

RED, WHITE & BLUEBERRY PIE

Choice of Liquid, Strawberries, Blueberries
& Organic Chai Spices with Vanilla Whey Protein



— NUTRIENT-DENSE —

“RED, WHITE & BLUEBERRY PIE”

6 oz	Unsweetened Vanilla Almond Milk
1 scp	Freeze-Dried Strawberries
½ scp	Freeze-Dried Blueberries
¼ scp	Flavor Fusions - Organic Spiced Chai
1 scp	Vanilla Whey Protein
12 oz	Ice

Nutrition Facts	
servings per container	
Serving size	20 fl. oz. (591 ml)
Amount per serving	
Calories	200
% Daily Value*	
Total Fat 4g	5%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 55mg	18%
Sodium 260mg	11%
Total Carbohydrate 20g	7%
Dietary Fiber 2g	7%
Total Sugars 14g	
Includes 9g Added Sugars	18%
Protein 21g	
Vitamin D 2mcg	10%
Calcium 304mg	25%
Iron 1mg	6%
Potassium 350mg	8%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	