



Foundation Music School Music Therapy Services

Using music to address therapeutic goals for individuals and groups in the Fort Collins area

2700 S. College, Unit 120, Fort Collins, CO 80525 970.407.9084 www.foundationmusicschool.org

Summer 2026 Group Therapy & Social Opportunities Schedule

Please Note:

- Group Music Therapy for Summer 2026 lasts 8 weeks and is payable in one payment (*due at registration*) or in two equal payments, with the first payment due at registration and the following payment due on the 22nd of June. Please see our website for our cancellation policy.
- Please contact Foundation Music School to schedule an individual assessment prior to beginning any of these groups.
- Infant and Early Childhood classes held at the 3663 S. College, Unit #13 location - all other groups at the 2700 S College Unit 120 location

Group Music Therapy <i>8-week Summer Semester</i> <i>No Sessions 7/1-7/7</i> <i>Groups begin Monday, June 1</i>	Monday <i>Sessions 6/1-7/27</i> <i>No session 7/6</i>	Tuesday <i>Sessions 6/2-7/28</i> <i>No session 7/7</i>	Wednesday <i>Sessions 6/3-7/29</i> <i>No session 7/1</i>	Thursday <i>Sessions 6/4-7/30</i> <i>No session 7/2</i>	Friday <i>Sessions 6/5-8/7</i> <i>No session 6/19</i> <i>No session 7/3</i>	Summer Tuition <i>*Note: If paying by credit card, a 3.5% fee applies</i>
Infant (with caregiver) and Early Childhood (drop off)						
Deaf/HoH Music Therapy Group (parent participation; ages 0-4) <ul style="list-style-type: none"> • 30-minute sessions • Therapeutic music experiences are designed to support growth in language development, especially through the use of sign language, fine motor skills, gross motor skills, and social skills • Lead by a music therapist with an individual providing a sign language model • Sessions held at 3663 S College, Unit #13 					8:30-9:00am	8 Week Semester \$176/semester
Early Childhood Group: Music Therapy & Friendship (ages 3-5) Early Childhood Group: Music Therapy & Instrument Exploration (ages 4-6) <ul style="list-style-type: none"> • 45-minute sessions • Co- and self-regulation through identifying emotions & coping skills • Movement opportunities • Communication skills • Sessions held at 3663 S College, Unit #13 					Friendship 9:45-10:30am Instrument Exploration 10:45-11:30am	8 Week Semester \$224/semester
School Aged						
Elementary Group: Music Therapy Books & Beats 1 (ages 4-6)- 4:15-5:00 Elementary Group: Music Therapy Books Beats 2 (ages 7-9)- 5:15-6:00 <ul style="list-style-type: none"> • 45-minute sessions • 5 minute parent communication opportunity during the end of sessions • Fun, play-based way to support communication, social, (pre) literacy and higher-level thinking skills through music and literature 	B&B 1 4:15-5:00pm B&B 2 5:15-6:00pm					8 Week Semester \$224/semester
Tween Group: Music Therapy, Music & Me 1 (ages 10-12) 4:10-5:10 Teen Group: Music Therapy, Music & Me 2 (ages 13-15) 5:30-6:30 <ul style="list-style-type: none"> • 60-minute sessions • 10 minute parent communication opportunity during the end of sessions • Focus on self-understanding of different communication styles and preferences • Explore tools, strategies, and concepts for building self-confidence and self-awareness 				M&M 1 4:10-5:10pm M&M 2 5:30-6:30pm		8 Week Semester \$268/semester
Young Adult Group: Music Therapy, Social Opportunities For high school teens through graduation and into their 20s <ul style="list-style-type: none"> • 60-minutes sessions • Focus on social skills, cognitive functioning and communication • Monthly co-treatment opportunity with Physical Therapist 			4:30-5:30pm			8 Week Semester \$268/semester

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Adults						
Adults with IDD Group: Music Therapy, Community in Rhythm <ul style="list-style-type: none"> For adults 18 and older with IDD diagnosis 30-minute sessions Focus on wellness, movement, community music-making, and life skills 					10:45-11:15am	<i>Ongoing Weekly Sessions</i> \$22/session
Adult Group: Music Therapy, Jam Band <ul style="list-style-type: none"> For adults who daily interact in our community in various ways 60-minute sessions Focus on leadership, cognitive functioning, social skills and real-life skills Monthly co-treatment opportunity with Physical Therapist 		4:30-5:30pm				<i>8 Week Semester</i> \$268/semester
Caregiver Support Group <ul style="list-style-type: none"> A group for caregivers of individuals with support needs 90-minute sessions A place to build community, increase relaxation, process life, and enjoy music-making 			12:00-1:30pm June 10 July 8			<i>2 Sessions</i> \$52/session