



Remote Health Coach (AWM Platform)

January 2021 looks set to be an exciting time at Thrive Tribe with the launch of our very own digital weight management platform. The platform will support clients to achieve their healthy weight goals through tailored educational content and the functionality to track their progress across our five main pillars of wellbeing; Diet, Activity, Sleep, Hydration and Self Care.

This is an exciting opportunity to join a new project with unlimited potential. As the platform's first official health coach, you'll have a unique opportunity to join the service in its infancy and make your mark ahead of its launch.

Like all roles at Thrive Tribe, you can expect your time at work to be fun, varied and challenging. We don't like to stick to a firm JD as we know from experience that things change throughout the lifetime of a role and it gives our people the chance to play to their strengths. A typical day as a Remote Health Coach might include :

- Helping clients achieve their weight loss goals through remote support i.e. our digital platform, telephone and video chat.
- Using evidence-based interventions which are aligned to the service's vision.
- Supporting clients to access our digital platform and make the most of its features
- Supporting with the development of the platform and ensuring the new service meets client and business needs
- Communicating with any local services/contracts for whom the platform will support
- Undertaking any relevant administrative tasks related to the role
- Taking responsibility for your own training and development, that way we can make the biggest impact!
- Ensuring due consideration is given to Information Governance and Clinical Governance legislation, requirements and guidance.

Requirements

More than anything, we are looking for a team player who puts their heart in to their work. We've got some core values that run through everything we do, and we'd love it if they resonate with you too!

Be the change - You like helping people. You'll be working with those who need help the most, empowering them to make positive changes to thrive.

Be effective - You're patient and can adapt under pressure. Always happy to make time for other people. And have a great attitude.

Be happy - You recognise the power of a smile. You value a fun, supportive workplace and want to come to work raring to go. (Check out our rating on Glassdoor).

Be successful - You are motivated and driven. Happy working solo or as part of a team, you love meeting targets. And will be given opportunities to contribute and develop your career.

Be big-hearted - You want to make a difference. Working with a like-minded team of optimistic people, we want the same thing to do meaningful work and change lives.

To work with us in this role you will need to have some delivery experience of supporting clients to make healthy lifestyle choices. We've popped a few of the most important requirements below;

- Have a keen interest in Health and Wellbeing, particularly in the use of evidence-based behaviour change techniques to support weight loss
- Have experience directly supporting people to meet their health goals. We're looking for someone who has experience of either health coaching, weight management, physical activity or nutrition.
- As this service supports a digital platform, a good level of digital literacy would be required as part of this role
- As you'll be the first (of what we hope will be many) health coaches delivering on the platform, we require someone capable of working independently initially. Albeit with lots of support from the Product Team centrally.
- We need someone who thinks outside the box! We're looking for someone who sees opportunity in change who can contribute to our growth.

Thrive Tribe is an equal opportunity workplace. We are committed to equal employment opportunity and will not discriminate.

Benefits

Contract: Permanent, full time 37.5 hours

Salary: Starting at £23,000 per year (rises to £25,000)

Perks: Every person makes Thrive Tribe the incredible place it is to work and play together, we're unstoppable. Within our buzzing environment our talented people work hard but we ensure lots of fun is thrown in too! We offer you;

- Flexible working
- Team culture building days
- Employee Health and Wellbeing Programmes
- Pension and Life Insurance Schemes
- Online Shopping discounts
- A day on us to participate in a Physical Activity of your choice!

Closing Date: The closing date for applications is 5pm on November 16th and this role is initially restricted to internal candidates only. Please be aware that the assessment day for this role will take place on November 19th and will be a full day session.

To apply: Please send an email outlining your interest alongside details as to why you'd make the ideal candidate for this role (500 words max) to Naomi Adams (details below).

Location: Flexible (This role can be home based permanently with limited travel to Stratford for training as and when office working resumes)

Got a question? Contact Naomi Adams on Naomi.adams@thrivetribe.org.uk or 07757 732 316.