

THE NAVIGATOR



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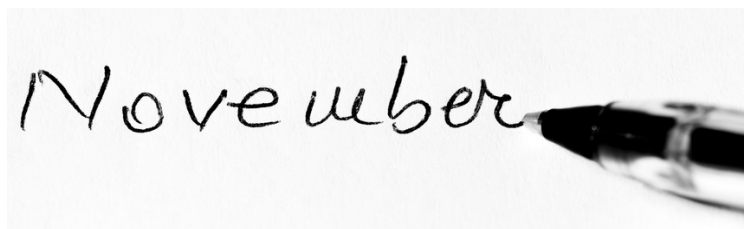
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November comes
And November goes,
With the last red berries
And the first white snows.

With night coming early,
And dawn coming late,
And ice in the bucket
And frost by the gate.

The fires burn
And the kettles sing,
And earth sinks to rest
Until next spring.”

by Clyd Watson

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Quick Quiz



1. What are the next four words in the first line of the popular rhyme which starts "Remember, remember the fifth of November"?
 2. Which "P" is the correct technical term for the art of making and displaying fireworks?
 3. Which two Hollywood stars played the male leads in the 1990 flop "The Bonfire Of The Vanities"?
 4. Which King did Guy Fawkes attempt to kill with his gunpowder plot?
 5. Who had a hit single in 1989 with "We Didn't Start The Fire"?
 6. How many barrels of gunpowder were discovered in the cellars of Westminster Hall as part of Guy Fawkes' gunpowder plot? 36, 96 or 266?
 7. Which TV series featured Brett Butler playing the main character called Grace Kelly?
 8. In what year did the Gunpowder Plot take place?
 9. What was Guy Fawkes real first name? Guido, Gundry or John?
 10. Which two films starring Denzel Washington have the word "fire" in the title?
"Courage Under Fire" and "Man On Fire"
- Tie Break In 2002, which position was Guy Fawkes voted into in BBC's 100 Greatest Britons poll?

Answers

- 1) "Gunpowder, Treason and Plot" 2) Pyrotechnics 3) Bruce Willis and Tom Hanks 4) James I
5) Billy Joel 6) 36 7) Grace Under Fire 8) 1605 9) Guido 10) Break30th



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CATHERINE WHEEL TOAD-IN-THE-HOLE WITH HONEY & MUSTARD ONIONS

Ingredients

120g plain flour
3 large eggs
275ml semi-skimmed milk
12 linked chipolatas or 1 large coiled Cumberland sausage
2 tbsp sunflower oil
4 rosemary or thyme sprigs, picked into smaller sprigs mash and veg, to serve (optional)
For the honey & mustard onions
1 tbsp sunflower oil
2 large red onions, halved and thinly sliced
2 tbsp plain flour
2 tsp English mustard powder
1 chicken stock cube
2 tbsp honey
2 tbsp wholegrain mustard

Method

STEP 1

Mix the flour, eggs and milk in a jug with 1/2 tsp salt, then set aside for at least 30 mins. Heat oven to 220C/200C fan/gas 7.

STEP 2

Untwist the links between each sausage, keeping them connected. Squeeze the meat to fill in the gaps, so you have one long sausage. Coil the sausage loosely and put in a large skillet or ovenproof frying pan (ours was 25cm wide.) Pour over the oil and brown in the oven for 12-15 mins.

STEP 3

Remove the pan from the oven and carefully lift out the sausage. Pour the batter into the pan, then put the sausage back on top, scatter with the herbs and return to the oven for 25-30 mins without opening the door – the Yorkshire pudding will sink if you do.

STEP 4

Meanwhile, heat the oil in a frying pan and cook the onions for 10 mins or until starting to caramelise. Stir in the flour and mustard powder and crumble in the stock cube. Stir in 500ml water bit by bit until you get a smooth sauce, then add the honey and mustard and season. Bubble for 5 mins, then serve with the toad-in-the-hole and mash and veg, if you like.



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I AM STILL ME

I am still me, I still feel the wind blowing
in my hair, I still feel the raindrops on
my head, I am still me.

I am still me, I still hear the sound of
children laughing, I still hear my
favourite song. I am still me.

I am still me, I still taste the tea you
make, I still taste the cakes you bake, I
am still me.

I am still me, I still smell the sweet scent
of flowers, I still smell my favourite
perfume, I am still me.

I AM still me!

by Paige Wistow

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FIREWORK DISPLAYS COULD LOOK VERY DIFFERENT THIS YEAR

A socially distanced drive-in fireworks display is being held in Cornwall for the first time, to celebrate bonfire night. The Duchy's busy events calendar has been left in tatters this year thanks to the coronavirus pandemic. Difficulties with social distancing and concerns over financial viability have led to widespread event cancellations and annual bonfire night celebrations, hugely popular with families, have also been curtailed. However, a new event has been created to ensure families can still enjoy fireworks this November - and can watch them from the safety of their own car with a socially distanced space around it. The concept for the event to be held on Sunday 1st November at Wadebridge's Royal Cornwall Showground is simple - drive-in, park up and marvel at a spectacular firework display. A selection of local food and drink providers will be on hand to serve up a winter warmer menu, including some firework themed pizzas, to complete the traditional bonfire night experience. Organiser of the event, Bodmin-based Celebration Pyrotechnics, have 30 years' experience of creating spectacular firework events in the region and are planning a display of epic proportions to wow those attending.

Buy your tickets online at <http://www.fireworkscornwall.com>

So many bonfire night events across Cornwall are unfortunately unable to go ahead, but with our drive-in format we are delighted to stage a spectacular display for firework lovers to enjoy.

"The event is designed to provide families a safe, social distancing compliant environment to enjoy what will be one of the largest professional fireworks displays we have choreographed and certainly one of the biggest Cornwall has ever seen."



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Carers Alert



Avoid Dark Areas

Try to avoid badly lit areas or dark alleyways, streets or car parks. Plan your routes to incorporate well-lit areas, avoiding wooded or remote places.

Carry a Flashlight

Even if your route is well lit, a flashlight can come in handy if you need to find keys or experience a power shortage or lack of light in any of your locations.

Wear Suitable Clothing

Consider wearing a reflective jacket or armbands; this is especially important when working near moving vehicles. Dress appropriately for the weather and wear comfortable footwear.

Safety Accessories

There are many devices and gadgets designed to help keep you safe. If you have one, carry your lone worker device or buy a personal alarm. Even a whistle can be a great deterrent should you be attacked.

Plan Your Route

If you're walking when its dark, plan your route beforehand and walk with purpose. Looking lost or confused can attract criminals.

Don't Get Distracted

Be alert when you are alone at night. Don't walk with your phone in your hand or wear headphones. Your eyes and ears need to be ready at all times.

Car Safety

It sounds really obvious, but when you are in your car ensure that your lights are on and that you have enough fuel to cover your journeys. Lock your doors, especially when stopping at lights and don't leave valuables on display.

Let People Know Where You Are

If you have a lone worker device, you can manually update your GPS location. For anyone else, always let people know where you are going, what time you are setting off and are due to arrive at your destinations.

In Camborne area! A black Audi A6 blocked a carers vehicle and 4 people with hoods fully covering faces walked towards the car. If you see anyone acting suspicious contact the On Call officer.



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OCTOBER EMPLOYEE OF THE MONTH

Bev – yet again a secret Fanny Craddock. I learned this week that Bev had taken a home-made dinner to one of our service users, a delicious cottage pie with lots of fresh vegetables.

The client struggles to maintain her nutritional needs and it seems that Bev has been doing this on a regular basis.

Just last week the service user was weighed and she has gained a very valuable 3kg in weight.

My goodness Bev what goes into your cottage pie!!.

It may seem like an insignificant gesture but in this instance I believe it has made a real difference to the clients motivation to continue to eat well.

Well done Bev, keep up the knitting too cos we could all do with a few winter woolies. Yep nothing gets passed Jane.

Please call Rose to arrange to collect your voucher.



£100.00

Recommend a Friend

£100.00

Recommend a Friend and get £100 worth of One4all vouchers!

We are still running our referral scheme which we launched last year.

This referral scheme rewards individuals who refer a friend or family members to us in the form of a £100 One4all voucher.

All you have to do is complete the form on Taylors of Grampound webpage to enter!

There is no limit to how many friends or family members you can recommend, so get started!

Just make sure you qualify by reading through our Terms and Conditions first.

For more information, visit our website www.taylorsofgrampound.co.uk



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Remembrance ideas for 2020

As a result of Covid-19 restrictions, it may be necessary for individuals and communities to consider new ways of performing Remembrance activities, whether at Remembrance time or any other time of the year. Here is a some ideas for Covid safe activities that are inexpensive to create:

- Hold a small Remembrance service in your garden.
- Create a Remembrance space in your garden by planting plants that have a connection to Remembrance.
- Create your own Remembrance art piece with your children and families . Then you could display something in your windows like the rainbows for the NHS.
- Write letters of Remembrance to veterans or serving personnel.

Despite the changes this year, it would be lovely to encourage people across Cornwall to ensure Remembrance Sunday is still marked appropriately by taking part in remote and socially distanced Remembrance activities, whether that be watching the service on television or pausing for the Two Minute Silence in their home or on their doorsteps. I am proud to show my support by wearing a poppy.



They shall grow not old, as we that are left grow old:
Age shall not weary them, nor the years condemn.
At the going down of the sun and in the morning
We will remember them



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Best Before Date

With reluctance, we announce that
Denise has reached her best before date.
To remain here employed with us,
It's simply just too late.

She knows that we'll all miss her,
Well, at least a little bit.
For as much fun as we've had you know,
Sometimes she could be a twit.

But we jest, it's all in good fun,
And we're sure she can take a joke.
Just watch out friends in case she gets mad,
Cause we've heard she packs quite a poke.

In all seriousness, Denise, you know we love you,
And simply want to say,
Good luck with all your future holds,
And happy retirement day from Taylors of Grampound



23rd October 2020 to 9th June 2014
Denise, thank you for all your hard work and
dedication. Congratulations on getting out alive.
Enjoy your retirement!

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HAPPY BIRTHDAY FOR NOVEMBER



Our Wonderful Client's

Rachel, John, Marian, Ivor & Elizabeth

And our Fantastic Colleagues

Deborah, Gary, Joshua, Clair, Sarah & Rose

Spotlight

- “Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around.”
- “If you want others to be happy, practice compassion. If you want to be happy, practice compassion.”
- Mileage and expenses due in by 23rd November 2020
- Payday is on the 7th December 2020
- Expenses must be completed with your mileage sheets for payment and handed in on time, please.
- CHRISTMAS COUNTDOWN
56 days 30 September 2020 - 25 December 2020

Tagtronic Messages

As you will see on your Tagtronics App you have a message feature. When you have a message it will show at the bottom of the app on the envelope icon. If it is from a manager or the office please can you respond as soon as possible as they are trying to cover work. It doesn't matter if it is a no but it saves time.

Thank you



Ronald David LAWER Ron Sadly passed away in Treliske on 14th October 2020 aged 83 years. Beloved husband to Janet, father to Malcolm, Jason and Lesley and a much loved grandad, father in law and friend. Private funeral to take place. Ron will be leaving home one last time at 3.30pm on Monday 26th October 2020 if you wish to show your respects.