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### I KNOW I AM BUT SUMMER TO YOUR HEART

"I know I am but summer to your heart,
And not the full four seasons of the year;
And you must welcome from another part
Such noble moods as are not mine, my dear.
No gracious weight of golden fruits to sell
Have I, nor any wise and wintry thing;
And I have loved you all too long and well
To carry still the high sweet breast of
Spring.Wherefore I say: O love, as summer goes,
I must be gone, steal forth with silent drums,
That you may hail anew the bird and rose
When I come back to you, as summer comes.
Else will you seek, at some not distant time,
Even your summer in another clime."by Edna St. Vincent Millay,

### **Please Book Your Annual Leave**

You will need to have booked your Annual Leave entitlement from 1st April 2020 to 31st March 2021:

1/4 by 31.03.20

½ by 30.06.20

3/4 by 30.09.20

all remaining by 31.12.20

If you have not booked the required amount of holiday by these due dates, then your holiday may be allocated for you.

If you have any concerns or queries regarding this, then please do not hesitate to contact Rose.



My Family and I would like to thank all the staff who looked after my husband Frank, who died peacefully on 26th May 2020. Their care and kindness to him was wonderful and I too enjoyed their friendship to me.

Many thanks

Joan

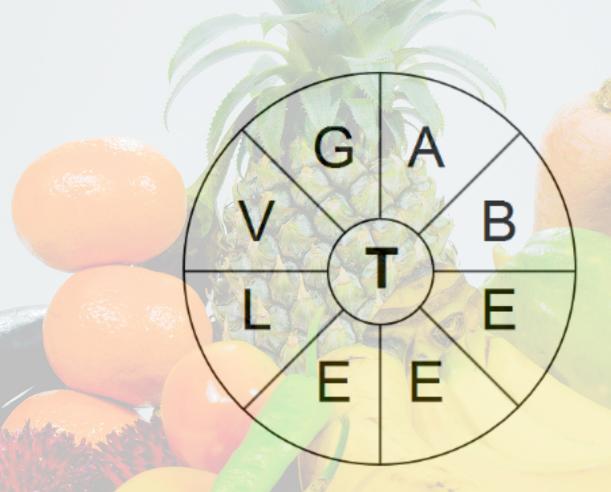
#### Hello

This is just to say a big thank you for all the help your teams gave Ron and myself during the last two years. I am sorry that we could not continue with your help but it was time to have double hand in the morning. So if you could pass on the BIG THANK YOU to those who helped us it would be most appreciated. Good luck for the future.

# Fruit and Vegetables Word Wheel

Fruit and vegetables are a key ingredient for a healthy diet. Fruit and vegetables not only contain lots of vitamins but are also a good source of fibre.

Did you know that a cucumber is a fruit not a vegetable as it has seeds in the centre and that the only fruit to grow seeds on the outside is a strawberry?



This Fruit and Vegetables themed word wheel is made from a 9 letter Fruit and Vegetables themed word. Try and find that word, then make as many words of any length as you can from these letters. You can only use each letter once, and each word must include the letter T

#### CHOCOLATE BEETROOT CAKE

#### **Ingredients**

250g plain chocolate, broken up
3 large free-range eggs
200g light muscovado sugar
100ml sunflower oil
1 tsp vanilla extract
100g self-raising flour
½ tsp bicarbonate of soda½ tsp baking powder
50g ground almonds
250g raw beetroot

### For the icing

150g plain chocolate 100g icing sugar 100g soured cream



#### Method

Preheat the oven to 180°C/fan160°C/gas 4. Grease a 22cm round, loose-bottomed cake tin with a little butter and line the base with baking paper.

Place the plain chocolate in a bowl and set over a pan of gently simmering water. Allow the chocolate to melt slowly until smooth, then set aside to cool.

Place the eggs, sugar and sunflower oil in a large mixing bowl and whisk together, using an electric hand whisk, for about 3 minutes until the mixture is smooth and creamy. Stir in vanilla extract, then sift over self-raising flour, bicarbonate of soda, baking powder and gently fold in, together with the ground almonds.

Using a pair of rubber gloves to protect your fingers from staining, peel and grate the beetroot, then squeeze out the excess liquid. Fold the beetroot into the mixture with the cooled chocolate, until thoroughly mixed.

Pour the mixture into the prepared tin and bake for 50 minutes-1 hour. Cover with foil if the cake browns too quickly. Test the cake by inserting a skewer into the centre to see if it comes out clean. Cool for a little while, then remove from the tin and leave to cool completely on a wire rack.

For the icing, place the plain chocolate in a bowl set over a pan of gently simmering water. Allow to melt gently until smooth. Set aside to cool, then beat in the icing sugar and soured cream until you have a thick, creamy and spreadable icing. Spread it over the top and sides of the cooled cake and serve.

### PPE DURING THE PANEDEMIC





Well you have all done such a amazing job keeping yourselves and the clients well and safe. Despite the Governments decision to ease the lockdown recently imposed can we all be mindful that the threat from the virus is ever present. Therefore, continue to use personal protective equipment for activities that bring you into close personal contact which includes washing and bathing, personal hygiene and contact with bodily fluids. Aprons, gloves and masks should be used in these situations. The office is open as normal if you need to collect personal protective equipment. We also have hand sanitiser here if you bring your containers we can refill them for you.

Taylors of Grampound is committed to ensuring all steps are taken to protect the health and well being of all our colleagues and customers. Just as we have done previously in preparation for and during virus outbreaks, Taylors of Grampound continues to work closely with Health Authorities, Care and Care Regulators in order to protect staff and clients and maintain service delivery. You can help to prevent the spread of any respiratory outbreak by doing the following:

Wash your hands often with soap and water for at least 20 seconds.

Always wash your hands when you get home or into work

Use hand sanitiser gel if soap and water are not available

Cover your cough or sneeze with a tissue, then throw the tissue in the bin straight away, or sneeze into the bend of your elbow, then wash your hands.

Avoid touching your eyes, nose and mouth with unwashed hands.

Clean and disinfect frequently touched objects and surfaces.

If you are unwell, stay at home and contact the 111 Coronavirus helpline



# RECOMMEND A FRIEND OR FAMILY MEMBERS

Recommend a Friend and get £100 worth of One4all vouchers!

We are still running our referral scheme which we launched last year.

This referral scheme rewards individuals who refer a friend or family members to us in the form of a £100 One4all youcher.

All you have to do is complete this form to enter!

There is no limit to how many friends or family members you can recommend, so get started! Just make sure you qualify by reading through our Terms and Conditions first.

For more information, visit our website www.taylorsofgrampound.co.uk







### HAPPY BIRTHDAY FOR JULY



#### **Our Wonderful Client's**

Joan, Sheila, Roderick, David, Irralie, Simon & Maureen

### **And our Fantastic Colleagues**

Klara, Shari, Olivia, Teresa & Beverley

### JUNE EMPLOYEE OF THE MONTH

Rose has been a member of the Taylor's family since 2006. Not only does Rose work hard for her pay (as everyone does), but she is committed to the success of Taylors of Grampound.

Often Rose will put the company's interests ahead of her own and is always striving to improve herself in her role. Rose is determined to ensure that the staff and clients are supported throughout the COVID-19 crisis by opening up the office everyday to answer the phones, take on new clients, ensure rosters were completed, assist with invoicing, complete payroll and give support to our care managers when they needed it.

Rose also made sure that there was enough PPE for our staff along with Jane and Kirstie.



### **Spotlight**

- "Challenges are what make life interesting and overcoming them is what makes life meaningful."
- "If something is wrong, fix it now. But train yourself not to worry, worry fixes nothing."
- Mileage and expenses due in by 6th July 2020
- Payday is on the 20th July 2020
- Expenses must be completed with your mileage sheets for payment and handed in on time, please.



#### **OBITUARIES**

LG from Truro passed away at home on 06.06.2020

RH from Probus passed away at home on 21.06.2020



A big welcome to Beth and Mia who are on the care at home team.

"Congratulations on joining our team! We hope we can work well together and share many successes!"