

Healing Through Art

Online Taster Days

Saturday, February 28, 2026 | 10am-12:30pm Pacific Time

Thursday, March 19, 2026 | 5:30pm-7:30pm Pacific Time

With Pamela Whitman and Ken Smith



Join us to experience our approach to artistic therapies. We will offer a “taste” of the different art forms, color, light and dark, rhythmic sand sculpture, form drawing, and clay sculpture, share reflections and then move into a discussion and Q&A about the program.

Saturday, February 28 Schedule

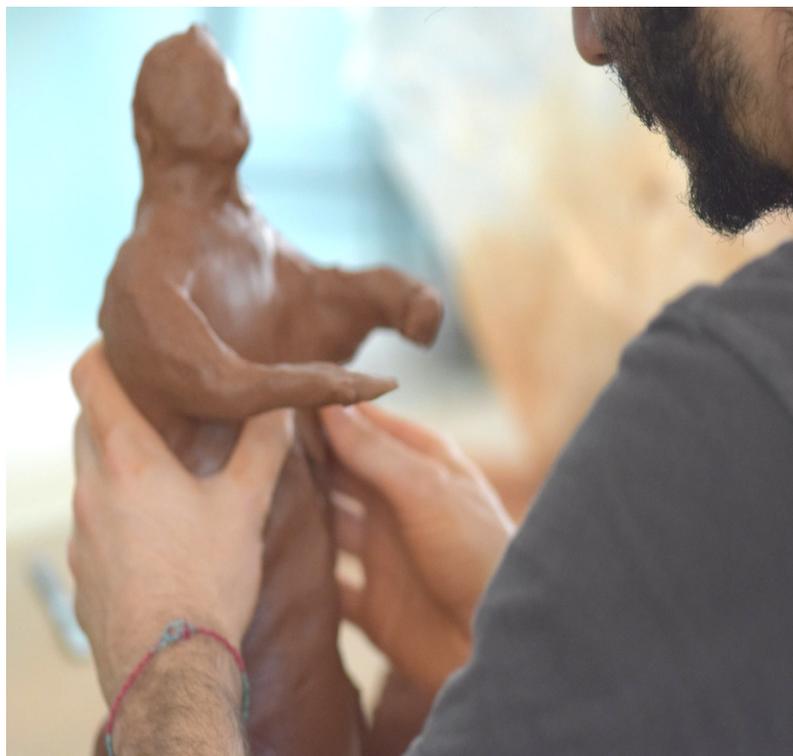
10:00am Welcome and Introduction
10:10am Color Exercise with Pamela
11:00am Short Break
11:10am Sculpture with Ken
12:00pm Review, Discussion, Q&A
12:30pm Close

Thursday, March 19 Schedule

5:30pm Welcome and Introduction
5:35pm Color Exercise with Pamela
6:15pm Break
6:30pm Sculpture with Ken
7:10pm Review, Discussion, Q&A
7:30pm Close

Please have the following materials on hand:

- Pastels/ colored pencils
- Drawing paper
- Clay (approx. 1/4 bag or 5 pounds)
- Board to sculpt on
- Sand and a tray (around 15” square or more)



Pamela Whitman, M.A., received her B.S. from MIT, where she studied both science and humanities. She studied Light, Color and Darkness Painting Therapy in Holland and received her certification from the Medical Section at the Goethe-anum, while also completing her Master's degree in Human Development. Her career and interests span the fields of science, art, spirituality, consciousness, psychology, healing and education, all of which she incorporates as a therapist, international adult educator, mentor and painter.



Kenneth Smith is the Director of BACWTT. He studied at Emerson College, England, and completed his training in sculpture and the visual arts with practices in pedagogical and therapeutic work. After working in Waldorf education, he taught as Course Leader of the 3-year Visual Arts and Sculpture Training program at Emerson College. He has been active internationally in Anthroposophical art and Waldorf education for over 30 years.

Cost: \$25

Lectures will be presented via the Zoom platform. Registration is required.

For more information, please contact:

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