



Dear parents and swimmers,

Thank you for choosing the Schaumburg Park District for your swim lessons. We appreciate your support in promoting our programs that enhance this important life skill for your child. This letter provides some important information regarding lesson procedures, as well as some facts that will help you navigate through our program.

On the first day of lessons, your coordinator and instructors will evaluate your child's swimming ability and place them in the appropriate level based on their skills. (If your child was previously in our lessons, this step may be skipped and they will be placed in the level indicated on their last report card).

Please feel free to share your child's swimming abilities and background with their instructor. Instructors will be available to speak with you before and after your lesson.

It is required that a parent or guardian remain onsite during your child's lesson. It is also recommended that you watch each lesson from a distance. Our program tries to promote swimmer independence and safety around the water, and each child should be given the opportunity to learn how to handle aquatic situations independently and build their confidence around the water.

Here are some facts that will help you understand the process a little better:

- The beginning levels are the most challenging. **Most children will need to repeat a level more than once; this is a normal occurrence.** Repeating a level only ensures that your child has mastered the skills necessary to be successful in subsequent levels.
- There are 6 levels, and each has its own skill requirement card in order to move to the next. We use the Jeff Ellis Swimming (JES) training program for our lessons.
- Games are used as tools in teaching and practicing the primary swim skills in a fun and innovative way. Games will be used quite often in the early levels.
- Goggles are not required but strongly recommended. Goggles aid in submersion of the head because children are more likely to try if they will not get water in their eyes. **Snorkel masks are not allowed during swim lessons.**
- During group lessons, the instructor and swimmer ratio is usually 1 instructor for 4 swimmers, the number of swimmers is subject to change and can be up to a ratio of 1:10. If you are interested in one-on-one lessons, please be sure to check out our private individual lessons and our SYO (schedule your own) lessons.
- Instructor schedules are subject to change depending on their availability, family vacations, sickness, school etc. We do try to keep instructors consistent in order to guarantee the best swim lessons experience.
- **Please keep in mind that we do not offer refunds or make ups for any missed classes.**

Your comments are always welcome! Each instructor will be open to any suggestions you may have that could enhance or improve the learning process for your child. You know them best! Any questions or concerns can be directed to either the instructor or site coordinator.

If you have any questions or concerns, please feel free to contact

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