



OAK FOREST ACADEMY







HOT LUNCH: MON/WED/FRI
DAILY OPTIONS: PIZZA, WINGS, AND HOT WINGS
HAM,TURKEY, OR PB&J SANDWICH
MON/WED/FRI Extra option: Grilled chicken sandwich

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
*Menu subject to change upon availability	ATTN: NO SALADS ON OCTOBER 2 ND GRANDPARENTS' DAY	Fried Catfish Sandwich, fries, and fruit Grilled Chicken Caesar Salad	Chicken Nuggets Hand Battered Fried Chicken Sandwich, fries Hamburger/Bacon Cheeseburger Baked Potato (4 th –12 th) NO SALADS!	S. Latter S. S.
6	7	8	9	10
Red Beans and Rice, with ham and sausage, cornbread, and fruit Grilled Chicken Salad	Chicken Nuggets Chicken Fries French Fries Hamburger/Bacon Cheeseburger Baked Potato (4 th -12 th) Grilled Chicken Salad	Beef Queso Nachos, corn, and brownie Grilled Chicken Salad	Chicken Nuggets Hand Battered Fried Chicken Sandwich French Fries Hamburger/Bacon Cheeseburger Baked Potato (4 th -12 th) Grilled Chicken Salad	Fried Shrimp Sandwich, fries, and banana pudding Grilled Chicken Salad
13	14	15	16	17
Spaghetti w/meat sauce, corn on the cob, roll, and cake	Chicken Nuggets Chicken Fries French Fries Hamburger/Bacon Cheeseburger Baked Potato (4 th -12 th)	Taco Soup, grilled cheese sandwich, and fruit	Chicken Nuggets Hand Battered Fried Chicken Sandwich French Fries Hamburger/Bacon Cheeseburger	Popcorn Chicken, fries, mac and cheese, and cake
Grilled Chicken		Grilled Chicken Salad	Baked Potato (4 th -12 th)	
Salad	Grilled Chicken Salad		Grilled Chicken Salad	Grilled Chicken Salad
Red Beans and Rice, with ham and sausage, cornbread, and fruit	21 Chicken Nuggets Chicken Fries French Fries Hamburger/Bacon Cheeseburger Baked Potato (4 th -12 th)	22 Soft Shell Tacos, chips and queso, corn, and brownie	Chicken Nuggets Hand Battered Fried Chicken Sandwich French Fries Hamburger/Bacon Cheeseburger Baked Potato (4 th -12 th) Chef Salad	24 Country Fried Steak, mashed potatoes w/gravy, peas, and fruit
Chef Salad	Chef Salad	Chef Salad	Chej Salaa	Chef Salad
27	28	29	30	31
Spaghetti w/meat sauce, corn on the cob, roll, and cake	Chicken Nuggets Chicken Fries French Fries Hamburger/Bacon Cheeseburger Baked Potato (4 th -12 th)	Chicken Alfredo, green salad, fruit, and breadstick	Chicken Nuggets Hand Battered Fried Chicken Sandwich French Fries Hamburger/Bacon Cheeseburger	Hot dog, w/ homemade chili, fries, and brownie
Chef Salad	Chef Salad	Chef Salad	Baked Potato (4 th -12 th) Chef Salad	Chef Salad