

Seniors



Location

Community Recreation Center

Supervisor

Alex Bonarirgo

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Senior Center

Weekly Schedule

Monday

8:30-11:30 a.m.	Table Tennis
8:30 a.m.-4 p.m.	Billiards
9:15 a.m.-12:15 p.m.	Pickleball \$5/person <i>(at The Sport Center)</i>
9:30 a.m.-1:30 p.m.	Canasta
10 a.m.-2 p.m.	Darts
12 p.m.	Movie Matinee

Tuesday

8:30 a.m.-4 p.m.	Billiards
10 a.m.-2 p.m.	Darts
10 a.m.-2 p.m.	Pinochle
11:30 a.m.-3 p.m.	Pickleball \$5/person <i>(at MRC)</i>
1-3 p.m.	Pickleball \$5/person <i>(at CRC)</i>
1-4 p.m.	Hand & Foot

Wednesday

8:30-11:30 a.m.	Table Tennis
8:30 a.m.-4 p.m.	Billiards
8:30 a.m.-4 p.m.	Cards/Games
9:15 a.m.-12:15 p.m.	Pickleball \$5/person <i>(at The Sport Center)</i>
12-2 p.m.	Bingo
1:30-4 p.m.	Senior Walking Club <i>(meets at the CRC walking track September-April)</i>

Thursday

8:30 a.m.-4 p.m.	Billiards
9:15 a.m.-12:15 p.m.	Pickleball \$5/person <i>(at The Sport Center)</i>
10 a.m.-2 p.m.	Bags
10 a.m.-2 p.m.	Darts
11:30 a.m.-3 p.m.	Pickleball \$5/person <i>(at MRC)</i>
12-4 p.m.	Technology Thursdays
12:30-3:30 p.m.	Mahjong
12:30-4 p.m.	Bridge
1-3 p.m.	Pickleball \$5/person <i>(at CRC)</i>
1-4 p.m.	Hand & Foot

Friday

8:30 a.m.-4 p.m.	Billiards
8:30 a.m.-4 p.m.	Cards/Games
10 a.m.-2 p.m.	Darts
9:15 a.m.-12:15 p.m.	Pickleball \$5/person <i>(at The Sport Center)</i>

**Silver Sneakers and
Renew Active are
available at all of our
fitness centers!**



Call 847-490-2505 to learn more!

Senior Programs

Unless otherwise noted, our senior programs take place at the Senior Center, located in the Renaissance Room at the Community Recreation Center (505 N. Springinsguth Road).

Friday Lunch Club

Go on a food adventure and enjoy great conversation with new people! The cost of lunch and transportation to these local restaurants is on your own. Menus will be available. Registration is required.

Code	Day	Date	Time	Loc
59178	F	1/9	11:30a-1p	Weber Grill
59205	F	2/13	11:30a-1p	Tokio Pub
59212	F	3/13	11:30a-1p	Bonefish Grill

Pizza & Games Social

Enjoy delicious pizza, lively games and great company! It's the perfect way to relax, laugh and connect with friends old and new!

Code	Day	Date	Time	Loc	Fee
59179	Tu	1/13	12p-2p	CRC	\$10

Floral Arrangement Class

Make your own floral arrangement to take home! We provide everything you need, all you need to bring is your creativity.

Code	Day	Date	Time	Loc	Fee
59201	Th	1/29	1p-2p	CRC	\$25

Valentine's Luncheon

Join us for a delightful luncheon, where delicious food and warm companionship create an afternoon of love and laughter. Celebrate with friends and enjoy a heartwarming experience.

Code	Day	Date	Time	Loc	Fee
59203	Th	2/5	11:30a-1p	CRC	\$25

Name That Tune: Disco Hits

Get your groove on with this fun game that tests your knowledge of '70s hits! Dance, laugh and sing along as you guess classic disco tracks and compete for prizes! Light refreshments are provided.

Code	Day	Date	Time	Loc	Fee
59207	Tu	2/24	11a-12p	CRC	\$5

Saint Patrick's Day Luncheon

Everyone is a wee bit Irish on St. Patrick's Day. Our Irish feast will include corned beef, cabbage and much more. Be ready to dance a jig as there will be plenty 'o' Irish music!

Code	Day	Date	Time	Loc	Fee
59210	M	3/9	11:30a-1p	CRC	\$25

AARP Smart Driver's Course

This two-day course covers defensive driving techniques and the normal changes in vision, hearing and reaction time associated with aging. Completing this defensive driving course may make you eligible to receive a state-mandated, multi-year discount on your auto insurance premiums. You must attend both days to be certified. Registration is required; fee is \$20 for AARP members or \$25 for non-members. Payment is collected on the first day of class.

Code	Day	Date	Time	Loc
59219	M,Tu	3/16-3/17	9a-1p	CRC

Senior Trips

Unless otherwise noted, bus transportation for our trips leaves and returns to the Community Recreation Center (505 N. Springinsguth Road).

Glass Blowing Class at College of Lake County

Discover the art of glass blowing in this hands-on class and create your own unique glass piece. With expert instruction and plenty of creative fun, you'll enjoy a memorable day of artistic exploration.

Code	Day	Date	Time	Loc	Fee
59177	Tu	1/6	8a-1p	CRC	\$110

Afternoon Tea at Pinecone Cottage

Indulge in a charming afternoon at Pinecone Cottage in Downers Grove with their signature Demi Afternoon Tea. Savor a delightful selection of teas, finger sandwiches and sweet treats in a cozy, garden-inspired setting.

Code	Day	Date	Time	Loc	Fee
59180	Th	1/15	1p-5:30p	CRC	\$65

The Fireside Theatre: Beehive

Experience the high-energy musical Beehive, a celebration of the powerful female voices of the 1960s. Enjoy iconic songs, vibrant costumes and dynamic performances that brought the era to life. This uplifting trip promises nostalgia, music and a whole lot of fun! The fee includes lunch.

Code	Day	Date	Time	Loc	Fee
59199	Th	1/22	8:30a-6p	CRC	\$140

Hard Rock Casino in Rockford

Join us on a trip to the Hard Rock Casino! The fee includes bus transportation, \$10 in free play credit and discounts on your meal at the Hard Rock Cafe.

Code	Day	Date	Time	Loc	Fee
59200	W	1/28	9:30a-5:30p	CRC	\$40

Chocolate Factory Tour

You'll be like a kid in candy store as we learn about chocolate through a guided tour of the Long Grove Confectionery Company! After our tour we'll shop for candies and sweets. The fee includes lunch.

Code	Day	Date	Time	Loc	Fee
59202	M	2/2	9a-3p	CRC	\$60

Four Winds Casino

Join us on a trip to the Four Winds Casino in New Buffalo, MI! Fee includes bus transportation, \$15 on your players card and \$10 towards lunch.

Code	Day	Date	Time	Loc	Fee
59204	W	2/11	8a-6p	CRC	\$45
59220	W	3/18	8a-6p	CRC	\$45

Spa Day at Lake Lawn Resort

Treat yourself to a relaxing day at the luxurious Lake Lawn Resort in Delavan, WI. Enjoy soothing treatments, serene surroundings and access to premium spa amenities. It's the perfect getaway to unwind, recharge and indulge in a day of self-care. The base fee is \$45. Each additional service, including massages, body scrubs and facials, is \$95 (all service fees include gratuity). Lunch is on your own.

Code	Day	Date	Time	Loc	Fee
59206	Tu	2/17	8a-4p	CRC	\$45

Milwaukee Brewery Tour

Join us for a guided tour of two renowned Milwaukee breweries, where you'll explore the brewing process and sample a variety of craft beers. Discover the rich history and vibrant culture of Milwaukee's beer scene on this fun and flavorful excursion. The fee includes lunch.

Code	Day	Date	Time	Loc	Fee
59208	Th	2/26	8:30a-5:30p	CRC	\$80



Glessner House Tour

Discover the striking design of Chicago's iconic Glessner House on a guided tour through its historic halls. Step inside this beautifully preserved 19th-century home—a true masterpiece of urban architecture—and learn how the influential Glessner family helped shape Chicago's cultural history.

Code	Day	Date	Time	Loc	Fee
59209	Tu	3/3	7:30a-2:30p	CRC	\$75

Progressive Lunch

Embark on a culinary adventure with our progressive lunch trip—savor an appetizer, main course and dessert at three distinct restaurants. Enjoy a delightful journey of flavors and experiences throughout the day.

Code	Day	Date	Time	Loc	Fee
59224	W	3/11	10:30a-3p	CRC	\$50

Art Institute of Chicago

Spend the day exploring thousands of iconic works from around the globe. Wander through stunning galleries featuring everything from Impressionist masterpieces to contemporary installations. This enriching trip offers inspiration, culture and a deep dive into the beauty of visual art. The fee includes lunch.

Code	Day	Date	Time	Loc	Fee
59211	Tu	3/31	8a-4p	CRC	\$75