



Dear Figot Advisory Families,

I hope everyone had a wonderful Thanksgiving break, full of relaxation, fun, and productivity. I cooked up a smorgasbord on Thanksgiving and then took a road trip out to Grand Rapids with a couple of my friends on Friday to attend the Christkindlmarkt and we had a blast!

The week before break, in advisory, the students got to express their gratitude to their teachers and other educational staff members by writing thank you cards. During our Thanksgiving Fiesta, we indulged in some truly delicious tacos and nachos and watched *Free Birds*. I had a lovely time celebrating with all of the Fig Newtons and I'm looking forward to our upcoming December traditions as well.

Congratulations to Jack on his phenomenal performance and Evelyn on her incredible backstage work in *Something Rotten Jr!* The show was hilarious and ridiculously entertaining!

-Ms. Figot



### CALENDAR OF EVENTS

|   |   |
|---|---|
| Friday December 5                       | Senior/Kindergarten Gathering-CSA at 9:30 am              |
| Wednesday December 10                   | Drama Club Auditions- 4:15-5:30                           |
| Thursday December 11                    | CSPA/CSAMA Band & Choir Concert- CSPA High Bay at 7:00 pm |
| Friday December 12                      | Sentinel Spirit Wear                                      |
| Friday December 19                      | Figot Advisory White Elephant Gift Exchange Party         |
| Monday December 23-<br>Friday January 2 | NO SCHOOL- Happy Winter Break!                            |

Sleepy Fred





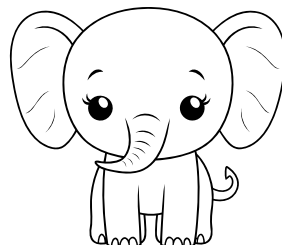
## TIME MANAGEMENT

High school students can improve their time management in several key ways. Start with breaking big tasks into smaller, doable steps and estimate realistically how long each step will take. Use simple tools—like planners, phone calendars, or weekly to-do lists—to map out due dates and schedule study blocks.

It also helps to build routines, such as setting a consistent homework start time or designating “focus zones” in their day. Finally, prioritize by tackling the most important or time-sensitive tasks first, and remember that it’s okay to adjust your plan when life gets busy—flexibility is part of good time management too.

## ADVISORY WHITE ELEPHANT GIFT EXCHANGE PARTY

This month in advisory we will be having a White Elephant Gift Exchange party! For this party, any student who would like to participate in the gift exchange can bring in a wrapped gift of no more than \$20 (however, it is perfectly acceptable to make a gift instead of buying one!) In our advisory, we prefer silly, wacky, weird gifts and we especially appreciate advisory-themed gifts (Yung Lizard, Phil Collins the cactus, Stephanie Beatrice, etc.). We will also have a breakfast pastry buffet- I will email out the sign up list at a later date.



## SENIOR SPOTLIGHT: EXTENDED ESSAY

Seniors have been hard at work on their Extended Essays, which is a capstone project wherein students select a topic of their own choosing, compose a research paper, and then give a presentation. This month, seniors should be revising the final draft of their essay and setting up a meeting with their supervisor to help them with this part of the process.

When refining and polishing a final draft, students should pay attention to their grammar and mechanics as well as their consistent, properly formatted citations. Next month, students will be putting together their speeches and slideshows!