# the Children's Isice

A publication of the Kentucky United Methodist Children's Homes • August/September 2025

Join us in quilting together a brighter future for Kentucky children. Read more from our CEO inside.

# August 31, 2025 OFFERING OF HOPE for 5th Sunday



Bringing Hope to Children Since 1871



### From the President's Desk

by Julie Hager Love, President/CEO

My Granny Hager never threw away scraps of fabric. Never. She was a quilter and proudly Appalachian. While she did not pass to me the gift of quilting, she did pass to me a love of quilts. They are a huge part of both my Appalachian heritage and my family heritage. I have quilts that were presents at my wedding and the birth of my children—I am even blessed to have my mother's baby quilt.

My favorite quilt pattern is the patchwork quilt—I love all the pieces of fabric pieced together into something beautiful, lovely and useful! A quilt is not only beautiful, but it will keep you warm on cold nights. Having a homemade quilt given to you means that someone dedicated hours upon hours organizing fabric and sewing—it means someone cares about you.

Quilts show up in a variety of ways at our Children's Homes. The analogy of quilting is a wonderful way to think about the work of our programs. We are helping children and young people bring together a patchwork of life experiences to create the possibility of a beautiful future. More tangibly, each child who passes through our residential care receives a quilt to take with them as they move on to the next stage of their lives. This is only made possible because so many people share their gifts of quilting with our youth.

Like the pieces of a quilt, when we come together, we all have a unique role to play in making Kentucky a beautiful place for children. A recent report, "The Economic Impact of Adverse Childhood Experiences In Kentucky", paints a dire picture of what the future could look like in our state if we don't all take the goal of becoming committed quilters seriously. Together, we can honor the beauty and promise of each child and live with a vision of the breathtaking quilt that can be created when each one is healthy and a valued part of the whole.

Thanks for all you do to work alongside us to quilt a better tomorrow for all of our children.





the Children's (loice

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The Kentucky United Methodist Children's Homes (incorporated as The Methodist Home of Kentucky) serves children and families throughout Kentucky.

*The Children's Voice* is freely distributed to all interested persons.

Contact info@kyumh.org for a subscription or to change your mailing address.

#### **Nicholasville Campus**

Administrative Offices 1115 Ashgrove Road Nicholasville, KY 40356 (859) 523-3001

Mary Kendall Campus 201 Phillips Court Owensboro, KY 42303 (270) 683-6481



#### **Our Mission**

To serve Christ by providing for the physical, emotional, educational and spiritual needs of children and families.

#### **Our Belief**

We believe every individual is an individual of worth, entitled to God's gift of wholeness of life.

We serve persons regardless of race, ethnicity, economic status, sex or religion.

## Heading back to the classroom

by Rebecca Merrill, Director of Communications and Public Relations

It's back-to-school season!

At the Kentucky United Methodist Children's Homes, providing for the educational needs of children is a key part of our mission. **So far in 2025,** we have celebrated high school graduation with 28 youth!

Here are a few ways your support equips KyUMH clients on their educational journeys:

### **Community-based services**

KyUMH partners with Jessamine County, Henderson County, and Ohio County schools to help children and youth where they are. Our staff travels to schools to provide group therapy, psychoeducation groups, individual therapy and case management support. **They become a student's biggest cheerleader** as they work through challenges at school and at home. In 2024, we helped 375 youth through community-based programs!

### **Residential treatment**

At our Nicholasville campus, we are proud to have Ashgrove Academy on site for our residents. **Each resident completes a personalized education plan that focuses on their individual needs.** This approach helps our youth recover from the academic disruption that accompanies living in foster care. In the 2024-2025 school year, our residents completed their classes, went on field trips to the library, participated in service projects, and had hands-on learning experiences like



Thanks to funding from the Good Samaritan Foundation, our community-based staff create comfortable spaces for clients to unwind. Below, a garland represents the academic achievements for our Nicholasville campus residents.



learning basic automotive care and gardening.

### **Independent Living**

For young adults aging out of foster care, education is a critical part of setting them up for success as they take the next step into adulthood. Our staff supports young people as they graduate high school and consider trade school, community college, or a four-year degree.

"Watching the self-esteem of our clients successfully completing their educational milestones is one of the most rewarding things to watch," says Shannon Gillespie, Clinical Director of Independent Living. **"You almost immediately see these kiddos gain a couple inches of height from confidence and fulfillment** as they



Residents enjoyed trips to the local library, including a 30-minute Lego building challenge, where "everyone was a winner," according to teacher Amber Seales. Pictured below, teacher Joe Dodgen preps a workshop on small engine care, and a resident works to plant germinated bean sprouts.





run to bring us their final report of completion."

As we start the new school year, you are an integral part in supporting our youth as they continue their educational journeys! Thank you for making this possible.

### Summer Highlights

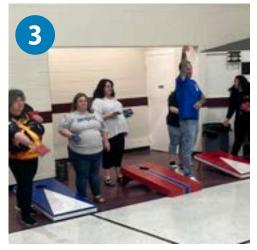
1-3 During the month of May, we celebrated our employees with **staff appreciation days**. At Nicholasville, the theme was Kentucky Derby and employees competed to see who was best dressed. At Owensboro, staff competed in various competitions, such as cornhole, and posed for silly photos.

4 We were proud to attend the first ever Kentucky Youth Advocates **Together We Bloom Summit**. The Summit gathered multiple like-minded organizations and exhibitors whose mission is to build a brighter future for Kentucky's children and families.

5-7 At Kentucky United Methodist Annual Conference, we got to see just how strong our connection is. From our luncheon at Settle UMC to Kona Ice at Kentucky Wesleyen College, we were delighted to connect with our supporters and show how your connection with us impacts the lives of youth across the state of Kentucky.















# At the Intersection of Heaven and Earth

by Melissa Brown, Director of Donor Relations

One time I was reading the memoir of Rev. Eugene Peterson. I loved the description of Jan, his wife. She always wanted to be at the intersection of Heaven and Earth. That meant participating in hospitality and living at the intersection of human need and God's grace. It is "...where neglected children [are] noticed, where the stories of Jesus [are] told, and people who had no stories found that they did have stories, stories that were part of the Jesus story."

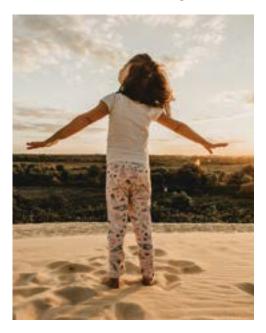
I love this idea of the intersection of Heaven and Earth because it is exactly where your KyUMH sits. Because of you, we are able to better meet the physical, emotional, educational and spiritual needs of children, youth and their families. Donors like you have provided a lot of care and hospitality at this holy intersection. I have been at KyUMH for nearly four years now and have seen a lot of kids who needed to be at this intersection. **They needed a place to be themselves and shape their own stories.** I think of Chandler who carried his sketch book with him everywhere. I think of Anna who

Monthly gifts allow us to stay nimble and meet whatever need is greatest.

played softball. I think of Leanne who enjoyed dinosaur-themed puzzles. They all had the space and time to shape their own stories.

**Right now, our greatest barrier is rising costs in every area.** Monthly gifts in particular allow us to stay nimble and meet whatever need is greatest. Your support allows us to sit at the intersection of Heaven and Earth despite economic uncertainty. Every young person deserves to receive the critical support they need. I hope you'll help me break down this barrier by becoming a monthly donor too!

Thank you for your caring about the kids of KyUMH! You can start your monthly donation by visiting our website at **www.kyumh.org/donate.** 





### Your used vehicle can help Kentucky youth!

Wondering what to do with your used car, truck, motorcycle or recreational vehicle that you are no longer using? Donating it to KyUMH is easy!

### Here's how it works:

- 1. Call Vehicles for Charity at 1-866-628-2277 or visit their website vehiclesforcharity.org
- 2. Vehicles for Charity will pick up your vehicle at no cost to you!
- 3. KyUMH receives funds from the value of your vehicle

Finding a New Normal

# Our Community Based Services help youth see a new vision for their future.

### Because of your support, Maya\* has found a "new normal" full of hope.

Maya grew up in a home where substance abuse cast a long and painful shadow. Her early years were filled with instability, fear, and moments no child should have to endure.

At the age of 11, she was placed into foster care, carrying with her the trauma of her past and the heavy burden of anxiety and depression.

For years, **Maya struggled to believe that her story could be different,** stating when we met her "that is my normal."

But that began to change when she connected with KyUMH. Through counseling, case management, and a safe, nurturing environment, **Maya slowly began to heal.**  With time and care, Maya found her voice. She discovered she wasn't alone. And most importantly, she began to believe in herself. She worked hard to overcome her challenges, and this year, Maya graduated from high school—a milestone she once thought was out of reach.

#### Today, Maya has enrolled in college and is pursuing a degree in computer science.

Maya was just one of many youth in Kentucky whose view of "normal" is warped by the effects of abuse, neglect and trauma. Thank you for giving KyUMH youth a "new normal"—one where they have hope and a future.

\*Maya is a pseudonym. Stock photo used to protect client confidentiality.





# Mhat will your legacy be?

When you include Kentucky United Methodist Children's Homes in your will, you leave a legacy of transformation for young people who have experienced abuse and neglect.

A legacy gift to KyUMH also enables the potential for significant estate tax reduction.

For more information, contact Melinda Ryles-Smith at melinda@kyumh.org or (859) 523-3001.

Churches Helping Children: First United Methodist Church of Mt. Sterling

by John Mark Boes, Director of Church Relations

PILGE

One of my favorite passages of scripture is found in John 21. In John 21, we repeatedly find Peter answering Jesus' question, "Do you love me" (John 21:15-17 NRSVUE). Jesus responds each time with the command for Peter to feed his "sheep." Mt. Sterling First United Methodist Church is taking this commandment seriously in their community. "Mt. Sterling First United Methodist Church strives to care about each person and believes that each person deserves to be treated as a beloved child of God," said Burch. "This is why we choose to offer 'Grace' in this 'Place!"

This is why Mt. Sterling First has deepened its commitment to caring for the physical, emotional, and spiritual health of all people. Over the past year, they have developed a walking

"Mt. Sterling First United Methodist Church believes that each person deserves to be treated as a beloved child of God."

Mt. Sterling First operates Grace Place, an emergency food pantry, for anyone who needs help in their community. Members of their congregation donate food and other household items to be given away to anyone who finds themselves in the midst of life's tough circumstances. Every bag of food that is given to others is tailored to the family's need. To better care for their neighbors, they will even offer delivery service.

For Rev. Daniel Burch, pastor of Mt. Sterling First United Methodist Church, this is just another way that his church gets to live out its calling. path that is open to the community, reaffirmed their commitment to young families through supporting a new pregnancy health clinic, and offered affordable daycare for families with low incomes. Mt. Sterling First is tending Jesus' sheep.

If you would like to share ways your church is caring for kids in your community, I would love for you to reach out. You can connect with me at johnmark.boes@kyumh.org. Together, we can ensure that children and families can receive God's gift of wholeness of life.





Mt. Sterling First United Methodist Church's Grace Place is caring for children and families in their community.

# *Is This a Good Time to Talk to Someone?*

How to decide whether it's time for you or a loved one to pursue mental health counseling.

by Shanon L. Stamper, MAE, LPCC Therapist, Mary Kendall Community Services

Although mental health therapy is more widely accepted in today's society, there can still be stigma associated with receiving services for one's mental health concerns, especially in the Christian church. However, **knowing when to make the choice to seek counseling can be relatively simple.** 

### Common situations where counseling can be helpful

Multiple times in life, a person will experience times of adjustment. We may be transitioning from one educational milestone to the next, moving to a new place, changing careers, beginning a new life as a married person, or becoming a parent. I've had clients seek help to navigate these stressful experiences. **There are times counseling can be for a short period of time to seek calm and clarity in moving forward and managing change.**  It is also possible for such stressors to lead to seasons in which a person may experience increased anxiety or depression that falls out of their normal range of functioning. **These questions can help assess the situation:** Am I having trouble with my daily routine? Am I having difficulty taking care of my basic needs? Do I want to no longer exist or wish I had not been born? Do others notice that I am having difficulty or seeing behavioral change? If you answer "yes" to any of these questions, then it is time to seek help.

It is important to note a person of any age, any background, at any time can experience traumatic events that require professional support to process. On a personal note, I experienced a traumatic car accident which affected my life. I developed Post Traumatic Stress and needed help moving beyond the pain and emotional tragedy that physically affected my daily activities. I can attest to the effectiveness of my profession. Counseling helps us to heal and overcome tragedy.



You may also think, "Well, I know the Wonderful Counselor, Jesus, so why should I need help outside of my relationship with Him?" Valid question for a Christian to ask. It is true that Father God sent us a Helper, a Comforter, in the form of the Holy Spirit. Take note, He also gives us encouragement to engage with others. Notice Proverbs 20:18 says, "Plans are established by seeking advice ... " which expresses the importance of wise counsel and good plans. While a seasoned counselor or therapist may not necessarily give "advice," they will be able to help a client make plans and establish treatment goals for their personal growth or healing from traumatic events.

With all of this in mind, I would like to ask you, is it time for you to reach out? Do you want to establish goals and move forward, or move in a different direction in your life? If so, please seek help. We all need to talk sometime.

### **KyUMH can help!** Visit kyumh.org/counseling to learn more



BEHAVIORAL HEALTH SERVICES

### **MEMORIAL GIFTS**

May 1, 2025 - June 30, 2025

**Carrie Adams** Jared Mattingly **Marjorie Jo Garrison Allen** Gary & Nancy Craft Kerry & Ann Justice Wes Marion Mary D. Stevens **Carolyn Wyant** James & Dorothy Applegate Harry T. Applegate **Cathy Arnett Karen Spicer** Peggy Bell Linda H. Walker **Rev. Dr. Don Benningfield** Jeff & Carol Day **Faye Berry** Wayne Berry Jewell Berry Wayne Berry **Suzanne Berry** Wayne Berry Wanda Berry Wayne Berry **Donna Boggs** George Davidson Edna Boswell Sondra Fischer **Betty Bowles** Audubon Park UMC Elsie Brown Shawn & Leann Majors **Effie Buchanon** Ramona Arterburn **Mike Burd** First UMC of Munfordville Shirley Buzderewicz **Eugene Buzderewicz Robert & Kathleen Calder** Carol Calder **Chris Campbell** Lucille Gregory **Marty Collins** Loretta Hunter Dr. Gene Cook Dr. Dewey & Mrs. Robin Dean Veva M. Crace Vicki M. Rice Jim & Alma Crager Lucille Gregory **Lorraine Criswell** Lucille Gregory **Beulah Taylor** 

**Steve Cruce** Paul & Jill Akridge **Mrs. Betty Curry** Pleasant Hill Community Church **Ruth Williams Davis** Patsy Wilson **Rev. James Dill** Roaer Dill **Margaret Dill** Roger Dill **Doris Fielding** Jared Mattingly **Owen Fielding** Jared Mattingly Suzanne Foster **Darnall Foster Bertha Fultz** Linda Browning **Beulah Taylor Bobe Fultz** Jared Mattingly **Carolyn Gabehart** Harrodsburg UMC Mr. & Mrs. Clarence Gilley James & Carole Smith **Dennis Graven** Sammye Graven **Frank Greathouse** Stephanie Greathouse **Elsie Gregory** Lucille Gregory **Noah Gregory** Lucille Gregory **Beulah Taylor Dennis Brown Hacker** Rita Hacker **Polly Haggard** Phil & Terri Bradlev **Bill & Alice Hall** Lucille Gregory **Rev. J.C. & Mamie Harris** Lucille Gregory **Beulah Taylor** Jared Mattingly **James A. & Dianne Harris** Lucille Gregory **Beulah Tavlor Rev. Don Hatton** Mary Huff **Wallace Hatton** Mary Huff **Gina Alleruzzo Hawkins** John & Sandy Rudolph

Louise L. Henderson Jared Mattingly **Robert C. Hicks** Betty L. Muse Norma Schiad Hodge Rev. Dr. Jay & Dr. Marian Smith **Rev. Phil Hogg** Shirley George Jared Mattingly **David & Henrida Holloway** Shirley Karrick Juanita Scott House Bruce House **Leland & Hazel Huffer** Lynda Rowley **Denzil James** Eddie, Teresa, & Ethan James Patricia Johnson Jared Mattingly Johnna Meredith Kennon Mary Louise Potts Martha Bishop Kessinger William & Rena Arnold Will & Elaine Atkins Anne Baxter John & Nancy Bell Alanson Boden Linda Carey Lee Carroll Mrs. PP Douglass Frances Evans Linda Griffin Donna Hall Henry & Barbara Hinkle William & Joan Hoskins Cassandra Hurter John & Diane Irvin Greg & Lana Kessinger Mark Kessinger Pope & Betty Ann McLean Dr. Bruce Nicol Sarah Salmon Brett & Billie Jo Setzer Linda Sweeting Alice Taylor **Dudley & Betsy Taylor** Tom Wynne & Mary Margaret Bell **Mark & Shirley Kidwell Charles F. Dunaway** Viola Kinman Pamela Taylor **Hobie Landon Carlyle Ackley** 

Antioch UMC of Erlanger Dale Huff **Rosemary Landon Charles & Judy Rawlings Doug & Holly Saunders Charles Langford** Kara Butcher **Brian Lowe** Jared Mattingly **Vienessa Martin Bobby & Vickie Carson** Judy Gossett **Charles & Jean Reynolds** Lois Ruth McRoberts Jean D. Sapp Carpenter **Rev. Doug Moseley Betty Jean Moseley Tom O'Brien** Gracia O'Brien Louie Peters Kaye Mitchell **Tim Peters** Mary Herold **Ben Pullev Darnall Foster Eugene & Virginia Reynolds** Jennifer Reynolds **Ronnie Rice Barbara & Betty Yelton Mrs. Pat Riticher** Jeffrey & Leah Karger **Betty Rogers** Judy Long Virginia Rose Linda Browning **Kendall Beth Royalty Rita T. Williams** John E. Savage Sandra W. Savage **Marie Schaeffer** Paula W. Turner James & Joyce Silvey Anthony Silvey **Barb Smith** Patti Hall Mr. & Mrs. Frank Smith James & Carole Smith Jean H. Sosby Earl Sosby **Melissa Ann Spanier** Mary Kay Spanier **Samuel Sparks** South Central District Office **Norbert Stegeman** 

#### **IN MEMORY OF**

Jane Stegeman **Earl Stephens** Jared Mattingly **Bruce & Mary Swearingen** Jessie Lykins **Bonnie Harmon Taylor** Larry Taylor **Donald & Bonnie Taylor** Larry Taylor L.C. Taylor Lucille Gregory **Beulah Taylor** Albert O. Thomas **Diana Thomas Ronald & Amy Thornton** Nancy Wetzel J.C. Thorpe Mary Thorpe

**Jerry Thorpe** Mary Thorpe **Rickey Thorpe** Mary Thorpe Rev. Jack R. & Mrs. Sally B. Vibbert The Jack Vibbert Evangelistic Foundation **Dr. Richard Voigt** Angela Deweese **Gerald Watkins** Sally Watkins **Rev. Gale Thomas Wetzel** Nancy Wetzel Avery & Georgia Wheat **Ruth Ann Whitehouse** John Walter White Jr. Steven J. White

Dr. Howard H. Willen First UMC Hopkinsville-Friendship SS Class Havden Willett Jeannette Johnson **Dub Wilson** Wayne & Sherry Golightly Dave & Deb Oelmann Ida Scott Jim & Barbara Suitor **Johnny Workman** Sardis UMC Seekers Class **Nancy Zinn** Alexandria Community Church

### **BIRTHDAY IN** HEAVEN

**Peter Deaton Cross** Diana Deaton

### HONOR GIFTS May 1, 2025 - June 30, 2025

#### **Jane Arnold** Sara Walker

**Rev. Larry & Mrs. Pam Bouland** Nancy Wetzel **Amy Chapman Ralph & Bobbie West Rev. Mark Gibbons** Wm P 'Whitie' Gray Leigh Ann Maynard Ralph & Bobbie West **Ruel David McConkey** Rev. Dr. Jay & Dr. Marian Smith JoAnn McDonald Anne B. Roberts Kaye P. Mitchell Mary Thorpe **Nancy Robinson** Kim Robinson **Elizabeth & Abenet Satterly** Bud & Sharon Satterly Mrs. Helen Willen First UMC Hopkinsville-Friendship SS Class **Rev. Ralph Young** Thom & Melissa Brown **Isabel Grace Zanger** Izetta Bishop

### BIRTHDAYS

Mrs. Barbara Arnett **Emily Smith** Steve Call Linda Scott **Ruth Ellen Chaney** Paul & Shirleen Maynard **Karen Franklin** Linda Scott Lynn Heist Barbara Weisbrod Paul Lambert Dean Builds, Inc. **Betty Jane Pitzer** Dr. & Mrs. E. Ray Throckmorton Brue Scott Linda Scott Luisa Sears Linda Scott **Chris Shaffer** Linda Scott David Shaffer Linda Scott **Mrs. Patricia Stanley Emily Smith President Donald Trump** Patsy D. Wilson **Mrs. Pat Wilson Emily Smith** Mrs. Barbara McCune **Emily Smith** 

### WEDDING **ANNIVERSARY**

Mike & Jonell Anderson - 55 vears married Garv & Nancy Craft Dowell & Sandra Taylor - 50 years married William & Norma Barrett

### RETIREMENT

Rev. & Mrs. Garv Gibson Sid & Peggy Galbaugh

### **MOTHER'S DAY**

**All Mothers** Memorial UMC

### **FATHER'S DAY**

#### **All Fathers**

Bethany UMC Prairie Village UMC Stevenson Chapel UWF Memorial UMC Valley Station UWF

# Looking ahead to Christmas



# Before we know it, it'll be time for Christmas shopping!

Gift cards are incredibly helpful for our staff as we make Christmas meaningful for our youth. By sending gift cards, you can provide Christmas gifts for our children and families. Consider collecting gift cards and spread the Christmas spirit to the youth who need it the most.

## Please deliver by **November 21, 2025**

Mail to PO Box 930, Nicholasville KY 40340 **OR** Deliver to 1115 Ashgrove Rd Nicholasville KY 40356



### Employee Spotlight!

Join us in celebrating...

**Amy Dukes** (pictured left in green) for working at KyUMH for 20 years.

**Tracy Donovan** for working at KyUMH for 20 years.

**Roy Hicks** (pictured right in blue) for working at KyUMH for 35 years.

### Join our team!

View open positions at www.kyumh.org/careers





1115 Ashgrove Road Nicholasville, KY 40356 Non-Profit Organization US Postage PAID Permit #1478 Lexington, KY

### **MOST NEEDED ITEMS**



Annual

2025

Sports equipment School supplies Cleaning products Athletic socks and shorts

For our full wish list, visit kyumh.org

Join us for a great day of golf! Friday, September 5th • Nicholasville, KY Learn more at www.kyumh.org/golf

