

Kowalski Advisory

December 2025

A Note from Ms. Kowalski

Welcome to the final month of 2025! We're closing out the year with plenty of excitement and celebration.

Wednesday, December 17th:
Underclassmen Winter Feast
(see next page for details!)

As always, if you have any questions or concerns, please don't hesitate to reach out to me via email. Enjoy the break and this holiday season!

Ms. Kowalski

Contact Information

Email:

akowalski@csaschool.org

Upcoming Events

- Thursday, December 11 - CSPA/CSAMS Band and Choir Concert
- Friday, December 12 - Sentinel Spirit Wear Day
- Wednesday, December 17 - Underclassmen Winter Feast
- Friday, December 19 - Sentinel Spirit Wear Day
- Monday, December 22 - January 2 - NO SCHOOL Winter Break

Focus of the Month: Empathy

At CSPA, we are fostering Habits of Mind in our classrooms to help students grow not just academically, but as thoughtful, reflective, and socially aware individuals. One key habit we focus on is “Listening with Understanding and Empathy.”

This habit encourages students to:

- Truly hear and understand others' perspectives before responding.
- Consider the feelings and experiences behind someone's words.
- Engage respectfully and thoughtfully in discussions and group work.

Why it matters:

- Builds stronger peer and teacher relationships.
- Supports teamwork, collaboration, and problem-solving.
- Helps students navigate diverse ideas and viewpoints with respect.

In practice, students may paraphrase a peer's point, ask clarifying questions, or reflect on what they learned from another perspective. By practicing this habit, our students are not only improving communication skills but also preparing for life beyond the classroom, where empathy and understanding are essential.

Winter Uniform Reminder

As the weather cools, students can stay warm and in uniform! Cozy layering options include solid black or maroon sweaters, cardigans, or CSPA quarter-zips. Jackets and hoodies should be kept in lockers during the day. While winter boots aren't part of the uniform, students are welcome to swap into uniform shoes once inside. For those rocking skirts, tights or lined leggings are a great way to stay comfy and warm, but blankets, however, will need to stay home.

