

Fall Yoga Camp Schedule 2025

Day	Time	Event	Leader	Location
FRIDAY	12:00pm	Check-in for Bunk House Registrants Only	Todd/Doug/Vincent	Welcome Center
	3:00pm	Check-in for Deluxe Housing Begins	Todd/Doug/Vincent	Welcome Center
	4:15-5:15pm	Yoga - <i>a complete yoga practice</i>	Daryn	Main Hall
	4:30-5:30pm	Yoga for Healing - <i>let go so you can grow</i>	Jeff W.	Namaste
	4:30-5:30pm	Partner Yoga - <i>alignment & form</i>	Reed	ELC First Floor
	4:30-11:00pm	Pool Open		
	5:30-6:30pm	Dinner		Dining Hall
	6:00pm	Announcements / Leaders Preview Upcoming Classes	Marco	Dining Hall
	6:45-7:45pm	Tequila Tasting (<i>reservations required, \$25</i>)	Jonathon	Dining Hall
	6:45-7:45pm	Sonic Resonance - <i>sound + touch = deep connection</i>	Matthew	ELC Upstairs A
	6:45-7:45pm	Restore w/ the Cosmos - <i>connect to the universe</i>	Ken	ELC First Floor
	8:00-9:00pm	Hypnotherapy - <i>Step into your confidence & love your body</i>	Joel	Main Hall
	8:15-9:15pm	Yoga - <i>solo and partner work</i>	Vincent	Namaste
	9:30-10:30pm	Bodywork Fundamentals - <i>connect, relax, vibe</i>	Jeff MMX	Main Hall
	9:30-11:30pm	Movie Night - <i>Clueless</i>	Marco	ELC Lounge
	9:30-11:30pm	Snack Bar Open - <i>popcorn, pizza, snacks, soft drinks</i> <i>pay as you go w/ your card on file</i>	Todd/Doug	ELC Lounge
	9:45-10:45pm	Tantric Erotic Touch - <i>sensual, sexy, fun</i>	Bo	Namaste
	10:00-11:00pm	Partner Work - <i>Building Sexual Energy (bring a partner)</i>	Cary	ELC First Floor
	11:00pm-8:00am	Pool Closed		
SATURDAY	6:45-7:30am	Chair Yoga - <i>accessible, gentle, supportive</i>	Luis	Amphitheater
	6:45-7:30am	Sunrise Yoga - <i>swift, sweaty—then slow</i>	Asael	Sports Pavilion
	7:30-8:30am	Breakfast		Dining Hall
	8:00am	Announcements / Leaders Preview Upcoming Classes	Marco	Dining Hall
	8:00am-12:00pm	Pool Open		
	8:45-9:45am	Stretch & Move - <i>prep your body for the day</i>	Ken	Main Hall
	9:00-10:00am	Yoga - <i>a complete yoga practice</i>	Daryn	ELC First Floor
	9:15-10:15am	Yin Yoga - <i>deep stretch</i>	Marco	Namaste
	10:30am-12:00pm	Your Wildest Sexual Fantasy - <i>an erotic hypnosis experience</i>	Joel	Main Hall
	10:45-11:45am	All Levels Power Yoga - <i>Strength, Flexibility, Endurance</i>	Reed	ELC First Floor
	12:00-1:00pm	Lunch		Dining Hall
	12:00-1:00pm	Pool Closed		
	12:30pm	Announcements / Leaders Preview Upcoming Classes	Marco	Dining Hall
	1:00-3:30pm	Pool Open		
	1:00-2:00pm	Tantric Erotic Touch - <i>sensual, sexy, fun</i>	Bo	Main Hall
	1:15-2:15pm	Rhythmic Alchemy - <i>drumming & fun rhythm games</i>	Matthew	Amphitheater

Day	Time	Event	Leader	Location
SATURDAY	1:30-2:30pm	Partner Yoga - <i>lend a helping hand</i>	Marco	ELC First Floor
	1:45-2:45pm	Reiki, Meditation & Massage - a terrific trio	Alex	Namaste
	2:00-3:00pm	Mindful Movement - <i>conscious body flow</i>	Asael	ELC Upstairs B
	3:15-4:15pm	Novaji: Butter On Me - <i>a guided session of words & touch</i>	Javon	ELC First Floor
	3:30-4:30pm	Fun Yoga - <i>recess for grown ups</i>	Ken	Main Hall
	3:30-4:30pm	Pool Closed		
	3:45-4:45pm	Yoga as a Spiritual Practice	Jeff W.	Namaste
	4:00-5:00pm	Partner Yoga - <i>alignment & form</i>	Reed	Main Hall
	4:15-5:15pm	Balls Out Bingo - <i>with benefits</i>	Kenne	ELC Lounge
	4:30-11:00pm	Pool Open		
	5:30-6:30pm	Dinner		Dining Hall
	6:00pm	Announcements / Leaders Preview Upcoming Classes	Marco	Dining Hall
	6:45-7:45pm	Sound Bath w/ Yoga Nidra - <i>relax & realign</i>	Matthew	ELC Upstairs A
	6:45-7:45pm	Tequila Tasting (<i>reservations required, \$25</i>)	Jonathon	Dining Hall
	7:00-8:00pm	Sensual Embodiment Touch - <i>intimate connections</i>	Jeff MMX	Main Hall
	7:15-8:15pm	Spooky Flow - <i>Halloween themed yoga</i>	Marco	ELC First Floor
	8:45-10:15pm	Sensual, Sexual, Tantric - <i>hypnotic experience</i>	Joel	Main Hall
	8:45-9:45pm	VinYin - Flow & Restore	Vincent	ELC First Floor
	9:30pm-12:30am	Karaoke - <i>sing and slay</i>	Jeff V.	ELC Lounge
	9:30-11:30pm	Snack Bar Open - <i>popcorn, pizza, snacks, soft drinks</i> pay as you go w/ your card on file	ANY Staff	ELC Lounge
	10:15pm-Midnight	Glow in the Dark Party - <i>iridescent euphoria</i>	Bo	ELC First Floor
	11:00pm-8:00am	Pool Closed		
SUNDAY	7:00-7:45am	Chair Yoga - <i>accessible, gentle, supportive</i>	Luis	Amphitheater
	7:30-8:30am	Breakfast		Dining Hall
	8:00am	Announcements / Leaders Preview Upcoming Classes	Marco	Dining Hall
	8:00am-12:00pm	Pool Open		
	8:45-9:45am	Yoga - <i>solo and partner work</i>	Luis	ELC First Floor
	9:00-10:00am	Yoga - <i>a complete yoga practice</i>	Daryn	Main Hall
	9:15-10:15am	Reiki, Meditation & Massage - a terrific trio	Alex	Namaste
	10:15-11:15am	Hips, Hamstring & Low Back - <i>release & relieve</i>	Cary	ELC First Floor
	10:30-11:30am	Restorative Yoga - find your peace & calm	Vincent	Main Hall