

DURING SCHOOL HOURS SUPPORT

- Family School Liaisons (FSLs)
- Counseling and Social Workers
- Behavior Interventionist in every elementary school
- SEL Socio-Emotional Curriculum DK-5, 6-12
- Trauma informed Positive Behavioral Supports and Restorative Practices
- Tier 2 and 3 Behavioral and Social Emotional Interventions

OUTSIDE OF SCHOOL HOURS SUPPORT

- Common Ground
 - 24/7 Resource and Crisis Helpline
 - In need of emergency crisis intervention? Call/text/chat 988
 - Resource & Crisis Hub: 1-800-231-1127
- Gaggle Reach Out Crisis Line
 - 24/7 Call/text/chat 248-331-8655
- 24/7 Michigan Crisis and Access Line (MiCAL)
- Easter Seals Mental Health Services
- Oakland Schools Mental Health Resources
- Better Life Counseling Services



FINANCIAL ASSISTANCE

- Mental Health Assistance Insurance Co-Pay and Deductible Relief
- Oakland County Health Network Mental Health Assistance for Oxford Families
- Mental Health Copay Claim Form
- Oxford Addison Area Youth Assistance

RESOURCES

- Talking to Children About Violence
- Addressing Grief in Children
- School Safety and Crisis - Tips for Families and Educators



Student Support Services & Wellness

For more detailed information visit our website
www.oxfordschools.org/support



EMPLOYEE ASSISTANCE PROGRAM (EAP).

Username: Oxford
Password: SEGP

- Get Help Now
 - 24/7 Confidential Support
 - 1-888-866-4827
 - National Suicide & Crisis Lifeline: call/text 988
- Emotional Health Support-
 - 7 Free Sessions
 - Mental Health Counseling
 - Talkspace Online Therapy
- Mind Companion Self Care: self paced mental well being
- Legal Services: Free 30 min consultation
- Financial Services: Free 30 min consultation
- Worklife Services: Referrals for child care, adult care, housing

THE POOL - MEMBER BENEFITS

- BCBSM Mental Health Resources Packet
- BCBSM Virtual Medical and Mental Health Care
- Virtual Health Support
 - 2nd.MD: virtual second opinion
 - Hinge Health: virtual exercise therapy
 - Omada: hypertension support
- Diabetes Support
 - Omada
 - Virta
- Maternity and Postpartum Support
 - Maven: 24/7 virtual support
 - BCBSM pregnancy assistance



MORE EAP SERVICES

Username: Oxford
Password: SEGP

- Life & Relationships
- Workplace
- CVS Health 20% Discounts
- Coupon Clipper

CAREER GROWTH

- Michigan Reconnect: tuition-free associates degree
- MI Future Educator Fellowship
- TEACH Grant
- Talent Together

RETIREMENT

- Planning Your Retirement Packet
- Ready to retire? Countdown to Retirement Steps

Staff Support Services & Wellness

For additional staff resources visit our website
www.oxfordschools.org



Staff Notes at a Glance

Week of

August 25



Monday, August 25	Tuesday, August 26	Wednesday, August 27	Thursday, August 28	Friday, August 29																										
School Day Events: Student Schedule Changes Due TODAY! Last day to submit schedule change requests. 7:30am (Daily) Staff in hallways to welcome students at classroom doors 8:15am (Daily) Nutrislice orders due PBIS Lesson Links: By Monday, every class period builds a CATS Charter - - the lesson we just practiced (Thursday, Friday, or Monday) CATS in the Classroom	School Day Events: 7:15am (Daily) Door Security Teams in Place 7:30am (Daily) Staff in hallways to welcome students at classroom doors 8:15am (Daily) Nutrislice orders due PBIS Lesson Links: 1st Hour (no circle today) 2nd Hour 3rd Hour 4th Hour 5th Hour 6th Hour 7th Hour	School Day Events: 7:15am (Daily) Door Security Teams in Place 7:30am (Daily) Staff in hallways to welcome students at classroom doors 8:15am (Daily) Nutrislice orders due PBIS Lesson Links: 1st Hour Overview of CATS (update) 2nd Hour - Arrival & Departure 3rd Hour - Bus Behavior 4th Hour - Bathrooms 5th Hour - Cafeteria (update) 6th Hour - Hallways (update) 7th Hour - Classroom	 School Day Events: 7:30am (Daily) Staff in hallways to welcome students at classroom doors 8:15am (Daily) Nutrislice orders due PBIS Lesson Links: 1st Hour - Resilience (update?) 2nd Hour - Attendance Incentive (update) 3rd Hour - Getting Help 4th Hour - Xello 5th Hour - Getting Involved at OHS 6th Hour - EPass 7th Hour - Self-Care (update)	School Day Events: 7:30am (Daily) Staff in hallways to welcome students at classroom doors 8:15am (Daily) Nutrislice orders due "A" Day Schedule <table><tr><td>7:48-8:38</td><td>1st</td></tr><tr><td>8:44-9:34</td><td>2nd</td></tr><tr><td>9:40-10:30</td><td>3rd</td></tr><tr><td>10:36-11:26</td><td>4th</td></tr><tr><td>11:32-1:06</td><td>5th / Lunch</td></tr><tr><td>1:12-2:02</td><td>6th</td></tr><tr><td>2:08-2:58</td><td>7th</td></tr></table> Lunch Schedules <table><tr><th colspan="2">Time</th></tr><tr><td>A</td><td>11:26-11:56</td></tr><tr><td>Class</td><td>12:01-1:06</td></tr><tr><td>B</td><td>12:01-12:31</td></tr><tr><td>Class</td><td>12:36-1:06</td></tr><tr><td>C</td><td>12:36-1:06</td></tr></table>	7:48-8:38	1st	8:44-9:34	2nd	9:40-10:30	3rd	10:36-11:26	4th	11:32-1:06	5th / Lunch	1:12-2:02	6th	2:08-2:58	7th	Time		A	11:26-11:56	Class	12:01-1:06	B	12:01-12:31	Class	12:36-1:06	C	12:36-1:06
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	Evening Events: 4:30 Freshmen Football 6:00 JV Football	Evening Events: 4:30 Freshmen Football 6:00 JV Football	Evening Events: 7p Varsity Football	Evening Events:																										

Thursday, Friday, or Monday - Every class completes this lesson