

Workplace wellbeing snapshot survey



About this survey

The What Works Centre for Wellbeing has developed this suggested set of questions in collaboration with The Department for Work and Pensions to give a quick snapshot of how people are doing with respect to different aspects of wellbeing

1.1

I'd like you to give an answer on a scale of 0 to 10, where 0 is "not at all" and 10 is "completely"....Overall, how satisfied are you with your life nowadays?

0 (Not at all)	<input type="checkbox"/>
1	<input type="checkbox"/>
10 (Completely)	<input type="checkbox"/>
2	<input type="checkbox"/>
3	<input type="checkbox"/>
4	<input type="checkbox"/>
5	<input type="checkbox"/>
6	<input type="checkbox"/>
7	<input type="checkbox"/>
8	<input type="checkbox"/>
9	<input type="checkbox"/>

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2.1 I'd like you to give an answer on a scale of 0 to 10, where 0 is "not at all" and 10 is "completely"...Overall, to what extent do you feel that the things you do in your life are worthwhile?

0 (Not at all)	<input type="checkbox"/>
1	<input type="checkbox"/>
10 (Completely)	<input type="checkbox"/>
2	<input type="checkbox"/>
3	<input type="checkbox"/>
4	<input type="checkbox"/>
5	<input type="checkbox"/>
6	<input type="checkbox"/>
7	<input type="checkbox"/>
8	<input type="checkbox"/>
9	<input type="checkbox"/>

3.1 I'd like you to give an answer on a scale of 1 to 10, where 0 is "not at all" and 10 is "completely"...Overall how happy did you feel yesterday?

0 (Not at all)	<input type="checkbox"/>
1	<input type="checkbox"/>
10 (Completely)	<input type="checkbox"/>
2	<input type="checkbox"/>
3	<input type="checkbox"/>
4	<input type="checkbox"/>
5	<input type="checkbox"/>
6	<input type="checkbox"/>
7	<input type="checkbox"/>
8	<input type="checkbox"/>
9	<input type="checkbox"/>

4.1 I'd like you to give an answer on a scale of 1 to 10, where 0 is "not at all" and 10 is "completely"...Overall, how anxious did you feel yesterday?

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0 (Not at all)	<input type="checkbox"/>
1	<input type="checkbox"/>
10 (Completely)	<input type="checkbox"/>
2	<input type="checkbox"/>
3	<input type="checkbox"/>
4	<input type="checkbox"/>
5	<input type="checkbox"/>
6	<input type="checkbox"/>
7	<input type="checkbox"/>
8	<input type="checkbox"/>
9	<input type="checkbox"/>

5.1 On a scale of 1 to 7 where 1 means 'Completely dissatisfied' and 7 means 'Completely satisfied', how dissatisfied or satisfied are you with your present job overall?

1 - Completely dissatisfied	<input type="checkbox"/>
2 - Mostly dissatisfied	<input type="checkbox"/>
3 - Somewhat dissatisfied	<input type="checkbox"/>
4 - Neither satisfied or dissatisfied	<input type="checkbox"/>
5 - Somewhat satisfied	<input type="checkbox"/>
6 - Mostly satisfied	<input type="checkbox"/>
7 - Completely satisfied	<input type="checkbox"/>

6.1 I would recommend my organisation as a great place to work

Agree	<input type="checkbox"/>
Disagree	<input type="checkbox"/>
Neither agree nor disagree	<input type="checkbox"/>
Strongly Agree	<input type="checkbox"/>
Strongly Disagree	<input type="checkbox"/>

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7.1 How would you rate your overall physical health now?

Bad

☐

Fair

☐

Good

☐

Very bad

☐

Very good

☐

8.1 How would you rate your overall mental health now?

Bad

☐

Fair

☐

Good

☐

Very bad

☐

Very good

☐

9.1 I feel safe from threats and physical hazards in my current work environment

Agree

☐

Disagree

☐

Neither agree nor disagree

☐

Strongly Agree

☐

Strongly Disagree

☐

10.1 I am satisfied with my current physical working environment

Agree

☐

Disagree

☐

Neither agree nor disagree

☐

Strongly Agree

☐

Strongly Disagree

☐

11.1 For each of the following statements, please select the response which best describes your work situation...

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12.1 Are there any other specific questions you think we should be asking as part of this wellbeing snapshot survey?

☐

13.1 Are there any other comments you would like to share?

☐

14.1 Although the survey is anonymous, our school is keen to understand results by various groupings that will help us be I questions. We want to give you the security of knowing that the results can only be shown for each grouping if there is individual. What is your current age?

24 or under

☐

25-34

☐

35-44

☐

45-54

☐

55-64

☐

65+

☐

Prefer not to say

☐

15.1 What is your gender?

Female

☐

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For each of the following statements, please select the response which best describes your work situation...

	Never	Rarely	Sometimes	Most of the time	Always
Your colleagues help and support you	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Your job gives you the feeling of work well done	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Your headteacher helps and supports you	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Your line manager helps and supports you	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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Male ☐

Other ☐

Prefer not to say ☐

16.1 What best describes your current role in the school?

Middle Leadership ☐

Other ☐

Senior Leadership ☐

Support staff ☐

Teacher ☐

17.1 What would best describe the nature of your role in school? (You may select more than 1 option)

Both Subject focus and Pastoral focus ☐

Non-teaching/Support/Other ☐

Pastoral focus only ☐

Subject focus only ☐

18.1 Which Key stage/s do you teach? (You may select more than 1 option)

EYFS ☐

KS1 ☐

KS2 ☐

KS3 ☐

KS4 ☐

N/A ☐

19.1 What best describes your current role status?

Full time ☐

Part Time ☐

Prefer not to say ☐

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Short or long term cover

☐

20.1 What best describes your current employment status?

Agency/Supply Staff

☐

Employed by Local Authority

☐

Employed by school

☐

Prefer not to say

☐

21.1 What are your total years in this current school?

0-1 years

☐

2-3 years

☐

4-5 years

☐

6-7 years

☐

8+ years

☐

Prefer not to say

☐

22.1 Have you worked in another school before

No

☐

Prefer not to say

☐

Yes

☐

23.1 What are your total years of teaching experience?

0-1 years

☐

2-3 years

☐

4-5 years

☐

6-7 years

☐

8+ years

☐

N/A

☐

Prefer not to say

☐



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or email bob@bouncetogether.co.uk