



A SHORT GUIDE TO 5-MEO-DMT VAPE PEN USE

5-MeO-DMT has been nicknamed "The God Molecule" because it invites a complete ego dissolution and connection to a deeper spiritual capacity that exists within us. 5-MeO-DMT in vape pens is both an efficient delivery mechanism and a risk: if this technology is misused it could result in injury, or even death.

5-MeO-DMT pens can easily be mistaken for nicotine, cannabis or other substances and unwittingly ingesting this molecule can cause harm to an unprepared individual, or others around them. Consent must be given by anyone you share a pen with and they must understand what they are taking.

This medicine is not for anyone who has had or is experiencing cardiovascular issues: hypertension, tachycardia, coronary disease, heart attack, stroke, heart arrhythmia, etc. Caution is also advised for brain and/or neurological injury or dysfunction, respiratory (asthma, chronic cough etc.), psychological conditions such as epilepsy or seizure disorder, neurosis, phobia, bipolar, borderline personality disorder, schizophrenia, manic episodes, narcissism/personality disorder, obsessive compulsive disorder.

Do not mix it with other drugs or substances. Potential contraindications with using 5-MeO-DMT include any use of MAOI containing medications, SSRI's and other forms of anti-depressants, or substances (such as ayahuasca) in proximity with ingesting 5-MeO-DMT. For a more detailed guide on contraindications see this guide: <https://www.spiritpharmacist.com/opt-in-FiveGuide> Trauma can also resurface with psychedelic work, including with 5-MeO-DMT, so make sure you partake in a safe, sound and sacred container.

5-MeO-DMT in a "full release" dose is dissociative and a participant may lose access to all their senses, including the ability to stand, see, smell, hear, etc. People can move their bodies in unpredictable even violent ways, thrashing around, sitting or standing up, vomiting or generally being unaware of what the body is doing – and hence there is also a danger of suffocation.

It is recommended that anyone interested in working with 5-MeO-DMT to first have this experience with a skilled practitioner, or at least have an experienced sitter by their side. We invite those bearing the privilege of being 5-MeO-DMT vape pen holders to consider taking on the responsibilities as well. A full suite of support documents around Best Practices, Ethics, and Integration can be found on The Conclave's website: www.theconclave.info

All is One!