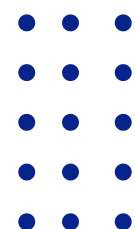


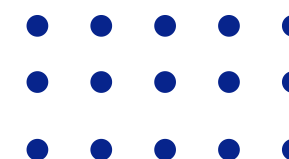


THE COMPLETE GUIDE TO DIRECT MEDICAL EDUCATION PROGRAMS

Everything You Need to Know About BS/MD and Direct Medical Programs



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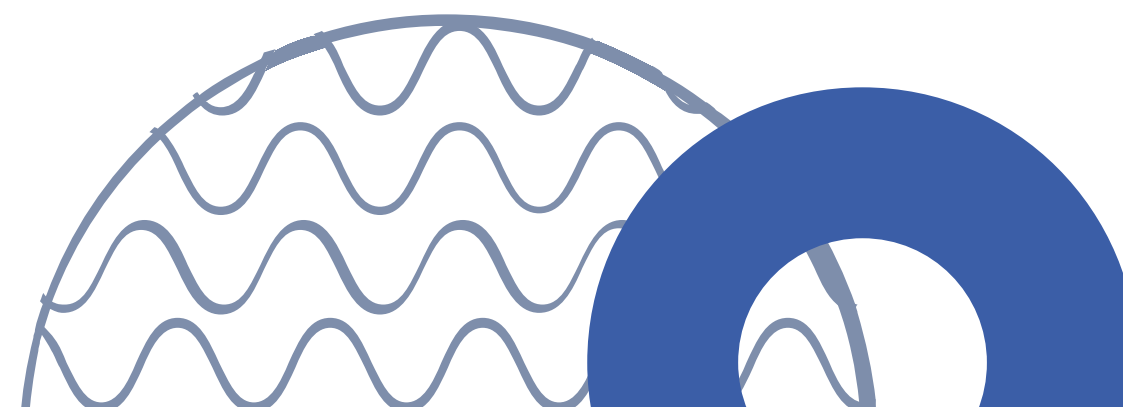
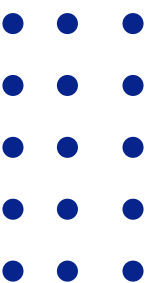
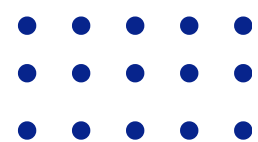


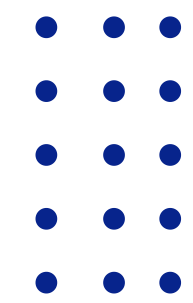
INTRODUCTION TO DIRECT MEDICAL PROGRAMS

Understanding your pathway to medical school

Pathway Overview

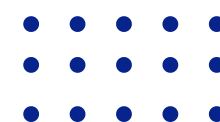
Traditional: 4-year undergrad + prerequisites + MCAT + med school applications. Direct pathway: secure your medical school spot in high school — designed for students with exceptional achievement and commitment.





WHAT IS A BS/MD PROGRAM?

Combined admissions for undergrad + medical school in one process



Program Structures

8-Year (4+4), 7-Year (3+4), and Accelerated options. Also known as BA/MD, BS/DO, and Early Assurance Programs.

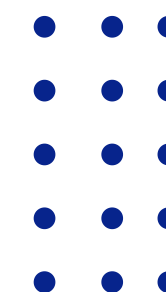




Direct Medical Programs

TYPES OF DIRECT MEDICAL PROGRAMS

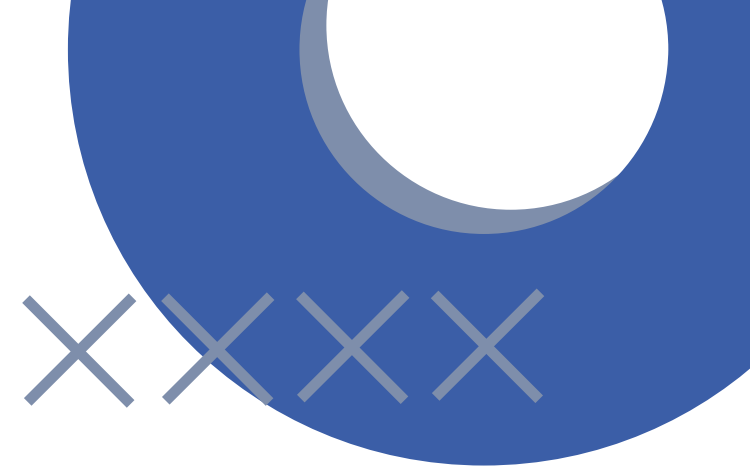
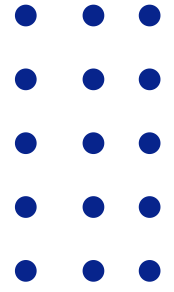
Understanding the different pathways to medical school



Program Categories

Guaranteed, Conditional, Accelerated, and BS/DO programs each offer distinct pathways to a medical career.





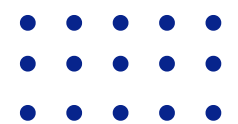
ADVANTAGES OF BS/MD PROGRAMS

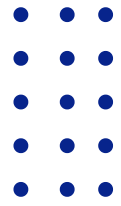
Key benefits for motivated students



Why Choose a Direct Medical Program?

Reduced application stress, greater academic flexibility, early career security, and expanded opportunities for research, leadership, and study abroad.



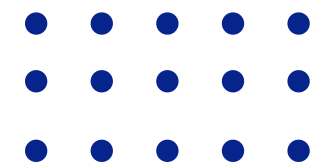


POTENTIAL CHALLENGES

Considerations before committing to a BS/MD program

Key Challenges to Consider

- Early career commitment at a young age
- Maintaining strict GPA and conduct standards
- Limited flexibility if goals change
- Highly competitive admissions, low acceptance rates

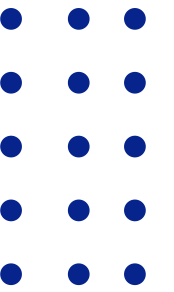
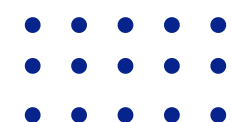
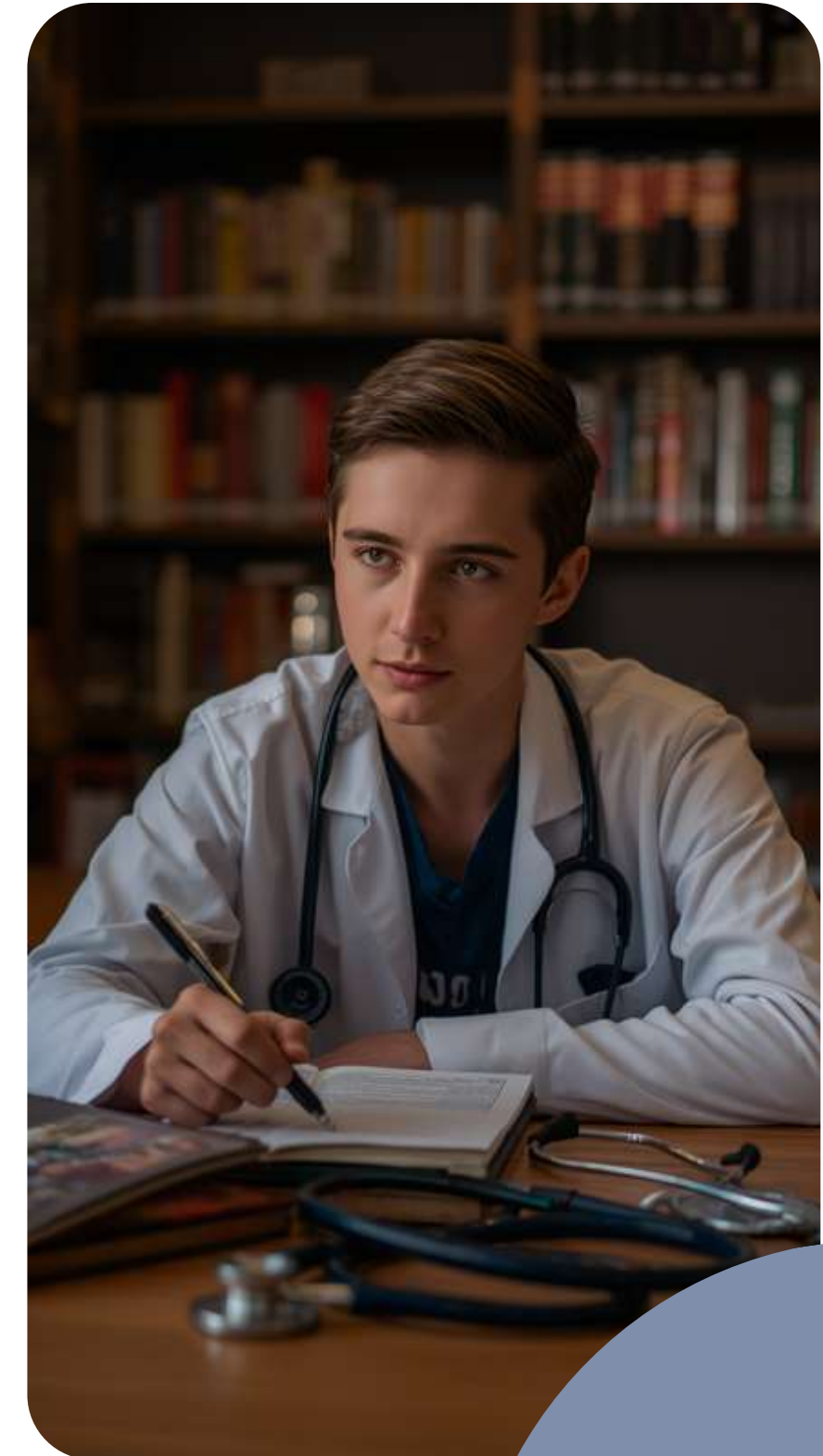


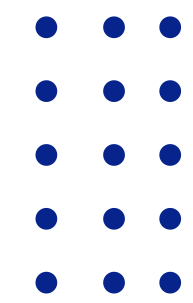
IS A BS/MD PROGRAM RIGHT FOR YOU?

A self-assessment to guide your reflection

Key Questions to Consider

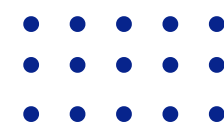
- Is your interest in medicine long-term?
- Do you have meaningful healthcare experiences?
 - Are you comfortable with early commitment?
 - Are you academically prepared for the rigor?





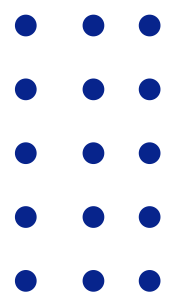
ACADEMIC EXPECTATIONS

Knowledge that opens the door to medicine



Core Requirements

Strong GPA (top of class), rigorous coursework (AP Bio, Chem, Physics, Calc, Dual Enrollment), competitive SAT/ACT scores, and consistent academic performance over time.



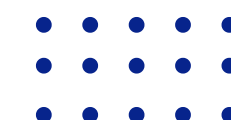
BUILDING A COMPETITIVE APPLICANT PROFILE

Beyond academics: the holistic traits that set you apart



Key Traits Admissions Seek

Commitment to medicine, Leadership, Service, Maturity, Intellectual curiosity, Communication skills, and Professionalism.

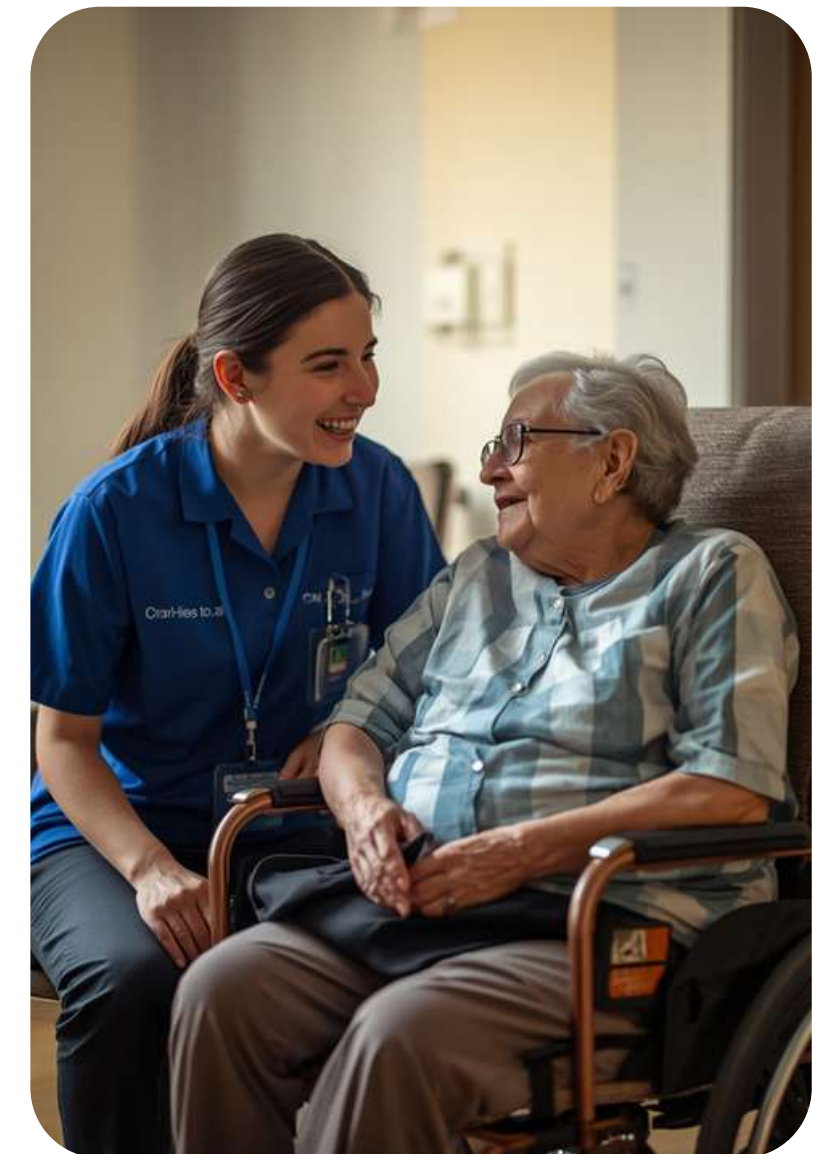


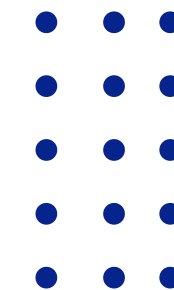
CLINICAL EXPOSURE

Meaningful experiences that strengthen your application

Why Clinical Exposure Matters

Hospital volunteering, physician shadowing, hospice, nursing home visits, health education programs, and medical camps all count. Admissions committees seek thoughtful exploration — not just hours logged.



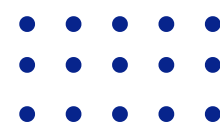


COMMUNITY SERVICE & LEADERSHIP

Demonstrate commitment through action and purpose

Impact Over Titles

Service: food banks, homeless shelters, tutoring, outreach, mentorship. Leadership: student government, club leadership, nonprofit work, team captain. Focus on meaningful impact, not just titles or hours.



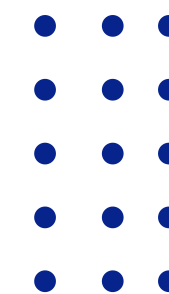


RESEARCH OPPORTUNITIES

Strengthen your profile through scientific engagement

Why Research Matters

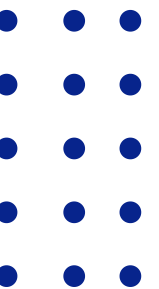
Not required but strengthens your profile. Demonstrates curiosity, initiative, and scientific engagement. Complements — but does not replace — clinical and service experience.





APPLICATION STRATEGY

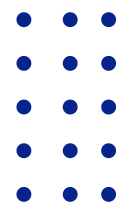
Apply smartly, broadly, and with purpose



Program Categories

Reach: highly selective programs. Target: aligned with your profile. Backup: traditional undergrad. Consider structure, med school affiliation, GPA/MCAT, and geography.



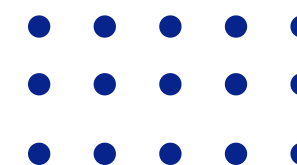


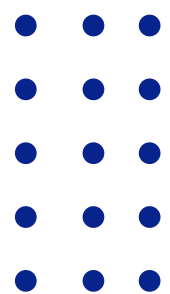
BS/MD ESSAYS & PERSONAL STATEMENTS

Crafting essays that reflect reflection, growth, and authenticity

Common Essay Mistakes to Avoid

Generic reasons, prestige focus, repetition, and insincerity weaken your application. Be authentic and specific.





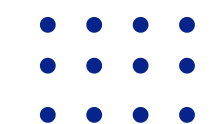
LETTERS OF RECOMMENDATION

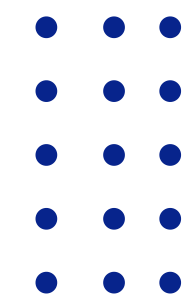
Choosing the right advocates for your BS/MD application



Who Should Write Your Letters?

Choose writers who know you well and can provide specific examples of your character, work ethic, academics, leadership, and maturity.



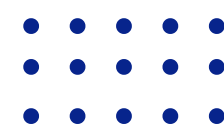


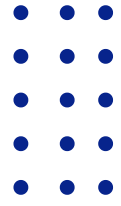
THE BS/MD INTERVIEW PROCESS

A critical stage in your admissions journey

Interview Formats

Traditional · Panel · Multiple Mini Interviews (MMIs) · Hybrid formats — each designed to assess your readiness for medicine.



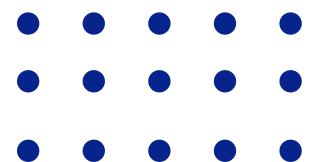


COMMON BS/MD INTERVIEW QUESTIONS

Focus on reflection, not memorized answers

Key Questions to Prepare

Why medicine? • Why our program? • Influential healthcare experiences? • Challenges overcome? • Leadership examples? • Qualities of a good physician? • Current healthcare challenges?

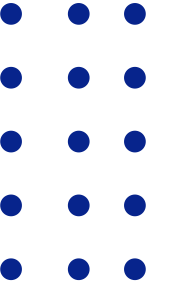
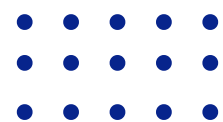


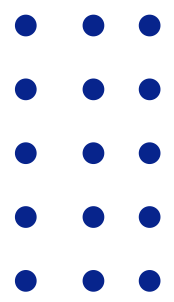
MULTIPLE MINI INTERVIEWS (MMIS)

Understanding the format and how to prepare effectively

MMI Station Types

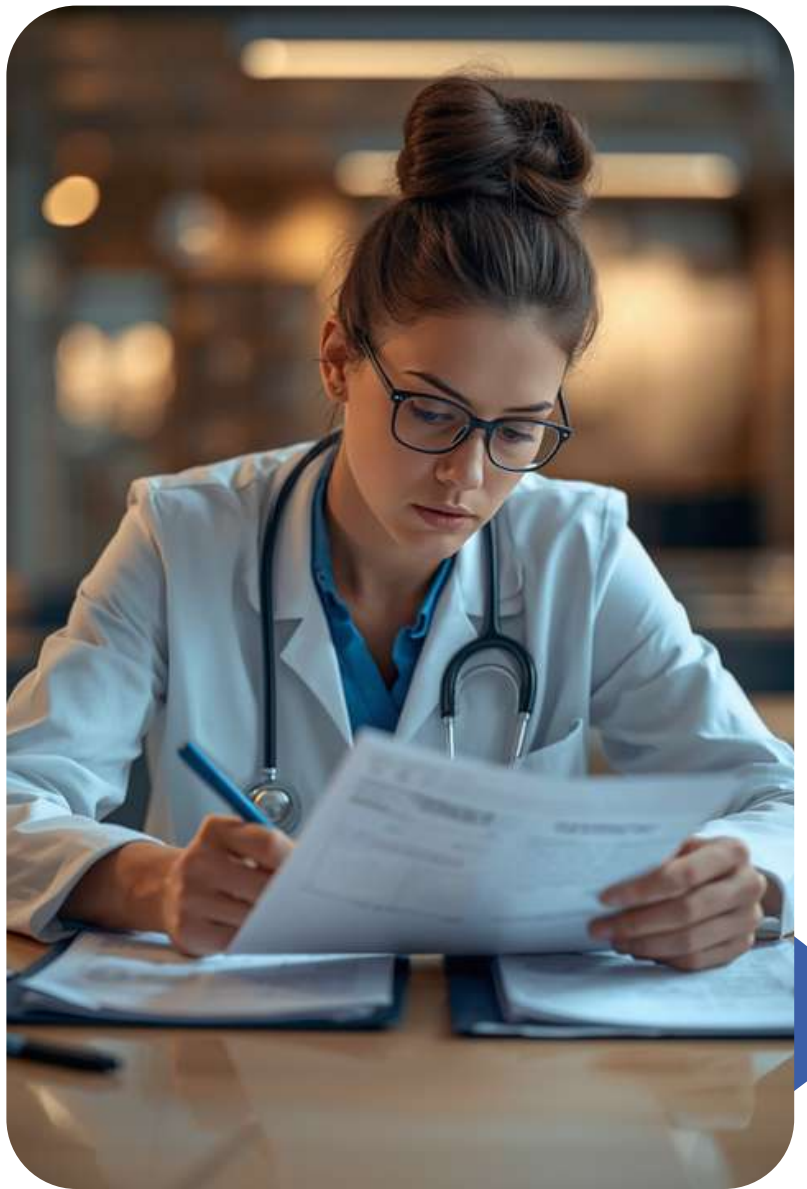
Ethical dilemmas · Communication tasks · Teamwork scenarios · Healthcare policy questions · Professionalism assessments





EVALUATING BS/MD PROGRAM OFFERS

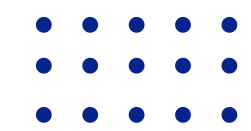
Align your choice with your goals, not prestige alone

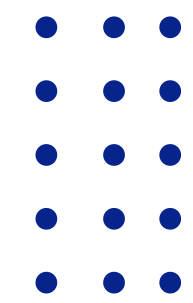
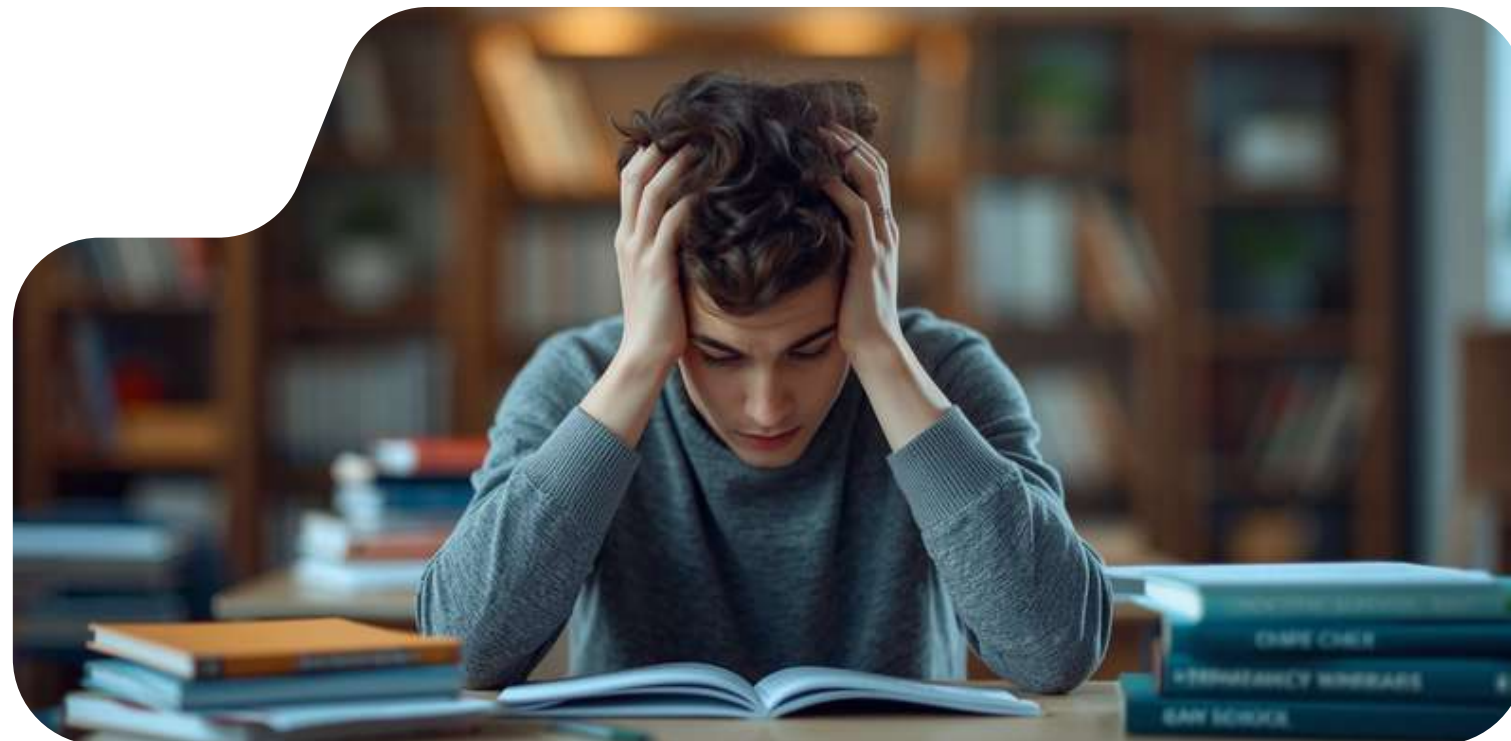


Key Factors to Consider

- Medical school reputation & residency match outcomes
- Program requirements & MCAT expectations
- Cost, location & student support
- Research opportunities & academic flexibility

Program Assessment												
Career/Track	Tuition	Costs	Topical	Net	IP	Post	Justified	ETP	Net	Overseeing	Side	
Academic Leadership	☐			☐					☐			
Design/Design	☒			☒					☐			
Shelter/Programs	☒			☐					☐			
Facilities	☒			☒					☐			
Partnership	☐			☐			☐		☐			
Management	☒			☐					☐			
Health	☒			☐					☐			
Service	☒			☐				☐	☐			
Development	☒			☐					☐			
Partnerships	☒			☒					☐			
Deed/Community Management	☒			☐					☐			
Global/Environment	☒			☐					☐			
Identification	☒			☒					☐			
Projections	☒			☐					☐			
Profiling	☒			☐				☐	☐			
Gratifying opportunities	☒			☐					☐			
Practical experience program	☒			☐					☐			
Debit	☐			☐					☐			
Dissemination	☒			☐					☐			
Supporting	☒			☐					☐			



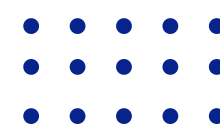


COMMON APPLICATION MISTAKES

Avoid these pitfalls in your BS/MD application

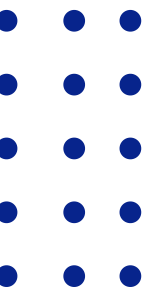
Top 5 Pitfalls to Avoid

1. Applying without clinical exposure
2. Weak essays lacking reflection
3. Academic focus only — ignoring service & leadership
4. Poor interview preparation
5. Narrow application strategy



SAMPLE HIGH SCHOOL TIMELINE

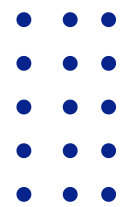
Your year-by-year roadmap to BS/MD success



Preparation Roadmap

Freshman: Build academics & explore medicine.
Sophomore: Develop leadership & begin shadowing.
Junior: Rigorous courses & start applications. Senior:
Complete apps, interviews & evaluate offers.



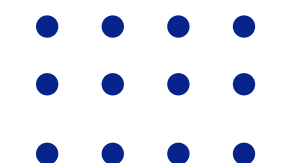


FREQUENTLY ASKED QUESTIONS

Common questions about BS/MD and Direct Medical Programs

Key FAQs

Are BS/MD programs more competitive? Yes — acceptance rates are often below 5%. Need research? Not always required, but it strengthens your profile. Shadowing required? Highly recommended by most programs. Can I leave the program? Varies by school; alternative paths are usually possible. MCAT waiver? Some programs require a minimum MCAT score.

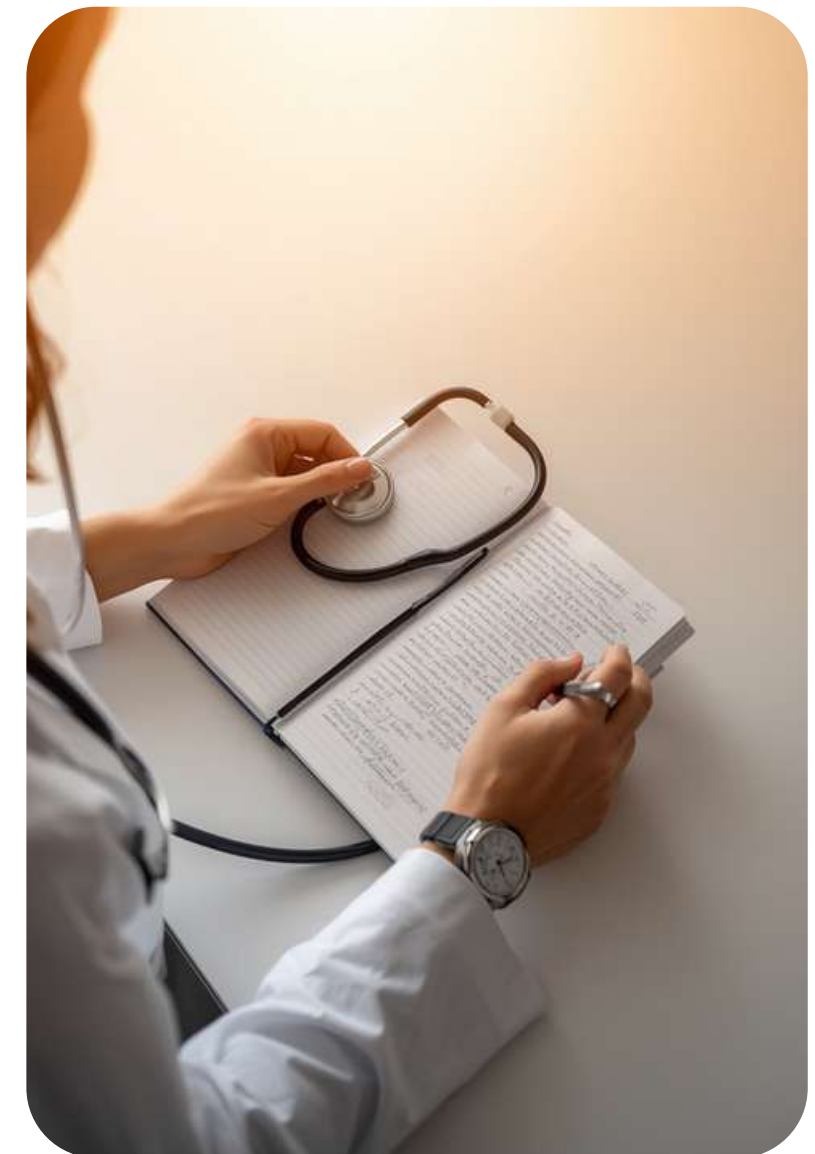


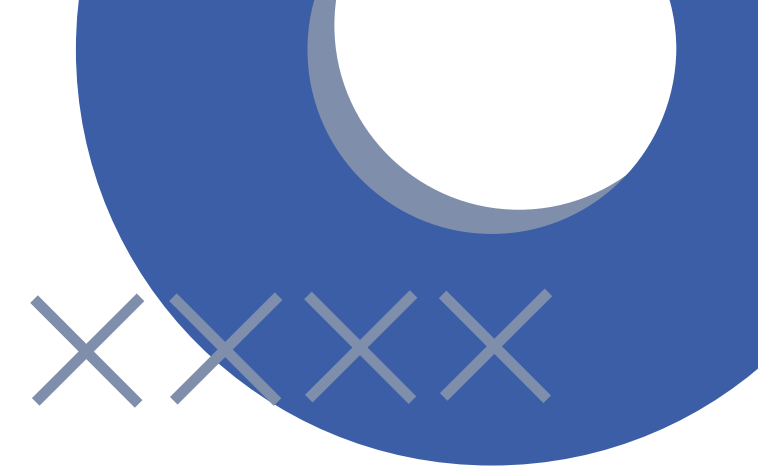
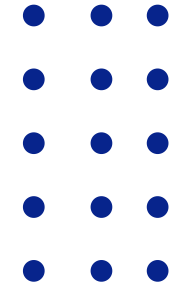
FINAL THOUGHTS

Reflecting on your path to medicine

Key Takeaways

BS/MD programs offer a unique opportunity for motivated students. Success requires academic excellence, healthcare exposure, service, leadership, maturity, and communication. Genuine exploration and clear commitment are critical.



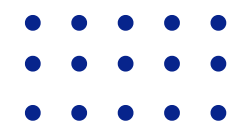
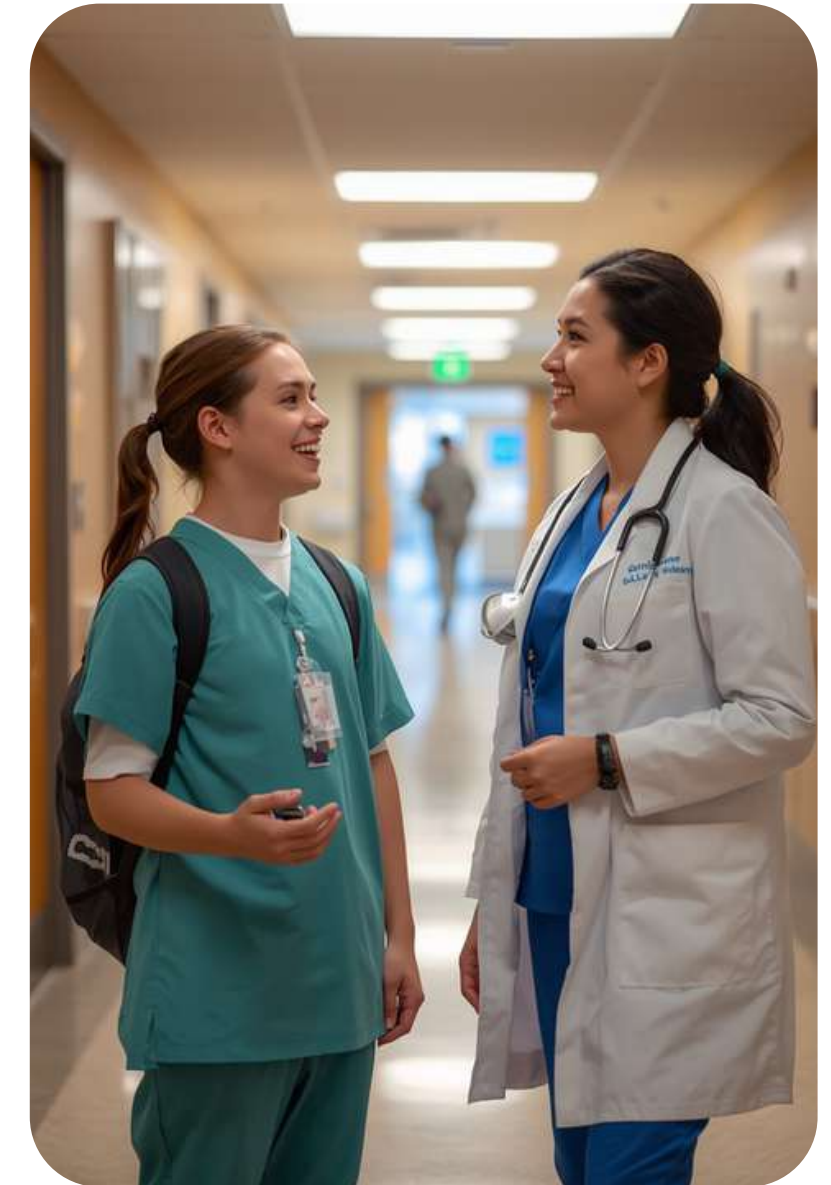


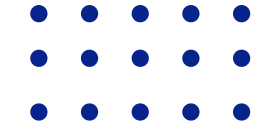
FIVE KEY TAKEAWAYS

Core principles for BS/MD program success

Remember These

1. Academics open the door
2. Clinical exposure is critical
3. Service matters
4. Interviews can make or break
5. Authenticity wins





Questions & Discussion

THANK YOU!

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