

THE NAVIGATOR



IMPORTANT DAYS IN MARCH 2019

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March

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1st March – Zero Discrimination Day

Zero Discrimination Day is celebrated globally on 1 March every year so that everyone live life with dignity regardless of age, gender, ethnicity, skin colour, height, weight etc. The symbol of Zero Discrimination Day is the butterfly. Firstly, on 1 March, 2014 UN had celebrated this day.

3rd March - World Hearing Day

World Hearing Day is observed on 3rd March every year to raise awareness about how to prevent deafness and to promote hearing across the world.

8 March - International Women's Day

This day is observed globally every year on 8 March to celebrate about the social, economic, cultural and political achievements of women. Also, it is an action for accelerating gender parity. Purple is the colour which symbolise women internationally. The combination of purple, green and white colour is to symbolise the equality of women's which is originated from the Women's Social and Political Union in the UK in 1908. Do you know that purple signifies justice and dignity, green symbolises hope and white purity?

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Shrove Tuesday 5th March 2019



Shrove Tuesday (known in some countries as Pancake Tuesday) is a day in February or March preceding Ash Wednesday (the first day of Lent), which is celebrated in some countries by consuming pancakes. In others, especially those (including Louisiana) where it is called Mardi Gras or some translation thereof, this is a carnival day, and the last day of “fat eating” or “gorging” before the fasting period of Lent.

This moveable festival is determined by Easter. The expression “Shrove Tuesday” comes from the word shrive, meaning “absolve “. Shrove Tuesday is observed by many Christians, including Anglicans, Lutherans, Methodists and Roman Catholics, who “make a special point of self-examination, of considering what wrongs they need to repent, and what amendments of life or areas of spiritual growth they especially need to ask God’s help in dealing with.”

SAM’S FAMOUS PORTHTOWAN PANCAKES

From Ben and Sam Quinn, Canteen Cornwall. Keep an eye on their Instagram feed to find out more about their brunch club, where you may be lucky enough to eat pancakes....

These are like drop scones, but a bit puffier. They work well with any seasonal fruit and melted chocolate.

INGREDIENTS – for 4

- 2 eggs, separated
- 100g plain flour
- 50 g caster sugar
- 1 tsp baking powder
- handful of soft fruits
- handful of chocolate melted
- icing sugar to finish



METHOD

- Whisk the yolks and half the sugar until ribbons show in the mixture from your whisk.
- In a separate bowl, whisk the egg whites with the other half of sugar until light and fluffy.
- Stir the two egg mixtures together and sieve in the flour and baking powder, fold this carefully with a metal spoon until the mixture just comes together.
- Heat a heavy fry pan until medium hot and rub a knob of butter or oil around the pan.
- Pop the batter into the pan in big blobs with enough space between them so as not to stick together. Wait for them to go golden brown and then gently flip over.
- Prepare the chocolate by melting in a microwave or over a bain marie and slice the fruit.
- We pile the pancakes high on a plate and pour the fruit and chocolate all over the top it. then sprinkle over the icing sugar and serve.

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HAPPY BIRTHDAY TO

Our Wonderful Client's

David, Robert, Chris, Marilyn, Cynthia,
Patricia, Nigel, Daniel, Charlotte & Alison

And our Fantastic Colleagues
Maggie, Vicky, Michelle & Tracey.

WELCOME ABOARD

Michelle who be working nights and with the Care at Home Team.

Sharon who will be working with our Live-In-Team and helping with nights.

Spotlight

- A great Attitude becomes a great day, which becomes a great month, which becomes a great year, which becomes great life.
- Mileage claims are due in by 18th March 2019
- Payday is on the 1st April 2019
- Klara will be at the Carnon Downs Premier Inn on Monday 4th March 2019 at 14:00 to 16:00. If you would like to drop in between these times for a free coffee and a chat about any work issues, feedback or a catch up on your team, pick up some gloves & aprons. Klara will do the same at Griggs in Lower Sticker PL26 7JH on Thursday 7th March 2019 at 14:00 to 16:00. Please contact Klara if you are intending to attend.
- We would be grateful if you could write a review on our Facebook. Have a look at our new Taylors Facebook for Live In

THANK YOU

PM from Carnon Downs

Just to say a Big Thank you. Your support to my mum opened up the doors to having a care in and staying in her own. She bonded so well with the staff. Many Thanks Genette. (Daughter)

RM from Falmouth

All Taylors Staff, thank you all you did for RM. R was very happy with all the girls. Miss you all
Love from Pam & Carol xx



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REMINDER'S FROM KIRSTIE

Staff Meetings

Please can I remind you all that staff meetings are held in the community. This is the 3rd one that Klara has held in Canon Downs and St Austell. This was decided to do it this way so that you didn't have to travel all the way to the office. You are required to attend the meetings and if you are unable to please send your apologies to Klara. This is a great way to be able to discuss any concerns, find out what changes that may concern you about your clients. Catch up with your Manager and colleagues. It is also your responsibility to ensure that you have a sufficient supply of gloves and aprons.

Can all staff remember to scan in and out with your Tagtronics App. Please can you stay your allocated times with your clients.

We have had great feedback from clients, family members, health teams and social workers. We are very proud to have a great Team. Good work!!

Our aim for our next CQC inspection is to get a rating of outstanding, we cannot do this without your ongoing support. If you feel you have any ideas on how we can improve on the service, then please share these. This can be done via email or discuss with your line manager.

Annual Leave Reminder

You need to take at least 2/3 weeks (or half of your holiday entitlement) between April and September. If this is not booked by 1st April each year, 2/3 weeks (or half of your entitlement will be allocated to you between April and September.

The remainder of your leave can be taken between August and March but needs to be booked before 1st October. Failure to do so may result in your holiday being booked for you.



March Employee of the Month

This will be announced in the next issue



Check out our facebook page.