



Community Formation

Community formation practices keep us in step with the Holy Spirit and others; equipping us to live out the relational love of God as we know and are known.







Life Groups

You were made to live life alongside others.

These 8-12 person groups are places where all personalities can share openly and explore their faith. They are groups whose members remain the same over time while the curriculum or subjects they discuss change based on where your group is at and where you'd like to be. The people in your Life Group will be with you when life gets tough and will celebrate with you when life is wonderful. They are along for the journey!



**Find more info and signup online
at collegechurch.com/lifegroups**

Life Group FAQ

What is a Life Group?

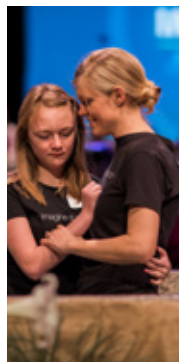
A Life Group is a safe place to bear one another's burdens. This is where we regularly experience Life-on-Life relationships as we build authentic communities. Most Life Groups meet weekly to live life together and vdvive deeper into our relationships with Christ.

What do Life Groups talk about?

Life Groups can choose from a large library of options to guide your group in creating community, developing deeper relationships with Christ, or providing an introduction to who Jesus is. It all depends on where your group is and where you want to go. You can check out all the resources currently offered at the "Resources" link on the Life Groups page of collegechurch.com.

Who will be in my Life Group?

Life Groups are organized so that all kinds of people do life together. Most Life Groups will have people in various life stages, although there are several groups specific to a particular life stage.





Support & Recovery

We all need His healing grace to transform the wounded parts of our lives.

GriefShare

Mondays | 6:30 - 8 PM | K-101 | September 17-December 17

GriefShare is a caring group of people who will walk alongside you through one of life's most difficult experiences. This support group equips through education and connection. Open Group: All are welcome! No childcare is available.

Depression + Anxiety

Mondays | 6:30 - 8 PM | K-104 | September 17-December 17

This 12-week support group is for men and women who are struggling with the isolation and challenges of depression and/or anxiety. Find hope and healing through learning and community. Open Group: All are welcome! No childcare is available.

Caregiving Journey

Wednesdays | 6 - 7 PM | K-104 | September 19-December 13

This support group makes space for those who are in caregiving roles to encourage and care for one another. This class also tackles difficult topics and offers a variety of resources as participants navigate their journey together. Open Group: All are welcome! Childcare is provided!

Divorce Care

Wednesdays | 6:45 - 8:15 PM | K-105 | September 19-December 13

Caring support group for men and women who are working through the challenges of divorce. Find help and healing for the hurt of separation and divorce. This 12-week group equips through education and connection. Open group: Childcare provided!



Parent's Circle & Kids' Club Groups

Wednesdays | 6 - 8 PM | K-101 & K-103 | September 19-November 21 | REGISTRATION REQUIRED | LIMITED SPACE

Family Circle: This is a group where you can learn how to develop strong, healthy, attachment bonds with your adopted or foster child. Kid's Club: This group, for adopted and fostered kids, is a place where kids learn and practice the same connection points each week as their parents, who are in the Parent Circle group. These groups equip both parents and kids in creating meaningful connection bonds at home! Must sign up. Limited spots for both groups. Contact mfrye@collegechurch.com to register.

E3 Class

Wednesdays | 6 - 8 PM | V-303 | September 19 - November 14

E-3: Encourage • Empower • Educate is 9-session course taught by trained volunteers that have personal experience caring for someone with mental illness. Each two- hour session will focus on a different mental health diagnosis and will include information about treatment options, techniques for handling real-life situations, and strategies to help caregivers manage their responses to the illness. These classes offer support to anyone caring for a friend or family member with mental illness. \$25 for course materials. Pre-registration preferred: <https://tinyurl.com/E3FALL2018>

Individuals with Lived Experience of Mental Illness

Thursdays | 7 - 9 PM | V-305 | All Year

This group offers insight and support to family, friends, and individuals living with the challenges of mental illness. Open group: no childcare provided.

Family + Friends of Those with Mental Illness

Thursdays | 7 - 9 PM | V-304 | All Year

This group offers insight and support to family, friends, and individuals living with the challenges of mental illness. All are welcome! Open group: runs all year.

Band of Brothers

This amazing support group is for men who are struggling with sexual addiction and/or pornography. In order to ensure extra confidentiality, this group meets offsite and information is given by appointment only. Contact Hal Purdue for more information | 816.304.7658



**Find more info and signup online
at collegechurch.com/support**



WIRED FOR CONNECTION

Understanding our relational design & how to create meaningful connections

HAVE YOU EVER WONDERED WHY YOU THINK, FEEL, AND RESPOND the way you do? Does conflict send you running, or do you rush to fixing? What about relationships....do you ever struggle to experience deep, meaningful connection with others?

WE ARE HARD-WIRED TO CONNECT WITH GOD, OTHERS, creation, and even ourselves; but connecting is hard because we are also broken in our capacity to give and receive care. Join us for this one day institute, where we will uncover how God has shaped us for connection. You will see God's truth revealed in scripture, psychology, theology, and neuroscience.

JOIN THE CONVERSATION, AND DISCOVER HOW you can grow in your capacity for meaningful connection in your families, friendships, neighborhoods, and work spaces!

One Day Institute

October 6 | 9 AM - 4 PM | The Hub at College Church
Registration is \$15/person and includes lunch!
Sign up today at collegechurch.com/support

Sunday Classes

November 4, 11, 18 + December 2
9:30-10:45 AM | Garrett Chapel
Teacher | Melissa Frye

*Praise the One
who set me free*





Adult Bible Study Fellowships

Study the Bible in community.

Adult Bible Study Fellowships are communities of people just like you. Each group has its own unique characteristics, yet every fellowship seeks to discover God more fully through the study of scripture. In addition, you have the opportunity to develop enduring friendships in a relaxed environment. Come be involved in meaningful communities!

8 & 9:30 AM Opportunities

Sojourners

8 AM | Room V-301

Covenant Community

9:30 AM | Room V-301

Génesis | Hispanos

9:30 AM | Room K-102

Life Together

9:30 AM | Dining Room

New Promise

9:30 AM | Room K-103

Special Pops

9:30 AM | Room S-119

Redimidos | Hispanos

9:30 AM | Room K-105

Young Adult Coffee + Conversation

9:45 AM | Downhaus Lobby

College-Age Morning Brew

9:45 AM | Downhaus Worship Center

11 AM Opportunities

Abundant Life Fellowship

11 AM | Room K-101

Affirmers

11 AM | Garrett Chapel

Ambassadors

11 AM | Room S-121

New Dimensions

11 AM | Room V-305

Open Door Disciples

11 AM | Room S-119

Connections

11 AM | K-102

His Fellowship

11 AM | Room S-115

Solid Foundation

11 AM | Room K-103

Grace Covenant

11 AM | K-105

Harvesters

11 AM | K-104

New Beginnings

11 AM | Room V-303

Becomers

11 AM | V-301



**Find info & connect with a class,
online at collegechurch.com/absf**

Imagine a Place

...where the Lost are Found
and the Hurting are Healed.
Where the Young are Nurtured
and the Old are Cherished.
Where All are Welcome,
and Christ is Adored....
More is available than
you've ever imagined!