1x170G

£1.00

RSP £1.35
POR 25.92%



£21.36

RSP £2.30
POR 22.60%

ALPRO ALMOND
BARISTA PROFESIONAL
12x1LT



£23.22

RSP £1.68
POR 23.66%

FREE RANGE MEDIUM
EGGS 18x6 PACK

GET OUR ORDERING APP OR ORDER ONLINE AT [PRODUCTS.FIFECREAMERY.CO.UK](https://products.fifecreamery.co.uk)

OR CALL 01592 655 757 | £50 MIN DROP SINGLE UNITS AND SPLIT CASES



Fab Frozen

£14.40

RSP **£1.49**
POR **19.46%**

MCCAIN QUICK
CHIPS TWIN PACK
12x200G £1.69 PMP



SANMARCO PIZZA CHEESE &
TOMATO 10x253G £1.50 PMP,
PEPPERONI 10x251G £1.50 PMP

£10.30

RSP **£1.50**
POR **17.60%**



£24.75

RSP **£2.19**
POR **24.65%**

MCCAIN HOME CHIPS
SC 15x700G £2.69 PMP



EASY COOK 15
VEGETABLE SPRING
ROLLS 24x300G
£1.99 PMP

£31.20

RSP **£1.69**
POR **23.07%**

YOUNGS POPCORN
SCAMPI BITES
12x300G £3.75 PMP

£30.96

RSP **£3.25**
POR **20.61%**



YOUNGS PRAWNS
12x180G £4.50 PMP

£42.24

RSP **£4.25**
POR **17.17%**

£14.98

RSP **£2.69**
POR **20.44%**

GOODFELLAS PIZZA
TC PEPPERONI
7x332G £2.99 PMP,
MARGHERITA 7x345G
£2.99PMP



£15.60

RSP **£1.60**
POR **18.75%**

YOUNGS 10 FISH
FINGERS 12x250G
£1.89 PMP



24/7 ICE CUBES 6x2KG

£5.70

RSP **£1.35**
POR **29.62%**

£22.12

RSP **£0.85**
POR **29.03%**

WALLS MINI MILK
STRAWBERRY
44x35ML



WALLS MAGNUM
EUPHORIA PINK
LEMONADE 20x90ML

£24.99

RSP **£1.99**
POR **24.65%**



FRONERI OREO TUB
6x425ML

£15.56

RSP **£3.89**
POR **20.00%**

Deals

Everyday Low Price

£24.36

RSP **£2.29**
POR **24.01%**

SERIOUSLY STRONG
WHITE MATURE
14x200G £2.29 PMP



OAKPARK BACON
SMOKED, UNSMOKED
20x150G

£22.60

RSP **£1.49**
POR **24.16%**

QUALITY FOODS
RINDLESS BACON
SMOKED, UNSMOKED
12x200G

£14.70

RSP **£1.65**
POR **25.75%**



ORIGINAL CHINESE CHICKEN CURRY
& RICE 1x400G, CHICKEN FRIED RICE,
CHICKEN CHOW MEIN 1x350G

£2.61

RSP **£3.50**
POR **25.42%**

£8.24

RSP **£1.50**
POR **17.60%**

TROPICANA
ORANGE ORIGINAL,
SMOOTH 8x250ML
£1.50 PMP



£6.40

RSP **£1.00**
POR **20.00%**

DFE SON OF BUN
BURGER CHICKEN,
CHEESE 8x150G £1.00
PMP



GET OUR ORDERING APP OR ORDER ONLINE AT **PRODUCTS.FIFECREAMERY.CO.UK**

OR CALL **01592 655 757** | **£50 MIN DROP SINGLE UNITS AND SPLIT CASES**

WE DON'T DO BLAND



CODE	DESCRIPTION	STD PRICE	PROMO PRICE	PROMO RRP
TAYLSS40	TAYLORS SEA SALT POTATO CRISPS 24x40G	£12.28	£8.95	£0.60
TAYLSV40	TAYLORS SALT & VINEGAR FLAVOUR POTATO CRISPS 24x40G	£12.28	£8.95	£0.60
TAYLCO40	TAYLORS MATURE CHEDDAR & ONION FLAVOUR POTATO CRISPS 24x40G	£12.28	£8.95	£0.60
TAYLP040	TAYLORS PICKLED ONION FLAVOUR POTATO CRISPS 24x40G	£12.28	£8.95	£0.60
TAYLAA40	TAYLORS FLAME GRILLED ABERDEEN ANGUS FLAVOUR POTATO CRISPS 24x40G	£12.28	£8.95	£0.60
TAYLCK40	TAYLORS CHILLI KICK FLAVOUR POTATO CRISPS 24x40G	£12.28	£8.95	£0.60
TAYLHP40	TAYLORS HAGGIS & BLACK PEPPER FLAVOUR POTATO CRISPS 24x40G	£12.28	£8.95	£0.60

A THICK-CUT CRUNCH LIKE NO OTHER!

@taylorssnacks www.taylorssnacks.com



WALL'S BEST SELLERS



GREAT TASTE
lower price than leading competitor⁴



DARK COCOA BISCUIT WITH CHUNKS OF COOKIE & VANILLA ICE CREAM

1: GB_Tot Cov during Latest 52 Wks YA - w/e 24/02/24. 2: From purees and fruit juice from concentrates. 3: Nielsen, Total Coverage, Value Sales, MAT 04/05/25. 4: Nielsen GB_Tot Cov during YTD 9/11/24; 20% lower AUP vs leading competitor.



VISIT SCOTLAND'S ONLY DEDICATED FOOD INNOVATION HUB

For 67 years we've led innovation in Scottish wholesale foods, and our Food Innovation Hub is just one "proof in the pudding". There are precious few opportunities today to grow your business that can make as much difference to your bottom line.

INSPIRING RECIPE & MENU IDEAS

FAST SERVE EQUIPMENT DEMOS

THE REAL MARKET OPPORTUNITIES IN FTG

Just one visit to our newly updated FIH is guaranteed to inspire you in "the art of the possible". To find out more call us on 01592 655 757 or visit fifecreamery.co.uk

FOOD INNOVATION HUB

The art of the possible

