

RASPBERRY RECHARGE

Unsweetened Almond Milk, Banana, Raspberries, Vanilla
& 'Get Energized' with Vanilla Whey Protein



— MAY SUPPORT HEART HEALTH —

“RASPBERRY RECHARGE”

6 oz	Unsweetened Vanilla Almond Milk
4 lg coins or 1 scp	Freeze-Dried Banana (or 2" Fresh Banana)
2 scps	Freeze-Dried Raspberries
1 scp	Vanilla Whey Protein
1 scp	Get Energized
3-4 drops	Vanilla Extract
12 oz	Ice

Nutrition Facts

servings per container

Serving size 20 fl. oz. (591 ml)

Amount per serving

Calories 200

% Daily Value*

Total Fat 4g 5%

Saturated Fat 1g 5%

Trans Fat 0g

Cholesterol 55mg 18%

Sodium 200mg 9%

Total Carbohydrate 20g 7%

Dietary Fiber 4g 14%

Total Sugars 14g

Includes 0g Added Sugars 0%

Protein 22g

Vitamin D 2mcg 10%

Calcium 308mg 25%

Iron 1mg 6%

Potassium 498mg 10%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.