

Student Resilience Survey



About this survey

This Student Resilience Survey measures a students' perceptions of their individual characteristics as well as protective factors embedded in their environment. There are 10 sub-scales covering: family connection, school connection, community connection, participation in home and school life, participation in community life, peer support, self-esteem, empathy, problem solving, and goals and aspirations.

1.1 At home, there is an adult who is interested in my school work

Always

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Never

☐

Often

☐

Rarely

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Sometimes

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2.1 At home, there is an adult who believes that I will be a success

Always

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Never

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Often

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Rarely

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Sometimes

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3.1 At home, there is an adult who wants me to do my best

Always

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Never

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Often

☐

Rarely

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Sometimes

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Student Resilience Survey



4.1 At home, there is an adult who listens to me when I have something to say

Always

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Never

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Often

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Rarely

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Sometimes

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5.1 At school, there is an adult who really cares about me

Always

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Never

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Often

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Rarely

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Sometimes

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6.1 At school, there is an adult who tells me when I do a good job

Always

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Never

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Often

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Rarely

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Sometimes

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7.1 At school, there is an adult who listens to me when I have something to say

Always

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Never

☐

Often

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Rarely

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Sometimes

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8.1 At school, there is an adult who believes that I will be a success

Student Resilience Survey



Always

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Never

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Often

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Rarely

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Sometimes

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9.1 Away from school, there is an adult who really cares about me

Always

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Never

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Often

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Rarely

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Sometimes

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10.1 Away from school, there is an adult who tells me when I do a good job

Always

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Never

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Often

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Rarely

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Sometimes

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11.1 Away from school, there is an adult who believes that I will be a success

Always

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Never

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Often

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Rarely

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Sometimes

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12.1 Away from school, there is an adult who I trust

Always

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Student Resilience Survey



Never

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Often

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Rarely

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Sometimes

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13.1 I do things at home that make a difference (i.e. I make things better)

Always

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Never

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Often

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Rarely

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Sometimes

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14.1 I help my family make decisions

Always

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Never

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Often

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Rarely

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Sometimes

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15.1 At school, I help decide things like class activities or rules

Always

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Never

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Often

☐

Rarely

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Sometimes

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16.1 I do things at my school that make a difference (i.e. make things better)

Always

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Never

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Student Resilience Survey



Often

☐

Rarely

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Sometimes

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17.1 I am a member of a club, sports team, church group, or other group

Always

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Never

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Often

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Rarely

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Sometimes

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18.1 I take lessons in music, art, sports, or another hobby

Always

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Never

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Often

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Rarely

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Sometimes

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19.1 Are there students at your school who would choose you on their team at school

Always

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Never

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Often

☐

Rarely

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Sometimes

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20.1 Are there students at your school who would explain the rules of a game if you didn't understand them

Always

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Never

☐

Often

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Student Resilience Survey



Rarely

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Sometimes

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21.1 Are there students at your school who would invite you to their home

Always

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Never

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Often

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Rarely

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Sometimes

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22.1 Are there students at your school who would share things with you

Always

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Never

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Often

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Rarely

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Sometimes

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23.1 Are there students at your school who would help you if you hurt yourself

Always

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Never

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Often

☐

Rarely

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Sometimes

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24.1 Are there students at your school who would miss you if you weren't at school

Always

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Never

☐

Often

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Rarely

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Student Resilience Survey



Sometimes

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25.1 Are there students at your school who would make you feel better if something is bothering you

Always

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Never

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Often

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Rarely

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Sometimes

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26.1 Are there students at your school who would pick you for a partner

Always

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Never

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Often

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Rarely

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Sometimes

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27.1 Are there students at your school who would help you if other students are being mean to you

Always

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Never

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Often

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Rarely

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Sometimes

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28.1 Are there students at your school who would tell you that you are their friend

Always

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Never

☐

Often

☐

Rarely

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Sometimes

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Student Resilience Survey



29.1 Are there students at your school who would ask you to join in when you are all alone

Always

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Never

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Often

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Rarely

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Sometimes

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30.1 Are there students at your school who would tell you secrets

Always

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Never

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Often

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Rarely

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Sometimes

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31.1 I help other people

Always

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Never

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Often

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Rarely

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Sometimes

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32.1 I enjoy working with other students

Always

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Never

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Often

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Rarely

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Sometimes

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33.1 I stand up for myself

Student Resilience Survey



Always

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Never

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Often

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Rarely

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Sometimes

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34.1 I can work out my problems

Always

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Never

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Often

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Rarely

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Sometimes

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35.1 I can do most things if I try

Always

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Never

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Often

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Rarely

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Sometimes

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36.1 There are many things that I do well

Always

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Never

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Often

☐

Rarely

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Sometimes

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37.1 I feel bad when someone gets their feelings hurt

Always

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Student Resilience Survey



Never

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Often

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Rarely

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Sometimes

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38.1 I try to understand what other people feel

Always

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Never

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Often

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Rarely

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Sometimes

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39.1 I have goals and plans for the future

Always

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Never

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Often

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Rarely

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Sometimes

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40.1 I think I will be successful when I grow up

Always

☐

Never

☐

Often

☐

Rarely

☐

Sometimes

☐



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