

Sarnia-Lambton

ANNUAL REPORT 2024-25

REBOUND

YOUTH FIRST, ALWAYS

2024

HIGHLIGHTS &
SUCCESSES

1680

YOUTH SERVED

41 YEARS
OF SERVING
YOUTH &
FAMILIES

21

PROGRAMS &
SERVICES





Our Values

SUPPORT Every youth has the right to support in their developmental journey.

COMMUNITY That youth are equal and valued partners in the framework of the organization and our larger community.

COLLABORATION We are committed to ongoing program evaluation, knowledge exchange and community collaboration.

SUCCESS That every volunteer, staff and board member is vital to the success of our organization and equally valued for their contribution.

Our Story

Founded in 1984 by Barry Symington, Dee Cox, and Terry Fitzgerald, Rebound is a grassroots agency based in Sarnia-Lambton. Our mission is to address the needs identified by youth and the community through responsive, evidence-informed prevention and early intervention services.

Recent trends in service requests have highlighted issues such as mental health, stigma, identity, isolation, bullying, and pressures from social media. Recognizing the need for safer spaces and caring guidance, Rebound leads The HUB and collaborates with the Sarnia-Lambton Youth Wellness Hub (YWHO).

Research shows that the brain continues to develop until around age 25, emphasizing the importance of supporting young people during adolescence. Through evidence-informed programs, we aim to strengthen youth before issues escalate. Our programs are accessible to all youth aged 8-24, with referrals from various sources including self-referrals.

At Rebound, all youth are welcome, and our customizable supports ensure that each individual's unique needs are addressed without lengthy wait times.



Artwork - Seven Grandfathers Teachings by: Kennady Osborne
- Seventh Ryan Design Co.

Land Acknowledgement

Sarnia-Lambton Rebound recognizes that the land on which we support our youth was stolen from the Chippewa, Odawa, Potawatomi and Delaware nations through Treaty 29. We take a moment now to recognize the generational impact of this harm on our local Indigenous community. We as a staff commit to continue using our privilege to support all youth in our community and support the healing of Indigenous communities through intentional relationships and partnerships.

EXECUTIVE DIRECTOR & BOARD PRESIDENT'S MESSAGE

The 2024–2025 fiscal year was a milestone chapter in Rebound's history as we proudly celebrated 40 years of serving youth and families in our community. This anniversary was more than a marker of time as it was a celebration of resilience, impact, and the deep relationships we've built over four decades. We were honoured to be named to the Mayor's Honour List, a recognition that reflects not only the dedication of our staff and volunteers but also the trust and partnership of the community we walk alongside every day. This year also marked the beginning of a new journey for Rebound as we launched a strategic planning process to shape the future of our work. Grounded in relational practice, youth engagement and driven by a desire to deepen our impact, we engaged staff, youth, partners, and supporters in meaningful conversations about where we've been, where we are, and where we're headed. This foundational work set the stage for intentional growth and renewed focus, ensuring that Rebound continues to respond with heart, innovation, and integrity to the evolving needs of those we serve. Equally vital to our great momentum has been the strong support and collaborative energy of our community partners. Their commitment to shared vision and collective impact has broadened our reach and deepened our ability to respond intentionally and meaningfully to the evolving needs of youth and families. It is together that we are building spaces where every young person feels seen, heard, and empowered to thrive.

Michelle Holbrook, Executive Director
Sarnia-Lambton Rebound

Meghan Reale- Smith
President, Sarnia-Lambton Rebound Board of Directors



2024-2025 HIGHLIGHTS

what a year!



Youth Makers Expo



40th Anniversary Open House



Hearts for Youth Gala



Dinner at Hogwarts
Fundraiser



WINNER

Best Non-Commercial float:
Sarnia Lambton Rebound,
Kinsmen Christmas Parade



40 Random
Acts of
Kindness
Day



Mayor's
Honour List
Recipient

TESTIMONIALS ON THE IMPACT OF REBOUND

"My youth plays more with others, and has shown an increase in participation at school."

-Parent, T.A.G. Program

"I feel like this is one of the only programs that really helped me"

-S.T.A.N.D. Youth

"The program was good, it helped a lot with my anxiety." -S.T.A.N.D. Youth

"These last few years have been insanely hard, but you've helped me not only survive but be able to get to a place I can take care of myself in a real and healthy way."

-Y.I.T. Youth

We are so lucky to have amazing volunteers making this happen for so many deserving recipients in our community. You are helping more than you could ever know!

- Anonymous



TWO GENERATIONS OF REBOUND

Some stories span years. Others, generations.

For Brook and Brennah, their connection to Sarnia-Lambton Rebound is woven not only through their individual journeys, but through a shared belief in the power of second chances, self-expression, and community.

Brook was just 13 years old when she first walked through Rebound's doors; not entirely by choice. Like many young people, she had followed the wrong crowd and found herself in trouble. But at Rebound, she discovered something unexpected: a place where people saw her not for her mistakes, but for her potential.

Years later, as an adult, Brook found her way back this time by choice, volunteering as a Table Coach in 2008. For two years, she offered the kind of guidance she once received, pouring compassion and care into every conversation. In time, she joined the staff team, officially welcomed "home" to Rebound the place that had once changed her life.

But the story doesn't end there. In 2010, Brook's daughter Brennah, then just 12, auditioned for the very first season of Rebound's Act II Theatre Program - a brand-new creative initiative giving youth a voice on the stage. She proudly landed the role of a guard in The Wizard of Oz, complete with a hand-crafted cardboard hat and boundless enthusiasm.

From that moment on, Brennah's passion for performance took flight. She took part in many Act II productions before heading off to pursue her dream, earning a Bachelor's Degree in Music (Voice) from Western University.

Today, Brennah is back in Sarnia and back at Rebound; this time as the volunteer Musical Director of the very program that once gave her the spotlight. She now helps a new generation of young people find their confidence and creativity through song, story, and stage presence.

This is more than a mother-daughter story. It's a 37-year legacy of connection, growth, and full-circle moments that remind us all: at Rebound, every chapter matters. Every journey counts. And sometimes, the people we support today become the ones who lead tomorrow.

There truly is no place like Rebound.



Brook, Brennah & Kelly Wilson at the 2009 (80's themed) Rebound Annual Meeting



C.A.R.E. PROGRAM

The C.A.R.E. program emerged from insights gained through the 1 in 3 program, aiming to foster healthy relationships among youth aged 12-17. It welcomes referrals from caregivers, schools, and community agencies, empowering participants with essential skills for effective communication, boundary setting, and recognizing unhealthy behaviors. Jointly operated by Sarnia-Lambton Rebound, Women's Interval Home, and The Centre.

15
youth served

100% of youth reported increased making healthy decisions about sexual activity and relationship.

92% of youth report an increased understanding about the importance of consent.



LIFE CHOICES

Our flagship program, Life Choices, has been a cornerstone of our services since its inception in 1984, generously supported in part by the United Way of Sarnia-Lambton. This nationally recognized 10-week social skills program is tailored for youth aged 13 to 18, aiming to foster personal growth and development.

Utilizing interactive activities, behaviour rehearsals, and video clips, our dedicated staff and volunteers guide participants through weekly topics, including self-esteem, relationship improvement, and pro-social skill development. The program creates a relaxed and safe environment where youth can learn and have fun simultaneously.

Each session is customized based on the unique needs of the participants, covering a range of topics such as self-respect, resiliency, youth and the law, social media, substance education, goal setting, and communication. Notably, one graduate of the program has transitioned into a junior coaching role in another program, showcasing the program's lasting impact on youth development.

29
youth served



T.A.G. PROGRAM

The T.A.G. Program (Tools For Achieving Growth) was exceptionally popular this year, with a waitlist for every session, reflecting its value and impact in the community.

The T.A.G. Program supports boys aged 8-12 in developing essential skills and techniques to manage impulse control, aggression, decision-making, bullying, and building healthy friendships. Staff and volunteers use games, activities, behavior rehearsals, and video clips to help youth develop effective long-term strategies.

Weekly Topics Include:

- Physical Aggression
- Communication
- Healthy Friendships
- Teamwork
- Respect
- Bullying/Cyber Bullying
- Positive Decision-Making
- Impulse Control
- Peer Pressure

21
youth served



P.A.S.S. PROGRAM

The P.A.S.S. Program (Positive Alternative to School Suspension) provides an alternative to home suspension for students in grades 4 through 12 in both Sarnia (LKDSB & SCCDSB) and Chatham (LKDSB). Designed for youth facing school suspensions of 1-10 days, P.A.S.S. focuses on developing positive social and cognitive skills while ensuring students maintain their academic progress.

The P.A.S.S. Program outcomes speak for themselves. 70% of youth found it more useful attending the PASS program rather than being sent home. 76% of youth learned something new during the Life Skill Program.

By offering structured support and guidance, the P.A.S.S. Program helps students stay on track academically and develop the skills needed to succeed and making a positive impact on their school experience and personal growth.

Youth Feedback:

"Life Skill Program in PASS taught me valuable lessons to use in my everyday life"

"PASS taught me what do to during difficult situations"

119
youth served



IN -SCHOOL DETENTION

For the past seventeen years, Rebound has been delivering in-school suspension and detention services to secondary schools in the St. Clair Catholic District School Board in Sarnia and Chatham. Instead of being sent home, students are referred to this program by school administration and participate in on-site detention within a classroom setting. During their time in the program, students receive support to complete their schoolwork and engage in social skills development.

Staff members hold reflective conversations with the students, discussing the reasons for their detention and exploring alternative choices for the future. This approach not only helps students stay on track academically but also fosters personal growth and better decision-making. Additionally, the program provides a quiet space for students to catch up on missed work.

Rebound's in-school suspension and detention services play a crucial role in supporting students' academic progress and personal development, ensuring they have the tools and guidance needed to make positive changes and succeed in their educational journey.

851
youth served

3946
youth visits



HOUSING SUPPORTS

Rebound continues to provide supports to the youth living at Ohana Landing, a transitional housing building for youth aged 16-24, and youth in the community who have experienced homelessness. Currently there are 8 youth (and 3 children) living in Transitional Housing and 3 living within the community. The Housing Support Worker offers supports to youth that include; strengthening life skills, goal setting, support in maintaining stable housing and working towards independent living, mental health supports, community integration and stabilization.

The Housing Support Worker also regularly connects youth to their community supports. Over the last year, some of the connections and collaborations that were made include: Lambton Public Health, West Lambton Community Health Centre, Lambton County Social Services, Family Counselling Centre, Canadian Mental Health Association (Housing & Case Management), Youth Job Connection, LEADS, Sarnia-Lambton Children's Aid Society, Native Friendship Centre (Addiction Navigator, Red Path & Life Long Care Worker), Lambton College, The Inn of the Good Shepherd, Ontario Works, Ontario Disability Support Plan, Youth in Transition worker (Rebound), The Hub and Bluewater Health (Withdrawal Management, Mental Health & Addictions) as well as YWHO.

17
youth served



TRANSITIONS II CLASSROOM (TII)

T2 provides a specialized learning environment for students disengaged from traditional high school settings. Referrals come from the Children's Aid Society and Youth Probation. T2 collaborates with numerous community agencies, including CAS, St. Clair District School Board, Youth Probation, St. Clair Child and Youth Services, Lambton Kent District School Board, and John Howard Society, to support youth and their diverse needs.

T2 serves high school students aged 14-18, offering therapeutic activities to help them achieve their academic and personal goals. The program coordinator works closely with a teacher to ensure students remain engaged in their learning. Activities include life skills development, coping mechanisms, informational meetings with community partners, resume building, cooking, field trips, and more.

In 2024, T2 successfully helped 16 youth re-engage with their education, demonstrating significant progress by completing 54.5 credits. This program is crucial in providing the support and resources needed for youth to succeed academically and personally.

16
youth served



ENHANCED MENTAL HEALTH RESPITE

This new offering at Rebound is designed to provide specialized support. The overall goal of the Intensive outreach program includes reducing mental health challenges, improving overall functioning across multiple domains (school, community), enhancing family functioning to foster stability in the home and treat young people who are in crisis, where and when they need it. This program is being led by St. Clair Child and Youth Services (SCCYS), in collaboration with a strong network of community partners. These include Sarnia-Lambton Rebound, the Lambton Kent District School Board, and other local organizations committed to youth development and education. Enhanced Mental Health Respite provides a more comprehensive and effective support for youth (8-18) experiencing mental health challenges. Rebound Staff work one on one with youth to assist with regulation & coping, healthy relationships, self esteem, belonging & more.

3
youth served



S.T.A.G.E.

Our S.T.A.G.E (Strategies Towards Achieving Girl Empowerment) Jr. & Sr. program spans 10 weeks and is tailored for young female identifying, with Jr. sessions catering to ages 8-11 and Sr. sessions to ages 12-15. This program addresses key issues such as relational aggression and body image, meeting the developmental needs of participants across both age groups.

Offered in response to community demand, the program provides a vital platform for young girls to navigate societal pressures in a healthy manner. Topics covered include relational aggression, unhealthy media messages, self-esteem, safety, healthy body image, bullying, and cyberbullying.

In 2024, this program ran twice, offering invaluable support and guidance to 29 youth. Participants engage in various activities, including making friendship beads to cherish their experiences in the S.T.A.G.E. Program.

29
youth served



EDUCATION & COMMUNITY PARTNERSHIP PROGRAM (ECPP)

The ECPP Program caters to students who, due to various reasons, require specialized educational support outside the conventional school system. These students, who are clients of local agencies and the community, are taught by a Lambton Kent District School Board teacher following the Ontario Ministry of Education curriculum.

Supported by Rebound staff, an LKDSB Teacher, and an Educational Assistant, the ECPP at Sarnia Lambton Rebound and within Northern Collegiate Institute & Vocational School provides a therapeutic environment for students to fulfill their educational requirements at a pace tailored to their individual needs. There is a focus on mental health treatment provided by SCCYS as well as skill development & practice by Rebound Staff.

In the past school year, the ECPP served 20 high school students and 3 elementary students over both locations.

23
youth served



THE HUB

The HUB is a safe, welcoming drop-in space for youth aged 12-24 to gather and hang out in a supportive environment. Staying current with trends and needs, our staff designs relevant programming tailored to today's youth. The success brought in the 2024-25 year was made possible by multiple community partners including: Canadian Mental Health Association, West Lambton Community Health Centre (Housing & Harm Reduction), The Centre, St. Clair Child & Youth Services, Goodwill Career Centre, and The Workplace Group.

We are deeply grateful to our community partners and volunteers for facilitating various programs at The HUB, including Weir Active, Sarnia Library, Lambton Employment Services, WLCHC, Lambton College Empowering Minds, Therapy Dogs, Indigenous Storytelling, Haircuts, Woman Building Futures, and more.

During the 2024-25 fiscal year, Rebound continued to partner with Youth Wellness Hubs Ontario in providing drop-in services two days a week. During this time, we have served 40 individual youth and held 99 drop-in nights. This year's special events included fundraisers held by the youth including Pride Cupcakes sales, and a lemonade stand. Fill the Tub for The HUB as well as a Gym Box Collection campaign for The HUB's 8th birthday.

189
youth served



YOUTH IN TRANSITION (YIT)

The Youth in Transition Program empowers youth aged 16-24 involved with a Children's Aid Society, guiding them in accessing and navigating essential services as they move towards adulthood. This program provides comprehensive support, including service navigation, life skills programming, and goal setting, to foster better outcomes for these youth, who often face significant challenges compared to their peers.

In 2024, the program experienced a notable increase in referrals for youth aged 16-18. Engaging with youth at this stage enables the Youth-in-Transition Worker (YITW) to build meaningful relationships earlier, fostering a smoother transition as youth prepare to exit the support of their Children's Aid Society. 70% of the youth served had more than five interactions with the YITW, demonstrating the program's strength in offering consistent, relationship-based support that is embedded in the daily lives of young people.

In 2024, 20 group sessions were delivered, reaching a total of 77 participants—an increase from 12 groups and 57 participants in the previous year.

Key Areas of Support for youth in the YIT program include Housing, Education, Employment, Health Care, Mental Health, Life Skills & Food Security.

52
youth served



PROJECT 1 IN 3

Project 1 in 3 is a vital diversion program for male-identifying youth aged 12-17 who have engaged in minor sexual offenses, such as sharing intimate images, non-penetrative touching, sexual harassment, and invitation to touching. Developed in collaboration with Lambton OPP, The Centre, Youth Probation, and Sarnia-Lambton Rebound, this program aims to educate youth in a supportive environment.

Project 1 in 3 focuses on helping participants understand the importance of consent and respectful behavior.

By providing this crucial education, Project 1 in 3 supports positive behavior change and helps prevent future offenses.

Youth shared:

"I like how the coaches treated me with respect and understood how I was nervous to share and helped me learn from my actions (I also liked the activities and the group talks)"

"There wasn't any shame, and I learned some things I didn't know"

6
youth served



THRIVE

The Thrive Program is an interactive program offered to youth aged 12 to 14 and focuses on resiliency, coping strategies and encourages self-discovery and self confidence. This in-school program teaches youth skills to overcome obstacles, how to be resilient, learn communication skills and discover one's strengths, beliefs & values. The hands-on learning includes a weekly relaxation exercise that is designed specifically to assist youth in coping with relevant stressors in their lives. The 2024 year saw the Thrive program held at Bridgeview school, with 28 youth completing the program.

28
youth served



DUNGEONS & DRAGONS

Rebound's Dungeons & Dragons program saw an amazing year filled with wondrous adventures, powerful lessons and countless laughs. The team ran its first summer program experience that saw youth reporting its benefits and parents & caregivers as well! 95% of Parent & Caregivers reported a positive change in their youth that they connected to the program itself, such as skills like patience, critical thinking and self-expression.

Maintaining our tradition of a quote of the week to capture a memorable moment, this year we heard a quote that captured how special the program can be for the youth involved: "Maybe the real lesson was the friends we made along the way." This quote comes from a youth character called Charizard, a mighty Barbarian, reflecting on their adventures.

In 2024, 95.6% of youth strongly agreed that the D&D Rebound program had a positive impact on their lives. With another 92% of youth saying they had learned from the program and were able to identify different lessons they had learned from the program.

21
youth served



S.T.A.N.D.

The S.T.A.N.D. (Stop, Think & Decide) Program offers therapeutic support and early intervention through private sessions, catering to individual youth needs or as a transitional option while awaiting group programming. Specifically designed for ages 8 to 17, S.T.A.N.D. sessions provide a safe environment for youth to navigate the complexities of the teen years.

Unlike many group-oriented programs at Rebound, S.T.A.N.D. recognizes the value of one-on-one communication. It serves as a crucial bridge for youth who may find solace in individual sessions or are awaiting other Rebound services. Importantly, S.T.A.N.D. sessions are provided free of charge, ensuring accessibility to all.

In 2024, S.T.A.N.D. served a total of 57 youth, in Sarnia and the outlying county, highlighting its importance as a personalized and supportive resource for young individuals navigating challenges during their formative years.

84% of youth reported that the program helped to increase their understanding of self-care

85% of youth reported that the program helped improve their ability to think about decisions.

57
youth served



SPECTRUM

Spectrum is an inclusive drop-in program for 2SLGBTQIA+ youth in Sarnia-Lambton, providing a safe space for those aged 12-24 to find community, express their identities, and engage in educational and fun activities free from judgment.

Spectrum's over-arching goals are to ensure a safe space for all 2SLGBTQIA+ youth, combat homophobia and transphobia through community outreach and educational campaigns & help youth gain self-confidence and feel comfortable in their identities.

Youth experience includes One-on-one support, acceptance and understanding, knowledge of 2SLGBTQIA+ history, building friendships, guest speakers who identify as 2SLGBTQIA+, fun through art, board games, movie nights and opportunities to participate in community events.

Celebrating 12 years at Sarnia-Lambton Rebound, the Spectrum program had 174 visits from 40 individual youth with 16 new intakes.

Spectrum continues to be a vital resource for 2SLGBTQIA+ youth, fostering a supportive environment where they can thrive.

40
youth served

"I feel like this is one of the only programs that really helped me"

-S.T.A.N.D Youth

"The program was good, it helped a lot with my anxiety."

-S.T.A.N.D Youth





ACT II THEATRE PROGRAM

This year, the Act II Program showcased the talent and dedication of 43 young individuals who participated in the Alice in Wonderland Jr. production. With the support of 21 dedicated volunteers, the production successfully sold more than 1,000 tickets at the Imperial Theatre. The cast and crew devoted 11 weeks to rehearsals, totaling more than 100 hours. Our ACT II program continues to provide vital supportive services for youth through a variety of performing, visual, expressive, and musical arts-based activities. This program offers young people the opportunity to develop a stronger sense of self-worth and belonging through a youth-engaged expressive arts model. ACT II remains accessible at no cost to participants, incorporating skill-building exercises led by Rebound's staff team. These professionals work in conjunction with trained adult allies from the arts community, ensuring a comprehensive and enriching experience.

43
Youth Participants (on & off stage)

RED CARPET READY

Red Carpet Ready at Rebound collects new and lightly used formal dresses, suits, shoes, and accessories, and provide them free of charge to area school students. Staff and a dedicated group of volunteers distribute the formal wear and accessories during our scheduled Pop-Up Shop which occurs the second weekend in March each year. Our formal wear drive takes place each January and February. Our March 2025 Pop-Up Shop was held at The Dante Club and outfitted 121 youth for prom & graduation. This program is truly a community project as it would not be possible without all the support we receive from our community. Thank you to everyone who supports this project each year by donating formal wear, space, overhead items, and time! This year's event was supported by The Dante Club, Capes Movers, Joy's Bridal Boutique, Two Water Brewing, Black Gold Brewery, Ravell Insurance, Sarnia-Lambton Children's Aid Society and Nova Chemicals. Our volunteer committee works on this project year-round.

121
youth supported



"I felt so supported at your event this year! Leaving with both a dress and a suit jacket allowed me to create a look that was truly me. Thank you!" - Anonymous

VOLUNTEERS

Volunteering at Rebound had many changes this year with the closing of the ReFound Store and the addition of the Youth Advisory Committee & Youth Fundraising Committee at The Hub. We welcomed many new volunteers and celebrated many dedicated volunteers.

Volunteers help support our organization in many ways including supporting youth in our programs, planning on committees, sitting on our board of directors and assisting at our fundraising/community events. This year our volunteers collectively donated 8905 hours to us and we are beyond grateful! We can not do everything we do without them! Thank you to each one of you who supported Rebound this year by gifting us your time and commitment.

2024-2025 Volunteer Service Awards

125 hours

Amy Breathat
Colette Dufour

250 Hours

Natasha Willemsen

150 Agency
Volunteers

51 Youth
Volunteers



Rick M. receiving the King Charles III Medal for his outstanding dedication to volunteerism, with Nicole McLean Rebound Volunteer Coordinator.



Red Carpet Ready Project at Rebound volunteers Amy & Sophie along with Volunteer Coordinator Nicole McLean, at the National Volunteer Week awards.

8905

Volunteer hours donated in the 2024-25 year.

CHOICES PROVINCIAL & MEMBER SITES

The Choices program is funded by the Ministry of Health to provide a Best Practice early intervention & prevention, mental health & addictions program within eight locations across Ontario:

- Thunder Bay Counselling Center in Thunder Bay
- Algoma Family Services in Sault Ste. Marie
- RNJ Youth Services in Lanark, Leeds & Grenville
- Lake of the Woods District Hospital in Kenora
- Shkagamik-kwe Health Center in Sudbury
- Hong Fook Mental Health Association in Scarborough
- Malvern Family Resource Center in Scarborough
- Canadian Mental Health Association in York Region



Rebound provides consultation and support through quarterly virtual calls, email/phone support, and a bi-annual retreat. This June we will be hosting the first Bi-Annual Retreat since the pandemic.

There are five Member Sites who have purchased Sarnia Lambton Rebound programming to facilitate within their organizations.

The locations are:

- RNJ Youth Services in Lanark, Leeds & Grenville
- Algoma Family Services in Sault Ste. Marie
- Youth Diversion Program in Kingston
- Essex County Diversion in Windsor
- Serenity Renewal for Families in Ottawa



NEW LOCATION



FUNDRAISING

Throughout the past year, the 40th anniversary celebration continued to highlight the milestone that Rebound has achieved, we hosted events that left lasting memories with our youth, the staff and the community at large. We definitely made our mark!

In July 2024, the 2nd Youth Makers Expo was a celebration of youth and their creativity. The expo featured 35 young talented entrepreneurs in a public market style event held at St. Luke's Church. Each youth vendor was provided free of charge with a booth to promote their creative products to sell to the public. Funding was provided by a generous grant from Ontario Trillium Foundation. The young vendors showcased an impressive range of hand crafted products to entice the shoppers from jewellery, clothing, toys and artwork to name a few.

Magic was in the air for the Dinner at Hogwart's in October 2024, this event sold out to a very enthusiastic crowd. Guests were inspired to dress in their finest costumes, which enhanced the evenings' entertainment. We feasted on a delicious meal in the transformed Great Hall at St. Luke's Church while learning how to cast a spell. The agency raised approximately \$5,000 at this event, thanks in part to the hard working team at St. Luke's Church. The event attracted guests of all ages but in particular families out for an evening of fun and food.

Rebound's signature fundraising event, the Hearts for Youth Gala was held at the Dante Club in February 2025 with a very regal Bridgerton theme. We walked back in time to the Regency era of England, and the guests shone like stars. We were very impressed with the extravagant period costumes worn by attending guests. One guest commented that it was like a period fashion show in the front lobby as guests arrived. The generous support of our gala sponsors was instrumental in raising approximately \$75,000 for the agency but again the continued commitment of the Carpenters Union Local 1256 as the lead sponsor made a huge difference.

Grant proposals play a vital role in securing financial support for youth programming and ensuring the stability of Rebound as an organization. In addition to the successful grants we receive, we are deeply grateful for the generous donations from our community. We are truly fortunate in Sarnia-Lambton to be surrounded by individuals who are committed to investing in the success of our youth.



Behind every strong community is a network of people who give — not because they have to, but because they believe in something bigger.

THE TEAM

At Rebound, our strength lies in the passion, dedication, and expertise of our team. Each member brings unique skills and a shared commitment to empowering and uplifting the youth in our community. Together, we work tirelessly to create a supportive and nurturing environment where every young person can thrive and realize their full potential.

Michelle Holbrook, Executive Director

Sarah McCann, Business Manager

Andraya MacMillan, Client Services Team Manager

Mairi Macintyre, Client Services Team Manager

Beverley Horodyski, Fund Development Coordinator

Tara Anderson, Administrative Assistant

Brook Freer-Wiles, Creative Design Lead

Nicole McLean, Volunteer Coordinator, Red Carpet Ready Coordinator

Julie Claeys, E.C.P.P. Program Coordinator

Kelly Jubenville, T2 Program Coordinator

Ron Smith, CST Supervisor & Intake Coordinator

Zack Roos, D&D Program Coordinator

Zibby Blanchard, Program Support, Spectrum Program Coordinator

Shea Silvestri, Peer Navigator, Spectrum Support

Brandon Tokley, P.A.S.S. Program Coordinator Sarnia, ACTII Support, Student Support, 10 week Programs

Aaliyah Nguyen, In-School Suspension & Detention Program Coordinator UCC

Sarah Wellington, County Program Coordinator, Research & Development D&D Program, Student Lead

Kristen Clendenning, HUB Supervisor, YWHO Program Coordinator

Cereena Heffer, Youth In Transition Worker

Sonja Hotke, In-School Suspension & Detention Program Coordinator- St.Pat's

Logan Cassista, HUB Program Assistant- Program Support

Sami Kameka, S.T.A.N.D. & Enhanced Mental Health Respite

Myckayla Boileau, i2i Program Coordinator

Robyn Gore-Legue, PASS Coordinator Chatham

Jess Vegh, Office Organization

Tracy MacDonald, Housing Support Worker

Jenna Capes, ECPP Program Coordinator & ACT II Program Coordinator

Olivia Freer, Youth Engagement Coordinator, 10 Week Programs

Nicole Elliott, HUB Program Coordinator

Makayla Hadwyn, Community Engagement, Research & Development Support, 10 Week Programs

On Call Program Support Staff

Chris French

Kal Laroque-Lines

Olivia Rivat

Jordan D'Arcy

The following staff moved on to other journeys throughout this fiscal year. Each of you made a significant impact during your time with Rebound. Your dedication and hard work never went unnoticed. As you take on new challenges and embrace new adventures, we have no doubt that you will excel and make a positive impact wherever you go.

Stephanie Hyde, Tiffany D'Angela, Justin Roussy, Jasmine Kalsi, Maddisyn Fisher.

FIELD PLACEMENT STUDENTS

By embracing the opportunities presented through on-the-job learning, field placement students not only contribute to the immediate well-being of youth at Rebound but also prepare themselves for a meaningful and impactful career in youth support. We are proud to support our field placement students as they grow into compassionate, skilled professionals dedicated to empowering the next generation.



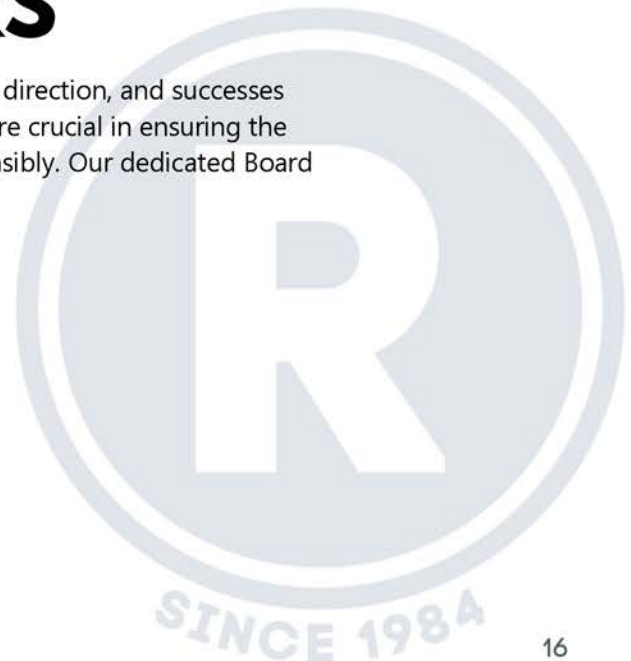
From left to right : Riley De Marco, Erica Cormier, Blayne Mowbray, Mae Brink, Tamara Walsh.
Front, from left to right: Olivia Crow, Grace Coats, Hope Reading, Brooke Buchanan. Not pictured: Shea Silvestri

BOARD OF DIRECTORS

The Board of Directors plays a vital role in the overall governance, strategic direction, and successes of a nonprofit organization. Their expertise, leadership and accountability are crucial in ensuring the organization's mission is fulfilled and that it operates effectively and responsibly. Our dedicated Board of Directors for the 2024/2025 fiscal year are:

Meghan Reale, President
Allison Pilat, Vice-President
Candace Fowlie, Treasurer
Samantha Saucier, Secretary
Lo-anne Chan
Julie Craddock

Krysten Milne
Ashima Wadhi
Teri Thomas-Vanos
Chelsey Van Gaver
Chris Kehoe



STATEMENT OF OPERATIONS

For the year ended March 31

REVENUE	2025	2024
Amortization of deferred Capital contribution	\$3,463	\$5,616
Donations	130,248	144,809
Fundraising	148,467	174,056
Grants	1,481,386	1,548,793
Interest	20,390	21,742
Bequests (Note 3)	350,000	150,000
Membership	19,250	7,000
Other	3,343	3,442
Store Sales	14,359	54,507
	2,170,906	2,109,965
EXPENSES		
Amortization	25,069	18,811
Bank charges	3,254	4,707
Fundraising	36,790	44,373
Insurance	16,911	15,358
Office and misc.	72,564	57,598
Professional fees	44,878	31,467
Programs	165,442	180,542
Public Relations	10,291	4,722
ReFound Store Inventory write-down	12,256	
Refound Store Expenditures	15,199	71,165
Rent	66,422	70,566
Staff development	17,657	16,035
Telephone	17,314	17,791
Travel & Promotion	7,694	6,531
Wages and benefits	1,452,126	1,455,664
	1,963,867	1,995,330
Excess of revenue over expenses	\$207,039	\$114,635

Management Notes to the Financial Statements

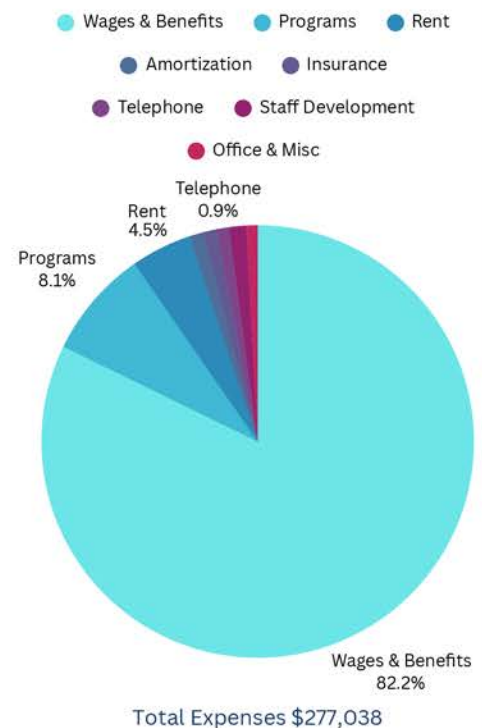
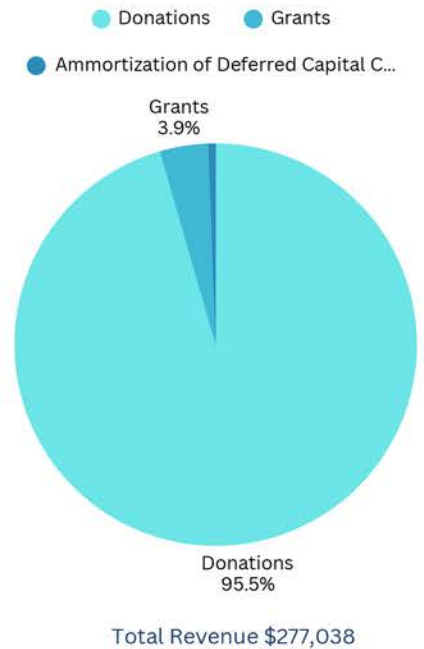
- 1. Cost allocation notes:** In terms of our expenses, each expense (with the exception of the three noted below) is allocated to the program for which the monies were expended. Each department is able to keep an accurate accounting of their expenditures.
- 2. Investment Notes:** All investments are placed into interest-bearing, money market funds to ensure minimal risk of financial losses. The past year we earned a total of \$20,390 on our investments.
- 3. Volunteer Contributions:** This past year, volunteers donated a total of 8905 hours or 4.90 full time equivalent staff positions valued at \$153,166 (based on Ont. minimum wage). These numbers are not reflected in the financial statements.
- 4. Fundraising Expenses:** Through policy direction from the Board of Directors, Sarnia Lambton Rebound details full disclosure of all gross fundraising costs of the agency. No fundraising expenses are allocated to other functions. The fundraising expenses that are detailed in the financial statements include the gross expenses of producing special events. The actual costs of salaries and benefits of our fundraiser are \$57,400 for a total of \$94,190 spent on raising a total of \$2,170,906 in revenues.

STATEMENT OF FINANCIAL POSITION

As at March 31

ASSETS CURRENT	2025	2024
Cash	\$516,466	\$543,804
Short -term investments	597,702	283,769
Accounts receivable	57,007	177,902
Inventory	-	23,301
Prepaid expenses	8,294	7,715
	\$1,179,469	1,036,491
Equip. & Improvements	70,270	47,214
	\$1,249,739	\$1,083,705
LIABILITIES CURRENT		
Accounts payable and Accrued liabilities	\$74,973	\$56,556
Deferred revenue (the HUB \$130,848)	358,973	414,933
	433,946	471,489
DEFERRED CAPITAL CONTRIBUTION (THE HUB \$3,888)		
	7,555	11,017
	441,501	482,506
NET ASSETS	\$425,000	\$425,000
Invested in equipment	62,716	36,197
Unrestricted surplus	(184,478)	(84,998)
Internally Restricted	505,000	225,000
	808,238	601,199
	\$1,249,739	\$1,083,705

Revenue & Expenses for "The Hub" for the year end March 31



OUR VISION

We will maintain our focus on the well-being of young people and their families.

We will promote changed attitudes and behaviours that assist young people in achieving their full potential.

We will network young people and mentors to create meaningful opportunities for discovery and purpose.

We will strive for excellence in all areas of our organization through competency and commitment to youth and families.

**Sarnia-Lambton Rebound
c/o DOW Centre for Youth
10 Lorne Cres. , Sarnia, ON
N7S 1H8**

**phone: 1-519-344-2841 fax:1-519-344-8024
email: info@reboundonline.com**

reboundonline.com

**Charitable No.
13205 7100 RR0001**

**Empower Youth,
Change Lives - Scan to
Donate Now!**

