

THE NAVIGATOR

Taylor's
YOUR COPY IS OUR PASSION



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E A S T E R W E E K E N D

Easter Sunday Roast and Daffodils

In the UK, it is common to invite family and friends for Easter Sunday lunch, and the traditional Easter Sunday meal is a lamb roast. Common decorations are dyed or painted eggs, little yellow chicks, bunnies, and spring flowers, such as daffodils, white lilies, and tulips. The colours yellow or gold are usually associated with Easter, as these are the colours the Church of England uses for the Easter Sunday celebrations

Egg Hunts and Easter Bunny

There are many old non-religious traditions linked to Easter Sunday in the UK, just like in most other western countries, such as the USA, Canada, and Australia. People give each other chocolate Easter eggs and Easter bunnies, or hollow plastic or cardboard eggs filled with candy. Egg hunts, a traditional Easter game where children try to find hidden Easter eggs, take place all over the UK. According to popular legend, the Easter bunny hides the eggs. In some parts of the United Kingdom, people organize egg rolls, a game where they roll hard-boiled eggs down slopes. In another variation of the game, people knock hard-boiled eggs against other peoples' eggs. The winner is the person whose egg remains whole. After the game, the eggs are eaten. In some parts of Scotland, fondant-filled chocolate eggs about the size of a hen's egg are covered in batter and deep-fried

h a p p y
e a s t e r

THE NAVIGATOR

Updates from Kirstie



A Fantastic Deal for our annual trip to the Royal Cornwall Show

Reduced Ticket Prices for Royal Cornwall Show 2019 | Age UK Cornwall & The Isles of Scilly We would like to invite anyone, over the age of 65 and living in mid-Cornwall, to join us for our annual trip to the Royal Cornwall Showground. For only £11 we can provide transport, a steak pasty lunch, some great conversation and entry to the showground. If you know of anyone who would be interested and wants to find out more or to book, please contact reception@ageukcornwall.org.uk or call 01872 26



HM Revenue
& Customs

Using your own vehicle

If you use your own vehicle for business, you may be able to claim 'Mileage Allowance Relief'. To work out how much tax relief you can claim, add up your business mileage for the tax year and multiply it by the approved mileage rates. (<https://www.gov.uk/government/publications/rates-and-allowances-travel-mileage-andfuel-allowances>)

Allowance Relief.

If your employer pays you a mileage allowance but it is less than the approved amount, you can claim Mileage Allowance Relief on the difference.

If your employer pays you more than the approved amount you'll have to pay tax on the difference. You must keep records of the dates and mileage of your work journeys.

Uniforms, work clothing and tools

You may be able to claim tax relief (<https://www.gov.uk/tax-relief-for-employees/how-to-claim>) on the cost of: cleaning, repairing or replacing specialist clothing (for example, a uniform or safety boots)

Please have a look on the www.gov.uk webpage to see what you are entitled to from April 2018 to March 2019. Unfortunately Rose is not able to claim these benefits for you.

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Easter Competition



Easter Quiz Questions

1. Who plays Hannah Brown in the 1948 American musical film Easter Parade?
2. Where is the venue of the most famous Easter egg roll in America?
3. Easter Island belongs to which country?
4. What name is given to the Sunday before Easter?
5. In 1873, which company introduced the first chocolate Easter egg in Britain?
6. How many hours did the darkness last when Jesus was on the cross?
7. Which poet wrote the poem Easter, 1916? (It describes the poet's emotions regarding the events of the Easter Rising in Ireland against British rule in 1916.)
8. Which light fruit cake, with two layers of almond paste or marzipan, is traditionally eaten during the Easter period?
9. What was the name of the hill where Jesus was crucified?
10. Which item of clothing is particularly associated with Easter parades?
11. The Saturday before Palm Sunday is named after which biblical character?
12. At the Last Supper, which food did Jesus liken to his body?
13. Which Russian jewellery firm is famed for designing elaborate jewel-encrusted eggs?
14. On what day are hot cross buns traditionally eaten?
15. How many pieces of silver did Judas trade the life of Jesus for?
16. What was Simon of Cyrene made to do by the Romans?
17. Who directed the 2004 American biblical drama The Passion of the Christ?
18. Nick Easter is a former professional sportsman in which sport?

The Winner will receive a hamper and a chocolate egg.

Please email Rose at rbrown@taylorsofgrampond.co.uk with your answers by 14:00 on the 18th April 2019. The winner will be announced in the Navigator Issue 15

THE NAVIGATOR



HAPPY BIRTHDAY TO

Our Wonderful Client's

Sheila, Wendy & Dean

And our Fantastic Colleagues

Kate, Jane, Kevin & Rebecca



Spotlight

- "It is our differences that bring us together. It is our differences that make our ideas more meaningful. It is our differences that create a team that is one of a kind."
- Mileage claims are due in by 15th April 2019
- Payday is on the 29th April 2019
- The National Living Wage (NLW), the statutory minimum for workers aged 25 and over, will increase to £8.21 per hour.
- Supported lifestyles are holding their first staff meeting on the 24th April 2019 at Carnon Downs (Beefeater) between 12-14.30. This has been working well for the daily support team therefore we would like to try with supported lifestyles team. Meetings are mandatory and part of your job description. Come along for a coffee/tea and a catch up with Jenn and team members. Please can you confirm via text if you will be attending/or not attending the meeting.

WELL DONE AMY

What a master piece, Amy assisted her client to create this wonderful cake for a family member. Well done Amy it sound's like you had great fun.



THANK YOU

G Philp

Just wanted to say a massive thank you to all that have looked after MP over the last few months in particular to Sarah.

THANK YOU!



THE NAVIGATOR

A key to the quality of my life

**I can still smell the flowers
I don't garden anymore but I can still smell
the flowers. Bring me some roses. This will
remind me of my past**

**I can still communicate
I can't talk the way I used to, but I can still
communicate. Be patient as I try. This will
help me feel connected**

**I can still make decisions
I don't have the judgement I used to, but I
can still make decisions. Give me choices.
This will make me feel like I am a part of
things**

**I can still wash my face
I can't take a bath by myself anymore, but I
can still wash my face. Assist me with
direction. This will help me feel purpose**

**I can still sing
I can't dance anymore, but I can still sing.
Help me to enjoy music. This will enrich my
life**

**I can still move my body
I can't walk unassisted anymore, but I can
still move my body. Walk with me and
support me if I stumble. This will help me
feel engaged**

**You are my lifeline. I depend on you. But
please don't do for me what I can do myself.
Recognise what I can do and help me to
function as a person**

You are key to the quality of my life

