

**Group:** School Facility Management, LLC

**Quote:** 00431264

**Plan Information**
**Plan Name:** INT-LF, HDHP (\$5000 Embedded/\$7000 Embedded/50%) (HSA Qualified) S Network

**Network:** Blue Network S

**Benefit Effective Date:** 1/1/2026

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**Benefit Plan Features**
**Cost In-Network**
**Cost Out-of-Network <sup>1</sup>**
**Annual Deductible**

Individual / Family	\$5,000 / \$10,000	\$10,000 / \$20,000
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**Annual Out-of-Pocket Maximum (includes copays, coinsurance and deductibles)**

Individual / Family	\$7,000 / \$14,000	\$21,000 / \$42,000
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**Covered Services**

Preventive Care Services <sup>13</sup>	Covered at 100%	50% after Deductible
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**Practitioner Office Services**

Primary Care Office Visits	50% after Deductible	50% after Deductible
Specialist Office Visits	50% after Deductible	50% after Deductible
Office Surgery <sup>4, 5, 6</sup>	50% after Deductible	50% after Deductible
Advanced Radiological Imaging <sup>3, 5, 7</sup>	50% after Deductible	50% after Deductible
Teladoc Health® Virtual Care	\$0 Copay	Not Covered

**Services Rendered at a Facility (includes professional and facility charges)**

Inpatient Services <sup>3, 5</sup>	50% after Deductible	50% after Deductible
Outpatient Surgery <sup>4, 5, 6</sup>	50% after Deductible	50% after Deductible
Routine Diagnostic Services – Outpatient	50% after Deductible	50% after Deductible
Advanced Radiological Imaging – Outpatient <sup>3, 5, 7</sup>	50% after Deductible	50% after Deductible
Other Outpatient Services <sup>8</sup>	50% after Deductible	50% after Deductible
Urgent Care Center Services	50% after Deductible	50% after Deductible
Emergency Care Services <sup>10</sup>	50% after Deductible	50% after Deductible
Emergency Care Advanced Radiological Imaging <sup>7</sup>	50% after Deductible	50% after Deductible

**Skilled Nursing & Rehabilitation Facility Services <sup>3, 5</sup>**

Limited to 60 days combined per annual benefit period	50% after Deductible	50% after Deductible
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**Medical Equipment <sup>4, 5</sup>**

Durable Medical Equipment	50% after Deductible	50% after Deductible
Prosthetics & Orthotics	50% after Deductible	50% after Deductible
Hearing Aids (under age 18) <sup>20</sup>	50% after Deductible	50% after Deductible

**Behavioral Health Services (Unlimited days per annual benefit period)**

Inpatient <sup>3, 5</sup>	50% after Deductible	50% after Deductible
Outpatient <sup>14</sup>	50% after Deductible	50% after Deductible

**Therapeutic Services <sup>4, 5, 9</sup>**

Rehabilitative	50% after Deductible	50% after Deductible
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**Home Health Services <sup>4, 5, 9</sup>**

Home Health Care Services	50% after Deductible	50% after Deductible
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**Hospice Services <sup>5, 21</sup>**

Hospice Services	50% after Deductible	50% after Deductible
<b>Ambulance Services <sup>4</sup></b>		
Ambulance Services	50% after Deductible	50% after Deductible
<b>Prescription Drugs <sup>4, 11, 12, 16, 19</sup></b>		
Prescription Contraceptives <sup>16</sup>	Covered at 100%	50% after Deductible
<b>Retail Network, Plus90, or Home Delivery Network <sup>15</sup></b>		
Preferred Generic	50% after Deductible	50% after Deductible
Non-Preferred Generic	50% after Deductible	50% after Deductible
Preferred Brand	50% after Deductible	50% after Deductible
Non-Preferred Brand	50% after Deductible	50% after Deductible
<b>Preventive Drugs <sup>15, 18</sup></b>		
Generic	\$10 Copay	50% after Deductible
Preferred	\$35 Copay	50% after Deductible
Non-Preferred	\$60 Copay	50% after Deductible
<b>Self-Administered Specialty Drugs <sup>17</sup></b>		
Specialty Pharmacy Network		
Preferred Specialty	50% after Deductible	Not Covered
Non-Preferred Specialty	50% after Deductible	Not Covered
<b>Provider-Administered Specialty Drugs <sup>4, 17</sup></b>		
Specialty Pharmacy Network	50% after Deductible	Not Covered

## Notes

1. Out-of-network benefits may be based on BlueCross BlueShield of Tennessee maximum allowable charge. You may be responsible for any unpaid billed charges for certain services received from out-of-network providers. For emergency care services received at an out-of-network facility, covered items and services received from an out-of-network provider at an in-network facility (unless you give certain providers written consent), or emergent and authorized air ambulance services, in-network benefits including deductible will apply up to the qualified payment amount, and the provider may not bill you for more than your in-network cost share.
2. The lower copay applies to Family Medicine, General Practice, General Internal Medicine, OB/GYN, Pediatrics, and Behavioral Health services. The copay for Physician Assistants or Nurse Practitioners may be based on the provider type of the billing provider.
3. Prior authorization is required.
4. Certain procedures, services, medication and equipment may require prior authorization.
5. If prior authorization is required but not obtained and services are medically necessary, when using network providers outside Tennessee for physician and outpatient services and all services from out-of-network providers, benefits will be reduced to 60%. If services are not medically necessary, no benefits will be provided.
6. Surgeries include incisions, excisions, biopsies, injection treatments, fracture treatments, applications of casts and splints, sutures and invasive diagnostic services (e.g. colonoscopy, sigmoidoscopy and endoscopy for non-preventive purposes).
7. Includes CT scans, PET scans, MRIs, nuclear medicine and other similar technologies.
8. Includes services such as chemotherapy, infusions, injections, radiation therapy and renal dialysis.
9. Physical, speech, acupuncture, spinal manipulation and occupational therapies are limited to 40 visits per therapy type per annual benefit period. Cardiac and pulmonary rehabilitative therapies are limited to 36 visits per therapy type per annual benefit period.
10. Copay, if applicable, waived if admitted to hospital.
11. Visit [www.bcbst.com/rx](http://www.bcbst.com/rx) for the Preferred Formulary which includes specialty drugs.
12. Copay, if applicable, applied per prescription, up to a 30 day supply.
13. Services include annual physical, childhood immunizations, recommended adult immunizations and vision and hearing screenings performed by the physician during the preventive health exam.
14. Outpatient behavioral health benefits are determined by place of service. Benefits displayed are for services received in an office setting; separate benefits may apply for outpatient services received in an alternate setting.
15. Your plan requires you to receive long-term medications in a 90 day supply from home delivery or at a retail pharmacy in the Plus90 Network. If you choose to use a retail pharmacy that is not part of the Plus90 Network, you are limited to a 30 day supply. Visit [www.bcbst.com/rx](http://www.bcbst.com/rx) to find a list of pharmacies in the Plus90 Network.
16. Certain prescription drugs are covered at 100% at network pharmacies, in accordance with the Preventive Services provision of the Affordable Care Act and are identified on the drug formulary with an "ACA" indicator. Visit [www.bcbst.com/rx](http://www.bcbst.com/rx) for the Preferred Formulary.
17. You have a distinct network for self-administered specialty drugs and provider-administered specialty drugs. To receive benefits, you must use a Specialty Pharmacy Network provider. Visit [www.bcbst.com/rx](http://www.bcbst.com/rx) for a list of providers in the Specialty Pharmacy Network. Self-administered specialty drugs are limited to a 30 day supply.
18. If applicable, this plan provides copays for preventive care medications instead of having to meet your plan's deductible for certain prescription drugs. This list contains some of the most commonly prescribed preventive care drugs and is not all-inclusive. Visit [www.bcbst.com/rx](http://www.bcbst.com/rx) for the Preferred Formulary.
19. A financial penalty may be applied if you choose a brand name drug when a generic equivalent is available. Please refer to your Evidence of Coverage (EOC) for specific information.
20. Limited to 1 per ear every 3 years.
21. Inpatient Hospice requires prior authorization.

**Limitations and Exclusions:** These pages summarize the benefits of your health care plan. Your Evidence of Coverage (EOC) defines the full terms and conditions in greater detail. Should any questions arise concerning benefits, the EOC will govern. For a complete list of limitations and exclusions, please refer to your EOC.

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**In-network preventive care services that are covered with no member cost share include, but are not limited to:**

- Primary care services with an A or B recommendation by the United States Preventive Services Task Force (USPSTF)
- Immunizations recommended by the Advisory Committee on Immunization Practices that have been adopted by the Centers for Disease Control and Prevention (CDC)
- Bright Futures recommendations for infants, children and adolescents that are supported by the Health Resources and Services Administration (HRSA)
- Preventive care and screening for women as provided in the guidelines supported by HRSA

**The following preventive care services are covered (not an all-inclusive list). Coverage of some services may depend on age and/or risk exposure.**

### All Members:

- One preventive health exam per annual benefit period; more frequent preventive exams are covered for children up to age 3
- All standard immunizations adopted by the CDC
- Screening for colorectal cancer (age 45 – 75), high cholesterol and lipids (age 45 and older for women; age 35 and older for men), high blood pressure, obesity, diabetes and depression (age 12 and older)
- Screening for lung cancer for adults (age 50 - 80) who have a 30 pack-year smoking history and either currently smoke or have quit within the past 15 years, per annual benefit period
- Screening for HIV and certain sexually transmitted diseases and counseling for the prevention of sexually transmitted diseases
- Screening and counseling in primary care setting for alcohol misuse and tobacco use; alcohol misuse and tobacco cessation counseling limited to 8 visits per type per annual benefit period
- Dietary counseling for adults with hyperlipidemia, hypertension, type 2 diabetes, obesity, coronary artery disease and/or congestive heart failure; limited to 12 visits per annual benefit period
- One retinopathy screening for diabetics per annual benefit period
- Hemoglobin (A1C) testing

### Women:

- Well-woman visit, including annual sexually transmitted infection (STI) counseling and annual domestic violence screening & counseling per annual benefit period
- Cervical cancer screening as deemed clinically appropriate by USPSTF and HRSA guidelines
- Screening of pregnant women for iron deficiency, bacteriuria, hepatitis B virus, Rh factor incompatibility, gestational diabetes
- Breastfeeding support/counseling and supplies, including lactation support services and counseling by a trained provider and one breast pump per pregnancy
- Counseling women at high risk of breast cancer for chemoprevention, including risks and benefits
- Mammography screening (age 40 and older) and genetic counseling and, if indicated after counseling, BRCA testing for BRCA breast cancer gene
- Osteoporosis screening (age 60 and older)
- HPV testing as deemed clinically appropriate by USPSTF and HRSA guidelines
- FDA-approved contraceptive methods and counseling
- **Medical plan:** Injectable or implantable contraceptives and barrier methods, sterilization for women
- **Rx plan:** Generic oral & injectable contraceptives, vaginal contraceptive, patch, prescription emergency contraception

### Men:

- Prostate cancer screening
- One-time abdominal aortic aneurysm screening (age 65 – 75 for men who have ever smoked)

### Children:

- Newborn screening for hearing, phenylketonuria (PKU), thyroid disease, sickle cell anemia and cystic fibrosis
- Development delays and autism screening
- Iron deficiency screening
- Vision screening

