







### 1G Screening, Triage, & Assessment: **Data-Informed Approaches to Meeting** Students' Multiple Needs

**Presenters:** 

Tona McGuire, University of Washington Kelcey Schmitz, University of Washington Kathleen Lynne Lane, University of Kansas

- **Topic:** Crisis Preparation, Response, & Recovery
- **Keywords:** Screening, Trauma





### Learning Objectives

- 1. Define screening, assessment, and triage
- 2. Explain how to use systematic screening and triage efforts in the K-12 context
- 3. Support recovery phase efforts



### **Agenda**

- Welcome and Introductions
- Systematic Screening in Tiered Systems
- Triage & Recovery Phase Efforts
- Closing Out and Moving Forward





### Welcome and Introductions

### Meet our team!

**Tona McGuire** 



**Kelcey Schmitz** 



**Kathleen Lynne Lane** 







# Systematic Screening in Tiered Systems

Kathleen Lynne Lane

#### Comprehensive, Integrated, Three-Tiered Model of Prevention

(Lane, Kalberg, & Menzies, 2009)

Tier 3
Tertiary Prevention (≈5%)

Goal: Reduce Harm
Specialized individual systems
for students with high risk

Goal: Reverse Harm
Specialized group systems
for students at risk

Tier 2
Secondary Prevention (≈15%)

<u>Goal: Prevent Harm</u> School/classroom-wide systems for all students, staff, & settings

Tier 1
Primary Prevention (≈80%)

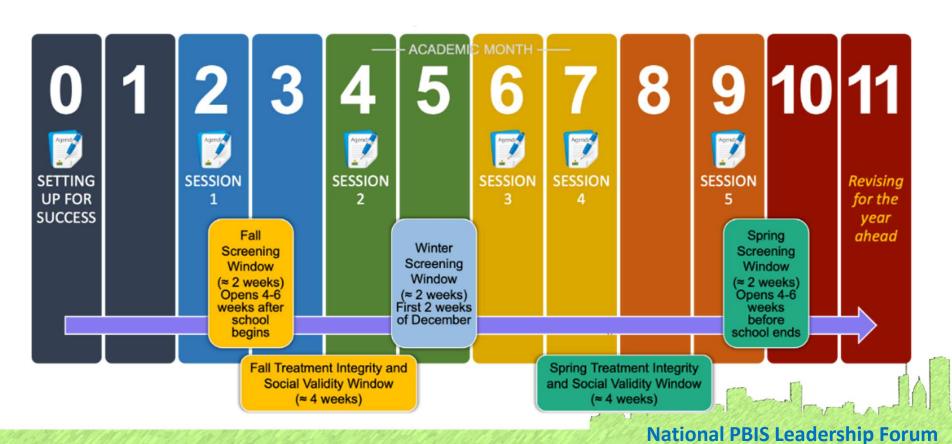
Academic
Validated Curricula

Behavioral PBIS Framework Social

Validated Curricula

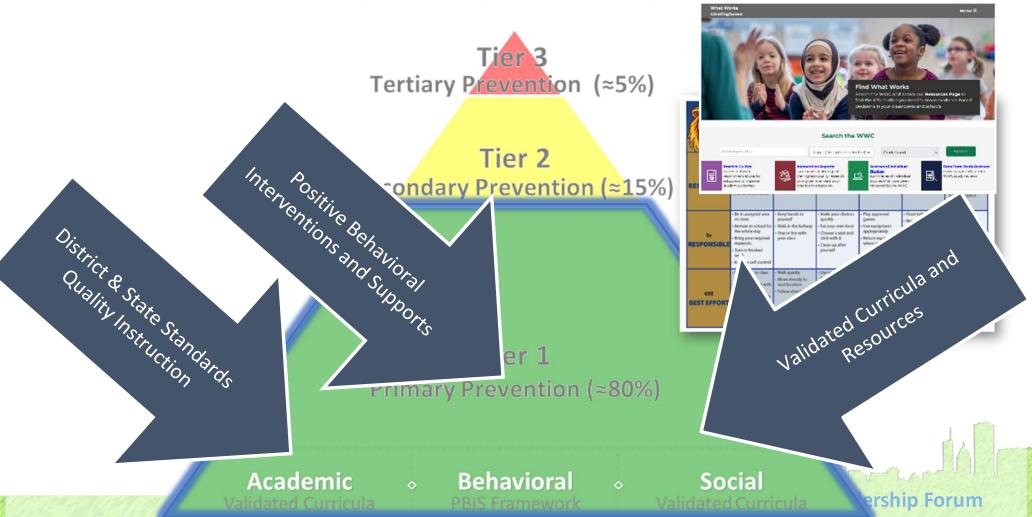


## Ci3T Implementation Professional Learning Series



### Comprehensive, Integrated, Three-Tiered Model of Prevention

(Lane, Kalberg, & Menzies, 2009)



### Comprehensive, Integrated, Three-Tiered Model of Prevention

(Lane, Kalberg, & Menzies, 2009)

Tier 3
Tertiary Prevention (≈5%)

Tier 2
Secondary Prevention (≈15%)



Creating Positive, Productive, Safe Learning Environments Introduction



Ci3T as a Structure to Create Positive, Productive, Safe Learning Environments



Embedding and Integrating Ci3T Domains Into Daily Instruction



Staying on Track Using Data to Set Goals and Monitor Implementation Efforts



Tier 1
Practical Strategies for
Preventing and Responding
to Challenging Behavior



A Six-Step Instructional Approach for Responding to Challenging Behavior



Academic Validated Curricul

Behavioral
PBIS Framework

Social
Validated Cur

ership Forum

#### Area I: Academics Responsibilities

#### Faculty and Staff:

English I

Teach core programs according to district and state standards with fidelity

Area II: Behavior Responsibilities Faculty and Staff: Implement the Positive Behavioral

Area III: Social Skills Responsibilities Faculty and Staff:

Ci3T Primary Plan: Procedures for Teaching

- Court Main Expressions Common Core
- · Differentiate instruction to meet the needs of all students.
- for learning opportunities that ational time and

the first week of school and reteach Expectations (monthly).

- · Display and model school-wide expectations in classrooms and other key settings.
- Be consistent with expectations.

- One 30 min lesson every other week co-taught by teacher and counselor
- Grades 3 5
- o One 20 min lesson per week teacher lead
- o One 45 min lesson every other week

- Increased opportunities to respond
- Behavior specific praise
- High-p requests
- Provide meaningful and appropriate practice opportunities.

Ci3T Primary Plan: Procedures for Reinforcing

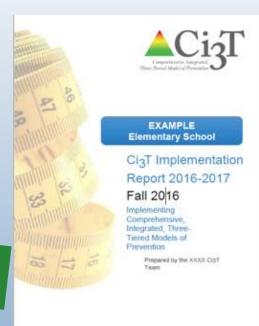
- indicators of not meeting expectations:
- Praise students meeting expectations
- Redirect students who are struggling
- Reteach expectations
- Allow student time to respond to
- lessons.
- Provide tickets paired with behavior specific praise when students meet expectations.
- Maintain co

# Ci3T Primary Plan: Procedures for Monitoring

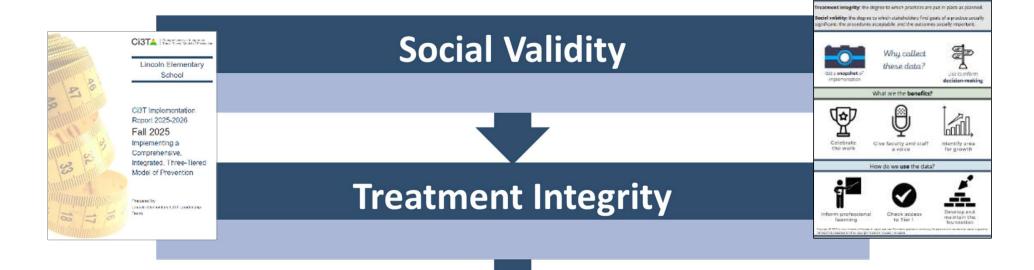
ary (Her 2) and

Note. We do not endorse any specific curriculum or program. We encourage Ci3T Leadership Teams and District Decision Makers to review current evidence to inform their decision making.

Ci3T Exemplar - Elementary 2

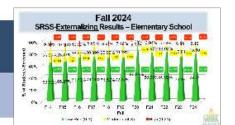


Essential Components of Primary (Tier 1)
Prevention Efforts



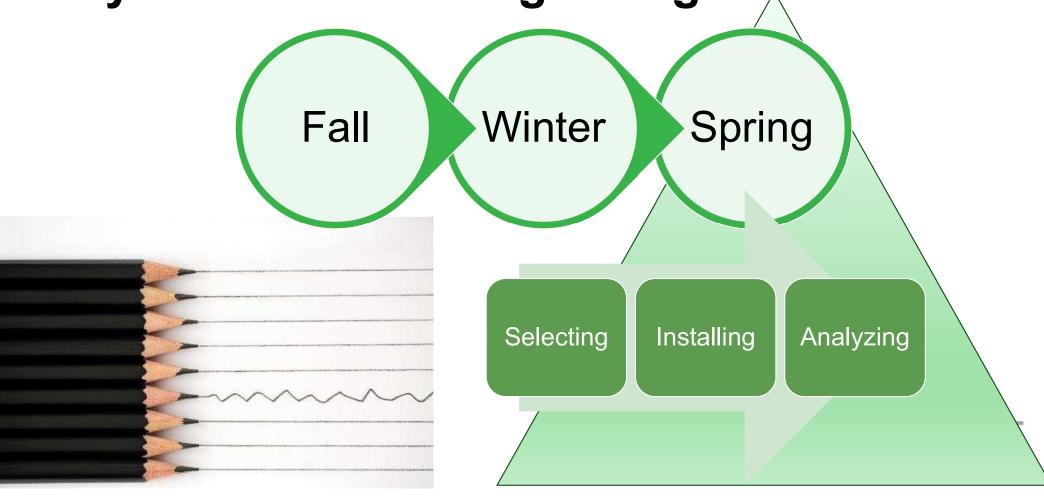
**Systematic Universal Screening** 

Academic Behavior

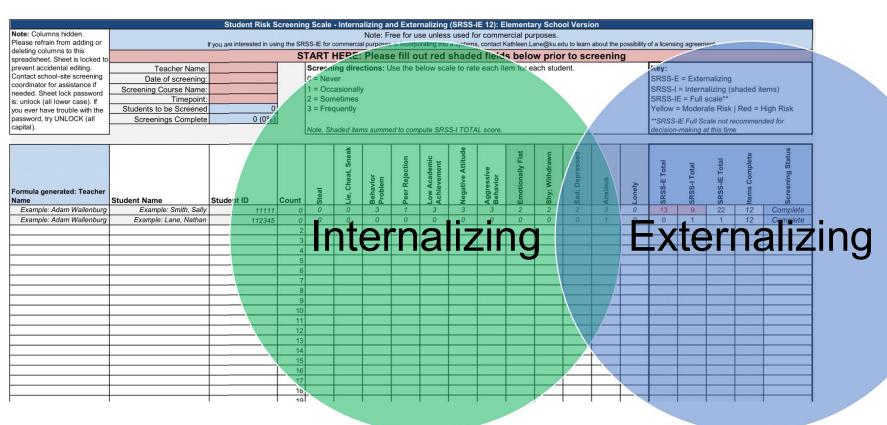


Treatment Integrity & Social Validity

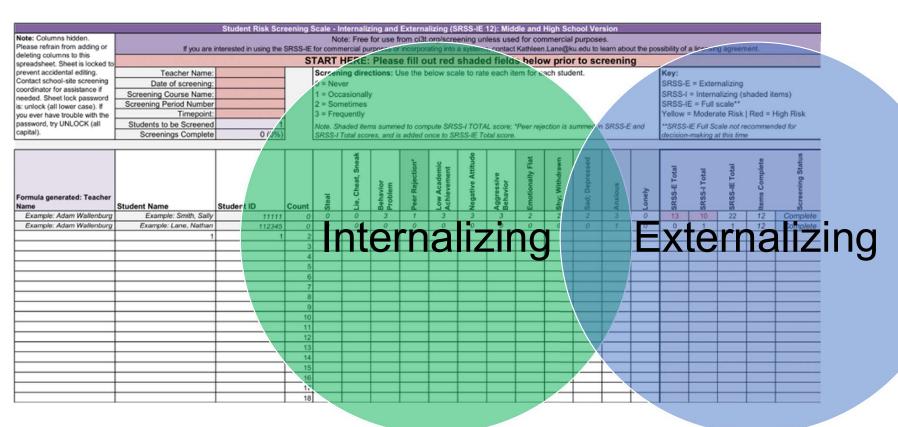
### Systematic Screening ... Logistics



# Student Risk Screening Scale – Internalizing and Externalizing (SRSS-IE; Drummond, 1994; Lane & Menzies, 2009) Elementary



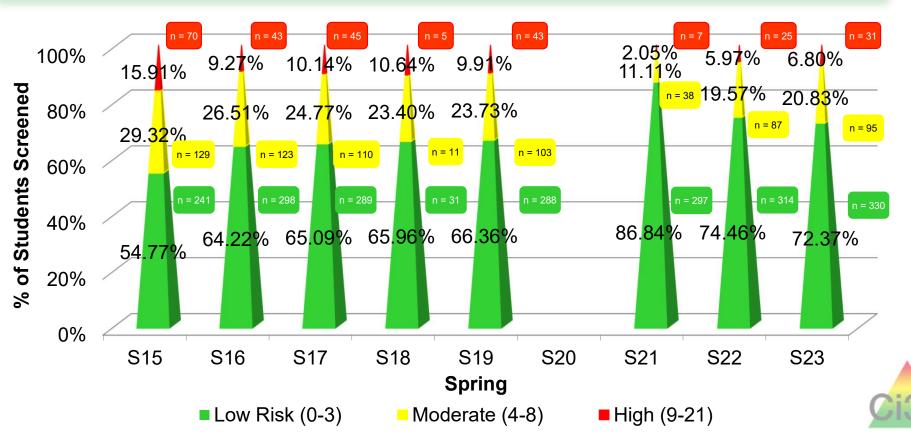
# Student Risk Screening Scale – Internalizing and Externalizing (SRSS-IE; Drummond, 1994; Lane & Menzies, 2009) Secondary



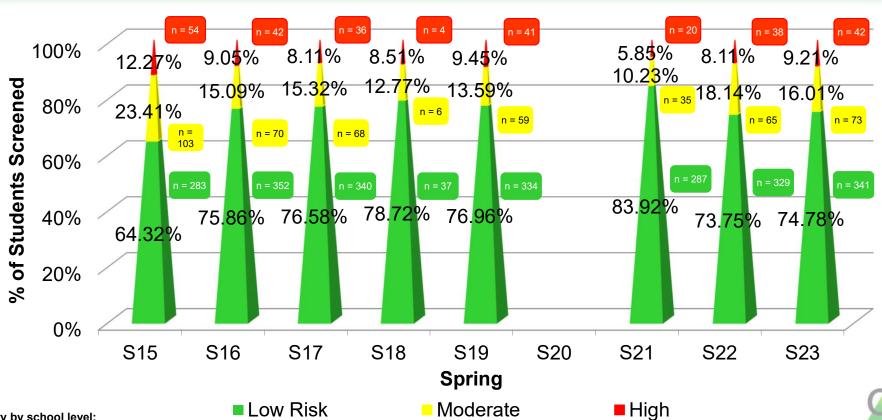
## SRSS-IE Scores Predict Student Outcomes



Spring 2023
SRSS-Externalizing Results – Elementary School level



### Spring 2023 SRSS-Internalizing Results – Elementary School Level



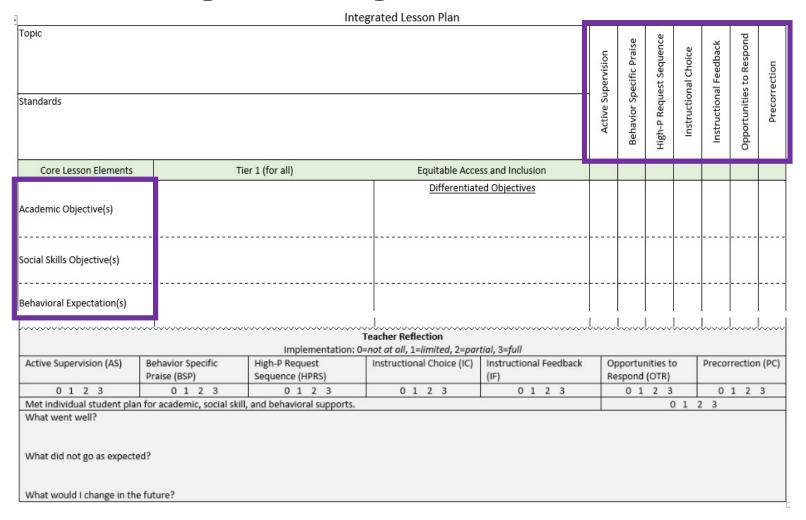
Cut scores vary by school level:

Elementary (I5): Low (0-1), Moderate (2-3), High (4-15) Middle and High (I6): Low (0-3), Moderate (4-5), High (6-18)

## Spring 2023 SRSS-Internalizing Results – Elementary Grade Level

Grade Level	N Screened	Low n (%)	Moderate n (%)	High <i>n (%)</i>
3	62	51 (82.26%)	11 (17.74%)	0 (0.00%)
4	81	62 (76.54%)	13 (16.05%)	6 (7.41%)
5	90	64 (71.11%)	13 (14.44%)	13 (14.44%)

### Planning for Integrated Instruction





### Examining Academic and Behavioral Data

Teacher Name	R. Collins						
Date: December 201	4						
		1 Average	e or Above	0-3 Low	0-1 Low	0-1 Low	
		2 Below	Average	4-8 Moderate	2-3 Moderate	2-5 Moderate	
		3 Well Below Average		9-21 High	4-15 High	6+ High	
		AIMSweb	AIMSweb	SRSS-E7	SRSS-15		Total Days
Student Name	Student ID	Reading	Math	Behavior	Internalizing	ODR	Absent
Alley, Allison	2310	1	1	1	1	0	0
Atwell, J'Monte	2013	1	1	0	0	0	0
Bonds, Peter	2031	2	2	4	0	3	0
Booker, Abbie	2001	1	2	0	2	1	3
Cartright, Ashely	2152	1	3	0	8	0	8
Cox, Lucille	2002	2	3	2	10	0	8
Hankins, Erin	2017	1	1	0	0	0	0
Julius, O'Tam	2132	3	2	6	2	9	7
Justice, Jesse	2003	2	2	3	1	0	3
Ochoa, Kelly	2009	1	2	0	3	0	5
Parker, Stephanie	2004	1	2	4	0	0	1
Paul, Timothy	2010	1	1	3	0	0	1
Reed, Kendra	2022	3	0	16	2	23	3
Toms, Blake	2018	1	2	0	0	0	1
Wellington, Jasper	2215	2	3	14	4	9	0

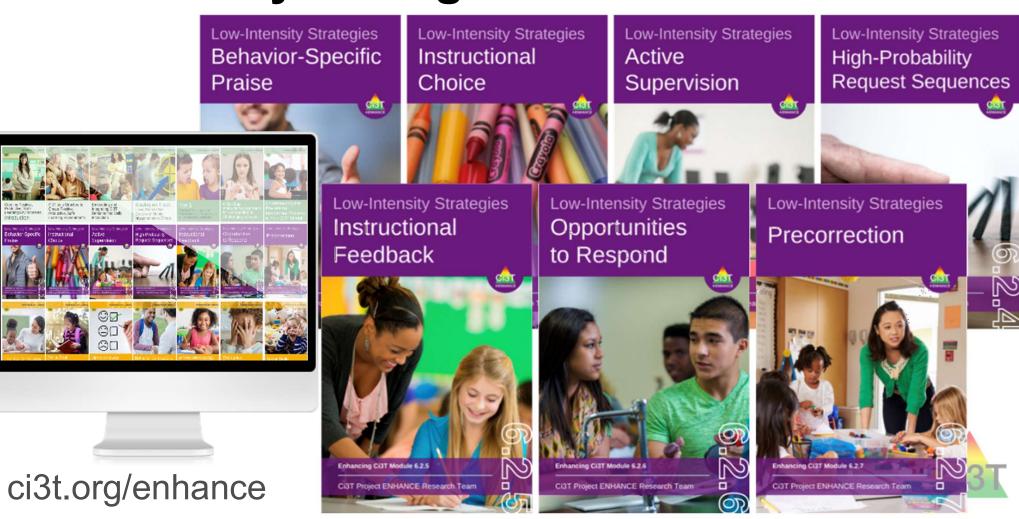
Lane, K. L., Menzies, H. M., Ennis, R. P., & Oakes, W. P. (2015). Supporting Behavior for School Success: A Step-by-Step Guide to Key Strategies. Guilford Press.

### **Building a Ci3T Tier Library**





### **Low-Intensity Strategies**



Low-Intensity Strategy	Franklin High School On-Site Expert
<ul> <li>Behavior-Specific Praise: Identifying the specific expectation the student met.</li> <li>"Niama, I noticed you outlined your paper and used the graphic organizer to draft your essay. Well done!"</li> <li>"Justice, thank you for pushing in your chair to keep the walkway safe."</li> </ul>	<ul> <li>Eric Common, Behavior Specialist</li> <li>Mark Buckman, Special Education</li> <li>Grant Allen, Parent Volunteer</li> <li>Paloma Pérez-Clark, School Psychologist</li> </ul>
Opportunities to Respond: Providing 4-6 opportunities per minute for students to respond individually, choral, verbal, written, gesture, or symbol.  o "Show me thumbs or thumbs down if" o "Show me on your white board what" o "Turn to your elbow partner and say" o "All together now, what is"	<ul> <li>David Royer, Administration</li> <li>Emily Cantwell, 12<sup>th</sup> Grade</li> <li>Scarlett Lane, 11<sup>rd</sup> Grade</li> <li>Mallory Messenger, Counselor</li> </ul>
<ul> <li>Instructional Choice: Providing within-task or between task choices to increase academic engaged time and motivation.</li> <li>"Ronaldo, our of our 3 learning objectives today, which would you like to work on first?"</li> <li>"Suzy, do you want to work on the laptop, or handwrite your answers for this assignment?"</li> </ul>	<ul> <li>Abbie Jenkins, 10<sup>th</sup> Grade</li> <li>Scarlett Lane, 11<sup>th</sup> Grade</li> <li>José Sousa, PE</li> <li>Liane Johl, 9<sup>th</sup> Grade</li> </ul>

### Secondary (Vier 1) Interventio Grid For Middle at I. His h School Stellents

Support	Description	School-wide Data: Entry Criteria	Data to Monitor Progress	Exit Criteria
Self-	Strategy implemented	Behavior:	Work completion and	SRSS-E7 score:
monitoring	by student and teacher	☐ SRSS-E7 score: Moderate (4-8)	accuracy of the	Low (1-3)
	to improve academic	or	academic area of	
	performance	☐ SRSS-E7 score: High (9-21)	concern (or target	Passing grade on
	(completion/ accuracy),	or	behavior named in the	progress report or
	academic behavior, or other target behavior.	☐ 2 or more office discipline referrals (ODR)	self-monitoring plan)	report card in the academic area of
		or	Passing grades on	concern (or target
		☐ Skyward: 2 or more missing	progress reports	behavior named in
		assignments		the self-monitoring
		C 511 (1740)	Social Validity:	plan)
		AND/ OR	Teacher: IRP-15	S 10
			Student: CIRP	
		Academic:		
		☐ Report card: 1 or more course	Treatment Integrity:	
		failures	Implementation &	
		or	treatment integrity	
		☐ AIMSweb: intensive or strategic	checklist	
		level (math or reading)		
		or		
	No.	☐ Below 2.5 GPA		



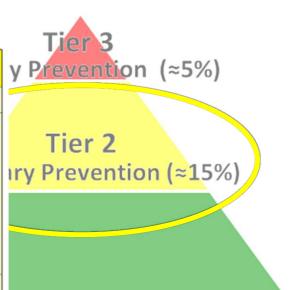


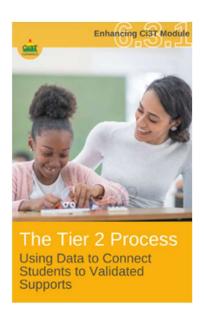
#### School-wide Data: Using multiple data sources Entry Criteria Behavior: ☐ SRSS-E7 score: Moderate (4-8) ☐ SRSS-E7 score: High (9-21) 2 or more office discipline referrals (ODR) ☐ Skyward: 2 or more missing assignments AND/ OR Academic: Office Discipling Referrals ☐ Report card: 1 or more course failures ☐ AIMSweb: intensive or strategic level (math or reading) ☐ Below 2.5 GPA Judent Name 11111 Barton, Mike 11112 Cole, James 11113 Cianni, Sue 0 0 0 0 0 11114 Fox, Lucy 0 1 0 0 11115 Flaherty, Julia 2 1 11116 Gantt, Henry 0 0 11117 Greenwood, Jonny 0 0 0 11118 Gilbert, Jillian 0 0 0 11119 Hale, Chad 16 11120 Heinz, Karl 1 0 11121 Lane, Carly 2 0 0 11122 Luck, Brad 14 5 11123 Miles, Dean 3 0 0 11124 Mulder, Jill 1 11125 Phelps, Whitney 3 0 11126 Shaftoe, Robert 0 3 0 0 11127 Smith, David 0 11128 Smith, Kaityln 0 0 11129 Waterhouse, Lawrence 2 0 11130 Xiao, Ivv 0

### Comprehensive, Integrated, Three-Tiered Model of Prevention

(Lane, Kalberg, & Menzies, 2009)

	\$econdary	y (Tier 2) I	nterven	tions
Support	Description	Schoolwide Data: Entry Criteria	Data to Monitor Progress:	Exit Criteria
Self-Regulated Strategy Development (SRSD) for Writing	Students engage in small group strategic intervention focusing on specific writing instruction (e.g., story writing, persuasive writing) using the Self-Regulated Strategies Development approach to help students plan and write. Identified students meet 3-4 days/week for 30-min lessons over 3-6 week period (10-15 lessons).	One of more of the following:  Academic:  AIMSweb: intensive or strategic level (written expression)  Two or more missing writing assignments within a grading period	Student measures Weekly writing probes scored on quality, total words written, number of writing elements, and correct writing sequences AND Work completion Treatment integrity Treatment integrity checklist Social validity Teacher: IRP-15 Student CIRP	□Completion of intervention curriculum. Writing goals for increased gains in quality, number of total words written, writing elements, and correct writing sequence.  AND □Passing grade on progress report or report card in writing or the academic area of concern  AND/OR □Zero missing assignments in a grading period
Behavior Education Program (BEP) / Check -In, Check-Out (CICO)	Participating students check in and out with a mentor each day on targeted goals. During check- in, students receive a daily progress report that they take to each class for feedback on their progress meeting the school-wide Ci3T model expectations. Teachers complete the daily progress report and it is reviewed by the mentor and student together at the end of each day. Progress is monitored and shared with parents.	Behavior:  SRSS-E7: Moderate (4-\$)  SRSS-E7: Moderate (2-3)  SRSS-E7: High (9-21)  SRSS-E7: High (4-15)  2 or more office discipline referrals (ODR) in a 5-week period  AND/OR  Academic:  Progress report: 1 or more course failures  Progress report: Targeted for Growth for academic learning behaviors	Student measures Daily progress reports Treatment integrity Coach completes checklist of all BEP steps and whether they were completed each day (percentage of completion computed) Social validity Teacher: IRP-15 Student: CIRP	□ SRSS-E7 score: Low (0-3) □ SRSS-I5 score: Low (0-1) □ With 8 weeks of data, student has made their CICO goal 90% of the time and there have not been any office discipline referrals. The teacher is then contacted for their opinion about if exiting is appropriate or if CICO should continue.
Behavior- specific praise	Behavior-specific praise (BSP) refers to sincere praise statements that acknowledge the student and reference the specific, desirable behavior being recognized, praising effort (not ability) BSP is most	Behavior:  □SRSS-E7: Moderate (4-8)  □SRSS-E7: Moderate (2-3)  □SRSS-E7: High (9-21)  □SRSS-E7: High (4-15)  □2 or more ODRs within a grading period  AND/OR	Student measures Student behavior targeted for improvement (e.g., academic engaged time % of intervals, assignment completion, ODRs)	□0-1 ODRs in a grading period  AND □Zero missing assignments in a grading period  AND □SRSS-E7: Low (0-3) □SRSS-15: Low (0-1)





Secondary (Tier 2) Intervention Grid (1)

Behavioral PBIS Framework

Social

Vership Forum

### Comprehensive, Integrated, Three-Tiered Model of Prevention

(Lane, Kalberg, & Menzies, 2009)

Tier 3

Tertiary Prevention (≈5%)

#### **Tertiary Intervention**

Support Description		School-wide	Data to Monitor	Exit Criteria
		Data: Entry	Progress:	
		Criteria	_	
Functional Assessment-Based Intervention	A functional assessment is completed to develop an individualized intervention plan. Functional assessment review of student records; interviews: teacher, parent, student, and direct observation of the target behavior, SSIS Rating System Functional assessment information is placed in the function matrix (Umbreit, Ferro, Liaupsin, & Lane, 2007) The Decision Model (Umbreit et al., 2007) is used to determine the method of the intervention Intervention components:  (A) antecedent adjustments,  (R) reinforcement, and  (E) extinction	-More than six office discipline referrals in the previous school Year	ment behaviors are collected daily. Treatment integrity: Treatment integrity is assessed and data are graphed to deter- mine effect of the intervention.	The behavioral objective is established based on current levels of performance and expected levels of behavior. Students exit support when goals are achieved and maintained for three consecutive data points. Maintenance data are collected to ensure behavior maintains without intervention.
Lindamood Phoneme Sequencing®	Individual instruction with reading specialist: 30 min per day: 5 days per week. Direct instruction in decoding and blending: sight words, use of context clues. Computer supported practice. Addressing reading outcomes: alphabetics and reading fluency.	ciency at 2 or more grade levels below or trajectory stable with Tier 2 intervention Behavior (consider)		once exited.

er 2 evention (≈15%)



Tertiary (Tier 3) Intervention Grid

avioral amework

Social

Vership Forum

### When a crisis occurs ....

Immediate Crisis Response Ensure Safety

Initial Recovery

Learning Environment

Spring

Intermediate Recovery

Differentiate Based on Data Enhanced Implementation

Promote Culture of Wellness

o Following tragic events ..

Move forward with conducting triage activities

Fall Winter



Triage and Recovery
Phase Efforts

Tona McGuire

### Integrating Psychological Triage into School Screening

Tona McGuire, Ph.D.

PBIS Leadership Conference Oct 2025



# Even at "Baseline" There Are Not Enough Mental Health Providers to Address Youth Needs

- Disproportionate impact on children and youth of color and lower SES
- Lack of access due to location or time required to engage in in-person services
- Cost of care and limitation of care in both state and private insurance creates barriers

### Youth Enter Mental Health Care Via "Touchpoints" and Systems of Care:

Schools are Primary to This With Broader Capacity to Observe and Identify At-Risk Youth



**Primary Care** 

Hospital Emergency Rooms due to Crisis



GOALS: Adjust to safety and primary needs, Triage, Initial impact assessment

ISSUES: Shock. Fear. Panic, Uncertainty, Direct loss and exposures

FOCUS: Triage, Psychological First Aid, Safety, Assessment of ongoing or potential threat

GOALS: Establish BH supports & strategies; use energy and attention to prepare for challenges.

ISSUFS: Denial of impact, Unrealistic perception of recovery, high bonding & external support

FOCUS: Planning, Training, Prep for Surge, Communicate typical reactions / Reassure

GOALS: BH support at higher acuity levels and for more people (MH surge), screening & assessment

ISSUES: Grief, Loss, Hopelessness, Depression, Suicide, Exhaustion, Disaster cascade effects (economics & limits of assistance).

**FOCUS: Tiered** support, Referral sources, Plan for longterm recovery

GOALS: Adjustment, Reconnection. Purpose, Hope

ISSUES: Grief, Loss, Disaster cascade effects, Exhaustion, "new" focus

**FOCUS: Community** Connections and Collaboration. Training, Lessons Learned / Readiness

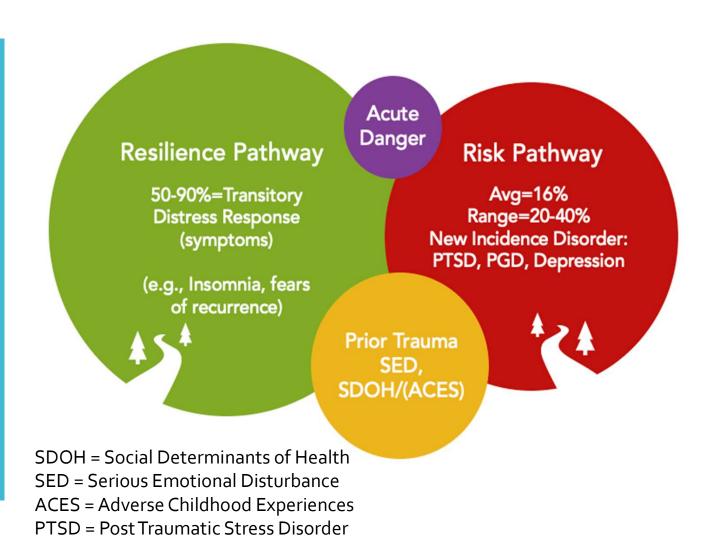
Stage 1: **Impact / Rescue** (hours to weeks post-impact)

Stage 2: **Heroic / Cohesion** 

(weeks to months post-impact)

Stage 3: **Adversity / Surge** ( months post-impact)

Stage 4 **Rebuilding / Resilience** (months to years post-impact) Risk and Resilience Post-Event



PGD = Prolonged Grief Disorder

### Normative and Non-Clinical Reactions

- Worries and fears (increase or new)
- Sadness
- Anger or irritability
- Separation anxiety (particularly in the young)
- Sleep disturbances & nightmares
- Loss of interest in normal activities
- Reduced concentration
- Decline in school performance
- Somatic complaints
- Developmental changes or regressions



All of these can also be present or at increased risk for Children and Youth with Special Healthcare Needs/ and Children with Neurodevelopmental and Cognitive conditions who experience disruption to routine (e.g., care, social, sensory).

### Post-Traumatic Stress Disorder

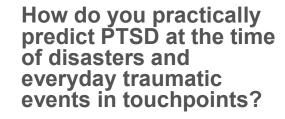
## ~20-40% with new incidence disorder(s) (e.g., PTSD) after disaster or other traumatic event

Once established, PTSD is frequently:

- More complex
- Interferes with school success and development
- Takes longer to treat
- An integrated triage, screening, and intervention care model are important to reduce disaster/crisis event-related mental health risk
- "One size does not fit all"

Rapid Triage of Experience vs. Distress Symptoms

Acute Stress Symptoms(<40 day are NOT predictive of clinical PTSD or depression)







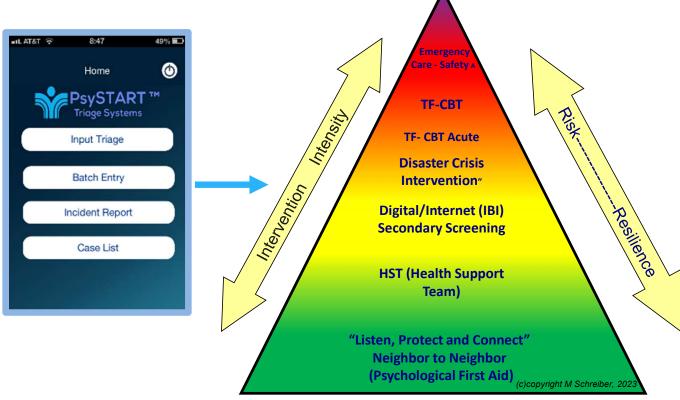
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### Matching Intervention to Level of Risk

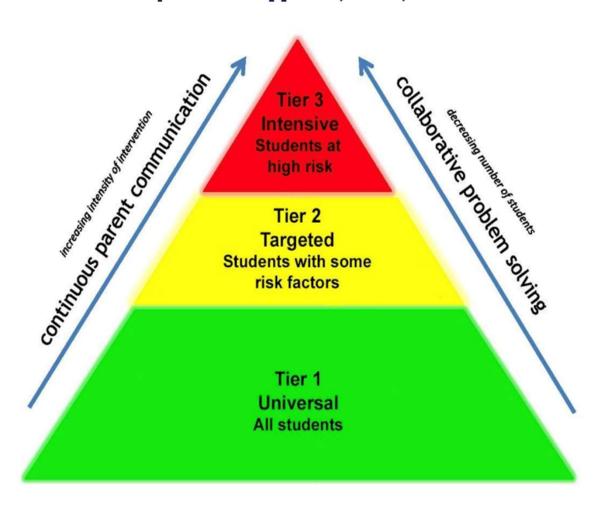
### **Goal:**

Promote the right amount of support to the right

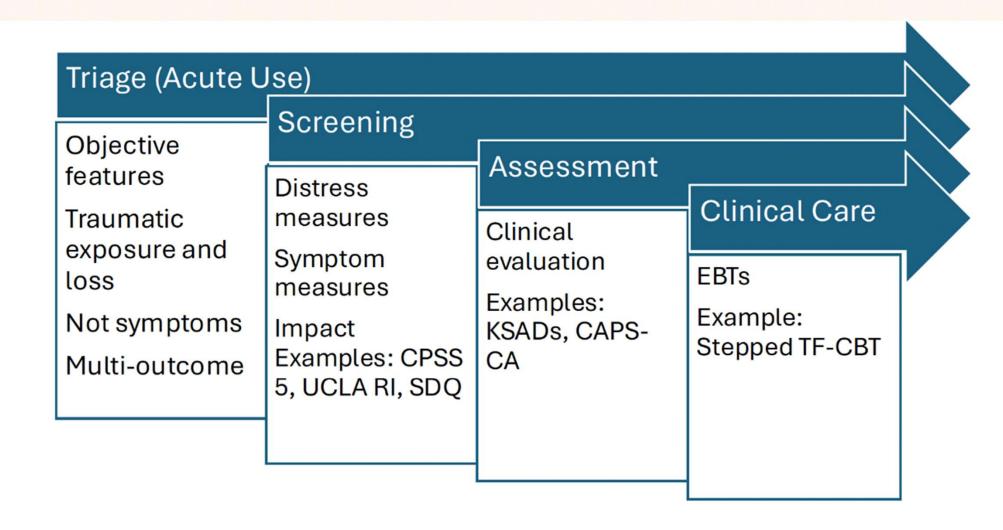
children



### Multi-Tiered System of Supports (MTSS)



### Stepped Triage to Care for Pediatric Disaster Victims Model



## Triage vs Screening

### **TRIAGE**

- Done during acute event in emergency settings
- Used to ethically & rationally allocate limited resources to children at high risk for a new mental health disorder
- Does not rely on transitory distress symptoms
- Does not rely on patient interview
- Requires minimal training
- Does not require administration by a mental health provider
- Same tool can be used in multi-frontline settings (ED, schools, MH, shelters)

### **SCREENING**

### Relies on symptoms of a defined disorder

- Does not help with prioritization
- Requires longer training
- Typically requires interview or self report by the child
- When used acutely may confound transitory distress with a disorder
- May over identify risk
- Avoidant/numb children likely will not report symptoms and may appear not to require care when they do

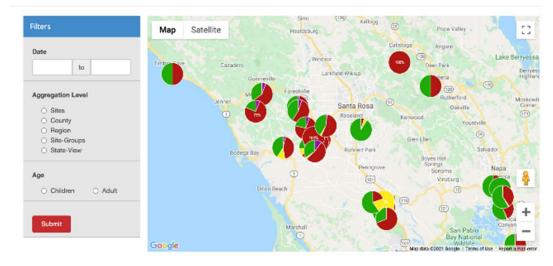
### Psychological Simple Triage and Rapid Treatment (PsySTART)©

- Takes 2 minutes or less to complete
- Is not based on symptoms of distress, but on direct trauma exposures and losses
- Evidence-based reliably predicts risk of PTSD and cooccurring conditions such as depression
- Can identify those children at highest risk, allowing for equitable prioritization of scarce mental health resources
- Provides decision support to providers
- Has demonstrated feasibility in disasters, community violence events, pediatric trauma activations
- Can be used in paper form or electronic

De-identified and Aggregated Data can provide situational awareness in large events



Mobile sites (without specific locations) will be mapped to its parent site



In the immediate Impact of a Crisis Event or Disaster Start Here

Identify trauma exposure and traumatic loss

PsySTART® Mental Health Triage Sys	tem
EXPRESSED THOUGHT OR INTENT TO HARM SELF / OTHERS?	
FELT OR EXPRESSED EXTREME PANIC?	
FELT DIRECT THREAT TO LIFE OF SELF OR FAMILY MEMBER?	
SAW / HEARD DEATH OR SERIOUS INJURY OF OTHER?	
MULTIPLE DEATHS OF FAMILY, FRIENDS OR PEERS?	
DEATH OF IMMEDIATE FAMILY MEMBER?	
DEATH OF FRIEND OR PEER?	
DEATH OF PET?	
SIGNIFICANT DISASTER RELATED ILLNESS OR PHYSICAL INJURY OF SELF OR FAMILY MEMBER?	
TRAPPED OR DELAYED EVACUATION?	
HOME NOT LIVABLE DUE TO DISASTER?	
CHILD CURRENTLY SEPARATED FROM ALL CAREGIVERS	
FAMILY MEMBERS WHO ARE CURRENTLY SEPARATED OR MISSING	
HEALTH CONCERNS DUE TO EXPOSURE OR CONTAMINATION AND EXPERIENCED MEDICAL TREATMENT OR DECONTAMINATION DUE TO EXPOSURE	
PRIOR HISTORY OF EITHER TRAUMA/LOSS, MENTAL HEALTHCARE, DRUG OR ALCOHOL USE FOR SELF OR FAMILY MEMBER	
BELIEF NOT RECEIVING SUFFICIENT SUPPORT FROM OTHERS (SUCH AS SOMEONE TO TALK TO)	
VERY OFTEN DO NOT HAVE ENOUGH TO EAT, CLEAN CLOTHESE TO WEAR OR A SAFE PLACE TO GO	
CANNOT GET HELP NEEDED WHEN SICK	
EXPOSURE TO DOMESTIC VIOLENCE, EMOTIONAL, PHYSICAL OR SEXUAL ABUSE	
NO TRIAGE FACTORS IDENTIFIED?	

## What Happens After Positive Triage?

## For An Individual Child

- Using a "floating" algorithm, children who have 2 or 3 PsySTART Triage risk factors are referred for additional screening by a MH provider either within the triaging organization or by a community provider
- If outside resources are available, children demonstrating high risk for potential PTSD would be referred to local community resources for outpatient care, preferably an evidence-based intervention such as TF-CBT



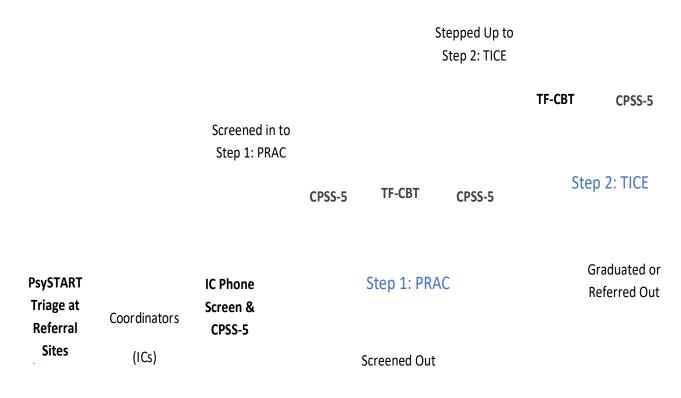
# Increasing Access when Mental Health Resources are Insufficient

- Stepped Triage to Trauma-Focused Cognitive Behavioral
- Positive PsySTART cases assigned to Stepped TF-CBT
- Tele-Behavioral Health, in person, or hybrid
- "stepped model" increases individual provider efficiency by 60+%, allowing more children to be served

## How Does Stepped Triage to Care Work?

Figure 1: Stepped Care Model

Figure 1: Stepped Care Model



**Initial Triage & Screening** 

## Thank you! Questions? tlmcgo1@gmail.com

For more information on PsySTART, please reach out to Dr. Merritt Schreiber <u>m.schreiber@ucla.edu</u>







## Universal Social, Emotional, Behavioral, and Mental Health Screening in Washington State



Kelcey Schmitz, MSEd, Project Director *UW Haring Center, College of Education & UW SMART Center, School of Medicine*<u>kelcey1@uw.edu</u>

UNIVERSITY of WASHINGTON

Special Acknowledgement: Rayann Silva, Mari Meador, Larissa Gaias, Casey Edhe, Bethlehem Kebede



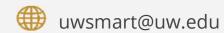
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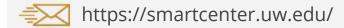
### https://haringcenter.org/

Inclusionary Practices Resources
<a href="https://ippdemosites.org/resources-artifacts/">https://ippdemosites.org/resources-artifacts/</a>













linkedin.com/company/uw-smart-center

https://www.youtube.com/@OfficialUWSMARTCenter

oubscribe: https://bit.ly/3TVauRI



## SOCIAL, EMOTIONAL, BEHAVIORAL, AND MENTAL HEALTH SCREENING IN WASHINGTON STATE

2014 2014

Authorizing State
Legislation for recognition,
screening and response to
emotional or behavioral
distress

State Legislation for Model District Plan RCW 28A.320.1271

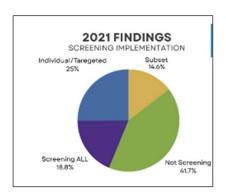
The office of the superintendent of public instruction's school safety center, established in RCW 28A.300.630, shall develop a model school district plan for recognition, initial screening, and response to emotional or behavioral distress in students, including but not limited to indicators of possible substance abuse, violence, and youth suicide.

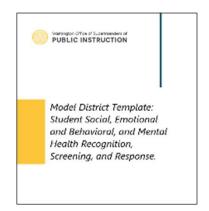
The model plan must incorporate <u>research-based</u> <u>best practices, including practices and protocols</u> used in schools and school districts in other states.

The model plan must be posted by **February 1, 2014,** on the school safety center website, along with relevant resources and information to support school districts in developing and implementing the plan required under RCW 28A.320.127.











2014

Authorizing State
Legislation for recognition,
screening and response to
emotional or behavioral
distress
(RCW 28A.320.127)

2014

for Model District Plan RCW 28A.320.1271

2021

K-12 Behavioral
Health Audit &
Findings and Recs
for SEBMH
Screening



2022

OSPI Model
District Template
for Installing
Universal SEBMH
Screening



2025

WA Legislative
Landscape Analysis
of Universal
Screening





## LANDSCAPE ANALYSIS



2024-2025

AIM 3

Analysis of schools'
current application
of existing
Washington
statute relevant to
SEBMH screening
requirements.

AIM 4

Recommendations on statutory changes to increase implementation and effectiveness of systematic SEBMH screening of students in schools.

AIM 5

An implementation plan for SEBMH screening demonstration sites to determine the feasibility, acceptability, and effectiveness of a best practices guide or resource on universal student SEBMH screening in Washington.

### AIM 1

Analysis of alignment of current Washington statutes and guidance with national best practices on universal SEBMH screening.

AIM 2

Identification of facilitators and barriers to selection and effective use of research-based, culturally relevant universal SEBMH screening tools in Washington schools.





### Methods & Participants

Literature Review Policy and State Guidance Document Review

District &
School
Leader
Online Survey
Responses
(N=205)

Listening Session Participants (N=92)







### **Literature Review:**

~100 publications (journal articles & reports) reviewed to identify "best practices" aligned with 11 themes

Best practices crosswalked with policy & statewide guidance documents

Screening Measures and Considerations

Logistics and Implementation

Assuring
Adequate and
Equitable Availability
of Services

Informing Tier 1 Universal Strategies and Practices Assuring Equity and Cultural Responsiveness in Screening Practices

Supporting Students with Disabilities

Engaging with Families, Students, and Other Partners

Partnering with Community Based Organizations Complying with Privacy and Confidentiality Laws

Social Determinants of Health

Training and Professional Development



## WASHINGTON STATE EDUCATION DOCUMENTS REVIEWED

7 Guidance documents, program guides, & frameworks

Model District Template:
Student Social, Emotional,
Behavioral, and Mental
Health Recognition,
Screening, and Response

ESA Behavioral Health
Providers' Roles Specific to
Social and Emotional
Wellness

<u>Child Find Public</u> <u>Awareness Requirements</u> <u>(IDEA)</u> Washington MTSS Framework

A Guide to Assessment in Early Childhood <u>Learning Assistance</u> <u>Program Guide</u>

Washington Integrated
Student Support Protocol





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### 21 Unique Laws & Codes Relevant to Universal Screening Reviewed

RCWS	
28A.320.125	Safe school plans
28A.320.127	Plan for recognition, screening and response to emotional or behavioral distress in students
28A.320.1271	Model school district plan for recognition, initial screening, and response to emotional or behavioral distress in students
28A.300.630	School safety center
28A.150.211	Values and traits recognized
28A.150.415	Professional learning days – funding
28A.165.037	Compliance with the Washington integrated student supports protocol- Partnerships with out-of-school organizations
28A.300.139	Washington integrated student supports protocol
28A.310.500	Youth suicide screening and referral-Response to emotional or behavioral distress in students – Training for educators and staff – Suicide prevention training
28A.310.510	Regional school safety centers
28A.310.515	School safety and security staff- Training program- Guidelines for on-the-job and check in training
28A.345.085	Model policy and procedure for nurturing a positive social and emotional school and classroom climate
28A.410.035	Qualifications-Coursework on issues of abuse; sexual abuse and exploitation of a minor; and emotional of behavioral distress in students, including possible substance abuse, violence, and youth suicide
28A.410.226	Washington professional educator standards board—Training program on youth suicide screening
28A.415.430	Professional learning -Defined-Scope
28A.415.445	Professional learning days – Mental health topics – Cultural competency, diversity, equity, and inclusion
42.56.230	Personal information

WACS	
180-16-220	Supplemental basic education program approval requirements
392-172A-03055	Specific learning disability-determination
392-172A-03005	Referral and timelines for initial evaluations



- 1 Substantial support for universal SEBMH screening
- 2 Lack of clear definition and shared understanding
- 3 Inconsistent implementation
- 4 Structural barriers

### **FINDINGS**



### **Substantial Support for Screening**

- "Anything that can be brought forward that puts us in a proactive mode versus a reactive mode
  for the health and well-being of our students and our children and our families is a plus"

   -Family Listening Session Participant
- "I think when it's feasible and we're able to utilize universal screening tools, there can be huge impacts on equity and access"

  -District Administrators Listening Session Participant
- "It is incredibly valuable to screen as many students as we possibly can. We are a small district, and know our students very well, so often the screening tool matches with what we know/see. However, there are times it does not and by having the screening data available when we meet with students, we are able to have deeper conversations with some students who were not sure who to go to or how to share what has been on their minds. Very effective tool."
   -District Leader Survey Respondent



## Lack of clear definition and shared understanding

- 21 unique laws and codes relevant to universal screening in schools none included all elements of best practice.
  - RCW 28A.300.139 Washington Integrated Student Support Protocol majority referenced
- 7 relevant Washington guidance documents, program guides, and frameworks found limited coverage of universal screening best practices
- No consistent definition of screening across policy or guidance documents
- Contributed to a lot of misunderstanding in listening sessions and surveys about what screening is and how to implement

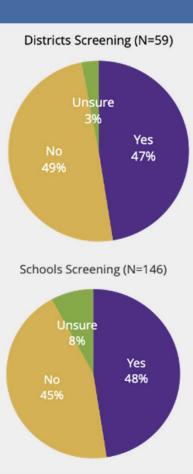
"My AHA moment as we're having this discussion is: I think we all have different definitions of universal screening, even from the one stated."

Listening Session Participant



### **Inconsistent implementation**

- About half of schools and districts reported conducting screening
- Amongst those screening, high variation in:
  - What **tools** are being used (and whether a validated tool designed for screening is being used)
  - How often screening is occurring
  - What **training** is provided for school staff regarding screening processes
  - What information is communicated to students, parents, and other community members
  - Who is **reviewing** screening data and how frequently
  - How decisions are being made to link students to follow-up supports



### **Structural Barriers**

### **Top Challenges Identified by Districts**

Lack of internal (school) resources to refer students requiring follow up

Lack of external (community) resources to refer students requiring follow- up

Cost to conduct screening

Survey/assessment fatigue

Lack of knowing about how to implement (e.g., which tools to use, resources needed, etc,)

"I would state that most of our district agrees with this work and knows the value and importance of it. There are two areas we need support from our state. We need money and we need implementation support. The disagreements often come with the who, when, and where... not the why."

District Leader Survey Respondent

### **RECOMMENDATIONS**

- Develop a clear definition of universal SEBMH screening
- Update state laws and policies to reflect current realities, needs, and best practices for universal SEBMH screening
- Develop statewide guidance, standards, and procedures
- Strengthen alignment, integration, and coordination of agencies, partners, initiatives, and frameworks relevant to developing, resourcing, and implementing a comprehensive, accessible, and equitable K-12 mental health system
- Provide implementation funding and resources
- Enhance family and student and engagement
- Provide comprehensive implementation supports
- Ensure screening processes and policies counteract inequities
- Establish **indicators of success** for conducting evaluation, monitoring, and datainformed continuous quality improvement

School Mental Health Assessment, Research, and Training (SMART) Center. (2025). A Landscape Analysis of Universal Social, Emotional, Behavioral and Mental Health (SEBMH) Screening in Washington State Schools and Districts Final Report [Report to WA State Legislature as directed by ESSB 5950 (2023-24)]. University of Washington.



Learning about Universal Mental Health Screening **Implementation** in Washington





### FINAL LEGISLATIVE REPORT:

A Landscape Analysis of Universal Social, Emotional, Behavioral and Mental Health (SEBMH) Screening in Washington State Schools and Districts

University of Washington (UW) School Mental Health Assessment, Research, and Training (SMART) Center

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Integrated Student Supports
History of Universal SEBMH Screening in Washington
Methods         16           Literature Review         16           WA Universal SEBMH Screening Survey for District- and School- level Administrators         18           Survey Instruments         18           Survey Data Collection         19           Survey Sample: Schools and Districts         19           Survey Sample: Individual Respondents         21
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Equity & Cultural Responsiveness

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Overall Findings ..

Family Engagement. Needs and Support Best Practices Guid Barriers and Facilita SMART **Findings and Recom** Recommendations. IMPLEMENTATION **Best Practice Guides** Implementation Plan fo 5 Best **Practice** Guides

included

OVERVIEW

### KEY COMPONENTS

**LINK TO REPORT** 



## UNIVERSAL A Best Practices Guide



Note: The Dest grantice guides were developed as part of the 2025 Universal Social, Emotional, Behavioral, and Mental Health (SERMH) Screening Legislative Report. This standalone document just includes the best practice guides and was created to enhance accessibility and support ove as rivey select, install, and implement, universal SEBMM

bit.ly/WAScreeningReport



**OVERVIEW** 



UNIVERSAL SCREENING

TOOL SELECTION



OVERVIEW

Universal SEBMH screening is a foundational component for a tiered system of school-based supports and is a brief and effective method for



UNIVERSAL SCREENING

TRAINING & PROFESSIONAL DEVELOPMENT



SMART

UNIVERSAL SCREENING

OVERVIEW Training for universal and building teams' st & LOGISTICS

For universal SEBMI implementation. This screener (Brann et a training on screening implementation (Ron provided with an inst screener (Bran et al., trainings include bias child mental health, follow-up intervention Wigelsworth, 2016; N least, staff will need

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**OVERVIEW** 

SMART

INFORMING TIE AVAILABILITY SERV



### OVERVIEW

Prior to screening, it's crucial for districts and schools to engage in a resource/ mapping process to determine the availability and access to services within the Resource/intervention mapping is a team-based process that involves identify available SEBMH supports and interventions within an organization (district, so community, etc.) (Brufin et al., 2014; Dvorsky et al., 2013; NCSMH, 2018).

This process is key in helping organize and determine the services available for access. Subsequentially, organizations can develop a comprehensive understa what resources/supports exist, how they are being used, and where gaps may addressing students' SEBMH needs.

To best meet the needs identified by screening, schools should incorporate so into a multi-dered system of supports (MTSS) framework (Brann et al., 2021; C. et al., 2021; Hoover & Bostic, 2021; Lane et al., 2020; Moore et al., 2023). Screen can and should be used to help evaluate the effectiveness of Tier 1 within a Mil

Having a strong Tier 1 (universal) system in place prior to screening likely redu number of students in need or appearing in need of more intensive services; to Tier 1 supports should meet the needs of approximately 80% of students (Land 2010). For the remaining students, screening data can be used to inform Tier 2 group) or Tier 3 (individual) interventions (Lane et al., 2010).



Download the Best Practices Guide Here

## Scaling Up Universal Screening: Training and Technical Assistance

- Donor-funded Regional Capacity Building
  - Prevent, Detect, Connect: Initial Cohort includes 3 Regional Educational Service
     Districts (ESDs) & 10 districts
- > Federal and State Inclusionary Practices Funding
  - Inclusionary and Integrated Mental Health Education and Supports through the Washington Office of Superintendent of Public Instruction (OSPI) Inclusionary Practices Technical Assistance Network (IPTN)









## **Closing Out and Moving Forward**

### Comprehensive, Integrated, Three-Tiered Model of Prevention

(Lane, Kalberg, & Menzies, 2009)

Tier 3
Tertiary Prevention (≈5%)

Goal: Reduce Harm
Specialized individual systems
for students with high risk

Goal: Reverse Harm
Specialized group systems
for students at risk

Tier 2
Secondary Prevention (≈15%)

<u>Goal: Prevent Harm</u> School/classroom-wide systems for all students, staff, & settings

Tier 1
Primary Prevention (≈80%)

Academic
Validated Curricula

Behavioral PBIS Framework Social

Validated Curricula



### When a crisis occurs ....

Immediate Crisis Response Ensure Safety

Initial Recovery

Learning Environment

**Spring** 

Intermediate Recovery

Differentiate Based on Data Enhanced Implementation

Promote Culture of Wellness

o Following tragic events ..

Move forward with conducting triage activities

Fall Winter



### What about Academics?

Immediate
Crisis
Response
Ensure Safety

Initial Recovery

Learning Environment

Intermediate Recovery

Differentiate Based on Data

Enhanced Implementation

Promote Culture of Wellness

Physical and emotional safety are the priority here

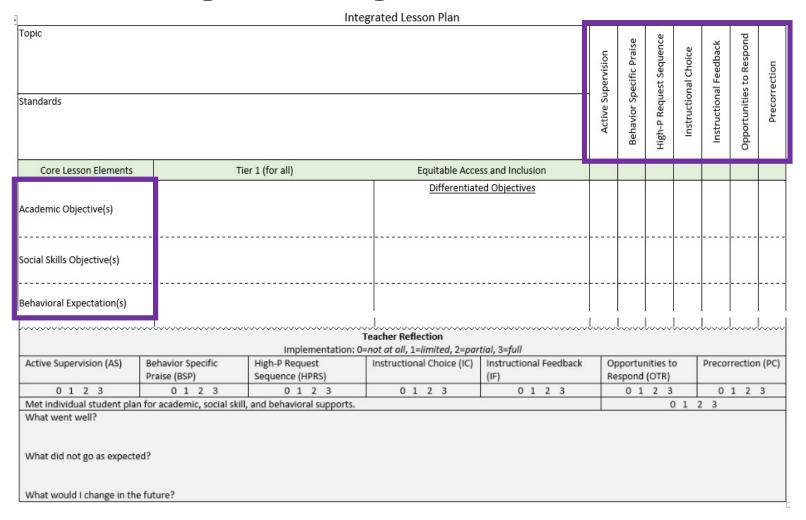
Reintroduce
academic
routines and
procedures
at an
independent
instructional
level

Slowly increase academic content and challenge level

Monitor student response and either increase emotional supports or decrease academic rigor or rate as needed to maintain recovery progress Use multiple types of data to identify groups of students needing more support

Provide a full continuum of integrated academic and emotional supports to address full range of student needs

## Planning for Integrated Instruction





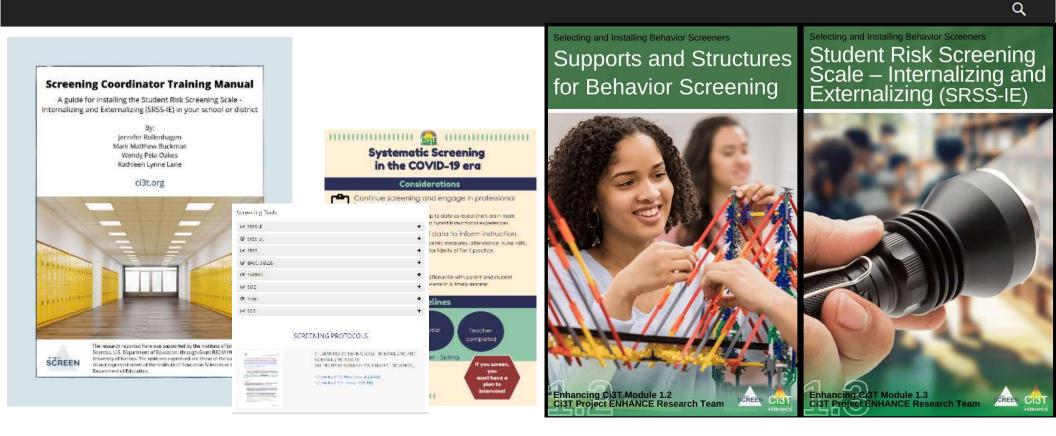
## **Enhancing Ci3T Modules**



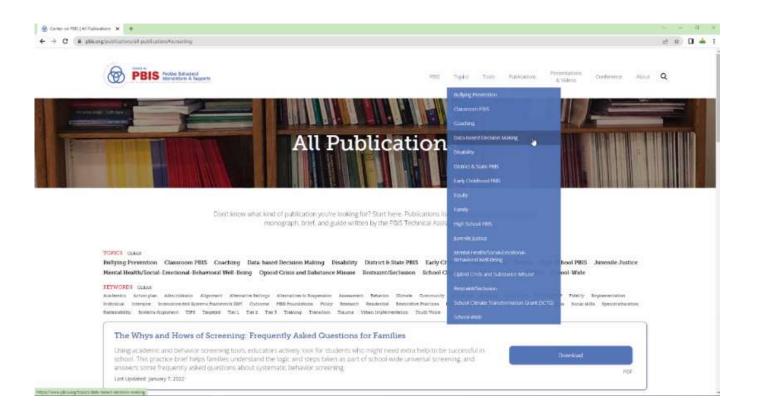


**About Ci3T Building Your Ci3T Model** Ci3T In Action **Functional Assessment-Based Interventions** Contact Us Home Implementing Your Ci3T Model **Professional Learning Enhancing Ci3T Modules** Literature Measures Presentations **Project SCREEN** Research to Inform Practice Responding to COVID-19 Systematic Screening Ci3T Train the Trainers

**Project ENGAGE** 



## Resources for screening: PBIS.org...





### **Resources to Support Systematic** Screening in K-12 Schools

Systematic screening is a proactive way to identify students in a school who might be in need of additional support beyond what is offered at Tier 1 and to assess overall levels of student performance at the school. Resources have been developed for district leaders, educators, communities, and families who are involved in the screening process. Check out the

### Resources about universal behavior screening

Universal Behavior Screeners

Screening Resources

Psychometric Properties of Behavior Screeners

A list of presentations video

#### Guidance for Systematic Screening: Lessons Learned from

Practitioners
essons learned from district leaders are sha
for those already involved and new to the

### Resources to inform the screening process







### Resources for families and communities

team need to know?





### Lessons learned from implementing screening



## Tips for Communicating with Your Community about Systematic Screening

Tips for Communicating with Your Community about Systematic Screening: What does your district and school leadership team need to know?

This resource provides a list of presentations, videos, webinars, articles and websites that give an overview to universal screening as well as more in-depth resources that answer the what and the how.

Materials

Download

Word Doc



May 20

Tips for Communicating with Your Community about Systematic Screening:
What does your district and school leadership team need to know?

Rebecca Sherod, University of Kansas, Wendy Pela Oakes, Arizona State University, Katie Scarlett Lane, Vanderbilt University, and Kathleon Lynne Lane, University of Kansas

Share information about universal behavior screening to keep your community informed.

A central feature of any itered system of support is accurate detection of which students might need more than Iter 1 efforts have to offer, even when universal components are implemented with a dequate levels of treatment integrity. Systematic screening is a proactive way to examine overall levels of risk in a school and determine which students might benefit from Iter 2 or Tier 3 support. Ideally, psychometrically sound, practical screening tools are selected and intaked to detect students with externalizing (e.g., aggressive, disruptore, and noncompliant) and internalizing (e.g., painfully sky, socially withdrawn, and ansocial behaviors at the first sign of concern. When a student's screening scores indicates an increased level of risk, screening data can be analyzed with other data [e.g., attendance, fielely of Tier 2 practices) to make informed decisions about which supports or adjustments to instruction that sudents might benefit from, it is important to note that this helf occase on systematic screening designed to inform instruction for students, using screening data with other data collected as part of regular school practices. Screening data are not intended for our to identify students who may benefit from special education services nor are these data intended to endude students [e.g., this student is screening in as high-risk and will therefore not go on the field triple.

Screening data are intended for use in informing daily instructional practices with a goal of supporting student's learning—and using—behaviors needed to meet school expectations and facilitate positive, productive learning environments. Sharing information about this process can help the community first candidate that systematic screening is a beneficial process that is in place to expect all students. In this practice brief, we pryite tips that can be censioned when your district and school leadership teams plan for sharing information about systematic screening with the community. As part of this for communicating with your community about systematic screening, we provide your district and school leaders with considerations regarding confidentiality.

Tips for District and School Leadership Teams

## The Whys and Hows of Screening: Frequently Asked Questions for Families

### The Whys and Hows of Screening: Frequently Asked Questions for Families

Using academic and behavior screening tools, educators actively look for students who might need extra help to be successful in school. This practice brief helps families understand the logic and steps taken as part of school-wide universal screening, and answers some frequently asked questions about systematic behavior screening.

Topic(s): Data-based Decision Making Family School-Wide

Published: january 7, 2022 Revised: january 7, 2022

Keywords: PBIS Foundations Screening Tier 1

Suggested Schonour, S. D., Lane, K. L., Oakes, W. P., Sharod, R. L. S. Buckman, W. M. (November 2021). The White and Hories of Schoening Frequency Asked Questions for Families. Center on FBIS University of Gregon, www.pols.org. Download Resource





Practice Briefs: PDF



Normatic 2021

### The Whys and Hows of Screening: Frequently Asked Questions for Families

Educational systems continuely grow and improve to meet, the educational needs of succents. Students are used to several storagins and accordance in cases, and the department is made to make what is self-incomment in continue to make the properties of the continue to the properties of the continue to the continue to the continuent of the continuent places absolutely. Being according to the accordance to the continuent of the department places absolutely storage to the department places absolutely storage to the continuent of the major continuents while continuents are used by continuent or commonly assisted, and continuents. While there are many approach to streamly contained, and are continuents. While there are many approach to streamly contained to the other than the information like, attendance, numerouses, of should be according to the continuent of the department of the department of the continuent of the department of the department of the continuent of the department of the continuents of the department of the depa

### What is Systematic Behavior Screening?

### Answer

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### What is the purpose of systematic behavior screening?

### Answer

Screening catalate one source of information to help teachers uncerstand howevel they are needing students' educational necessary access by benefits and sortely—mough their three department number. This step is accessing data along with other school distance, or mare bits, at an access made in the selection on students locations, behave on, an excell supports for other executions.

### How will behavior screening impact my child's instructional time?

### Answer

your conditions trained the nicroting activities and promise or between exempting is added comparison to make the promise of the section of the section in t

Finished Bergeley Courses for a S. Sagara to (PSE) www.pas.org

- 1

## Please Complete this Session's Evaluation

### 10/22

16 - Screening, Triage, & Assessment: Data-informed Approaches to Meeting Students' Multiple Needs

### Four options, pick one!

### 1. Mobile App

Click "Take Survey" under the session description.

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Scan the code on this slide.



### 3. Online

Click on the link located next to the downloadable session materials posted online at:

www.pbis.org/conference-and-prese ntations/pbis-leadership-forum

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