

2025 SEPTEMBER

CALENDAR YEAR CALENDAR MONTH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 10-3-Midnight Reign Choreography 11-1-Aqua Mist (Stunting) 3:30-8:30-Teal Splash Choreography	01 10-2-Sapphire Storm Choreography	02 4-5-Tumble 2, Flyer Flex 5-6-Tumble 1 5-9-Sapphire Storm Choreography 6-7-Tumble 1A	03 4-5-Teeny Weeny Tidepools 5-6-Tumble 1 5-7-Blue Lagoon Choreography 6-7-Tumble 2 7-9-RipTide Choreography 7-8-Tumble 2	04 5-9-Sapphire Storm Choreography	05 5-7-Midnight Reign Choreography 7-9-Teal Splash Choreography	06 9-11-'Iolani 11-12-Tumble 1A, Tumble 2, Jumps, Tiny Tumble 12-1-Tumble 3, Tumble 4/5, Cheer 101 1-2- Tumble 1 2-3:30-Open Gym
07 9:30-11-Teal Splash 11-12-Tumble 2 11-1-Aqua Mist 1-3-Blue Lagoon 3-5-Sapphire Storm 5-7-RipTide 7-9-Steel Tide	08 4-5-Teeny Weeny Tidepools 5-6:30-Midnight Reign 6-7-Tumble 1 6:30-8:30-Provisional 5 7-8-Tumble 3 8-9-Tumble 4	09 4-5-Tumble 2, Flyer Flex 5-6-Tumble 1 5-7-Blue Lagoon 6-7-Tumble 1A 7-9-Sapphire Storm	10 4-5-Teeny Weeny Tidepools 5-6-Tumble 1 5-7-Aqua Mist 6-7-Tumble 2 7-9-RipTide 7-8-Tumble 2	11 4-5:30-Midnight Reign 5:30-7-Teal Splash 7-9-Steel Tide	12 5-6:30-Strength & Conditioning Session A 6:30-8:00-Strength & Conditioning Session B	13 9-11-'Iolani 11-12-Tumble 1A, Tumble 2, Jumps, Tiny Tumble 12-1-Tumble 3, Tumble 4/5, Cheer 101 1-2- Tumble 1 2-3:30-Open Gym
14 9:30-11-Teal Splash 11-12-Tumble 2 11-1-Aqua Mist 1-3-Blue Lagoon 3-5-Sapphire Storm 5-7-RipTide 7-9-Steel Tide	15 4-5-Teeny Weeny Tidepools 5-6:30-Midnight Reign 6-7-Tumble 1 6:30-8:30-Provisional 5 7-8-Tumble 3 8-9-Tumble 4	16 4-5-Tumble 2, Flyer Flex 5-6-Tumble 1 5-7-Blue Lagoon 6-7-Tumble 1A 7-9-Sapphire Storm	17 4-5-Teeny Weeny Tidepools 5-6-Tumble 1 5-7-Aqua Mist 6-7-Tumble 2 7-9-RipTide 7-8-Tumble 2	18 4-5:30-Midnight Reign 5:30-7-Teal Splash 7-9-Steel Tide	19 5-6:30-Strength & Conditioning Session A 6:30-8:00-Strength & Conditioning Session B	20 9-11-'Iolani 11-12-Tumble 1A, Tumble 2, Jumps, Tiny Tumble 12-1-Tumble 3, Tumble 4/5, Cheer 101 1-2- Tumble 1 2-3:30-Open Gym
21 9:30-11-Teal Splash 11-12-Tumble 2 11-1-Aqua Mist 1-3-Blue Lagoon 3-5-Sapphire Storm 5-7-RipTide 7-9-Steel Tide	22 4-5-Teeny Weeny Tidepools 5-6:30-Midnight Reign 6-7-Tumble 1 6:30-8:30-Provisional 5 7-8-Tumble 3 8-9-Tumble 4	23 4-5-Tumble 2, Flyer Flex 5-6-Tumble 1 5-7-Blue Lagoon 6-7-Tumble 1A 7-9-Sapphire Storm	24 4-5-Teeny Weeny Tidepools 5-6-Tumble 1 5-7-Aqua Mist 6-7-Tumble 2 7-9-RipTide 7-8-Tumble 2	25 4-5:30-Midnight Reign 5:30-7-Teal Splash 7-9-Steel Tide	26 5-6:30-Strength & Conditioning Session A 6:30-8:00-Strength & Conditioning Session B	27 9-11-'Iolani 11-12-Tumble 1A, Tumble 2, Jumps, Tiny Tumble 12-1-Tumble 3, Tumble 4/5, Cheer 101 1-2- Tumble 1 2-3:30-Open Gym
28 9:30-11-Teal Splash 11-12-Tumble 2 11-1-Aqua Mist 1-3-Blue Lagoon 3-5-Sapphire Storm 5-7-RipTide 7-9-Steel Tide	29 4-5-Teeny Weeny Tidepools 5-6:30-Midnight Reign 6-7-Tumble 1 6:30-8:30-Provisional 5 7-8-Tumble 3 8-9-Tumble 4	30 4-5-Tumble 2, Flyer Flex 5-6-Tumble 1 5-7-Blue Lagoon 6-7-Tumble 1A 7-9-Sapphire Storm	01 4-5-Teeny Weeny Tidepools 5-6-Tumble 1 5-7-Aqua Mist 6-7-Tumble 2 7-9-RipTide 7-8-Tumble 2	02 4-5:30-Midnight Reign 5:30-7-Teal Splash 7-9-Steel Tide	03 5-9-Aqua Mist Choreography	04 9-3-Aqua Mist Choreography
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