

# 3-TOPPSLØPET 2024

Totalt 490 påmeldte

Resultatliste

1-TOPPSLØPET 10km

137 påmeldte

HERRER

1	Johnny	Stensrud	Våler I Østfold	43:22.0	0:00.0
2	Rune	Eriksen	Rygge il	44:32.0	1:10.0
3	Ivar	Ryttervold	Rypeinvest / Team Sportsmanden	46:12.0	2:50.0
4	Tarald	Gåsbakk	Haslum	47:09.0	3:47.0
5	Håkon	Skurtveit	Moss	47:48.0	4:26.0
6	Arne Christian Beer	Bjerrang	Skogheim Mosjon og Eldresenter	48:27.0	5:05.0
7	Thomas Richard	Neumark	Nesoddtangen	51:04.0	7:42.0
8	Knut Erlend	Hjorth-Johansen	Fetterduellen	51:09.0	7:47.0
9	Martin	Overland	Moss	51:40.0	8:18.0
10	David	Danielsen	Moss	52:09.0	8:47.0
11	Michal	Zagrodzki	Widzialy_Galy_Gdzie_Biegaly	53:17.0	9:55.0
12	Maarten	Fuglaamoen	Mysen	54:15.0	10:53.0
13	Knut	Bråten	Moss	55:32.0	12:10.0
14	Morten Emil	Jaarvik	Sarpsborg	55:47.0	12:25.0
15	Theodor	F.Jaarvik	Stavanger	55:48.0	12:26.0
16	Kjetil	Bjørkmann	Moss	56:01.0	12:39.0
17	Eivind	Minge	Moss	56:56.0	13:34.0
18	Teodor	Tomter Liland	Rygge	57:26.0	14:04.0
19	Espen	Holmstøen	Skjeberg	57:40.0	14:18.0
20	Mathias	Emanuelsen Ørebek	Oslo	58:15.0	14:53.0
21	Kenneth	Tjønndal Pettersen	Røa IL	59:12.0	15:50.0
22	Lasse	Edwardsen	Lasses Gym	1:00:03.0	16:41.0
23	Oskar	Sederholm	Moss	1:00:27.0	17:05.0
24	Johan	Sættem	Moss	1:01:13.0	17:51.0
25	Scott	Gjessing	Moss	1:03:34.0	20:12.0
26	Martin	Hanssen	Moss	1:03:50.0	20:28.0
27	William	Pedersen	Moss	1:05:55.0	22:33.0
28	Åsmund	Svendsen	Moss	1:06:32.0	23:10.0
29	Herman	Møller	Moss	1:08:31.0	25:09.0
30	Jonas Myrhaug	Hoelstad	Empet AS	1:09:33.0	26:11.0
31	Elling Olav	Rukke	Norwegian University of Life Science	1:16:50.0	33:28.0
32	Jens Christian	Knudsen	Moss	1:24:26.0	41:04.0
33	Bjørn Erik	Studsrud	Rakkestad	1:24:58.0	41:36.0
34	Erlend	Schei	Moss	1:24:59.0	41:37.0
35	Lars Backe	Madsen	Oslo	1:37:23.0	54:01.0
36	Oscar	Wines	Moss	1:41:30.0	58:08.0
37	Lars André	Sveberg	Mjøndalen	1:53:56.0	1:10:34.0
38	Abdi Ali	Mohamed	Oslo	1:53:57.0	1:10:35.0
39	Casper	Hoelstad	Empet AS	2:10:34.0	1:27:12.0
40	Jon	Haugsand	Oslo	2:46:33.0	2:03:11.0

41	Jacob	Hjorth-Johansen	Supergutt	DNS
41	Svein Kåre	Aas	Privat	DNS
41	Truls	Ekeberg	Moss	DNS
41	Knut Eirik	Eliassen	Moss IL	DNS
41	Casper	Hoelstad	Empet	DNS
41	Jonas	Hoelstad	Empet	DNS
41	Daniel	Reinoso	Moss	DNS
41	Martin	Remen	Kolbotn	DNS
41	Ola	Stokkebryn	Energihuset	DNS
41	Espen	Stubberud	Oslo	DNS
41	Kristoffer	Syvertsen	SKI	DNS

## KVINNER

1	Tonje	Magnussøn	Moss	51:30.0	0:00.0
2	Kaja	Kastet	Optimal Prestasjon	53:59.0	2:29.0
3	Frida Synnøve	Svendsen	Stortingets Idrettslag	55:32.0	4:02.0
4	Aurelia India	Neumark	Nesoddtangen	55:40.0	4:10.0
5	Anine	Dannemark Herje	Moss	55:42.0	4:12.0
6	Charlotte Eide	Dokken	Lasses gym	56:15.0	4:45.0
7	Andrea	Kjøniksenmoen	Empet	56:25.0	4:55.0
8	Ida	Valen Rukke	Larkollen	56:35.0	5:05.0
9	Ingrid	Johannessen	Moss	56:45.0	5:15.0
10	Kristine	Njærheim	Røa IL	57:44.0	6:14.0
11	Line	Hartveit Jonassen	Moss	58:23.0	6:53.0
12	Ingvild	Kirkebak	Moss	1:00:07.0	8:37.0
13	Linda	Christiansen	Moss	1:00:34.0	9:04.0
14	Kjersti	Veseth Kinden	Moss	1:00:35.0	9:05.0
15	Elise	Dilling	Moss	1:02:04.0	10:34.0
16	Marit Elise	Valen	Privat	1:02:54.0	11:24.0
17	Hege Bakke	Sørreime	Moss	1:03:33.0	12:03.0
18	Maja	Raustein	330 Skvadron	1:03:34.0	12:04.0
19	Ruth Nyheim	Stray	Optimal Prestasjon	1:03:40.0	12:10.0
20	Siri	Osvik	Stavanger	1:04:07.0	12:37.0
21	Gry	Bratvold	Kicksmækkers	1:04:21.0	12:51.0
22	Stine	Frossdalreed	Empet Østfold AS	1:04:22.0	12:52.0
23	Inga Katharina	Rutherford	Kicksmækkers	1:04:22.0	12:52.0
24	Andrea	Narum	Jeløy	1:04:33.0	13:03.0
25	Anne Helen	Evensen	Moss	1:04:46.0	13:16.0
26	Camilla	Galstad	Moss	1:05:34.0	14:04.0
27	Berit	Ranes	Oslo	1:05:40.0	14:10.0
28	Katarina	Halvorsen	Ryggejoggen	1:05:54.0	14:24.0
29	Eliana	Andersen	Rygge	1:06:03.0	14:33.0
30	Mari	Stokkebryn	Moss	1:06:26.0	14:56.0
31	Camilla	Sletten	Moss	1:06:36.0	15:06.0
32	Victoria	Åmanhermansen	Vinklubben	1:07:05.0	15:35.0
33	Guri	Skuggen	Oslo	1:07:34.0	16:04.0
34	Astrid	Wettrhus	Moss	1:07:34.0	16:04.0
35	Ruth	Pedersen	Moss Volley og 1FC Union Berlin	1:07:47.0	16:17.0

36	Mari	Pedersen	SK Sprint-Jeløy og 1FC Union Berlin	1:07:47.0	16:17.0
37	Christine	Claudi-Nielsen	Haslum	1:08:18.0	16:48.0
38	Leah Johanne	Kristiansen	Sprint Jeløy	1:08:18.0	16:48.0
39	Nina Marie	Pedersen	Moss	1:08:24.0	16:54.0
40	Margaret	Snilsberg	Moss	1:09:23.0	17:53.0
41	Klara	Nitter	Moss	1:10:10.0	18:40.0
42	Kaja	Toftner	Optimal Prestasjon	1:10:26.0	18:56.0
43	Janne	Gjessing	3TL	1:11:10.0	19:40.0
44	Charlotte	Khanoufi	Moss	1:13:01.0	21:31.0
45	Milla Esthelle	Fylling	HK Rygge	1:13:25.0	21:55.0
46	Marianne	Ruud	Moss	1:13:38.0	22:08.0
47	Katrin	Lemjan	Moss	1:15:10.0	23:40.0
48	Linda	Mills	Empet	1:16:14.0	24:44.0
49	Maren	Kittelsen	Hobøl	1:17:41.0	26:11.0
50	Silje Sofie	Sukke	Empet	1:18:21.0	26:51.0
51	Victoria Syversen	Myhre	Vinklubben	1:18:32.0	27:02.0
52	Marianne	Aarum	Empet	1:19:18.0	27:48.0
53	Hillevi	Lome Svendsen	Oslo	1:19:35.0	28:05.0
54	Viktoria	Daun	Oslo	1:19:42.0	28:12.0
55	Karianne	Disen	Moss	1:19:46.0	28:16.0
56	Guro	Lysenstøen	Oslo	1:20:19.0	28:49.0
57	Emma- Sophie	Wines	HK Rygge	1:20:25.0	28:55.0
58	Madelen	Korsell	Vinklubben	1:20:30.0	29:00.0
59	Gry	Måleng	Vinklubben	1:20:31.0	29:01.0
60	Nora	Ogden Helland	SK Sprint-Jeløy	1:22:54.0	31:24.0
61	Matilde	Torjussen	Moss	1:22:54.0	31:24.0
62	Daniela	Covarrubias	Vestby	1:25:00.0	33:30.0
63	Miriam	Edmunds	Oslo	1:37:13.0	45:43.0
64	Bente	Jæger	Empet	1:47:13.0	55:43.0
65	Dnt	Vansjo	Moss	1:58:02.0	1:06:32.0
66	Julie	Dahlbyhansen	Empet	1:59:48.0	1:08:18.0
67	Lene	Bedsvåg	Empet	1:59:49.0	1:08:19.0
68	Svitlana	Shevchuk	Empet	2:08:10.0	1:16:40.0
69	Stine	Solheim	Empet	2:08:10.0	1:16:40.0
70	Lara Sophie	Händel	Empet	2:10:30.0	1:19:00.0
71	Anne	Brækhus	Oslo	3:09:07.0	2:17:37.0
72	Malene Sofie	Aarum-Lindstrøm	Empet		DNS
72	Ellen	Åsheim	3TL Jeløya		DNS
72	Anny Ona	Eikefet	Vinklubben		DNS
72	Gudrun	Enoksen	Moss		DNS
72	Merete Fuglevåg	Granly	Sperrebotn		DNS
72	Fredrikke	Kilander	Oslo		DNS
72	Camilla	Merkesdal	SON		DNS
72	Anette	Nygårdsmoen	Moss		DNS
72	Aylin	Øzbal	Rygge Håndball		DNS
72	Songul	Øzbal	Rygge Håndball		DNS
72	Stine Sofie	Rør	Jeløy HH		DNS
72	Svitlana	Shevchuk	Empet		DNS

72	Stine	Solheim	Empet	DNS
72	Rósa Björg	Vaagbø	Hølen	DNS
72	Sarah	Westgaard	Empet	DNS

## 2-TOPPSLØPET 20km

**61 deltagere**

### HERRER

1	Martinus	Pedersen	SK Sprint-Jeløy og 3TL Jeløya	1:49:10.0	0:00.0
2	Erik	Fagerli	Lillestrøm	1:58:15.0	9:05.0
3	Jonas	Askautrud	Rygge IL	1:59:47.0	10:37.0
4	Mats	Kristiansen	Movar IKS	2:06:09.0	16:59.0
5	Terje	Gundersen	Rygge Idretslag	2:06:25.0	17:15.0
6	Atle	Bekkelund	Moss	2:09:32.0	20:22.0
7	Jarle	Jørgensen	Manstad	2:09:41.0	20:31.0
8	Omer	Babikir	Wien, Simmering	2:10:48.0	21:38.0
9	Tobias	Fagerland	Moss	2:10:49.0	21:39.0
10	Anders Dalsaune	Jansen	Oslo	2:12:55.0	23:45.0
11	Åsmund	Strand Johansen	Oslo	2:12:57.0	23:47.0
12	Sven	Ørbæk	Autoria	2:13:41.0	24:31.0
13	Ronny	Holbrå	Autoria	2:13:47.0	24:37.0
14	Jonas	Værdal	KSI Løping	2:18:56.0	29:46.0
15	Eirik	Vaule Røisland	Oslo	2:19:09.0	29:59.0
16	Petter	Tungevåg	Vestby	2:20:40.0	31:30.0
17	Bård	Hansson	Rygge	2:23:15.0	34:05.0
18	Even	Sæteren Hippe		2:23:55.0	34:45.0
19	Sindre	Flakstad	Moss	2:25:58.0	36:48.0
20	Jon Hassan	Abdullah	Lasses gym	2:26:21.0	37:11.0
21	Lars Erik	Ruud	Drøbak	2:26:51.0	37:41.0
22	Fredrik	Nyrud Aasgaard	Moss	2:28:11.0	39:01.0
23	Ugur	Yaman	Moss	2:29:39.0	40:29.0
24	Magnus	Bjerke	Optimal Prestasjon	2:32:48.0	43:38.0
25	Axel	Bromander	Moss	2:33:10.0	44:00.0
26	Anders	Tørnqvist	Fredrikstad	2:33:49.0	44:39.0
27	Martin	Nguyen	Oslo	2:34:25.0	45:15.0
28	Alexander	Short	Moss	2:34:58.0	45:48.0
29	Marius Falch	Orvin	Drøbak	2:35:02.0	45:52.0
30	Bojan	Rakonjac	Genex Digital Services	2:36:12.0	47:02.0
31	Ulrik	Fenre	Fenre Næringsmeglig AS	2:41:21.0	52:11.0
32	Emanuel	Verde	Oslo	2:53:27.0	1:04:17.0
33	Ola	Amundsen	Team Make Racism Wrong Again		DNS
33	Vegard Otto	Poulsen	Oslo		DNS
33	Artie	Taylor			DNS
33	Svein	Bromander	3TL Jeløya		DNS
33	Paul Henrik Sogge	Hemstad	I Don'T Stop When I'm Tired, I Stop W		DNS
33	Dariusz	Kaniecki	Parkrun Grudziadz		DNS

### KVINNER

1	Nina	Pedersen	Moss	2:04:31.0	0:00.0
2	Stine Helene	Wasenius	Optimal Prestasjon	2:09:49.0	5:18.0
3	Rikke Bratt	Børsting	Tromsø	2:19:23.0	14:52.0
4	Liv Hilde	Brandt	Dilling	2:20:23.0	15:52.0
5	Margrethe	Raspotnig	Bergen	2:21:09.0	16:38.0
6	Michelle	Evjenth	Moss	2:23:09.0	18:38.0
7	Ingvild	Ulvestad	Oslo	2:23:55.0	19:24.0
8	Ane Hjorth	Karlbom	Sprint Jeløy	2:24:10.0	19:39.0
9	Ann-Kristin	Bigum	Halden Pharma BIL	2:26:57.0	22:26.0
10	Olga	Nygård	Moss	2:29:28.0	24:57.0
11	Monica	Skildheim	Oslo	2:33:01.0	28:30.0
12	Tale	Skildheim-Lysfjord	Oslo	2:33:01.0	28:30.0
13	Zivile	Mozeiko	Våler I Østfold	2:34:38.0	30:07.0
14	Marija	Babic	Moss	2:36:12.0	31:41.0
15	Therese	Lindblom	Oslo	2:36:25.0	31:54.0
16	Catrine Bakkan	Sættem	Moss	2:40:09.0	35:38.0
17	Trine Eide	Brekka	Horten	2:49:21.0	44:50.0
18	Ana-Maria	Radic	Oslo	2:53:26.0	48:55.0
19	Synnøve	Hvidsten	Dilling	2:55:09.0	50:38.0
20	Siri	Bakke	Moss	2:55:21.0	50:50.0
21	Gøril	Bjerkan	Bekkestua		DNS
21	Silje	Hobbel	Moss		DNS
21	Ellice	Antonelli			DNS

### 3-TOPPSLØPET 30km

292 deltagere

#### HERRER

1	Mats	Hellerud	Moss IL	2:00:38.0	0:00.0
2	Ulrik	Lolland	Rygge IL	2:08:01.0	7:23.0
3	Sondre	Fylling	Oslo	2:11:02.0	10:24.0
4	Ottar	Grønvold	Moss IL	2:13:45.0	13:07.0
5	Anders	Haslie	Vestby	2:13:58.0	13:20.0
6	Marius	Askautrud	Moss IL	2:16:59.0	16:21.0
7	Nikolai	Nitter	H6	2:17:52.0	17:14.0
8	Audun	Bjerkreimnilse	Stevik IL	2:22:17.0	21:39.0
9	Pierre	Andersson	Asker	2:22:40.0	22:02.0
10	Trygve	Hansen	Oslo	2:23:29.0	22:51.0
11	Daniel	Gulestø	Moss	2:25:16.0	24:38.0
12	Henrik	Jarl	Moss	2:27:37.0	26:59.0
13	Kim	Launy	Rprb	2:27:53.0	27:15.0
14	Mads	Lolland	Oslo	2:31:37.0	30:59.0
15	Kristoffer	Askautrud	Moss	2:33:14.0	32:36.0
16	Vegard	Brox	Bøler IF Friidrett	2:33:33.0	32:55.0
17	Ivar	Bratberg	Oslo	2:34:34.0	33:56.0
18	Audun Krogstad	Jakobsen	Oslo	2:35:54.0	35:16.0
19	Kenneth Thunshelle	Wiig	Soonløp	2:36:11.0	35:33.0
20	Bendik	Hansen	SKI	2:37:10.0	36:32.0

21	Bjorn Tore	Kildahl	Moss	2:38:12.0	37:34.0
22	Kristian Kaabbel	Larsen	Kirkeparken Idrettsfag	2:38:50.0	38:12.0
23	Martin	Lengard	LB Bygg AS	2:39:53.0	39:15.0
24	Henning	Pedersen	3TL Jeløya og 1FC Union Berlin	2:39:53.0	39:15.0
25	Håkon Haug	Urdal	Moss IL	2:41:42.0	41:04.0
26	Fabian	Rise	Trondheim	2:41:52.0	41:14.0
27	Rami	Yaman	3TL Jeløya	2:42:07.0	41:29.0
28	Simen	Øien	Hurakara	2:42:18.0	41:40.0
29	Rino	Hjelkrem	Moss	2:42:34.0	41:56.0
30	Simon	Pinaas	Sarpsborg	2:42:55.0	42:17.0
31	Martin	Malmstrøm	OK Moss / Moss IL	2:44:10.0	43:32.0
32	Truls	Fenre	Oslo	2:46:53.0	46:15.0
33	Svein	Gåsbakk	Moss	2:47:28.0	46:50.0
34	Geir	Syversen	Oslo	2:47:31.0	46:53.0
35	Anders	Larsen	Sprint Jeløy	2:47:42.0	47:04.0
36	Martin Brørby	Kolstad	Kolbotn	2:48:27.0	47:49.0
37	Odd-Bjørnar	Jobotn	Dilling	2:49:00.0	48:22.0
38	Øyvind Brænne	Bjørnstad	Moss	2:49:42.0	49:04.0
39	Raymond	Mathisen	Rockwool Kondis	2:49:44.0	49:06.0
40	Choi	Surlandsen	Sperrebotn	2:50:25.0	49:47.0
41	Marius	Gran	Santhanshaugen Løpeklubb	2:50:56.0	50:18.0
42	Simen	Nørstebø	Vestby	2:50:57.0	50:19.0
43	Marius	Westeng	Moss	2:51:23.0	50:45.0
44	Glenn	Kjær	Team Etac	2:51:29.0	50:51.0
45	Lars	Hox	Fredrikstad	2:51:50.0	51:12.0
46	Rolf	Kant	Ertnbrakan Løpeklubb	2:52:18.0	51:40.0
47	Lars Hermund	Haug	Moss Skiklubb	2:52:34.0	51:56.0
48	Morten H.	Forsberg	IF Njaal	2:53:12.0	52:34.0
49	Tom B	Mikalsen	Egen Trening	2:53:17.0	52:39.0
50	Arild	Espenes	Nmbu-Bil	2:53:18.0	52:40.0
51	Richard	Mckeon	Moss	2:53:44.0	53:06.0
52	Christian	Ellingsen	Movar	2:53:52.0	53:14.0
53	Lars	Svendsen	Moss	2:54:05.0	53:27.0
54	Numan	Özdemir	Moss	2:54:18.0	53:40.0
55	Vincent	Labrador	Oslo	2:54:51.0	54:13.0
56	Mathias	Flaaten	Team Celsia	2:54:52.0	54:14.0
57	Ola	Innset	Moss	2:55:25.0	54:47.0
58	Tormod	Bjørkmann	Moss	2:55:30.0	54:52.0
59	Jarle	Osvik	Stavanger	2:55:38.0	55:00.0
60	Kristoffer	Fagerli Sæthren		2:56:07.0	55:29.0
61	Eirik Wentzel	Jensen	Sparebank 1 Østfold Akershus	2:56:30.0	55:52.0
62	Espen	Sand	Pepperstad tøy & bøy	2:56:56.0	56:18.0
63	Bengt	Mathisen	Moss	2:57:10.0	56:32.0
64	Kim Tage	Eriksen	Moss	2:57:33.0	56:55.0
65	Andreas	Kamark	Los Pollos Hermanos	2:57:35.0	56:57.0
66	Andreas	Herje	CM Racing Team	2:57:56.0	57:18.0
67	Kim Ieng	Eng	Moss	2:58:12.0	57:34.0
68	Petter Kalvik	Hansen	Los Pollos Hermanos	2:58:17.0	57:39.0

69	Magne	Janitz	3TL	2:58:51.0	58:13.0
70	Martin Winås	Andersen	151	2:59:53.0	59:15.0
71	Magne	Espelid	Mjøsdalen IL	3:00:42.0	1:00:04.0
72	Jonas	Bergan	Moss	3:01:10.0	1:00:32.0
73	Audun	Nicolaysen	Engelsviken	3:01:56.0	1:01:18.0
74	Pål	Lekven	Oslo	3:02:25.0	1:01:47.0
75	Hans Martin	Ramleth	Moss Idrettslag	3:03:14.0	1:02:36.0
75	Andreas	Liljedal	Oslo	3:03:26.0	1:02:48.0
77	Roger Hild	Hansen	Team Hild	3:03:29.0	1:02:51.0
78	Ole Martin	Gulliksrud	Sande	3:03:59.0	1:03:21.0
79	Håkon	Borhaug	Oslo	3:04:13.0	1:03:35.0
80	Henrik	Kalvik	Los Pollos Hermanos	3:04:45.0	1:04:07.0
81	Ole Anton	Øby	PwC Østfold	3:05:55.0	1:05:17.0
82	Haakon	Johannessen	Moss	3:06:00.0	1:05:22.0
83	Thomas	Roskifte	OK Moss	3:06:04.0	1:05:26.0
84	Bård	Kolås	Moss	3:06:07.0	1:05:29.0
85	Pierre	Roland	Team Michelin	3:06:12.0	1:05:34.0
86	Lars Erik	Øde	Ryggejoggen	3:06:13.0	1:05:35.0
87	Steinar	Aarum	Kvartlivskriseløperne	3:06:36.0	1:05:58.0
88	Roger	Mikalsen	Team Mataki	3:08:09.0	1:07:31.0
89	Øystein	Trædal	Oslo	3:08:50.0	1:08:12.0
90	Markus	Kamark	Los Pollos Hermanos	3:08:51.0	1:08:13.0
91	Per	Graversen	Oslo	3:09:38.0	1:09:00.0
92	Johan	Sedal	Moss	3:09:39.0	1:09:01.0
93	Åsmund	Sveinsson	Åsmund Sveinsson / Fetterduellen	3:10:48.0	1:10:10.0
94	Oddvar	Holstad	Team Jan	3:10:54.0	1:10:16.0
95	Eirik	Kristoffersen	Moss	3:11:03.0	1:10:25.0
96	Vasilije	Zabunovic	1580	3:11:03.0	1:10:25.0
97	Geir Ole	Guthu	Gamle Fredrikstad	3:11:04.0	1:10:26.0
98	Arne	Suleng	Moss	3:11:12.0	1:10:34.0
99	Tobias	Bueie	Bremanger Brann og Redning	3:11:24.0	1:10:46.0
100	Simen	Holm	Akribi	3:11:43.0	1:11:05.0
101	Mads	Kollerøs	Moss	3:11:59.0	1:11:21.0
102	Martin	Skarpholt	Oslo	3:12:10.0	1:11:32.0
103	Aleksander Thers	Jakobsen	Moss	3:12:51.0	1:12:13.0
104	Nikolai	Svedal	Elverum	3:12:56.0	1:12:18.0
105	Tarald	Thorp	Sperrebotn	3:13:31.0	1:12:53.0
106	Magnus	Bain	Rådtassene	3:13:43.0	1:13:05.0
107	Fredrik	Kjær	Moss	3:14:12.0	1:13:34.0
108	Kristoffer	Nordheim	Moss	3:15:35.0	1:14:57.0
109	Magnus	Ombustvedt	Moss	3:16:15.0	1:15:37.0
110	Martin	Sorte	Rått og Råte	3:17:59.0	1:17:21.0
111	Johannes	Vileid	Dilling	3:19:32.0	1:18:54.0
112	Alexander	Jenseg	Matriks BIL	3:19:34.0	1:18:56.0
113	Carl	Eriksson	Halden	3:20:43.0	1:20:05.0
114	Sindre	Vindenes	Moss	3:20:51.0	1:20:13.0
115	Mats	Myhre	Oslo	3:22:09.0	1:21:31.0
116	Geir	Nummedal	Oslo	3:23:12.0	1:22:34.0

117	Filip Grevle	Lolland	Prox IL	3:23:20.0	1:22:42.0
118	Ole Jacob	Madsen	Moss	3:24:21.0	1:23:43.0
119	Per-Einar	Roth	UL/Kisa Friidrett	3:25:35.0	1:24:57.0
120	Tore Martin	Skarpholt	Moss	3:25:41.0	1:25:03.0
121	Anders	Jaarvik	GTI Friidrett	3:25:54.0	1:25:16.0
122	Åsmund	Thoring-Strømner	Rygge IL	3:26:28.0	1:25:50.0
123	Arne Marius	Stølan	Empet	3:26:53.0	1:26:15.0
124	Tomas	Friberg	Sperrebotn	3:27:45.0	1:27:07.0
125	Thomas	Von Brasch	Team Beluga	3:28:20.0	1:27:42.0
126	Morten	Hassel	Empet Østfold AS	3:28:53.0	1:28:15.0
127	Hans Olav	Sæby	Moss	3:29:12.0	1:28:34.0
128	Bård Olav	Høstmark	Moss	3:30:08.0	1:29:30.0
129	Jens Kristian	Nicolaysen	Råde IL	3:30:48.0	1:30:10.0
130	Tommy	Stefanac	Moss	3:31:46.0	1:31:08.0
131	Bernt	Rekstad	Oslo	3:33:41.0	1:33:03.0
132	Knut	Lakså	Oslo	3:34:45.0	1:34:07.0
133	Tobias	Johnsen	Hammern Skiklubb	3:35:00.0	1:34:22.0
134	Erik	Larsen	Moss	3:35:48.0	1:35:10.0
135	Kristian	Bakke Ercoli	Moss	3:36:11.0	1:35:33.0
136	Glenn	Johnsen	Moss	3:37:32.0	1:36:54.0
137	Petter	Larsen	Kjelsås m33 Herre	3:39:11.0	1:38:33.0
138	Yngve	Torjussen	Moss	3:39:12.0	1:38:34.0
139	Håkon	Lund	Gressvik	3:39:45.0	1:39:07.0
140	Eirik	Gallefoss	ÅS	3:40:15.0	1:39:37.0
141	Lasse	Hauglum-Werner	Kjells Eiker	3:41:23.0	1:40:45.0
142	Lars Andre	Dalseth	Lett på tå	3:42:03.0	1:41:25.0
143	Jonas	Granly	Låghaltarna	3:42:54.0	1:42:16.0
144	Lukas	Dam	Skedsmokorset	3:42:58.0	1:42:20.0
145	Mathias	Dam	Bjørnemyr	3:42:59.0	1:42:21.0
146	Thomas	Dam	Stortinget Idrettslag	3:43:21.0	1:42:43.0
147	Øivind L.	Kristiansen	Moss	3:43:35.0	1:42:57.0
148	Kenneth	Hanssen	Moss	3:44:08.0	1:43:30.0
149	Haakon	Stokkenes	Moss	3:44:21.0	1:43:43.0
150	Dmitrij	Gordejev	Moss	3:44:26.0	1:43:48.0
151	Michael Kjærnes	Kristensen	Moss	3:44:33.0	1:43:55.0
152	Henrik	Gustavsen	Hammern Skiklubb	3:44:43.0	1:44:05.0
153	Arnt Inge	Nilsen	Moss	3:46:06.0	1:45:28.0
154	Jon Erik	Liebermann	Ødtbygda IL	3:47:43.0	1:47:05.0
155	Fredrik	Jansson	Jeløyelite71	3:48:24.0	1:47:46.0
156	Tommy	Sand	Strømmen Milan	3:49:07.0	1:48:29.0
157	Håvard	Munkvold	Nordlysbyen Sykkel	3:51:14.0	1:50:36.0
158	Simen	Fenre	Rygge IL	3:53:12.0	1:52:34.0
159	Lars Roar	Paulshus	Moss	3:54:14.0	1:53:36.0
160	Erik	Busch	Kjells Eiker	3:55:25.0	1:54:47.0
161	Øyvind	Rise	Oslo	3:56:02.0	1:55:24.0
162	Jan Erik	Bøyum	Sperrebotn	3:57:07.0	1:56:29.0
163	Robert	Sannes	Strømmen	3:58:30.0	1:57:52.0
164	Ole-Thomas	Sørлие	Empet	3:58:35.0	1:57:57.0

165	Jonas	Chabchoub	Oslo	3:59:59.0	1:59:21.0
166	Bernt	Kristiansen	Oslo	4:00:00.0	1:59:22.0
167	Runar	Gimre	Larkollen	4:01:20.0	2:00:42.0
168	Stig Gøran	Hansen	Rygge il	4:02:01.0	2:01:23.0
169	Tom	Grønlien	Moss	4:03:28.0	2:02:50.0
170	Phillip	Vogt	Moss	4:03:40.0	2:03:02.0
171	Magnus	Hagebø	Magnus Hagebø	4:03:51.0	2:03:13.0
172	Even	Ødegården	Strømmen Milan	4:04:00.0	2:03:22.0
173	Andre	Berge Benth	Vestby	4:10:33.0	2:09:55.0
174	Pål	Bristol	Larkollen	4:10:36.0	2:09:58.0
175	Oliver	Persson	Landvetter	4:13:53.0	2:13:15.0
176	Bjørn	Ringen	Lørenskog	4:14:10.0	2:13:32.0
177	Børge	Erdal	Uteseksjonen United	4:16:07.0	2:15:29.0
178	Kristian	JSW	Moss	4:18:00.0	2:17:22.0
179	Christian	Wines	Moss National Taekwon-Do Klubb	4:18:14.0	2:17:36.0
180	Fillip	Kjærnes Kristensen	Moss	4:20:16.0	2:19:38.0
181	Christian	Hoff	Moss	4:24:20.0	2:23:42.0
182	Jan	Rise	Skiptvet	4:26:53.0	2:26:15.0
183	Thomas	Knoll	Moss	4:38:12.0	2:37:34.0
184	Arnfinn	Andersen	Moss	4:43:37.0	2:42:59.0
185	Mika	Åman	X-Team Volmax	4:53:42.0	2:53:04.0
186	Øyvind	Alstad	Moss		DNF
186	Christian	Nordahl	Moss		DNF
186	Tom Erik	Aastorp	3TL FC		DNS
186	Øyvind	Guldvog	Oslo		DNS
186	Vebjørn Pedersen	Bakke	Moss		DNS
186	Carl-Erik	Engelstad	Brygg		DNS
186	Bjørn Alexander	Eriksen	Brygg IL		DNS
186	Hans Bendik	Eriksen	CM Racing Team		DNS
186	Erik	Ersnes	Moss IL		DNS
186	Johannes Lønnestad	Flaaten	Lillehammer		DNS
186	Christer	Hult	Halden Løpeklubb / Lire BK		DNS
186	Mathias	Johansson	Moss		DNS
186	Trygv	Lydersen	Moss		DNS
186	Jørgen	Minge	Sarpsborg		DNS
186	Christoffer	Möller	Stockholm		DNS
186	Bent Ove	Myrher	SIL Langdistanse Elite		DNS
186	Edvard	Nitter	Cardo Partners		DNS
186	Tarald	Nomeland	Moss		DNS
186	Morten	Pedersen	Moss		DNS
186	Lars	Rolandsen	Optimal Prestasjon		DNS
186	Robert	Rønning	Moss		DNS
186	Pål Dixon	Sandberg	Løpenissene		DNS
186	Ole Jakob	Skjønhaug	SON		DNS
186	Per Oskar	Store	Moss		DNS
186	Torjus	Turøy	Moss		DNS

## KVINNER

1	Angelica	Karlsen	Moss IL	2:21:29.0	0:00.0
2	Johanne Hjelle	Nitter	Moss	2:40:02.0	18:33.0
3	Mari Gjølberg	Ålerud	Rygge IL	2:50:20.0	28:51.0
4	Camilla Solberg	Vethe	Moss IL	2:51:00.0	29:31.0
5	Silje	Talsæte	PwC	2:51:15.0	29:46.0
6	Leah	Støtt-Lydersen	Moss	3:04:43.0	43:14.0
7	Maj	Engelstad	Moss	3:06:06.0	44:37.0
8	Gitte	Bromander	Oslo	3:06:24.0	44:55.0
9	Marit Skei	Andersen	Moss	3:07:02.0	45:33.0
10	Sofie	Juriks	Moss	3:07:39.0	46:10.0
11	Henriette	Gulliksrud	Sande I Vestfold	3:09:42.0	48:13.0
12	Anette Krogstad	Jakobsen	Oslo	3:13:40.0	52:11.0
13	Marianne	Stockinger	Oslo	3:17:09.0	55:40.0
14	Mari	Nestebø	Moss	3:17:30.0	56:01.0
15	Fairuz	Syed Ahmad	Fredrikstad if	3:18:16.0	56:47.0
16	Frida Viken	Von Brasch	Team Beluga	3:18:28.0	56:59.0
17	Tiril	Lindberg	Moss	3:18:38.0	57:09.0
18	Linn	Berg Nilsen	Moss	3:20:04.0	58:35.0
19	Veronica Willassen	Schmelck	Moss IL	3:20:08.0	58:39.0
20	Christina Skaalbon	Meyenberg	Vestby	3:20:54.0	59:25.0
21	May Lena	Berg Nymoene	Moss IL	3:20:56.0	59:27.0
22	Katinka	Marcussen Fenre	Moss	3:20:57.0	59:28.0
23	Petra	Sjaastad	Moss	3:22:52.0	1:01:23.0
24	Ellen	Vold	Moss	3:22:53.0	1:01:24.0
25	Lena	Lengard	Optimal Prestasjon	3:23:47.0	1:02:18.0
26	Charlotte	Möller	Stockholm	3:24:28.0	1:02:59.0
27	Kristine	Schreiner	Team Multiconsult	3:25:05.0	1:03:36.0
28	Kaja	Døssland	Tøyen	3:27:42.0	1:06:13.0
29	Maria	Lorentzen	Moss	3:27:56.0	1:06:27.0
29	Christel	Wennersten	One Step Ahead	3:29:45.0	1:08:16.0
31	Grete	Jacobsen	Moss	3:30:49.0	1:09:20.0
32	Karianne	Stave	Moss	3:36:14.0	1:14:45.0
33	Anita Cecilie	Vihervuori	Løpegruppa	3:36:14.0	1:14:45.0
34	Siril	Aschjem	Jeløy Elite 71	3:36:34.0	1:15:05.0
35	Stine	Svoen	Stif	3:37:32.0	1:16:03.0
36	Tone	Sand	Oslo	3:41:55.0	1:20:26.0
37	Wenche	Lindløv	Borgenhaugen	3:41:56.0	1:20:27.0
38	Kristine	Lier	Sankthanshaugen Løpeklubb	3:43:06.0	1:21:37.0
39	Jun Cecilie	Eriksson	Moss	3:43:33.0	1:22:04.0
40	Linn	Bjerknes	Oslo	3:43:39.0	1:22:10.0
41	Solveig	Nordstrand	3TL Jeløya	3:43:39.0	1:22:10.0
42	Ingeborg	Thorsland	Moss	3:43:39.0	1:22:10.0
43	Maria	Flatekval	Rygge	3:45:17.0	1:23:48.0
44	Else Dagfrid	Bratland	Feste RC	3:45:59.0	1:24:30.0
43	Beate Børja	Berg	Moss	3:46:00.0	1:24:31.0
44	Cecilie	Kildahl	Lørdagsjoggen	3:46:00.0	1:24:31.0
43	Kristine	Roskifte	OK Moss	3:48:01.0	1:26:32.0
44	Vivianne	Cantin	Moss	3:48:10.0	1:26:41.0

43	Janicke	Kjærnes Kristensen	Janicke Kjærnes Kristensen	3:48:16.0	1:26:47.0
44	Fanny	Marstrøm	Moss	3:51:00.0	1:29:31.0
43	Hanne	Skei Andersen	Moss	3:51:54.0	1:30:25.0
44	Ingrid	Røise	Moss	3:55:46.0	1:34:17.0
43	Heidi	Børstad	Sarpsborg	3:56:43.0	1:35:14.0
44	Heidi	Strøm	Moss	3:58:26.0	1:36:57.0
43	Ida	Kirkerud	Ålesund	3:59:05.0	1:37:36.0
44	Elin Måleng	Tingstad	Rygge IL	3:59:55.0	1:38:26.0
43	Dalai Laila	Offernes	Team Michelin	4:01:03.0	1:39:34.0
44	Siri Helen	Haugen	Moss	4:03:59.0	1:42:30.0
43	Kine	Krokeide	Molde	4:18:00.0	1:56:31.0
44	Line Hatlen	Skovdahl	Moss	4:21:56.0	2:00:27.0
43	Tone	Jakobsen	Larkollen	4:24:39.0	2:03:10.0
44	Helle Cecilie	Palmer	Løvemammaene	4:24:39.0	2:03:10.0
43	Anna-Karin	Persson	Moss	4:31:48.0	2:10:19.0
44	Merete	Sandmæl	Moss	4:39:45.0	2:18:16.0
43	Mette	Svoen	Oslo	4:41:44.0	2:20:15.0
44	Mette	Berg	Nesoddtangen	4:57:50.0	2:36:21.0
43	Silja	Nordvåg	Oslo	4:57:51.0	2:36:22.0
44	Hilde	Lillejord	Nesoddtangen	4:57:52.0	2:36:23.0
43	Gro Merete	Ertnes	Moss	6:06:07.0	3:44:38.0
44	Erna	Larsen	Ryggejoggen	6:06:08.0	3:44:39.0
45	Ranveig	Nordgaard	Moss		DNF
45	Ragnhild	Bye	Dilling		DNS
45	Camilla	Haglerød	Hølen		DNS
45	Ingrid	Higraff	Oslo		DNS
45	Thea	Kaabbel	Våler I Østfold		DNS
45	Elin	Ludvigsen	Jeløy Elite71		DNS
45	Anna	Schüller	Oslo		DNS
45	Cecilie	Skog	Oslo		DNS
45	Kikki	Stoltz Wennersten	Oslo		DNS
45	Elise	Talsæte	Moss		DNS
45	Anne	Wichstrøm			DNS
45	Hanne	Winger Pedersen	Rygge IL		DNS