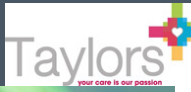


# *THE NAVIGATOR*



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## **NEW YEAR'S RESOLUTIONS**

**Just think think think  
Of things you can do  
To make yourself better  
Before the year's through  
Resolutions can be tough,  
Or simple as can be,  
Making resolutions,  
Are great for you and me!  
So what will you promise,  
To help yourself my dear,  
Through 2020  
Have a happy new year!**

**by Mrs. Khan**

# *THE NAVIGATOR*



We are delighted to announce that Taylor's Academy has transformed! Since the 1st January 2020, we have been re-branded as Mitera Training Academy 'Education that relates'

Mitera: – Greek for Mother - we have always maintained the family ethos, and this extends throughout our training delivery. Our training team ensures that we teach every learner to imagine they were caring for their Mum (or loved one), ensuring that your staff receive the highest quality training.

By re-branding ourselves as Mitera Training Academy, the name change allows us to represent ourselves in line with our company core values. Our commitment to our Taylor's staff remains the same.

## **IMPORTANT**

**TO ENSURE TAYLOR'S ARE REPRESENTED IN THE BEST POSSIBLE LIGHT.  
ALL STAFF ARE REQUIRED TO WEAR UNIFORM WHEN ATTENDING TRAINING**



# THE NAVIGATOR



## Sepsis

Sepsis is a life-threatening condition that arises when the body's response to infection causes injury to its own tissues and organs. Common signs and symptoms include fever, increased heart rate, increased breathing rate, and confusion. There may also be symptoms related to a specific infection, such as a cough with pneumonia, or painful urination with a kidney infection. In the very young, old, and people with a weakened immune system, there may be no symptoms of a specific infection and the body temperature may be low or normal, rather than high. Severe sepsis is sepsis causing poor organ function or insufficient blood flow. Insufficient blood flow may be evident by low blood pressure, high blood lactate, or low urine output. Septic shock is low blood pressure due to sepsis that does not improve after fluid replacement.

## Symptoms

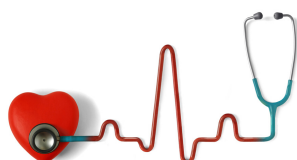
In general, symptoms of sepsis can include:

- Chills
- Confusion or delirium
- Fever or low body temperature (hypothermia)
- Light-headedness due to low blood pressure
- Rapid heartbeat
- Shaking
- Skin rash
- Warm skin

## Causes

Any infection can trigger sepsis, but the following types of infections are more likely to cause sepsis:

- Pneumonia
- Abdominal infection
- Kidney infection
- Bloodstream infection



# THE NAVIGATOR

## What's on in Cornwall

### World Pasty Championships 29th February 2020 at The Eden Project

As the Eden Project is based in Cornwall, our World Pasty Championships celebrate the traditional Cornish pasty recipe, as well as some more unusual varieties. From the Americas to Australia, pasties derived from recipes passed down by Cornish emigrants over centuries are eaten and enjoyed by many millions of people. The Championships are also a fantastic opportunity for a good old Cornish knees-up, with pasties galore and entertainment from local bands and comedians.



### Winter Gin Festival 8th February 2020 at The Greenbank Hotel Falmouth

To gin or not to gin? Silly question really!

Join The Greenbank once again for a jolly Cornish gin festival like no other. About this Event Winter blues? Let The Greenbank look after you! Join us on Saturday 8th February between 12pm and 11:30pm for our Winter Gin Festival in Falmouth. PLEASE NOTE: Our gin suppliers will be around from 12pm until 7pm. Held throughout the entire hotel, get your gin fix with our suppliers before finishing the night in The Riverbank, to live music and, you guessed it, more gin! What's included? Your ticket will include a keepsake branded gin glass to hold all your favourite future tipples, samples from all our distilleries, music, masterclasses, and a G&T on arrival. Suppliers include Tarquin's, Salcombe, Monterey Gin, Land of Saints, Morvenna Rum, Sharp's, and Cornish Moonshine. Franklin's will be our tonic sponsor. So gather your crew and celebrate our 'Winter Gin Festival' in Falmouth!





# THE NAVIGATOR



## HAPPY BIRTHDAY FOR FEBRUARY



### Our Wonderful Client's

Geoffrey, Leigh, Peter, Denise, Connie,  
Yvonne, Mary, Carole, Sheila, Richard, Linda &  
Leslie

### And our Fantastic Colleagues

Steve, Fayde, Trudy, Trina & Rachel

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## JANUARY EMPLOYEE OF THE MONTH

Gemma has been very efficient, strong performance over the Christmas and New Year Period.

Gemma has been very calm and hard working employee who has a tough job keeping all staff in the community happy with their rota's. Also making sure all clients are seen with in their allocated times.

Well done Gemma

## Spotlight

- "Never lose sight of the fact that the most important yardstick of your success will be how you treat people - your family, friends, and coworkers, and even strangers you meet along the way."
- "The more you praise and celebrate your life, the more there is in life to celebrate."
- Mileage and expenses due in by 20th January 2020
- Payday is on the 3rd February 2020
- Expenses must be completed with your mileage sheets for payment and handed in on time, please.



## WELCOME

Please welcome Lara who is joining our team.  
Lara will be working with the Daily Support Team.

Welcome back Natalie from maternity leave. Natalie will be back on the Daily Support Team.



# THE NAVIGATOR



## RECOMMEND A FRIEND TO OUR TEAM

Get £100 worth of One for All vouchers when you successfully refer a person to work at Taylors of Grampound! It's as simple as it sounds. You tell us about a person that would be great working for Taylors, and if they become an employee, we'll send you £100 worth of One for All vouchers as a thank you. You don't even need to be an existing employee of ours to make a referral – and there is no limit to how many referrals you can recommend.

**Terms and Conditions** Please carefully read the Terms and Conditions to ensure that you are eligible for our referral scheme.

If you have any questions, then please call us on 01726 884402

1. The Taylors of Grampound Referral Scheme is open to existing staff/clients and ex-staff/ex-clients.
2. To qualify for your reward, the referred person must complete their probationary period and 6 months in total employment (Probation is usually three months but may be extended in some circumstances). Your reward will be paid thereafter.
3. The company may terminate employment during the probation period. Your reward will be forfeited in this case.
4. Your referral must not be an ex-employee.
5. To make a valid referral, you must complete the form on our web page
6. You can refer multiple people and will receive £100 worth of One for All vouchers per successful recruited employee that completes their probationary period.
7. The Referrer may be named in communication between Taylors of Grampound and the referred person.
8. The Taylors of Grampound Referral Scheme is only open to UK residents.
9. As an employee if you have been on sick leave for more than 5 days or maternity leave within the last 3 months of referral, any referral reward will not be payable.
10. The referral reward is not eligible to be redeemed against any financial arrears owed to Taylors of Grampound.
11. Referral leads must close within 6 weeks of the referral date. Referrals that do not become employees within this period will not be eligible for the One for All vouchers.
12. Taylors of Grampound reserve the right to cancel/revoke a reward should we uncover or suspect anything fraudulent or abusive to the nature of the Taylors of Grampound Referral Scheme

## OBITUARIES



DB from Cusgarne passed away on 31st December 2019

PB from Grampound passed away on 6th January 2020

LP from Truro passed away in hospital on 11th January 2020

# *THE NAVIGATOR*

## **DO NOT ASK ME TO REMEMBER**

Do not ask me to remember,  
Don't try to make me understand,  
Let me rest and know you're with me,  
Kiss my cheek and hold my hand.  
I'm confused beyond your concept,  
I am sad and sick and lost.  
All I know is that I need you  
To be with me at all cost.  
Do not lose your patience with me,  
Do not scold or curse or cry.  
I can't help the way I'm acting,  
Can't be different though I try.  
Just remember that I need you,  
That the best of me is gone,  
Please don't fail to stand beside me,  
Love me 'til my life is done.

By Owen Darnell



# THE NAVIGATOR



**BUSH FIRES ARE DEVASTATING AUSTRALIA. DONATE TO AN APPEAL, OR BECOME A KOALA PROTECTOR.**

**AUSTRALIA BUSH FIRE EMERGENCY** Australia is facing some of the most dangerous and catastrophic bush fires they have ever seen.

The fires in Australia are devastating – and the crisis is still ongoing. More than 10 million hectares have been burnt, and this number continues to climb. That's the equivalent of 40% of the entire UK. Lives, homes, and an estimated 1.25 billion animals have been affected, including 30% of the entire koala population in mid-north coast of New South Wales. These catastrophic mega fires are worsening the extinction crisis we're already facing.

With the money raised, our Australia teams along with local organisations will carry out work including: Providing emergency funds to care for injured wildlife. After the fires clear, helping restore homes for koalas and other wildlife, planting the first 10,000 trees urgently needed in koala habitats Supporting the response, recovery and restoration teams in any other way we can Helping pressure governments to strengthen laws that prevent excessive tree-clearing, before it's too late Alternatively, you can become a Koala Protector from £25 and receive your personalisable certificate. We'll keep reviewing where the money is most needed as the situation develops. Follow this link if you want to help <https://www.wwf.org.uk/>

