



JOURNEYS  
OF THE SPIRIT



# Rejuvenation Retreat

10 - 13 September 2026

\$1450 per person inclusive of:



- 3 nights accommodation in your own cabin with private facilities
- All wholesome, nourishing meals are included - they will delight your senses!
- Gentle walks in nature to take in the peaceful surroundings, rolling hills, & fresh country air on this stunning 1800 acre property in the Chittering Valley, Western Australia
- Simple, purposeful activities to ease stress & evenings gathered around the fire pit under star-filled skies.
- A one on one personal Reiki healing session included
- There will be plenty of time to reflect, rest & reconnect at your own pace
- Surrounded by nature & supported by Emma in a welcoming environment



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Contact Julie on 042 77 66 716

Email: [juliejournneys@outlook.com](mailto:juliejournneys@outlook.com)

Website: [www.journeysofthespirit.com.au](http://www.journeysofthespirit.com.au)

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# About your Guide

## Emma McLarty



In the quiet beauty of the Chittering Valley, this three-night retreat offers the chance to step away from daily demands and truly unwind. Rolling hills, fresh country air, and star-filled skies provide the perfect setting to slow down, recharge, and focus on what matters most to you.

Hi I'm Emma. Drawing on my background in holistic wellness and years of experience as a wellbeing practitioner, I've designed this retreat to support balance in both body and mind. The days move at a relaxed pace, giving you space to rest and reset.

You'll enjoy wholesome, nourishing meals prepared for you each day, gentle walks in nature to take in the peaceful surroundings, simple, purposeful activities to ease stress, and evenings gathered around the fire pit under star-filled skies. Throughout our stay, there will be plenty of time to reflect, rest, and reconnect at your own pace.

More than just time away, this retreat is a chance to slow down, find clarity, and leave feeling refreshed. Surrounded by nature and supported in a welcoming environment, you'll leave the Chittering Valley restored, grounded, and ready to approach everyday life with greater ease.

✦ Reconnect, refresh, and rediscover your balance.



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# Rejuvenation Retreat, Chittering Valley, WA

10 - 13 Sept 2026

## PERSONAL INFORMATION

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Dietary requirements: \_\_\_\_\_

Medical Conditions we need to be aware of: \_\_\_\_\_

Emergency Contact Name & Number: \_\_\_\_\_

NON-REFUNDABLE DEPOSIT - \$200 per person due within 7 days of booking \_\_\_\_\_  
\_\_\_\_\_  
(date paid)

FINAL BALANCE – Due 10 July 2026 \_\_\_\_\_

Please refer to our Terms & Conditions for your payment options

How did you hear about us? \_\_\_\_\_

I have read, understood and agree to the Terms & Conditions for my Journeys of the Spirit Retreat

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# Journeys of the Spirit Pty Ltd ~ Events Terms & Conditions (page 1)

All bookings to be made directly to Journeys of the Spirit by:

Phone/SMS/WhatsApp/FaceTime:

In Australia: 0427 766 716      International: +61 (0) 427 766 716

Email: [juliejourneys@outlook.com](mailto:juliejourneys@outlook.com)

Web: [www.journeysofthespirit.com.au](http://www.journeysofthespirit.com.au)

To assist us in fulfilling your requirements efficiently, please provide us with the following details for each person.

- Your surname and first name
- Contact details including phone number and email address
- Any special requirements ie special dietary meals, medical conditions & other details we need to be aware of
- Date of Birth
- Emergency contact details

Full Payment

Due 2 months prior to your Retreat.

Payments can be made by direct credit or credit card. If paying by credit card please email us so we can send you the link to do this online. The merchant fee for using credit card is between 2 – 3%, dependent on your card.

If direct credit, please make these payable to Journeys of the Spirit Pty Ltd.

Bank Account details:

BSB: 016 376

Account: 298625571

Name: Journeys of the Spirit Pty Ltd Trust account

SWIFT code: ANZBAU3M

ANZ Kardinya, Western Australia

Please put your surname and Retreat date & name as the reference and advise us via email or SMS of your receipt number.

All of our Retreats in Australia are smoke, vape, drug and alcohol free experiences.

## Journeys of the Spirit Pty Ltd ~ Events Terms & Conditions (page 2)

### Cancellation Policy

After full payment and more than 21 days prior to the event. ~ 50% cancellation fee per person and any supplier cancellation fees.

After full payment and less than 21 days prior to an event ~ 100% cancellation fee.

### Refunds

No refund is available for cancellations or amendments after the event has commenced, or in respect of any transportation, accommodation, activities, meals, treatments or any other services not utilised.

Journeys of the Spirit Pty Ltd and its agents act only as an agent for participants in all matters relating to accommodation, transport, sightseeing, activities, experiences, tours, restaurants, guide services, spa and retreat facilities and it's facilitators, and shall not be liable for any accident, illness, death, irregularity, injury, loss or damage caused by or arising out of services offered by Journeys of the Spirit Pty Ltd.

We may, at our sole option, where circumstances outside of our control affect the provision of our events or retreats (such as natural disasters, Acts of God, force majeure, fire, flood and extreme weather events, terrorist events, war, strikes, port or airport closures, border restrictions, pandemics or public health emergencies, technical issues with transportation, alteration or cancellation of a scheduled event or any part of an event), cancel the scheduled Event at any time. In which case, we will at our sole discretion, offer a change of date or credit for the same Event to be received at a future date, or offer an alternative Event of comparable standard as may be appropriate in the circumstances.



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