



SCHAUMBURG PARK DISTRICT  
ADULT CO-REC VOLLEYBALL RULES (updated 06/11/26)

I. LEAGUE RULES

- A. All matches will consist of three games to 25 points (must win by 2 points), with a 27-point cap, meaning that if the score is tied at 26, the next point wins, even if it's not by 2. Rally scoring will be used. Matches will be allowed 1hr of play. If 1 hr has elapsed, then the final margin can be by 1 point, and in the event of a tie, the next point wins.
- B. A coin toss by the official will determine which team has the choice. Teams will exchange serve and court for the second game. Each team is allowed 1 (60 second) time out per game. No timeouts allowed in the third game.
- C. If match play is completed early, players must vacate the court 15 minutes prior to the start of the next match.
- D. Six players per team will play at one time. **The requirement is 3 girls and 3 guys. You will be allowed to play with more girls than guys but NOT vice versa.** When 3 males and 3 females are present, the lineup is not required to be Male/Female/Male/Female/Male/Female. If you cannot meet these requirements, the ghost rule will be enforced. *The ghost rule means that the team that is short-handed will automatically lose service for each spot in the rotation that a missing player is supposed to serve.* If the ghost rule is enforced teams can have a combination of more guys, then girls (3 guys and 2 girls). Other combinations with the ghost rule include (4 girls & 1 guy or 3 girls & 2 guys) Teams are allowed to play with four players in an **emergency situation** to avoid a forfeit. When the team's sixth player arrives, he/she may enter the game at the server's position during the next side out.
- E. Penalties for starting a game with 5 players or less.

**BB League**

- For each player a team is short to start a game, the opposing team will be awarded two points.
- The Ghost Rule will be enforced (*The ghost rule means that the team that is short-handed will automatically lose service for each spot in the rotation that a missing player is supposed to serve*).

**B League & Under**

- For each player a team is short to start a game, the opposing team will be awarded two points.

- F. Game time is forfeit time. The first game will be forfeited at the scheduled start time of the match, second game after ten minutes and third game after twenty minutes of scheduled start time.
- G. Player substitutions may be made at a given place in the rotation (usually server) or at a side out. Unlimited substitutions are allowed.
- H. Service will be lost for any of the following conditions: serving out of rotation order, serving before whistle, ball hitting any part of support or ceiling, serving outside the playing area, not serving within five seconds. **If served ball hits the net and goes over the net it is a live playable ball.**
- I. Team rosters are due at the first night of games. Rosters will be final after the fourth match of the season. Teams can list up to 12 players on roster. All team players must be 18 years of age or older to participate in the adult volleyball leagues.
- J. Match results will be recorded by the game officials. Team captains should verify the results and sign the score sheet at the completion of each match.
- K. League standings and regular season champions will be determined by the following order:
  - 1. MATCH win-loss record in head-to-head competition.
  - 2. GAME win-loss record in head-to-head competition.
  - 3. MATCH win-loss record
  - 4. GAME win-loss record
  - 5. Point differential in head-to-head competition.
- L. USA Rules will apply unless otherwise noted.
- M. Net Height 7' 11 5/8"
- M. All games played at the Sport Center 1141 West Irving Park Road, Schaumburg, IL 60193. Contact Nick Kuta at 847-891-1266 or [nikuta@parkfun.com](mailto:nikuta@parkfun.com) for more information.

## II. RULES OF CONDUCT

- A. Officials and their decision will be respected and not interfered with at any time. Unsportsmanlike conduct, disrespect, vulgarity, or profanity will not be tolerated at any time. **Any player removed from a match will receive an automatic one match suspension.**

- B. The referee will immediately stop play and eject any player, bench personnel or spectators who attempt to strike or strikes another player, official, or staff member. **League management will investigate and make the final determination regarding any disciplinary action.** Depending on the findings, the player and/or team may be suspended or removed from the league for the remainder of the season without a refund or permanently banned.
  
- C. **Schaumburg Park District staff reserves the right to review all ejections and extend suspensions by a number of matches appropriate to the offense.** Any team receiving 3 ejections during the season will forfeit their next game. Any team receiving 4 or more ejections during the season will be removed from the league without refund and be suspended from future participation for 1 calendar year.
  
- D. Players are required to wear scuff-resistant shoes during all games and practices. Non-compliant footwear may result in being prohibited from participating
  
- E. No food is allowed in the gymnasium. No street shoes are allowed in the gymnasium.

- III. **AWARDS** – Unless indicated otherwise to the captains at the start of the season, the following award amount apply for each league:
  - A. Regular season champs will receive \$200.
  - B. Regular season runners up will receive \$50.
  - C. Tournament champs will receive \$50 & T-shirts.